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MISSOURI DEPARTMENT OF MENTAL HEALTH

WAIVER SERVICES REQUIRING PERSONAL OUTCOMES AND IMPLEMENTATION STRATEGIES

| Services requiring at least one Personal Outcome and Implementation Strategies | Services that <u>may</u> have Personal Outcomes and Implementation Strategies, but not required. |
|---|--|
| <p>Support Broker SDS Community Specialist Community Specialist</p> <p>Adaptive Behavioral Treatment by Protocol by Technician Adaptive Behavioral Treatment with Protocol Modification Adaptive Behavioral Treatment Social Skills Group Applied Behavior Analysis Behavior Identification Assessment Observational Behavioral Follow-Up Assessment Exposure Behavior Follow-up Assessment Exposure Adaptive Behavior Treatment with Protocol Modification Family Adaptive Behavior Treatment Guidance</p> <p>Person Centered Strategies Consultant Crisis Intervention Counseling</p> <p>Day Habilitation Individualized Skill Development Community Integration</p> <p>Individualized Supported Living (ISL) Group Home</p> <p>Prevocational Services Career Planning Job Development Supported Employment</p> | <p>Personal Assistant SDS Personal Assistant Medical Personal Assistant SDS Medical Personal Assistant Community Transition Service Assistive Technology Dental Environmental Accessibility Adaptations – Home/Vehicle Modifications In-Home Respite Out of Home Respite Temporary Residential Service Professional Assessment and Monitoring Specialized Medical Equipment and Supplies (Adaptive Equipment) Transportation Shared Living Physical Therapy Occupational Therapy Speech Therapy</p> |

If any of these services are completing training/habilitation, then an outcome and implementation strategies are needed.

If these services are supports only, then the duties of the service must be outlined in the plan.



References:

[The Centers for Medicare and Medicaid Services \(CMS\) "Instructions, Technical Guide and Review Criteria" for the 1915\(c\) waiver application](#)

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Individuals receiving prevocational services must have employment-related goals in their person-centered service plan; the general habilitation activities must be designed to support such employment goals.

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The distinction between vocational and pre-vocational services is that pre-vocational services, regardless of setting, are delivered for the purpose of furthering habilitation goals that will lead to greater opportunities for competitive and integrated employment and career advancement at or above minimum wage.

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- All prevocational and supported employment service options should be reviewed and considered as a component of an individual's person-centered services and supports plan no less than annually, more frequently as necessary or as requested by the individual. These services and supports should be designed to support successful employment outcomes consistent with the individual's goals.

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Habilitation

Services that are provided in order to assist an individual to acquire a variety of skills, including self-help, socialization and adaptive skills. Habilitation is aimed at raising the level of physical, mental, and social functioning of an individual. Habilitation is contrasted to rehabilitation which involves the restoration of function that a person has lost.

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F. Rehabilitative Services

Waivers are not limited to the provision of habilitation services that are designed to teach individual skills. A state also may cover rehabilitative services where the purpose is to restore functioning. Rehabilitative services may be covered in a waiver as "other waiver services" since rehabilitative services are not mentioned in §1915(c) of the Act. When the State plan covers rehabilitative services, they also may be offered in a waiver on an extended state plan service basis. The receipt of rehabilitative services does not preclude the provision of enhanced habilitation services to a waiver participant.

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Habilitation Services General Guidance

Habilitation may be covered as a distinct waiver service. Usually, however, the coverage of habilitation takes the form of the coverage of day and residential habilitation as separate services. In addition, states may cover enhanced habilitation services (supported employment, education, and prevocational services). In general, when enhanced habilitation services are covered, they must be covered as distinct services rather than combined as a single service. Core definitions are provided for habilitation, residential habilitation, day habilitation, prevocational, supported employment, and education.

While habilitation is frequently identified with the provision of services to persons with intellectual disability and other related conditions, habilitation services (including enhanced habilitation services) may be furnished to other target groups (e.g., persons who have experienced a brain injury) who may benefit from them. Services that are habilitative in nature may not be covered under the State Plan except in an ICF/IID.

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7. Residential Habilitation Core Service Definition

Residential habilitation means individually tailored supports that assist with the acquisition, retention, or improvement in skills related to living in the community. These supports include adaptive skill development, assistance with activities of daily living, community inclusion, transportation, adult educational supports, social and leisure skill development, that assist the participant to reside in the most integrated setting appropriate to his/her needs. Residential habilitation also includes personal care and protective oversight and supervision.

Payment is not made for the cost of room and board, including the cost of building maintenance, upkeep and improvement. The method by which the costs of room and board are excluded from payment for residential habilitation is specified in Appendix I-5. Payment is not made, directly or indirectly, to members of the individual's immediate family, except as provided in Appendix C-2.

Instructions

- Supplement or modify the core definition as appropriate to encompass the specific service elements/activities furnished as residential habilitation.
- Residential habilitation may be furnished in the following living arrangements: participant's own home, the home of a relative, a semi-independent or supported apartment or living arrangement, or a group home. Supplement the core definition by specifying the types of settings where residential habilitation is furnished.

Guidance

- Residential habilitation services may be provided in the participant's living arrangement or in the surrounding community, provided that such services do not duplicate services furnished to a participant as other types of habilitation.
- Provider owned or leased facilities where residential habilitation services are furnished must be compliant with the Americans with Disabilities Act.
- Home accessibility modifications when covered as a distinct service under the waiver may not be furnished to individuals who receive residential habilitation services except when such services are furnished in the participant's own home. Compensation for the costs of life safety code modifications and other necessary accessibility modifications that a provider makes may be included in provider rate (as amortized costs) so long as they are necessary to meet the needs of residents and are not basic housing costs.