

Meeting Summary

State Advisory Council (SAC) on
Alcohol and Drug Abuse (ADA)

February 6, 2013

Members Present: Phillip M Britt, Davie Brown, Michael Carter, Thomas J Casey, John Czuba, Ladell Flowers, Cheryl Gardine, Marilyn Gibson, Joseph Hahne, Robin Hammond, Diana Harris, Sandra Jackson, Clif Johnson, Kelly McKerrow, Percy Menzies, Cynthia Steuber, Karah Waddle and Stephanie Washington

Members Absent: Benjamin Bruening, Hagens, Edgar and Nancy Johnson

Division Staff: Joellyn Becker, Gail Black, Nora Bock, Edwin Cooper, Laurie Epple, Vickie Epple, Jodi Haupt, Kathy Huber, Cheryl Marcum, Debbie McBaine, Rita McElhany, Caren Moore, Steve Reeves, Mark Rembecki, Jon Sabala, Vicki Schollmeyer, Mark Shields, Melissa, Smyser, Mark Stringer, Angie Stuckenschneider and Rhonda Turner

ADA SAC Staff: Renee Anderson, Chelsea Blair and Lisa Martin

Guests: Dianna Beckley, Laurisa Mahlin, Susan LaPue, Brenda Schell and Tish Thomas

Call To Order	Ladell Flowers, SAC Chair, called the meeting to order at 10:00 a.m. Introductions were made. December minutes were reviewed. John Czuba motioned to adopt the minutes and Robin Hammond seconded the motion. The motion passed.	
Behavioral Health Division Director's Report	<p>Mark Stringer, Director of Behavioral Health, presented the Division Report:</p> <ul style="list-style-type: none"> • Debbie McBaine has begun to prepare ADA providers on the steps needed to become involved with the Disease Management and Health Home projects for people with serious substance abuse disorders. • The Governor has proposed adding 10.1 million dollars to the budget for mental health this year. You may see the handout entitled, <i>Provide People with Serious Mental Illness, The Help they Need</i>, which gives a breakdown of the Governor's recommendation at the following link: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm. 	

Agenda	Discussion/Recommendation	Action
	<ul style="list-style-type: none"> • Director Stringer touched upon the bond issue as it relates to Fulton State Hospital. • Medicaid Expansion was also discussed. You may review the handout at: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm. Director Stringer indicated DMH believes Medicaid Expansion will be good for the DMH consumers and encouraged contact with legislators to discuss the issue. • The Missouri Recovery Network will hold their Annual Recovery Advocacy Day at the Capitol on March 5. Please contact Joe Hahne or Brenda Schell at 573-634-1029 for more information. <p>Ladell Flowers announced that there has been some staff changes regarding the ADA SAC Committee, Bianca Farr and Chelsea Blair have changed positions at DMH and Lisa Martin is the new Liaison for the committee and Renee Anderson is the new support person.</p> <p>Steve Reeves reported on some Department wide issues that are also in the Governor's budget:</p> <ul style="list-style-type: none"> • A 2% salary increase for all state employees and also a 3 million dollar repositioning for 18 hundred nursing positions. • The Partnership for Hope and the waiting list for Community based services are being increased for Division of Developmental Disabilities. • The St. Louis County Police Department's Multi-Jurisdictional Drug Task Force received the award for "Outstanding Community Prevention Effort Award" in Washington, D.C., as a result of its heroin initiative "Not-Even-Once" campaign. It was presented by Gil Kerlikowske of the Office of National Drug Control Policy. • Recognized SEMO Behavioral Health integration efforts with Great Minds Health Center in the Potosi area. • In the Judicial State of the State address this year the Chief Justice pointed out that Missouri is a National Leader in Drug Courts. • Legislative session: have a hearing concerning the DMH budget with the House Appropriations committee; they will be discussing the bond issue. <p>Questions and Comments: Question: Is the strategic plan for 2013 done? Answer: Yes it is done but it needs more consumer reviews before it is finalized.</p>	

Agenda	Discussion/Recommendation	Action
Budget Update	<p>Laurie Epple, Director of Administration, presented the budget update: FY2014 Department Operation Budget, please see link: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm</p>	
Quick Reference Guide for Missouri SSA Benefits for Persons with Criminal Histories	<p>Tish Thomas, State Trainer, IPS Supported Employment, MU DPS Region 7 TACE, DMH-DBH & DESE-VR</p> <p>Please go to this website to find resources for DBH(Division of Behavioral Health) Employment Services (resources are still being added so please visit the site often): http://dmh.mo.gov/mentalillness/adacpsemploymentservices.htm</p> <p>Diana Beckley, Instructor Region 7 TACE Development of a Quick Reference Guide to benefit People with Criminal Histories</p> <p>Diana would like feedback from the committee regarding this guide. They are doing a guide for several benefits starting off with:</p> <ul style="list-style-type: none"> • Department of Mental Health • Social Security • Housing Authority • HUD • Food Stamps • TANF <p>Some of the helpful items in the guide will be:</p> <ul style="list-style-type: none"> • Links to the agencies that Diana is talking about. • Will also help people with a criminal record; a criminal record does not affect a person's eligibility for any SSA disability benefits. <p>The goal is to have the finished copy to Tish by sometime in March. Your comments or ideas are very important so please review as soon as possible and reply to Tish or Lisa Martin.</p> <p>Diana suggested the Ticket to Work program for employment network through Social Security. This will benefit an individual that has SSI or SSDI and they have been provided employment services. Please apply to Maximus to become an employment network, there is no cost but it is time consuming. You will be agreeing to accept a client into your employment network; they agree and assign their ticket to your agency. This will let you offer employment services or</p>	<p>Lisa will send the draft out to the SAC members to review</p>

Agenda	Discussion/Recommendation	Action
	<p>benefit planning. The basic worth of a ticket is about \$20,000 over a five year period if the client sustains employment over this period of time. Contact Diana Beckley if you want more specific information about this: BeckleyD@health.missouri.edu.</p>	
<p>Old Business and New Business</p>	<p>2013 Election Update:</p> <p>John Czuba from the nomination committee reported that they do not have any nominations at this time.</p> <p>Some of the discussion included:</p> <ul style="list-style-type: none"> • The election will be in June. • There was a question about staggering the Chair and Vice Chair positions; this would have to be changed in the By-laws. This motion was from Joseph Hahne and a second by Thomas Casey. • There was a discussion about the bylaws and if the current chair and vice chair can serve another term. Each term is two years and they can serve three terms. • The bylaws will be reviewed and some suggests will be given at the April meeting for Ladell and Clif. • There was also a question about whether the Chair can be a vendor or not. • There will be further discussion at the April meeting. <p>Consumer Conference:</p> <p>Joe Hahne reported on the Consumer Conference, please see handout at: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm</p> <p>The conference will be August 18-20, 2013</p> <p>New SAC Committee Members:</p> <p>A suggestion/reminder was made to all the SAC members to look for new members for the committee.</p>	
<p>Missouri Recovery Network Report</p>	<p>Brenda Schell, Director reported:</p> <ul style="list-style-type: none"> • MRN Received a Grant Award from the MO Foundation for Health to do training for Peer Mentors/Recovery Support Specialists. We will be providing training on the 39 hours needed to obtain the MRSS from the MSAPCB. Joe Hahne will be holding meetings to gain momentum for this credential. The grant was written to increase work force capacity in the addiction/recovery field. If you are interested in learning more, please contact the MRN. 	

Agenda	Discussion/Recommendation	Action
	<ul style="list-style-type: none"> • MRN will host our Recovery Advocacy Day at the Capitol on Tuesday, March 5th. We are asking for people in recovery, family, friends, and allies to come out and support recovery that day. We are the evidence that people can and do recover and we need YOUR support. • MRN Legislative Priorities: <ul style="list-style-type: none"> ○ MO Prescription Drug Monitoring Program: Senate Bill 233 (Senator Sater sponsor) and House Bill 347 (Rep. Engler). MO stands alone as the ONLY state that has not enacted legislation for a prescription drug monitoring program. ○ Good Samaritan bill- working on finding a sponsor. Just got language done. This bill would remove barriers in calling 911 to save lives and encourage people to seek emergency medical assistance for overdoses. 11 states have enacted this law and it is saving lives. • Medicaid Expansion- MRN is educating the public and elected officials on the advantages of expanding Medicaid. MRN is a member of the state Medicaid Expansion coalition. I encourage you to sign up and become a member at www.momedicaidcoalition.org • MRN office has moved to 208 Metro Drive, Suite A, next to Family Counseling Center. 	
<p style="text-align: center;">Committee Workgroup Reports</p>	<p>Treatment Workgroup Report, Clif Johnson:</p> <ul style="list-style-type: none"> ▪ Updates on the Affordable Health Care Act and how it affects ADA <ul style="list-style-type: none"> ○ There is a new FAQ update that Lisa will email out. ○ They discussed the Recovery Support Specialists credential and the addition of the Peer Specialists that was added. The credential is labeled MRSSP for those that are in recovery. ▪ Tobacco Cessation and ADA <ul style="list-style-type: none"> ○ There is a lot of debate about going smoke free in the facilities. They would like more information from Rita McElhany on this subject. They would like for Rita to come to the April meeting and speak to the whole group. <p>Prevention Workgroup Report, Michael Carter</p> <ul style="list-style-type: none"> ▪ Tobacco Cessation <ul style="list-style-type: none"> ○ Please see the handouts for Tobacco Cessation Leadership Network and a letter 	

Agenda	Discussion/Recommendation	Action
	<p>of support for going smoke free by Jill M. Williams M.D. http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm</p>	
<p>Social Media Update</p>	<p>Nora Bock, Director of Treatment Services</p> <p>Nora discussed DMH’s evaluation of social media and how the department should be using it. This is a good opportunity to connect with the public. A survey was taken at last year’s consumer conference about using social media, the primary medias used are:</p> <ol style="list-style-type: none"> 1. Texting 2. Email 3. Facebook <p>The following options were recommend to the Executive Team:</p> <ul style="list-style-type: none"> ▪ Hire someone at DMH to monitor this social media ▪ Hire someone contracted through the Missouri Mental Health Foundation to monitor or hire a company that could give 10-15 hours a month to monitor. <p>There will be someone soon taking a leadership role in this and DMH will become more visible in social media.</p>	
<p>Reports</p>	<p>The following committee reports were presented:</p> <ul style="list-style-type: none"> ▪ State Advisory Council Membership Update: Lisa Martin, ADA/SAC Liaison <ul style="list-style-type: none"> ○ The current membership is at 21 with 8 vacancies available. Please see handout for openings by regions and the 13 applications broken down by region: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm ○ There was a discussion about needing someone from the northwest. ▪ MSAPCB update: Cheryl Gardine, MSAPCB Liaison <ul style="list-style-type: none"> ○ The Board is looking at the bylaws for changes in March. ○ The certified Compulsive Gambling credential was approved and is active on the website. ○ The officers were re elected to another term ○ A new code of ethics was voted on for all the treatment credentials. There are now four updated code of ethics. ▪ Missouri’s Youth/Adult Alliance: Laurisa Mahlin <ul style="list-style-type: none"> ○ They will be holding the annual Speak Hard Youth Conference in March. ○ ACT Missouri is doing weekly Legislative updates throughout the legislative session, if you would like to receive this update weekly please email Laurisa. 	

Agenda	Discussion/Recommendation	Action
--------	---------------------------	--------

Section Updates	<p>To view section updates please go to: http://dmh.mo.gov/ada/org/February62013MeetingHandouts.htm</p>	
Comments	<ul style="list-style-type: none"> • Stephanie Washington oversees a subcommittee made up of five youth serving professionals, youth and other professionals that serve youth in any capacity. They work with the youth to find out how they should educate youth on prevention messages. Within the Committee they have formed youth advisory committees which are in all regions in the state. Stephanie would like information or resources from the SAC committee to help with their knowledge on structuring and setting up by-laws etc. so they can have consistent group meetings state wide. • Ladell presented concerns that Thomas Casey had over Marijuana legalization, his concern is that the people writing the legislation are not the people to determine how it should be implemented. The Council previously submitted a Marijuana Legislation Subcommittee Overview letter to Director Stringer and the Advisory Committee decided there would not be any additional discussion on this, the committee has fulfilled their role in this. 	
Adjourn	<p>Meeting adjourned at 3:00 p.m. The next meeting will be held on Wednesday, April 3, 2013 at 10:00 a.m. at the Missouri Department of Mental Health, 1706 E. Elm Street, Jefferson City, Missouri.</p>	