

# Meeting Summary

State Advisory Council (SAC) on  
Alcohol and Drug Abuse (ADA)

December 4, 2013

**Members Present:** Dave Brown, Michael Carter, Thomas J. Casey, John Czuba, Lisa Doyle, Ladell Flowers, Edgar “Rock” Hagens, Joseph Hahne, Robin Hammond, Diana Harris, Sandra Jackson, Nancy Johnson, Christine McDonald, Kelly McKerrow, Percy Menzies, Karah Waddle, Stephanie Washington

**Members Absent:** Rosanna Metcalf, Gloria Nepote, Liz Page, Cynthia Steuber, Janet Worthy

**Division Staff:** Joellyn Becker, Gail Black, Nora Bock, Edwin Cooper, Tara Crawford, Laurie Epple, Mia Ferrell, Jodi Haupt, Kathy Huber, Cheryl Marcum, Debbie McBaine, Steve Reeves, Jean Rentfro, Vicki Schollmeyer, Mark Shields

**Guests:** Susan Depue, Chuck Doherty, Brenda Schell, Jim Marshall

**ADA SAC Staff:** Lisa Martin, Lisa Reynolds

<b>Call To Order</b>	Chairman Ladell Flowers called the meeting to order at 10:00 a.m. Introductions were made.	
<b>Approval of Minutes</b>	John Czuba made the motion to approve the minutes with changes and it was seconded by Sandra Jackson.	
<b>Appreciation Ceremony</b>	Former ADA SAC members Clif Johnson & Cheryl Gardine were recognized for their service on the committee. Steve presented them with a certificate and plaque and thanked them for their time and dedication.	
<b>Behavioral Health Division Director’s Report</b>	<p><b>Steve Reeves, Deputy Division Director of Behavioral Health, presented the Division Report:</b></p> <ul style="list-style-type: none"> <li>• Steve thanked all of the committee members for everything they do and what impact they have on the individuals that we serve.</li> <li>• John Czuba asked about the Mental Health Liaison program coordinators and how the information is being dispersed. Steve stated that all of the Liaison position have been filled and have been going out and meeting with their constituents. There have also been meeting held with the Sheriff’s Association, Police Association, OSCA. A lot of work has been going on as far as training and education individuals in their services areas. The program began October 1. Anyone who has question can contact the community provider in their area or the Coalition Community Liaison Coordinator</li> </ul>	

Agenda	Discussion/Recommendation	Action
	<p>Christine Patterson, Ph. D. Her e-mail is <a href="mailto:cpatterson@mocmhc.org">cpatterson@mocmhc.org</a>.</p> <ul style="list-style-type: none"> <li>• Feds passed a federal rule for parity act on Nov. 8-implementation plan will take place next year.</li> <li>• Announcements <ul style="list-style-type: none"> <li>○ Dr. Parks will be leaving the department and will be the Director of Mo HealthNet (Medicaid).</li> <li>○ Susan Flannigan will be returning to DMH working with Bob Bax as Legislative Liaison.</li> <li>○ Cheryl Marcum-elected as region 7 representative for the opioid treatment network. She will represent Missouri, Iowa, Kansas and Nebraska and will serve on the executive council.</li> <li>○ Liz Hagar-Mace-Director, DMH Housing-honored by governors committee to end homelessness conference for her dedication to shelter plus care programs.</li> <li>○ Rita McElhany will be retiring Dec. 31, 2013.</li> </ul> </li> </ul>	
<p><b>Budget Update</b></p>	<p><b>Laurie Epple, Director of Administration</b></p> <ul style="list-style-type: none"> <li>• Currently nothing new to report.</li> <li>• They are working with OA Budget and Planning answering a lot of questions about the request that have been submitted. Will not know anything until the budget is released in January.</li> <li>• John Czuba shared his concerns about the special session on the Boeing project. He is concerned about the tax incentives package because this will affect the general revenue.</li> <li>• Percy asked about ACA and what impact it will have in 2014. Impact is not known at this time.</li> </ul>	
<p><b>National Conference of State Legislature-Addition Studies Program</b></p>	<p><b>Natalie Fornelli, Compliance &amp; Systems Management Coordinator</b></p> <ul style="list-style-type: none"> <li>• Conference was held in Atlanta, Georgia-Natalie, Mark Stringer, Rhonda Driver-Pharmacy Program-MO HealthNet, Heidi Geisbuhler-Legislative Asst. for Senator Dempsey. At the conference they were joined by other states: Rhode Island, New Hampshire &amp; Delaware.</li> <li>• Purpose was to receive education on addiction intended for Legislators and State Officials.</li> <li>• Sessions-Biology of Addiction, Recovery Support, Medication assisted treatment, Prevention and others. Once they took the session's they had to make a plan for the State and at the end had to make a proposal on what they plan to do when they come back.</li> </ul>	

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	<ul style="list-style-type: none"> <li>Plan was established to educate the legislators and staff on: Issues on substance abuse disorder, better integration of substance abuse treatment and primary care, and a prescription monitoring program, and prevention services.</li> <li>Power Point presentation slides will be shared with committee members.</li> </ul>	
<b>ADA Disease Management Update</b>	<p><b>Debbie McBaine, Division of Behavioral Health</b></p> <ul style="list-style-type: none"> <li>Debbie updated the committee on the progress of the ADA Disease Management Project. This is a cooperative effort with MO HealthNet</li> <li>Identify individuals with high Medicaid cost who have substance use disorders, along with other chronic conditions. This program has been very successful with the CPS providers. This results in a much better health outcomes and a substantial cost savings.</li> <li>The Office of Administration Budget Director is analyzing the process and how it will fit into the State's budget. Waiting for Governor's office for approval.</li> <li>They are hoping to start the program around January 1 but have to wait for approval.</li> <li>Once the project is approved several providers will be ready to go.</li> <li>This will require a lot of outreach in the community and locating the individuals and getting them engaged in CSTAR programs.</li> <li>To start there will be approximately 15 providers involved.</li> </ul>	
<b>Peer Support</b>	<p>Ladell ask for clarification on the ACA healthcare laws. Since Missouri still objects Medicaid expansion Missourians have to go out on the market exchange. Lisa Martin-Peer Specialist training took place Nov.11-15 in St. Louis. Had over 40 applications. Previously the training has been attended by CPS individuals but there is now much more interest on the ADA side. There have been changes made to the curriculum which include more common terminology. Again, we are moving towards an integration of the training to include both sides.</p>	
<b>By-Laws Update &amp; Staggered Elections</b>	<p>The Staggered Election document will be updated and submitted to the ADA SAC executive committee for approval and will be shared with the SAC committee when completed.</p> <ul style="list-style-type: none"> <li>The Chair or Chair-elect cannot be under any legal supervision at any level (municipal, county, state, or federal).</li> <li>The departing past Chair will serve for a period of one year as Chair emeritus to the ADA/SAC Committee. The Chair (emeritus), would serve strictly in an advisory capacity to the sitting ADA/SAC Chair and Advisory Committee. The Chair (emeritus) shall not have voting privileges nor receive compensation as an appointed member of the SAC.</li> </ul>	
<b>Jim Marshall Cody's Gift</b>	<p>Jim Marshall-Telling his son's Story-Cody's Gift</p> <ul style="list-style-type: none"> <li>Jim has been speaking at schools about parents and kids explaining why some of the things are happening in the drug culture related to their home life and things we are</li> </ul>	

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	<p>doing raising our kids that are contributing. They are doing drugs to cope and not as recreational.</p> <ul style="list-style-type: none"> <li>• Jim's son had 5 drug tests and he passed all of them. Behavior should also be used as indicators.</li> <li>• There is a prescription drug problem on the streets in our state. It doesn't help that Missouri does not have prescription monitoring program.</li> <li>• One person dies every 19 minutes from drug overdose in the United States. People outside of our field have no idea what is happening.</li> <li>• Jim is currently trying to develop a required 6 week drug abuse course for 8<sup>th</sup> graders.</li> <li>• The courses would be held in health classes-he would also invite EMT's, Firemen, ER Doctors, Recovery Centers, Recovery Addicts and parents to share their stories, etc. We have to get our schools involved. He suggests that at school registrations require parents and students to listen to information on drug abuse. Some of the colleges are doing it.</li> <li>• Additional information can be found at <a href="http://www.codysgift.org">www.codysgift.org</a></li> </ul>	
<b>Extranet</b>	Ladell went over the instructions for the extranet. Nancy Johnson & Ladell will post information to the extranet if needed. They will also monitor what is being put on the site. If there are questions you can contact Nancy Johnson, Ladell or Ernest Jennings (ITSD).	
<b>Reports</b>	<p><b>Brenda Schell, MRN Director</b></p> <ul style="list-style-type: none"> <li>• The Anonymous People movie has been shown several times across the state.</li> <li>• MRN has 2 DVD's of the movie and can loan them out for viewing. Contact Brenda by phone 573-634-1029 or e-mail <a href="mailto:bschell@pbhc.org">bschell@pbhc.org</a>.</li> <li>• MRN has been contacted by NCAD-National Conference on Addiction Disorders. Will be held Aug. 22-26, 2014 at Union Station in St. Louis. This is the first time this conference has been brought to the Midwest. Request for presenters' has been extended.</li> <li>• More information is available at <a href="http://www.addictionpro.com">www.addictionpro.com</a>.</li> <li>• Legislative Session-MRN will be educating on Prescription Drug Monitoring Program, Good Sam Bill and Medicaid Expansion. Senator Sater and Rep. Engler will pre-file the PDMP bill this Friday. She encouraged everyone to contact their elected official and education them about these issues.</li> <li>• MRN Advocacy Day-Wed., March 26 at the Capitol. A hearing room has been reserved in the Rotunda. Advocacy training will be held in the morning and visits in the afternoon.</li> <li>• 175 individuals have been educated on becoming a peer mentor. As of Jan., 2013 MSAPCB reports 22 have received MRSS and 40 have MRSS-P. Total of 98 who have state credentials</li> </ul>	

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	<ul style="list-style-type: none"> <li>• Need to educate treatment providers, drug courts and others on importance of peer mentors on how they can enhance treatment and the recovery journey.</li> <li>• MRN is exploring Recovery/Supported Housing in Missouri which currently has no standards and is funded only through ATR grant funds.</li> <li>• MRN is beginning to contact current housing providers to discuss the future on options for funding in Missouri. Scott Johnston is the lead on this project.</li> <li>• Other states are being contact to see the process they have in place.</li> <li>• If you are currently providing some supported housing or if you would like to please contact MRN.</li> <li>• DMH consumer Conference (Real Voices/Real Choices) will be held Aug. 17-19. MRN will again be providing scholarship for consumers and family members to attend.</li> </ul> <p><b>ACT MO-Chuck Doherty</b></p> <ul style="list-style-type: none"> <li>• Substance Abuse Prevention Skills Training-Dec-Jeff City, Jan-Cape &amp; in the Spring-Springfield.</li> <li>• Ethics for the Prevention Professional-Dec 16-This session provides the required six hours of ethics training for certification or re-certification (pending approval).</li> <li>• The Columbia City Council has been propositioned to decriminalize cultivation of home growth of up to six plants.</li> <li>• Fox 2 Now Anchor Mandy Murphy will moderate a debate between Det. Sgt. Jason Grellner and a pro-marijuana legalization advocate. The event will be held Wednesday, December 18, 2013 at the Ethical Society of St. Louis from 7 to 8:30.</li> </ul>	
<p><b>Committee Workgroup Reports</b></p>	<p><b>Prevention Workgroup</b></p> <ul style="list-style-type: none"> <li>• Nancy Johnson reported that Susan Depue shared the information that is on the website and available for anyone. There are some very good reports that you can get data from on different topics. The link is <a href="http://dmh.mo.gov/seow/default.aspx">http://dmh.mo.gov/seow/default.aspx</a>. If you have question you can contact Susan Depue.</li> <li>• Mike shared a flyer on the Youth and Tobacco. Tobacco is on the decline but still increasing in young teenage girls. This does not cover e-cigarettes. The FDA released that e-cigarettes still have carcinogens in them. They are not any safer than cigarettes.</li> <li>• There will be a lot of overdoses from some of these devices and how they can be manipulated for other things.</li> <li>• Colorado's legalization of marijuana is not bringing in the income and there have been more traffic accidents related to marijuana. Reports on this are available at <a href="http://naddi.org/aws/NADDI/pt/sd/news_article/62194/PARENT/layout_details/false">http://naddi.org/aws/NADDI/pt/sd/news_article/62194/PARENT/layout_details/false</a></li> </ul>	

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	<p><b>Treatment Workgroup</b></p> <ul style="list-style-type: none"> <li>• Treatment vs. Recovery Support and the Medicaid reimbursement. When the money does become available for CSTAR approved services. Need to help educate the treatment providers on what services can be billed.</li> <li>• MRSS/MRSSP training-Important to continue the training even if the Missouri Recovery Network money is gone. Options are being look at.</li> <li>• Recovery support will have to find other avenues of funding-whether it looks like ATR or something else.</li> <li>• Wellness Coaching-Tara Crawford updated the Treatment Workgroup on the trainings which is going to be done in 3 phases -Introductory training in all 4 of the ATR locations of state Next, 2-3 ATR providers will be allowed to attend the 4 day Train the Trainer Session.</li> <li>• Nora reported on the Community Support Training-ADA/CPS are now cohesive. Information on the training is available at <a href="http://dmh.mo.gov/ada/CommunitySupport101Training.htm">http://dmh.mo.gov/ada/CommunitySupport101Training.htm</a></li> <li>• Treatment Committee discussed the by-laws and elections paragraphs and how they need to be sensitive to those individuals who may be participating in outpatient treatment and how they should be on a case by case basis. This will go to the Executive Committee.</li> </ul>	
<b>ADA/CPS Combined SAC Meeting</b>	Future discussion will be held to have a joint SAC meeting with both ADA/CPS SAC Committees.	
<b>Adjourn</b>	Meeting was adjourned at 3:00 p.m. The next meeting will be will be held on Wednesday, February 5, 2014, at 10:00 a.m. at the Missouri Department of Mental Health, 1706 E. Elm Street, Jefferson City, MO.	