



## Behavioral Health Profile

### Saint Louis City

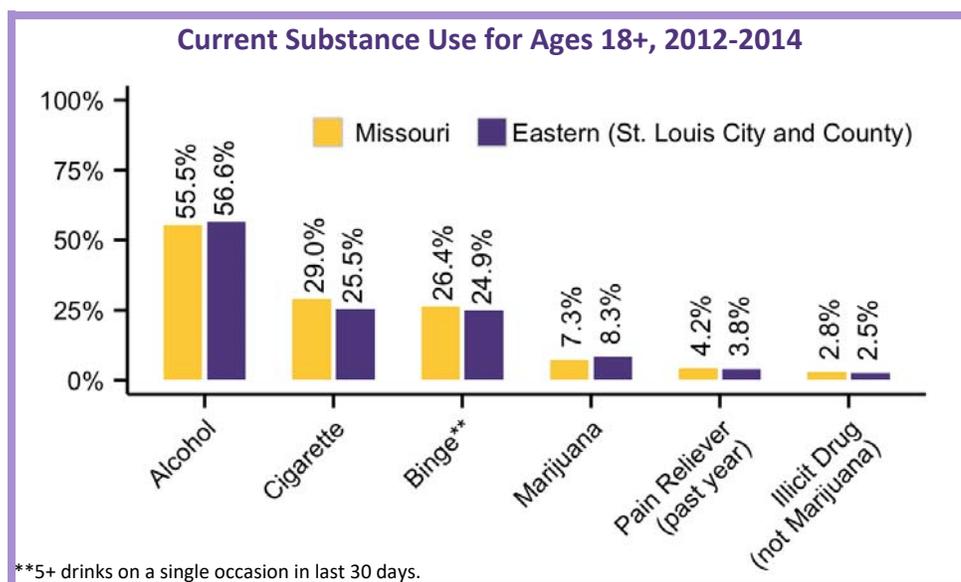
2017



Saint Louis City is located in Eastern Missouri and had a population of 315,685 in 2015. Saint Louis City ranks 4 in population size among Missouri's 114 counties plus the city of St. Louis. The 2016 unemployment rate in the county was 5.4%. This was higher than the statewide unemployment rate of 4.5%. In 2015, the poverty rate was 25.5% which was higher than the statewide poverty rate of 14.8%. The median income of the county was \$37,948.

### Substance Use in Saint Louis City

The primary data source available for this section is the Missouri Student Survey. Due to privacy concerns for individual school districts, Missouri Student Survey data for this county cannot be distributed. Adult data are available from the National Survey on Drug Use and Health (NSDUH) at the regional level.



### Substance Use Consequences in the County

**Health:** In 2014, Saint Louis City residents had a total of 241 alcohol-related and 392 drug-related hospitalizations. In addition there were 1630 alcohol-related and 1010 drug-related ER visits that did not include a hospital stay.

**Treatment:** In 2015, 3459 individuals in the county were admitted into Substance Abuse Treatment Programs. A total of 691 were primarily due to alcohol, 699 were primarily due to marijuana, and 63 were primarily due to prescription drugs.

**Law Enforcement:** In 2015, Saint Louis City had 198 DWI arrests, 902 liquor law violations and 2435 drug-related arrests. There were 9 methamphetamine laboratory seizures in Saint Louis City in 2016.

**Traffic Crashes:** Alcohol-related traffic crashes increased in the last year (from 89 in 2014 to 98 in 2015). Alcohol-related crashes are more likely to produce fatalities and injuries compared to non-alcohol-related crashes.

2015 Number of Alcohol-Related Crashes by Severity				2015 Number of People Injured / Killed in Alcohol and Drug-Related Crashes			
Total Crashes	Fatal Crash	Crash w/ Injury	Crash w/ Property Damage	Alcohol Fatalities	Alcohol Injuries	Drug Fatalities	Drug Injuries
98	0	31	67	0	47	0	12

### Mental Health Data for Saint Louis City

Individuals struggling with serious mental illness are at higher risk for homicide, suicide, and accidents as well as chronic conditions including cardiovascular and respiratory diseases and substance use disorders. In state fiscal year 2015, 6921 Saint Louis City residents received treatment for serious mental illness at publicly-funded facilities. See table for details. While there are data on those who receive treatment, data on mental health in the general population is very limited. This is especially true at the local level.

Numbers Served in Saint Louis City			In Eastern (St. Louis City and County) Missouri, 18.3% of those 18 and older had a mental illness in the past year with 4.4% having a serious mental illness. Serious mental illness is defined as any of the mental disorders asked about and 'these disorders resulted in substantial impairment in carrying out major life activities'.
	FY2014	FY2015	
Total	6797	6921	Approximately 7.1% of Eastern (St. Louis City and County) Missouri residents ages 18+ had at least one major depressive episode in the past year. A major depressive episode is characterized by an extended period of depressed mood, loss of interest or pleasure, and impaired functioning. Typically, females are more likely to report having had a major depressive episode.
Adjustment Disorder	54	85	
Anxiety Disorder	675	893	
Developmental Disorder	27	31	
Impulse Control Disorder	699	819	
Mood Disorder	3440	3676	
Psychotic Disorder	2521	2736	
<p>These numbers indicate the number of clients seen with each diagnosis per year. An individual client may have more than one admission within a year.</p> <p>*Counts under 5 suppressed to protect identities</p>			In 2014, 37 Saint Louis City residents died by suicide. Typically, males and whites are most likely to die by suicide.

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 For more information: <http://dmh.mo.gov/ada/mobhew/>