



August 2015

Overview of Outreach

Mission Statement

“To collaboratively teach resilience, support emotional health and stability, and promote hope for a meaningful life to the children, families, residents and leaders of North St. Louis County and City.”

Resilience Coalition

SANCTION:

Directors of the Departments of Mental Health (DMH), Elementary and Secondary Education (DESE) & Social Services (DSS) sanctioned the Resilience Coalition on August 26, 2014 and charged them to work with St. Louis communities & leaders to:

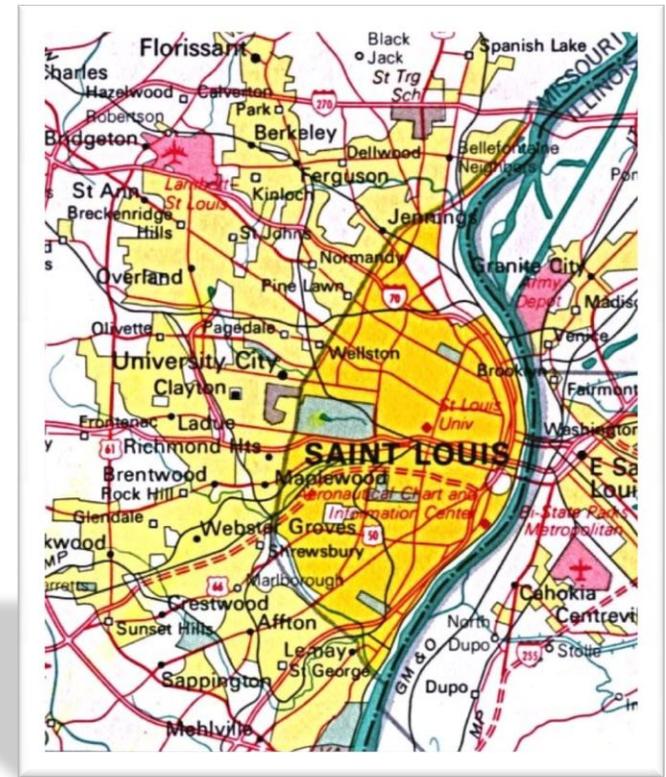
- ✚ “Assist families and school personnel in teaching resilience and promoting hope for a better life for all children who live in North St. Louis area” and;
- ✚ “Work cooperatively with a broader coalition of individuals, organizations and agencies to tangibly support the emotional health and stability of children and families who live in them”

SERVICE AREA:

NORTH COUNTY: Bellefontaine Neighbors, Bell-Nor, Bel Ridge, Berkeley, Black Jack, Calverton Park, Cool Valley, County Club Hills, Ferguson, Florissant, Hazelwood, Jennings, Moline Acres, Normandy, Pasedena Hills, Pine Lawn, Riverview, Spanish Lake, Velda Village, Vinita Park and Wellston.

NORTH ST. LOUIS CITY: Neighborhoods north of Delmar.

HOTLINE: 1-800-811-4760 for mental health information and access; this is an existing crisis hotline staffed by Behavioral Health Response



OVERVIEW OF KEY ACTIVITIES:

BACKGROUND

DMH-DESE-DSS convene a cadre of behavioral health agencies to establish public/private coalition focused on emotional impacts to the children and families following the Michael Brown tragedy; Laurent Javois is chosen as coalition coordinator (8/22/14)

Directors of DMH-DESE-DSS formally **sanction** the North St. Louis and County Resilience Coalition (aka Resilience Coalition) to support families and communities (8/26/14)

Resilience Coalition meets for the first time (8/28/14)

Resilience Coalition reviews evidence-based intervention models that promote resilience to help promote concepts of coping and resilience and make coalition organizations aware of the models (9/11/14)

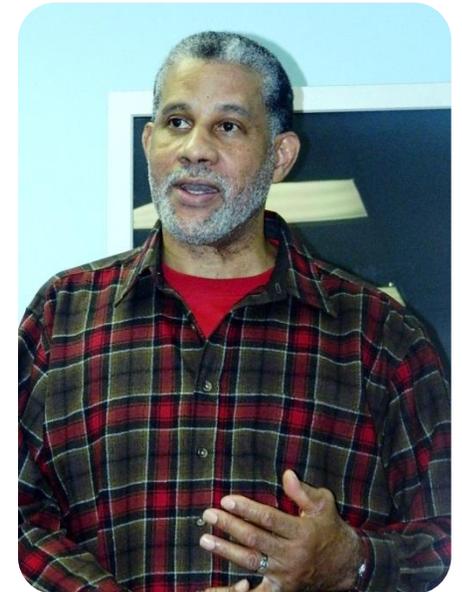
Gov. Jay Nixon meets with Resilience Coalition representatives to discuss mental health efforts and support for families in Ferguson and surrounding north county area (11/22/14)

TRAININGS

DESE asks DMH to provide training “Supporting Our Children: Resilience In A Time of Need” to 220 North County and City educators to help them identify signs of trauma and refer children needing mental health professionals (8/21/14)

Khatib Waheed delivers Racial Equity Learning Exchange (RELE) Session to the following stakeholders on behalf of the Resilience Coalition in order to provide an historical context for better understanding the issue of race and its connection to trauma and toxic stress:

- Resilience Coalition members (9/4/14)
- Executive Team Leaders of the St. Louis Metropolitan Police Department (10/21/14)



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- Department of Mental Health (DMH) Executive Staff in Jefferson City (11/3/14)
 - St. Louis Public Schools Safety Officers (11/10/14)

Resilience Coalition conducts train-the-trainer instruction for selected mental health professionals on Skills for Psychological Recovery (SPR) group sessions; Missouri is first in the nation to train a statewide team

Resilience Coalition presentation to the Missouri Mental Health Commission (12/11/14)

Consultant Rebecca Bennett provides “Listening to the Community: A Training on Community Engagement, Active Listening & Convening Conversations” facilitation training to eight (8) Resilience Coalition members (12/19/14)

Khatib Waheed conducts Racial Equity Learning Exchange training to Department of Mental Health Commission, Mental Health and Social Service Departmental Directors (1/8/15)

Khatib Waheed conducts an introductory train-the-trainer session on Racial Equity and Disparities with three (3) Resilience Coalition members (1/20/15)

Resilience Coalition conducts facilitation training to five (5) members of the Community Engagement Workgroup for new presenters to the Listening Session. Training was conducted by Dr. Vetta Thompson and Joe Yancey (1/30/15)

Resilience Coalition conducts “Race, Trauma & Toxic Stress” training to ninety (90) School Safety Officers (2/13/15)

Resilience Coalition members attend “How Trauma Impacts Children’s Social, Emotional and Health Outcomes” workshop, co-sponsored by DMH, Alive & Well-St. Louis and Mental Health Board (2/17/15)



Resilience Coalition conducts 2nd facilitation training to six (6) members of the Community Engagement Workgroup for new presenters to the Listening Session. Training is conducted by Dr. Vetta Thompson and Joe Yancey (5/26/15)

Resilience Coalition sponsors and convenes an eight (8) hour Youth Mental Health First Aid Training for one hundred and eight (108) St. Louis Public Schools' Safety and Security Officers to build their capacity to better assist students who may be in the early stages of experiencing an emotional or mental health problem or crisis (8/13/15)

ECONOMIC DEVELOPMENT

Resilience Coalition participates in Urban League Job Fair with AFSCME representatives from Bellefontaine Habilitation Center to promote local employment opportunities and current job openings (9/14/14)

Resilience Coalition members support “Shop Ferguson” Listening Forums to provide emotional, mental and economic support to business owners and their employees in Ferguson and the surrounding neighborhoods (9/16/14)

Resilience Coalition collaborates with the United Way Ferguson Area Crisis, Round Table #3 to provide emergency assistance to support their efforts of food distribution, transportation, and crisis counseling (12/1/14)

Resilience Coalition participates in Small Business Listening Forums to discuss mental health resources available through coalition member. The forum was sponsored by North County Incorporated for the businesses in Ferguson, Dellwood and Jennings (12/12/14)



BUILDING “TRAUMA FREE COMMUNITIES”

Resilience Coalition collaborates with University of Missouri St. Louis to provide resilience and coping groups to police and their families directly impacted by Ferguson (12/3/14)

Resilience Coalition collaborates with Dr. Mara Robinson, President of the Association of Black Psychologists to provide clinical support to Ferguson residents (12/5/14)

Resilience Coalition collaborates with Dr. Tara Galovski and Dr. Wilma Calvert of the University of Missouri-St. Louis to survey law enforcement/community members in Ferguson most directly affected by the Michael Brown shooting; survey is named the Ferguson Reaction Study (12/9/14)



Resilience Coalition collaborates with Metropolitan Congregation United interfaith organization to staff sanctuary and safe houses at area churches - during the weeks following the Grand Jury decision (12/9/14 – 12/30/14)

Resilience Coalition supports the Ethics Project National Youth Initiative 2015 Conference by leveraging dollars to send five (5) students from Vashon High School to the conference; BHR provides financial support (4-16-15 – 4/18/15)

Resilience Coalition closely aligns its efforts to support the System of Care Initiative aimed at developing trauma informed communities (5/26/15)

Resilience Coalition supports efforts of the Bridges To Care & Recovery Initiative, an initiative involving nine churches who completed training to become “behavioral health friendly churches.” Church members also completed Mental First Aid training (5/31/15)

Resilience Coalition holds collaborative meeting with BJC Behavioral Health and Preferred Family Healthcare to provide Mental Health First Aid and other special trainings to the North County schools (6/1/15)

LISTENING SESSIONS

The Resilience Coalition (RC), chartered by the Missouri Departments of Mental Health, Elementary and Secondary Education (DESE) and Social Services (DSS) following the death of Michael Brown in 2014, continues to work in North St. Louis City and County. The Resilience Coalition regularly convenes more than 60 behavioral health provider agencies to provide support services in the area to individuals, families and communities.

As a community engagement strategy, Listening Sessions are convened to focus on trauma and toxic stress and the resulting impact on individuals, families and communities. Specifically, the content of the Listening Sessions allows participants to:

- better understand what trauma and toxic stress are and how they affect individuals, families and communities;
- listen and share thoughts, feelings and experiences related to emotional health and wellness in a safe environment;
- be provided the historical role of racism in denying African Americans access to resources and opportunities;
- hear documented disparities in health status, education, poverty and involvement with the criminal justice system; and
- gain information and direct access to supports/services at the conclusion of each Listening Sessions from a “Community Connector” from Bridges To Care & Recovery (BRCR), Behavioral Health Network of Greater St. Louis.

The first Listening Session was held in the City of St. Louis on 11/15/14. As of Friday, August 14, 2015, a total of 407 individuals have participated in Listening Sessions across the St. Louis City and County. See chart below:



Resilience Coalition

Listening Sessions Summary

| # of Participants | Name of Organization | Date/Time | Zip Code | Demographic Area | Organization Type | # of Referrals to BRCR |
|-------------------|--|------------|----------|---------------------------|-------------------|------------------------|
| 18 | New Horizon 7 th Day Church | 11/15/2014 | 63121 | Cool Valley (County) | Faith-Based | 0 |
| 25 | Mt. Mt. Zion Baptist Church | 11/19/2014 | 63117 | Richmond Heights (County) | Faith-Based | 0 |
| 12 | New Sunny MB Church | 12/6/2014 | 63115 | St. Louis City | Faith-Based | 0 |
| 37 | Yeatman Middle School | 1/13/2015 | 63115 | St. Louis City | School | 0 |
| 16 | Vashon High School | 1/21/2015 | 63106 | St. Louis City | School | 0 |
| 15 | TEACH Society | 1/22/2015 | 63108 | St. Louis City | Community | 0 |
| 14 | Oak Hill Elementary School | 1/27/2015 | 63116 | St. Louis City | School | 2 |
| 29 | Walbridge Elementary School | 1/29/2015 | 63120 | St. Louis City | School | 0 |
| 7 | New Northside MB Church | 2/7/2015 | 63147 | St. Louis City | Faith Based | 0 |
| 14 | Good Journey Foundation | 3/14/2015 | 63108 | St. Louis City | Youth | 7 |
| 27 | New Northside MB Church | 4/15/2015 | 63147 | St. Louis City | Faith Based | 0 |
| 28 | Employment Connections | 4/24/2015 | 63103 | St. Louis City | Business | 0 |

| # of Participants | Name of Organization | Date/Time | Zip Code | Demographic Area | Organization Type | # of Referrals to BRCC |
|--------------------------------------|--|-----------|----------|-------------------|-------------------|------------------------|
| 24 | Sumner High School | 5/1/2015 | 63113 | St. Louis City | School | 0 |
| 8 | Pamoja Prep Academy | 5/4/2015 | 63108 | St. Louis City | School | 0 |
| 11 | Community Women Against Hardship | 7/11/2015 | 63108 | St. Louis City | Community | 0 |
| 30 | Jennings Children's Division | 7/16/2015 | 63136 | Jennings (County) | Business | 1 |
| 14 | The SPOT | 7/21/2015 | 63108 | St. Louis City | Youth Serving | 0 |
| 32 | Overland Children's Division | 7/22/2015 | 63132 | Overland (County) | Business | 2 |
| 22 | South Side Senior Apartments | 7/28/2015 | 63118 | St. Louis City | Business | 0 |
| 24 | YMCA O'Fallon Park Recreation Center | 8/14/15 | 63115 | St. Louis City | Community/Service | 0 |
| Summary as of August 18, 2015 | | | | | | |
| 407 | 19 Groups: 4 businesses, 3 community, 5 faith based, 6 schools, 2 youth | | | | | 13 referrals |

Resilience Coalition Members

Steering Committee in Bold

| Name | Title | Agency |
|------------------------------|--|--|
| Tina Anderson | Outreach Coordinator | Healthcare USA |
| Jenny Armbruster | Director of Community Services | NCADA-St. Louis |
| Regina Askew | Director of Behavioral Health | Myrtle Hilliard Davis Health Center |
| Veronica Banks | Executive Assistant | DMH-St. Louis Resilience Coalition |
| Dr. Vicki Bernard | Director of Counseling & Prevention | Harris Stowe State University |
| Carrie Bolm | VP of Chief Program Officer, Community Based Services | Great Circle |
| Teresa Brandon | VP Clinical Operations | Hopewell |
| Dwayne Butler | President & CEO | Betty Jean Kerr Peoples Health Center |
| Aimee Cacciatore | Director of Student Services | Ferguson Florissant School District |
| Connie Cahalan | Children's Director | Department of Mental Health |
| Rachel Christeansen | MHFA Director of Training | Missouri Institute of Mental Health |
| Maida Coleman | Director | Office of Community Engagement |
| Pat Coleman | President & CEO | Behavioral Health Response |
| Danielle Conrey | Community Mental Health Liasion | BJC Behavioral Health |
| Charles Conway | Clinical Supervisor | Preferred Family Healthcare |
| Dr. Mary Michaelleen Cradock | Director of Behavioral Health | St. Louis Children's Hospital |
| Tim Decker | Director Children's Division | Department of Social Services |
| Jama Dodson | Executive Director | St. Louis Mental Health Board |
| Dr. Jerry Dunn | Executive Director | Childrens Advocacy Services-UMSL |
| Riisa Easley | Project Director SDC | System of Care |
| Al Eason | Chief of Children's Community Operations | Department of Mental Health – Eastern Division |
| Stacy Ederer | Circuit Manager | St. Louis County Children's Division |
| Laurie Epple | Deputy Director of Administration, Div. of Behavioral Health | Department of Mental Health |
| Camille Famous | Therapist | Care for Justus |
| Carl Farr | Director of Employment | Department of Mental Health |

| Name | Title | Agency |
|---------------------------|---|---|
| Mia Ferrell | Program Specialist II | Department of Mental Health |
| Susan Flanigan | Legislative Liaison | Department of Mental Health |
| Kim Gladstone | Vice President | BJC Behavioral Health |
| Dr. Rick Gowdy | Director, Division of Behavioral Health | Department of Mental Health |
| Julie Harris | Circuit Manager | Children's Division – St. Louis City |
| Annette House | St. Louis Regional Director | Missouri Children's Division |
| Jade James | (Dr. Gunn's back up) | St. Louis County Health |
| Laurent Javois | Regional Executive Officer | Department of Mental Health |
| Veta Jeffery | OCE | Office of Administration |
| Jonas Jones | Fellow | The Mission Continues - St. Louis County Police |
| Ed Katcher | Education Consultant | Self Employed |
| Joan Keenan | Coordinator of Disaster Services | Department of Mental Health-Office of Disaster Services |
| Emily Koenig | Children's Interagency Service Manager | Department of Mental Health-Clinical Director's Office |
| Lisa Lappin | Director, Community Relations & Organizational Dev. | BHR Worldwide |
| Rev. Isaac McCullough | Pastor | Spiritual and Emotional Care Committee |
| Sylvia Merriweather | Executive Assistant to Dwayne Butler | Peoples Health Center |
| Kathy Moehrle | Admin Asst. | Department of Mental Health |
| Charlotte Moten | Advocacy Coordinator | Adapt of Missouri-St. Louis |
| Serena Muhammad | Director of Strategic Initiatives | STL Mental Health Board |
| Wendy Orson | CEO | Behavioral Health Network |
| Bryan Quick | Clinical Vice President | Preferred Family Healthcare |
| Dr. Marva Robinson | President | STL Association of Black Psychologists |
| Sgt. Jeremy Romo | CIT Program | St. Louis County PD |
| Dr Vetta Sanders-Thompson | Professor, George Warren Brown School | Washington University |
| Dr Virginia Selleck | Vice President of Clinical Officer | Places for People |
| Alicia Smith | Community Outreach Coordinator | STL County Children's Svc Fund |
| Mark Stringer | Director | Department of Mental Health |
| Angela Tate | Vice President of Operations | Behavioral Health Response |
| Karen Vaughn | EAP Consultant | BJC Behavioral Health |
| Khatib Waheed | Coordinator | DMH-St. Louis Resilience Coalition |

| Name | Title | Agency |
|--------------------------------|--|--|
| Debra Walker | Director, Office of Public & Legislative Affairs | Department of Mental Health |
| Howard Weissman | Executive Director | National Council for Alcohol & Drug Abuse |
| Kate Wieberg | Director of Operations | Department of Mental Health |
| Jenny Wiley | Coordinator of Disaster Services | Department of Mental Health |
| Candace Williams | Clinical Supervisor | BJC Behavioral Health |
| Rev. G. Harold Williams | Faith Based Director | Bridges to Care & Recovery |
| Robbin Williams | Project Manager | SIRV (St. Louis Initiative to Reduce Violence) |
| Peppy Howard-Willms | Chief Education Officers | Great Circle |
| Dr. Roy Wilson | Medical Director, SLPRC | Department of Mental Health |
| Maranda Witherspoon | Program Officer | Missouri Foundation for Health |
| Joe Yancey | Executive Director | Places for People |
| Dr. Rene Yoesel | Director, Guidance & Placement SVs | DESE |
| Sue Zerwig | STL Regional Director | DSS |

**Resilience
Coalition**



St. Louis City and County Resilience Coalition
5400 Arsenal Avenue A-122
St. Louis, MO 63139
(314) 877-5831 office
(314) 877-5981 fax

Laurent Javois
Khatib A.F.Waheed
Coordinators