



Improving lives THROUGH supports and services THAT FOSTER self-determination.

www.dmh.mo.gov/dd MISSOURI DEPARTMENT OF MENTAL HEALTH

SELF-DIRECTED SUPPORTS DISCOVERING QUESTIONS FOR PERSONAL ASSISTANT WITH TRAINING EXEMPTIONS

*Personal Assistance Service does not require a Personal Outcome to be identified; the service may consist of only supports provided

	No Support needed	Details regarding the type of support needed	Personal Outcome area for Individual *
Bathing/Assisting in the Bathroom/Dressing			
Mobility			
Extension of therapies, care of adaptive equipment and exercise			
Meal Preparation/Assistance with meals			
Incidental household cleaning and laundry			
Shopping			
Banking/Budgeting			
Using public transportation			
Recreational/Leisure/Socialization			
Other Activities to achieve increase independence, productivity or Inclusion in the community			

Times Support Needed: Typical times individual will need paid PA supports.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Time In							
Time Out							
Time In							
Time Out							
Time In							
Time Out							
Total per day	hrs	hrs	hrs	hrs	hrs	hrs	hrs

Additional hours of paid PA support needed per month: _____



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PERSONAL ASSISTANT WITH
TRAINING EXEMPTIONS**

Training Exemptions

<p>The individual/Designated Representative may exempt the following requirements if the exemption is due to: [A] Duties of the PA named above will not require skills to be attained from this training requirement. [B] The PA named above has adequate knowledge or experience. To grant an exemption, the appropriate reason code must be marked in the exemption column and justification for the exemption and safeguards in place must be documented in the ISP.</p>	<p>CHECK APPLICABLE EXEMPTION CODE(S)</p>
<p>*CPR Training (Cannot be exempt for Enhanced Medical PA)</p>	<p><input type="checkbox"/>A <input type="checkbox"/>B</p>
<p>*First Aid training (Cannot be exempt for Enhanced Medical PA)</p>	<p><input type="checkbox"/>A <input type="checkbox"/>B</p>
<p>*Medication Administration (Cannot be exempt for Enhanced Medical PA if providing medication administration)</p>	<p><input type="checkbox"/>A <input type="checkbox"/>B</p>
<p>*Behavior Intervention Crisis Management training <input type="checkbox"/> Mandt; <input type="checkbox"/> NCI/CPI; <input type="checkbox"/> PCMA or SCM (Cannot be exempted for if physical intervention is needed)</p>	<p><input type="checkbox"/>A <input type="checkbox"/>B</p>
<p>*Behavior Intervention- Positive Behavior Supports training <input type="checkbox"/> "Tools of Choice"; <input type="checkbox"/> Columbus PBS; <input type="checkbox"/> Other training approved by RO QE department or Division Chief Behavior Analyst *</p>	<p><input type="checkbox"/>A <input type="checkbox"/>B</p>