

# Direct Connection



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## National Association for the Dually Diagnosed (NADD) Presentation

On August 7, 2017, Mark Stringer, Director of the Department of Mental Health (DMH), invited department staff to participate in a presentation and discussion facilitated by Dr. Robert Fletcher, the founder of the National Association for the Dually Diagnosed (NADD).

The National Association for the Dually Diagnosed is a not-for-profit association established for professionals, care providers, and families to promote understanding of support needs for individuals who have developmental disabilities and behavioral health needs. NADD has been successfully promoting services nationally and internationally that bridge the gap between the behavioral health and developmental disabilities systems.

Established NADD certification and accreditation programs enable the development of skills necessary to care for individuals with intense support needs, ultimately improving the quality of life for individuals served and agency efficiencies.

In the coming months, the DMH will proceed with NADD certification and accreditation trainings for providers in the St. Louis area – partnering with area hospitals and specialized residential providers. These trainings are funded through a Substance Abuse and Mental Health Services Administration (SAMHSA) funded grant awarded to Missouri in 2016.



*I have learned silence from the talkative, toleration from the intolerant, and kindness from the unkind; yet strange, I am ungrateful to those teachers.*

Khalil Gibran

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**CONNECTING WITH THE  
DIVISION OF  
DEVELOPMENTAL  
DISABILITIES**

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Disabilities

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Fostering Self-Determination  
Among Children and Youth  
with Disabilities—

 Ideas from PARENTS  
for PARENTS



Katie Weir, Molly Cooney, Martha Walter, Colleen Moss,  
Waisman Center, University of Wisconsin-Madison  
Erik W. Carter,  
Vanderbilt University

## Guide for Parents

“Self-determination” is heard more and more within conversations about preparing children and youth well for adulthood. In fact, helping students with disabilities become more self-determining is an increasingly prominent theme of recent policy initiatives, practice recommendations, and conference gatherings.

Waisman Center, University of Wisconsin-Madison, produced a guide entitled, *Fostering Self-Determination Among Children and Youth with Disabilities – Ideas from Parents for Parents*.

To view this guide, click on:

<https://www.waisman.wisc.edu/naturalsupports/pdfs/FosteringSelfDetermination.pdf>

# Missouri Family to Family

Since January 1, 2017, over 2000 referrals have been made by the Division of Developmental Disabilities (DDD) to the Missouri Family to Family program (MoFtF). This program links up family members and loved ones of individuals with disabilities to other families who have similar experiences.

Managed by the Institute for Human Development at the University of Missouri-Kansas City, Missouri Family to Family has an open access policy without any form of eligibility determination. The DDD system typically generates referrals to MoFtF during the intake and assessment process.

While the interaction between the peer families is not scripted, families can access disability or system information, receive useful tips, and get referral to a network of formal and informal supports available in their communities. Family members also learn valuable advocacy skills that can help them to access support in a wide variety of settings. For more information, go to <http://mofamilytofamily.org/> or call at 800-444-0821.

# Self-Determination and Advocacy Survey

The Division of Developmental Disabilities has contracted with the University of Missouri Kansas City-Institute for Human Development (UMKC-IHD) to develop a survey to find out what great things providers, Targeted Case Management (TCM) entities, and county boards are doing to promote self-determination and self-advocacy throughout the state of Missouri.

The plan is to distribute an online survey to TCM and service agencies statewide in early October 2017. In January 2018, UMKC-IHD will compile the results and prepare a report that outlines the self-determination and advocacy activities throughout the state.

The Division of Developmental Disabilities wants to learn about and share successful efforts to help as many individuals as possible experience the benefits of living a self-determined life.





# Check Out the New Project STIR

## PROJECT STIR (STEPS TOWARDS INDEPENDENCE AND RESPONSIBILITY)

The Missouri Division of Developmental Disabilities regional Advocacy Specialists promote self-determination and inclusion by coordinating Project STIR trainings in their regions. The training is designed to empower people with developmental disabilities. It provides practical “how to” tools necessary for anyone who is interested in being a self-advocate while making choices and decisions about how they live their lives. The training is based on the Speak Up Guide which was developed by The Carolina Institute for Developmental Disabilities (CIDD) and has been adapted with permission for Missouri.

Project STIR was updated in 2017. Updates include an adaptation of LifeCourse Tools from [www.lifecoursetools.com](http://www.lifecoursetools.com), new PowerPoints, and worksheets with improved graphics.

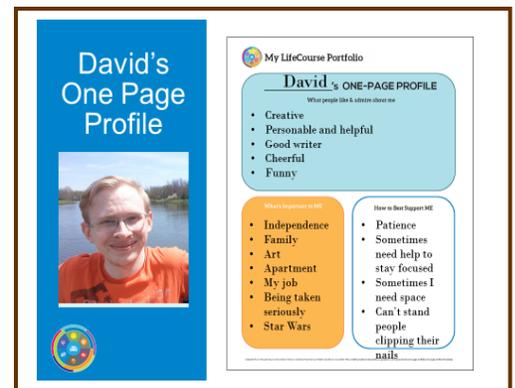
Chapter 4 now incorporates the new Individual Rights Rule [9 CSR 45-3.030](#) that went into effect February 28, 2017, and the updated [Know Your Rights Booklet](#). In Chapter 6, individuals will learn about the Charting LifeCourse Framework and will complete a LifeCourse Portfolio. The LifeCourse Portfolio can be used as a tool for individuals to inform their Individual Support Plan and develop their own goals and outcomes. Over the course of the next year, bonus chapters will be created to assist individuals in developing their own implementation plans in order to help meet their goals and to measure the success of their goals.

For detailed information of Project Stir materials please see: <http://dmh.mo.gov/dd/docs/projectstir.pdf>

For information regarding available regional trainings, contact your Regional Office Advocacy Specialist: <http://dmh.mo.gov/docs/dd/ascontactinformation.pdf>



Kimberly Hubbard, Self-Advocate from the Albany Satellite Office, presents a Project STIR training.



David Forbes, Advocacy Specialist from the Springfield Regional Office, presents his 'Charting the LifeCourse Portfolio' at the Missouri People First Conference.

## Employment Update – Resources Now Available

On August 4, 2017, [Provider Bulletin #9—DD Home and Community-Based Waivers: Employment Services](#) and a supporting [technical assistance document](#) were posted on the DD website and disseminated via [email blast](#). The Bulletin and technical assistance document provide clarification on waiver employment service requirements and comparable Vocational Rehabilitation services. As a follow-up to the release of this information, Duane Shumate, DD Director of Youth Transition/Employment, presented two webinars on August 29 and 30 to review the contents and answer questions. A total of 196 people participated in these webinars.



# Community Calendar

**September 19, 2017** – Missouri Chapter of American Association on Intellectual and Developmental Disabilities (MO-AAIDD) 2017 Fall Conference, Stoney Creek Inn, Independence, Missouri  
For more information, click on: <http://moaidd.org/>

**September 20, 2017** – Missouri Chapter of American Association on Intellectual and Developmental Disabilities (MO-AAIDD) 2017 Fall Conference, Southwest Center for Independent living, Springfield, Missouri  
For more information, click on: <http://moaidd.org/>

**September 21, 2017** – Missouri Chapter of American Association on Intellectual and Developmental Disabilities (MO-AAIDD) 2017 Fall Conference, Spencer Library, St. Peters, Missouri  
For more information, click on: <http://moaidd.org/>

**September 21 - 22, 2017** – 12<sup>th</sup> Annual Thompson Center Autism Conference, Double Tree St. Louis Hotel, 16625 Swingley Ridge Rd., Chesterfield, Missouri 63017  
For more information, click on: <https://thompsoncenter.missouri.edu/event/12th-annual-autism-conference/>

**October 31, 2017** – Autism Spectrum Disorder: Mental Health and Behavioral Updates, Kauffman Conference Center, 4801 Rockhill Rd. KC, Missouri  
Watch for registration information on upcoming Division of Developmental Disabilities Email Blast.

**June 25 - 28, 2018** – National American Association of Intellectual and Developmental Disabilities (AAIDD) Annual Meeting, Hyatt Regency at the Arch Hotel, St. Louis, Missouri  
For more information, click on: <http://aidd.org/education/annual-conference#.WXpXAFioves>

MISSOURI DIVISION OF  
DEVELOPMENTAL  
DISABILITIES



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

DIVISION OF  
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**Fostering Self-determination**



**Supporting Families**



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MISSOURI DEPARTMENT OF MENTAL HEALTH