



Self-Advocacy Guides and Publications

SELF-ADVOCACY AND SELF-DETERMINATION MATERIALS The Advocacy Specialist promotes self-advocacy and self-determination by creating materials that are written for and by people with disabilities and written in design in order to be used by everyone.

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| | <p>“A Guide to Understanding MoHealthNet (Medicaid) Services”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/guidemohealthnet.pdf (Print two sided on ‘short end’)</p> <p><i>8/23/16 this guide will be updated with the new waiver service definitions</i></p> |
| | <p>“Knowing Your Rights: A Guide for Individuals with Developmental Disabilities to Understanding Rights and Responsibilities”</p> <p>Adobe Printable http://dmh.mo.gov/dd/manuals/docs/rightsbooklet.pdf (Print two sided on ‘short end’)</p> <p><i>Updated with information on filing a complaint or grievance</i></p> |
| | <p>“It’s My Home: A Guide for Individuals with Developmental Disabilities to Understanding to Help Understand Housing Options”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/hsgguide.pdf (Print two sided on ‘short end’)</p> <p><i>Updated with added information from the Final HCBS Rule</i></p> |
| | <p>“Say ‘No’ to Abuse and Neglect: A Guide for Individuals with Developmental Disabilities to help Prevent Abuse and Neglect”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/anpreventionbooklet2.pdf (Print two sided on ‘short end’)</p> |
| | <p>“People First Language: Communicating with and about People with Disabilities”</p> <p>http://dmh.mo.gov/docs/dd/self-determinationtippeoplefirstlanguage.pdf</p> |
| | <p>“Disability- Friendly Businesses: Doing Business with People with Disabilities”</p> <p>http://dmh.mo.gov/docs/dd/disabilityfriendlybusinesses.pdf</p> |



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| | <p>“Charting the Life Course: A Guide for individuals, families and professionals”</p> <p>Adobe Printable http://mofamilytofamily.org/user_storage/File/f2f/LIFE%20COURSE%20V2_0.pdf</p> <p>Online viewing http://www.calameo.com/books/000494321e7c486513fd0</p> |
| | <p>“Got Choice? Self-Directed Supports and Self-Determination”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/gotchoicehandbook.pdf</p> |
| | <p>“My Choice!: Guide for Creating your Own Individual Support Plan when Self-Directing Supports”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/mychoice.pdf (Print two sided on ‘short end’)</p> |
| | <p>“Guide to Documentation for Individuals Self-Directing Supports”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/sdsguide.pdf (Print two sided on ‘short end’)</p> |
| | <p>“Guide to Understanding Reviews of Individuals and Families Self-Directing Supports”</p> <p>Adobe Printable http://dmh.mo.gov/docs/dd/guideunderstandingreviews.pdf (Print two sided on ‘short end’)</p> |

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