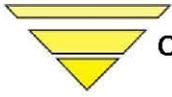


DIVISION OF
DEVELOPMENTAL
DISABILITIES



OFFICE OF AUTISM SERVICES

Southwest Missouri Autism Project Directory of Services Fiscal Year 2017



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Assessment

Service Description

Specialized Autism Assessments are conducted for individuals who have already been evaluated, have received an ASD diagnosis, and are referred to regional Autism Project providers by DD Regional Offices. A Specialized Autism Assessment report is produced as a result of this assessment process. A Specialized Autism Assessment:

- Helps the provider identify and understand the unique capabilities, strengths, and needs of each individual; this information is the basis for intervention planning;
- Helps the provider develop recommendations for specialized autism services that meet each individual's unique needs;
- Is used to further develop and modify Individual Support Plans;
- Includes observation of the individual in relevant environments and face-to-face interviews with the individual, parents, and/or other caregivers; and
- Establishes a baseline of skills that can be used to measure progress over time.

This service may cover an **Assessment for Intervention Planning** as described in Chapter 4 of Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment. An Assessment for Intervention Planning requires collaboration with family members and other appropriate professionals as indicated to identify and prioritize appropriate interventions to be addressed based on family concerns, functioning, and access to resources as well as clinical factors, intervention history, and prior assessment results.

Provider Requirements

Staff providing this service should have knowledge of Missouri Best Practice Guidelines and specialized autism services in the region, bachelor's degree with a minimum of 1 year of direct experience in providing related services for persons with autism (experience must have been obtained within the last 5 years), and autism assessment training so that the assessment provided is within the scope of the staff's training and experience (ADOS and/or behavioral analytic assessment, VB-MAPP, ABLLS, etc.). In addition to the above requirements, staff providing an **Assessment for Intervention Planning** under this service should meet requirements for training, licensing, and experience as detailed in Chapter 4 of Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Autism Assessment: 19F001

Unit of Service: 1 Assessment

Maximum units of Service: 1 unit per year

Service Documentation

Service provider shall maintain service documentation including results of assessment (including observations and baseline of skills that can be used to measure progress over time), notes concerning intervention planning, referral and recommendations for specialized autism services. The provider shall submit a report to the Support Coordinator at the conclusion of the assessment that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Name of Provider Agency;
- Name, title, credentials of all team member(s) involved in the assessment;
- Description of instruments and/or methods used for assessment (e.g., VB-MAPP or ABLLS-R, ADOS, FBA, CELF-Pre, CELF-5, PLAI-2, language sample, observation and interview details, etc.); and

- Results of the assessment, recommendations for intervention planning, specialized autism services, and referrals for further assessment (results and outcomes should be incorporated into ISP).

Provider Information Table

Provider	Required	Age	Frequency	Location
Abilities First	Yes	All	Annual & as needed	Site
Burrell Autism Center	Yes	0-25	Initial & as needed	Site
Easter Seals Midwest	Yes	All	Initial & as needed	Home, Community, Site
Judevine Center for Autism	Yes	All	Initial & as needed	Home, Community, Site
Ozark Center	Yes	All	Initial & as needed	Home, Community, Site

Autism Training

Service Description

This service provides Specialized Autism Training to staff, providers, educators, and others who provide natural supports to individuals with Autism Spectrum Disorder (ASD) and their families. This service may include:

- Teaching participants about ASD and effective strategies for interacting with individuals with ASD, and
- Teaching specific strategies that have been individualized to support the needs of the individual with ASD and the family.

Provider Requirements

At a minimum, staff providing this service will have specialized training for ASD and a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience, staff will have at least 100-240 hours of competency-based Autism Training consistent with contemporary and emerging best practices and additional training classes of 20+ hours initially and annual recertification courses as may be required.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Autism Training Individual: 942A0H
 Autism Training Group: 943A0H
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number; and
- Date of each session with a complete description of:
 - The topic of instruction, individual goals (incorporated into ISP), and group goals (if 943A0H group);
 - Summary of participation and progress towards individualized goal(s) in the ISP & provider’s plan; and
 - Location, and name, title and signature of the staff facilitating the session.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Burrell	No	19F001	0-25	Individualized	Individual, Group	Individual, Group	Site, Home
Easter	No	19F001	All	Individualized	Individual, Group	Individual, Group	Site, Community
Judevine	No	None	All	Individualized	Individual, Group	Individual, Group	Site, Community

Applied Behavior Analysis (ABA)

Service Description

Behavior Analysis Services, provided by Board Certified Behavior Analysts (BCBAs), Assistant Behavior Analysts (BCaBAs), and Registered Behavior Technicians (RBTs) are designed to help individuals who are exhibiting significant deficits in behavior acquire functional skills in their homes and communities and/or to prevent hospitalizations or out-of-home placements. *A large body of research has shown the successful use of ABA-based procedures to reduce challenging behavior and increase appropriate skills for individuals with intellectual disabilities, autism and related disorders.*

ABA Services may include

- **ABA Consultation & Intervention**
- **Registered Behavior Technician**

ABA Consultation & Intervention

Service Description

ABA Consultation & Intervention may be available when there are significant or complex challenges that require advanced expertise and problem solving to respond to the needs of an individual with ASD. ABA Consultation & Intervention may include but is not limited to functional behavior assessment, recommendations for environmental modification, implementation of behavioral strategies and/or plans, and referrals for assistive technology or other services.

Provider Requirements

ABA Consultation & Intervention is provided by a BACB certified and MO licensed BCBA, BCBA-D, or BCaBA supervised by BCBA or BCBA-D.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Service Documentation

Service Documentation should follow the licensure, registration, and professional standards required by the Behavior Analyst Certification Board at <http://www.bacb.com/>. Intervention goals should be incorporated into ISP. Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Date, purpose, and complete description of service (FBA, consultation, or intervention and progress); and
- Location; and name, title, and signature of the facilitating staff.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Authorization & Utilization Information

ABA Consultation & Intervention: 491611
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Burrell	No	19F001	0-25	Individualized	Individualized	Site, Home
Easter	No	19F001	All	Short term episodic	Individualized	Site, Home, Community
Judevine	No	None	All	Individualized	Individualized	Site, Home, Community
Ozark	No	19F001	All	Crisis per provider	Individualized	Site, Home, Community

Registered Behavior Technician

Service Description

The RBT (Registered Behavior Technician) is a paraprofessional who practices under the close, ongoing supervision of a BCBA or BCaBA, (hereafter referred to as “Supervisor”). The RBT is primarily responsible for the direct implementation of skill-acquisition and behavior-reduction plans developed by the Supervisor. The RBT may also collect data and conduct certain types of assessments (e.g., stimulus preference assessments). The RBT does not design intervention or assessment plans. It is the responsibility of the Supervisor to determine which tasks an RBT may perform as a function of his or her training, experience, and competence. The Supervisor is ultimately responsible for the work performed by the RBT.

Provider Requirements

Technicians who provide direct implementation of ABA services under the supervision of a licensed provider must be credentialed by the Behavior Analyst Certification Board as a Registered Behavior Technician TM (RBT). The supervisory relationship must be documented in writing, and the licensed supervisor is responsible for the work performed by the RBT.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Service Documentation

Service Documentation should follow the licensure, registration, and professional standards required by the Behavior Analyst Certification Board at <http://www.bacb.com/>. Intervention goals should be incorporated into ISP. Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number;
- Date and complete description of service (goals, intervention and progress); and
- Location; and name, title, and signature of the facilitating and supervising staff.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Authorization & Utilization Information

Registered Behavior Technician: 491640
 Unit of Service: 15 minutes
 Units to Request: 1,200 units per year

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Burrell	No	19F001	1-25	Individualized	Individualized	Site, Home
Easter	No	19F001	All	Short term episodic	Individualized	Site, Home, Community
Judevine	No	None	All	Individualized	Individualized	Site, Home, Community
Ozark	No	19F001	All	Crisis per provider	Individualized	Site, Home, Community

Community Inclusion

Service Description

Community Inclusion, available to individuals with Autism Spectrum Disorder (ASD) of all ages, is designed to empower individuals to access community services, resources, activities, and programs and to provide them with opportunities to integrate within the community. Parent and staff involvement may be necessary for increased effectiveness of the program.

Community Inclusion:

- Helps individuals build social networks,
- Helps individuals develop appropriate behavior for successful integration within the community, and
- Addresses specific needs and challenges to promote individuals' successful integration within the community.

Provider Requirements

Staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience, staff will have at least 40-140 hours of competency based Autism Training consistent with contemporary and emerging best practice and an additional 20+ hours annually of autism training consistent with contemporary and emerging best practices.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Community Inclusion Individual: 52A00H

Community Inclusion Group: 53A00H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Community Inclusion objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting
Abilities	No	19F001	All	1-1.5 hours per wk for 5-14 wks	Weekly	Individual, Group
Easter	No	19F001	All	Individualized	Individualized	Individual, Group
Judevine	No	19F001	All	Individualized	Individualized	Individual, Group

Counseling-CBT-Dialectical Behavior Therapy

Service Description

Dialectical Behavior Therapy (DBT), a curriculum based service that has been modified for individuals with ASD and facilitated by a licensed clinician, is a form of psychotherapy that combines standard **cognitive-behavioral techniques** with the goal of participants learning skills including distress tolerance, interpersonal effectiveness, emotional regulation, and mindfulness.

Provider Requirements

DBT is provided by a licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training in DBT; is part of the Provider's DBT (Dialectical Behavior Therapy) supervision group; has training related to ASD that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

CBT Individual: 19400H

CBT Group: 19500H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with counseling objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency & Setting of Sessions	Location
Burrell	No	19F001	16-25	9-12 mths	2 hr group once a wk & 1 hr individual session	Site

Pre-employment Services-ILS

Service Description

Key components of Pre-employment Services, provided by an employee consultant, include:

- **Employment Access Training**—an individualized pre-employment skill-building service designed to support individuals and promote independence.
- **Soft Skills Training**—a pre-employment service that focuses on training “soft skills” which are crucial for workplace productivity. Soft skills are the non-technical skills and abilities required to function in a specific employment environment such as: delivering information or services to customers and co-workers; working effectively as a member of a team; and understanding and adapting to the cultural norms of the workplace.

Provider Requirements

At a minimum staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism.

The experience must have been obtained within the last 5 years. Or, in lieu of experience staff will have at least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Pre-employment ILS Individual: 580300

Pre-employment ILS Group: 580500

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with pre-employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Abilities First	No	19F001	All	1 hour per week for 5 weeks	Weekly	Individual, Group	Community, Site
Judevine Center	No	19F001	18+	Individualized	Individualized	Individual	Community, Site

Employment

General Service Description

Employment services including **Prevocational Training** and **Intensive Follow-Along** provided through the regional Autism Project are designed to be responsive to the talents and gifts of the individual served. Please note the following about complementary employment services provided by the Missouri Department of Vocational Rehabilitation:

Vocational Rehabilitation (VR) Employment Services Plus-ASD (Vocational Planning, Job Development, and Job Supports) is critical to the success of any individual participating in Autism Project Employment Services. Vocational Rehabilitation has committed to improving the employment success rates of individuals with ASD in Missouri. As one of the primary team members in each individual’s support network, the VR Counselor will assist the team in developing career planning by providing recommendations for goals, objectives, and supports as well as authorizing VR funding to implement Employment Services Plus-ASD. If determined appropriate, VR may use alternative career development opportunities for individuals with ASD such as On-The-Job Training, Vocational Skills Training Programs, or post-secondary training. Link to VR: <http://dese.mo.gov/vr/vocrehab.htm>

Employment: Prevocational Training

Service Description

The **Prevocational Training** includes a variety of job and independent living skills development activities designed to prepare individuals for beginning or enhancing their careers. Training activities are provided in an individualized manner, using a community-based philosophy and focusing on involvement of the individual’s

family and other support systems in developing these critical employment skills. Prevocational Training may not replace related services provided through Vocational Rehabilitation.

Provider Requirements

The Provider must have a DMH contract and VR DESE contract. Staff providing this service will have a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Prevocational Training: 570101

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Age	Duration	Frequency	Setting	Location
Preferred Family Healthcare	No	Legal Working Age	Individualized-per ISP		Group, Individual	Site, community
Prerequisites: Interest in competitive, integrated employment						

Employment: Intensive Follow-Along

Service Description

Intensive Follow-Along is an extension of on-site supports provided to the individual and employer in order to facilitate continued employment success. Supports include periodic visits to the work-site; meetings with the individual, their family/support system, and the employer to ensure job skill and environmental adaptation are successful for everyone involved; and coordination, as necessary, of any supports at or away from the work-site. Providers of Follow-Along deliver ongoing education and consultation for employers and proactively plan for anticipated support needs that may arise from changes in supervision, skill requirements, and other environmental variables that could impact the success of long-term employment. Intensive Follow-Along Services may not replace related services provided through Vocational Rehabilitation.

Provider Requirements

The Provider must have a DMH contract and a VR DESE contract. Staff providing this service will have a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information:

Intensive Follow-Along: 58080H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Age	Duration	Frequency	Setting	Location
Preferred Family Healthcare	No	Legal Working Age	Individualized-per ISP		Individual	Site, community
Prerequisites: Completion of VR services and/or employed						

Family Resource Services

Service Description:

Family Resource Services, provided by trained professionals, are designed to support families and their loved ones with Autism Spectrum Disorder (ASD). Providers of Family Resource Services help families obtain access to comprehensive and coordinated care and support. **Please note there is a separate definition and CIMOR Service code for Family Resource Services Phone Support.**

Family Resource Services may include but are not limited to:

- Observations within the school setting, consultations with teachers, participation in Individualized Education Program (IEP);
- Observations within other settings such as residential settings, job sites, colleges, daycare centers, and day programs, and consultations with respective community service providers;
- Other consultative and support services that families may request excluding phone support which is covered in the below described service;
- Workshops for siblings that are designed to obtain peer support and education within a safe and interactive environment facilitated by a trained professional; and
- Connections/referrals to resources and/or services and/or supports groups.

Provider Requirements:

Staff providing this service will have specialized training for ASD and a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Or, in lieu of experience:

- Staff will have at least 100-240 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
- This service may be provided by a licensed or provisionally licensed mental health professional if supervised by a licensed mental health professional with a minimum of 2 years of direct experience (obtained within the last 5 years).

Service Limitations:

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

Family Resource Services: 35B001
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation:

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives in the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Abilities	Yes	None	All	Individualized	Individualized	Individual	Home, Site, Community
Burrell	Yes	19F001	0-25	Individualized	Individualized	Individual	Home, Site, Community
Easter	Yes	19F001	All	Individualized	Individualized	Individual	Home, Site, Community
Judevine	Yes	19F001	All	Individualized	Individualized	Individual	Home, Site, Community
Ozark	No	19F001	All	Individualized	Individualized	Individual	Home, Site, Community

Family Resource Services Phone Support

Service Description

Phone Support is provided by a trained professional after the initial assessment has occurred and a therapeutic relationship has been established. It is intended to help children and adults with Autism Spectrum Disorder (ASD) and their families. Phone support is defined as substantive in nature and is relevant to providing support to families about ASD-related issues. Phone support has practical importance, value, or effect, is substantial in amount or quantity, and is essential in meeting the needs of the families. **Phone support is not leaving a voice mail, notifying a family about an event or activity, or calling a family for the sole purpose of soliciting enrollment in services.**

Provider Requirements

Staff providing this service will have specialized training for ASD and a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience:

- Staff will have at least 100-240 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
- This service may be provided by a licensed or provisionally licensed mental health professional if supervised by a licensed mental health professional with a minimum of 2 years of direct experience (obtained within the last 5 years).

Service Limitations:

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

Family Resource Services Phone: 35B00T
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation: Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Abilities	Yes	None	All	Individualized	As needed	Community
Burrell	Yes	19F001	All	Individualized	Individualized	Home, Site, Community
Easter	Yes	19F001	All	Individualized	Individualized	Home, Site, Community
Judevine	Yes	19F001	All	Individualized	Individualized	Home, Site, Community

Independent Living Skills

Service Description:

Independent Living Skills provide opportunities to learn and use essential skills necessary for daily living. The following skill building sessions are offered throughout the year:

- **Budgeting** skills may include but are not limited to setting up bank accounts, counting money, depositing money into accounts, writing checks, and creating weekly/monthly budgets.
- **Community Awareness** skills may include but are not limited to abiding by laws and learning the penalties for breaking them, using local resources and the library, and volunteering in the community.
- **Domestic** Skills may include but are not limited to cooking, laundry, bed making, cleaning, vacuuming, dusting, sweeping, and mopping.
- **Exercise and Nutrition** Skills may include but are not limited to finding places to exercise in your area, setting goals for exercising, using equipment properly, setting up exercise buddies, and maintaining good nutrition/healthy diet.
- **First Aid/Medical Independence** skills are taught on topics such as personal hygiene, basic first aid, emergency procedures, poison education, and medical office procedures and etiquette.
- **Occupational** skills may include but are not limited to looking for employment, creating a resume, filling out applications, developing phone and interview skills, performing job duties, appropriate dress and hygiene.
- **Organizing, Scheduling, Prioritizing (Executive Functioning)** skills may include but are not limited to keeping a calendar, making to-do lists, establishing priorities, and creating schedules.
- **Personal Hygiene** skills may include but are not limited to toileting, dressing independently and appropriately, hair care, bathing and showering, and oral hygiene (i.e. teeth brushing, flossing).
- **Personal Safety** skills are taught on the following topics appropriate times to shake hands vs. give hugs, how to safely carry money, when to give out or not give out personal information, how to walk safely at night, safety items to keep in home/car/purse/backpack.
- **Phone** skills may include but are not limited to using the phone and adhering to phone etiquette for casual and business conversations, dialing 911 in an emergency, making and cancelling appointments, texting as means of effective communication.
- **Relationship** skills are taught on the following topics dating, exploitation, sex education (separate classes for men and women), making friends, setting boundaries, and bullying.
- **Self-Advocacy** skills may include but are not limited to articulating opinions about individual treatment plans; expressing wants/needs to family members, employers, and others within the community and circle of influence.
- **Shopping** skills may include but are not limited to planning and executing a successful trip to the store, making lists, using proper social skills in stores, handling money, and putting items away at home.

- **Transportation** skills may include but are not limited to reading maps, reading bus and flight schedules and itineraries, using public transportation (ground and air), calling a cab, using travel etiquette, and booking on-line flights.

Provider Requirements

At a minimum, staff providing this service will have a bachelor’s degree with a minimum of 1 year of direct experience (obtained within the last 5 years) in providing programming for individuals with ASD. Staff will also have additional training that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Independent Living Skills Individual: 52103H

Independent Living Skills Group: 52105H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Independent Living Skill objectives listed in the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Burrell	No	19F001	14-25	Individualized	Individualized	Group, Individual	Home, Community, Site
Ozark	No	19F001	13+	1-2 hrs	1-3 times wk	Group, Individual	Home, Community, Site

Music Therapy

Service Description

Specialized Autism Music therapy is a service designed to treat autism and/or other developmental disabilities through various modalities and is performed by a Certified Music Therapist. Music Therapy involves the use of music to address non-musical objectives such as: communication skills, social skills, cognitive skills, and gross/fine motor skills. Therapists use music and music activities in an interactive manner (instrument playing, singing, movement to music, etc.) to address areas of need. Individuals may be seen in one-on-one or small group sessions at the discretion of the therapist. In order for individuals to get the most out of music therapy, therapists may apply techniques families learn in parent training and may provide the family with assignments and activities to be completed in the home. Family participation may help to ensure generalization and maintenance of skills and interventions for individuals.

Provider Requirements

Service provider shall be recognized as an “MT” (Music Therapist) with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. An “MT” (Music Therapist) must possess the following:

- Four year degree in Music Therapy from an accredited university;
- Six month internship from an accredited intern site; and
- American Music Therapy Association (AMTA) certification.

In lieu of experience staff will have at least 100-140 hours of Competency based autism training Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Music Therapy Individual: 512A0H
 Music Therapy Group: 512A2H
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Music Therapy objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Abilities	No	19F001	All	1 hour, 14 weeks	Weekly	Individual, Group	Community
Easter	No	19F001	All	Varies	Weekly or Biweekly	Individual, Group	Site, Home, Community

Nutrition Therapy

Service Description

Nutrition Therapy is nutritional diagnostic, therapy, and counseling services (aka dietetics practice) provided by a MO registered and MO licensed dietitian (L.D.). [Dietetics practice](#) is the application of principles derived from integrating knowledge of food, nutrition, biochemistry, physiology, management, and behavioral and social science to achieve and maintain the health of an individual by providing nutrition assessment and nutrition care services. The primary function of dietetic practice is the provision of nutrition care services that shall include, but not be limited to:

- Assessing the nutrition needs of individuals and determining resources and constraints in the setting;
- Establishing priorities, goals, and objectives that meet the nutritional needs of the individual and are consistent with available resources and constraints;
- Providing nutrition counseling or education;
- Developing, implementing, and managing nutritional care; and
- Evaluating, making changes in, and maintaining appropriate standards of quality and safety in food and in nutrition services... (Components of the Service Description were taken from [324.200 RSMo](#)).

Provider Requirements

The L.D. (licensed dietitian) providing this service must be duly licensed pursuant to the provisions of section [324.200 to 324.225 RSMo](#) and have a minimum of 1 year of direct experience (obtained within the last 5 years) in providing related services for persons with autism.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Nutrition Therapy: 0401H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Nutrition assessment would be documented in a Nutrition Diagnostic Statement that would include the problem, etiology, signs and symptoms as well as recommendations for treatment. After completion, a copy of the nutrition assessment will be provided to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with dietary objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Ozark Ctr.	No	19F001	All	30 min.	Weekly	Individual	Home, Community, Site

Occupational Therapy

Service Description

Specialized Autism Occupational Therapy is defined as services provided by a qualified occupational therapist and specialized for ASD. Occupational Therapy may be provided on an individual or group basis, and includes:

- Improving, developing, or restoring functions impaired or lost through illness, injury, or deprivation;
- Improving ability to perform tasks for independent functioning if functions are impaired or lost ; and
- Preventing, through early intervention, initial or further impairment or loss of function.

Provider Requirements

Staff providing this service must be a MO licensed occupational therapist and have additional training that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Occupational Therapy Individual: 15200H

Occupational Therapy Group: 15201H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

The prescription by a physician and evaluation by a certified occupational therapist (OT) or certified occupational therapeutic assistant (COTA) under the supervision of an OT must be on file to document the need for the service. Occupational Therapy providers must maintain service documentation that includes detailed progress notes per date of service and monthly progress notes associated with Occupational Therapy objectives incorporated into the ISP, and a written evaluation done at least annually to establish need for service. A monthly progress report will be submitted to the Support Coordinator and the Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Burrell Autism Center	No	19F001	0-25	Individualized		Group, Individual	Home, Community, Site
Note: The Occupational Therapist will provide consultation and supplement OT services as needed to supplement other SWMAP funded services. This will primarily consist of OT consultation to social skills groups, including motor lab set up.							

Occupational Therapy: Social Skills Motor Group

Service Description

Me In Motion (MIM) is a social skills motor group designed specifically for children with autism. The program runs for 6-8 weeks. It is designed by an occupational therapist with fun games and activities chosen to enhance a child’s ability to take in information and respond in a more coordinated way. MIM provides an opportunity for a child to improve skills such as self-regulation, coordination/ body control, body awareness, visual perception, self-image, laterality, body rhythm, sequencing skills, motor planning skills, mid-line crossing, eye-hand, and eye-foot coordination. The program is designed to give each child motor skill practice while simultaneously providing opportunities for supported, positive peer interaction. Children are given opportunities to learn to take turns, follow directions, make a choice, follow a schedule and practice transitions, and get excited and then calm down and refocus, all while having FUN!

Provider Requirements

Staff providing this service must be a MO licensed occupational therapist and have additional training that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Occupational Therapy Group: 15201H
Unit of Service: 15 minutes
Unit Request: 1,200 units per year

Service Documentation

The prescription by a physician and evaluation by a certified occupational therapist (OT) or certified occupational therapeutic assistant (COTA) under the supervision of an OT must be on file to document the need for the service. Occupational Therapy providers must maintain service documentation that includes detailed progress notes per date of service and monthly progress notes associated with Occupational Therapy objectives incorporated into the

ISP, and a written evaluation done at least annually to establish need for service. A monthly progress report will be submitted to the Support Coordinator and the Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Burrell Autism Center	No	19F001	2-10	6-8 weeks for 45-60 minute group each week	Weekly	Site

Parent Training

Service Description

This service shall include the provision of training and consultation with parents and caregivers of individuals with Autism Spectrum Disorder (ASD). Trainings may include but are not limited to the following:

- Understanding an Autism Spectrum Disorder (ASD) Diagnosis;
- Discerning which treatment opportunities might be best for a child and family (per Missouri Autism Guidelines Initiative <http://autismguidelines.dmh.mo.gov/> and the Interactive Autism Network (IAN) <http://www.ianproject.org/>);
- Developing behavior and communication strategies to support individuals with ASD at home and in the community, addressing challenging behavior patterns and setting up positive behavior supports, and evaluating the effectiveness of strategies and treatments;
- Understanding a child’s/adolescent’s sensory and motor strengths and barriers and setting up healthy activities that will be successful for a child and family (i.e. Sensory Diet);
- Understanding the role of speech, language, and auditory processing in everyday interactions and identifying what to do when a child does-not understand what he/she hears; and
- Developing strategies for social skills acquisition.

Provider Requirements

At a minimum, staff providing this service will have a bachelor’s degree with a minimum of 1 year of direct experience (obtained within the last 5 years) in providing related services for persons with ASD. In lieu of experience staff will have at least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Parent Training Individual: 94200A
 Parent Training Group: 94201A
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Parent Training objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Burrell	No	19F001	All	Individualized		Group, Individual	Site, Home, Community
Easter	Yes	19F001	All	Individualized		Group, Individual	Site, Home, Community
Judevine	No	19F001	All	Individualized		Group, Individual	Site, Home, Community

Respite

Service Description

Respite services, which provide a break for parents and supervised, safe, and age-appropriate activities for individuals with Autism Spectrum Disorder (ASD), are provided by staff trained to support individuals with ASD.

Provider Requirements

Staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Provider is trained in CPR /First Aid. In lieu of experience staff will have:

1. At least 40 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
2. Extensive ABA training; Autism and Communication training specific to information processing, social communication deficits training, attention and executive functioning training; Crisis Intervention training; Positive Behavior Supports training; Abuse and Neglect training; will have oversight by a Coordinator with a bachelor’s degree with specialized autism training and 1 year of direct experience in providing related services for persons with autism; and for group there will be a ratio of 1 staff per two clients.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Respite Individual: 440400

Respite Group: 440500

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Respite objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider	Required	Age	Duration	Frequency	Location
The Arc of the Ozarks	No	6-21	10:00 am-3:00 pm	1 Saturdays per month In Monett	Site
Prerequisites & Terms: Respite must be arranged in advance and must RSVP for preschedule site based group respite. Staff Ratio will be 1 staff per 2 clients and will have oversight by a Coordinator with a bachelor’s degree with specialized autism training and 1 year of direct experience in providing related services for persons with ASD.					

Provider	Required	Age	Duration	Frequency	Location
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Easter Seals Midwest	No	All	Individualized	Individualized	Site, community, home
Prerequisites & Terms: 19F001 Specialized Autism Assessment. In-home respite must be arranged in advance. Parent or guardian must RSVP for prescheduled site-based and community-based group respite.					

Provider	Required	Age	Duration	Frequency	Location
Judevine Center for Autism	No	All	Individualized		Site, community, home
Prerequisites & Terms: 19F001 Specialized Autism Assessment , arranged in advance, and must RSVP for prescheduled site or community based group respite					

Provider	Required	Age	Duration	Frequency	Location
Ozark Center for Autism	No	All	Varies; usually 3-4 hours	Twice per mth for PAC & Parent Support Group meetings	Home, Community, Site

Social Skills Groups

Service Description

The Social Skills Groups for individuals with Autism Spectrum Disorder (ASD) are designed to provide participants with opportunities to acquire valuable skills they need to successfully interact with their others. The service helps to increase individuals’ social awareness and improve their ability to make friends and develop the skills necessary to successfully integrate in a variety of social settings.

Provider Requirements

At a minimum, staff providing this service will have a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Or, in lieu of experience staff will have at least 40-100 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Social Skills Groups: 15100H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Abilities	No	19F001	All	1 hour per week for 5 weeks	Weekly	Site, Community
Easter	No	19F001	All	1-2 hours	Varies by location	Site, Community
Judevine	No	19F001	All	1-3 hours	Varies per group	Site, Community

Social Skills: Curriculum Based

Service Description

Curriculum Based Social Group for individuals with ASD is highly structured with curriculum-based measurable outcomes for the group and the individual. Curriculum-based measurement encompasses an assessment methodology that can be used with individuals to develop goals, benchmarks, and objectives. In addition to monitoring the progress of individuals with ASD, Curriculum-based Social Skills services provide a process by which practitioners can examine data and make meaningful decisions about the overall effectiveness of their instruction. Curriculum-based Social Skills services provides participants with opportunities and systematic support to acquire valuable skills to successfully interact with others, to increase social awareness, to improve the ability to make friends, and to develop the skills necessary to successfully integrate in a variety of social settings. The Group Leader meets with the parent and child to assess the needs of the individual and set group goals. Staff also meets with the parent periodically (at least quarterly but more often if necessary) to report progress. Typically groups are designed based on age, grade and/or skill level.

Provider Requirements

Typically the Social Skills Group Leader is:

- A licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training related to ASD that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans, or
- A Behavior Analyst Certification Board (BACB) certified and MO licensed BCBA, or a BCBA-D.

At a minimum, staff providing this service will have:

- A Bachelor's degree with a minimum of two years of direct experience (obtained within the last 5 years) in providing related services for persons with ASD;
- At least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses; or
- Formal specific training in an Office of Autism Services approved Social Skills curriculum program that is evidence-based (for example PEERS[®]), or a social skills curriculum with credible fidelity.

Typically the Assistant Group Leader is either a Registered Behavior Therapist (RBT) or a bachelor's level specially trained assistant.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Social Skills Curriculum Based: 15103H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Date of each session with a complete description of:
 - The topic of instruction and group goal(s);
 - Summary of participation and progress towards individualized goal(s) listed in the ISP; and

- o Location, and name, title and signature of the staff facilitating the session.

Service documentation will be submitted to the Support Coordinator Individual/Parent/Guardian/Designated Representative on a monthly basis.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Burrell	No	19F001	5-25	1.5-2 hrs	Weekly	Site, Community
Easter	No	19F001	Varies	1.5-3 hrs	7-14 wkly sessions	Site, Home, Community
Judevine	No	19F001	All	1-3 hrs	Varies per group	Site, Community

Social Skills: Speech/Language Pathology

Service Description

Services are targeted for high-functioning individuals with ASD who present with social learning and pragmatic challenges. Services may include consultation provided to families, other caretakers, and service providers. A state licensed and certified Speech-Language Pathologist provides individual and/or group therapy to qualified individuals of any age.

Provider Requirements

This service is provided by a licensed speech language pathologist (CCC-SLP) in accordance with RSMo 1990 345.050.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Speech Language Pathology Individual: 73001H

Speech Language Pathology Group: 73002H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Speech Therapy providers must maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP; and a written evaluation done at least annually to establish need for service. The need for this therapy must be determined in a speech/language evaluation conducted by a certified audiologist or a state certified speech therapist, prescribed in the clinician’s assessment for intervention planning (according to [Autism Spectrum Disorders: Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment](#)), or prescribed by a physician. The evaluation and/or prescription must be kept on file. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Burrell	No	19F001	2-8	Individualized		Individual, Group	Site

Therapeutic Camps

Service Description

Therapeutic summer camps, held in various camp settings, are available to eligible individuals. Qualified and trained professionals facilitate the camps, using interventions designed to help individuals develop and practice social and executive functioning skills, integrate into the community, and generalize the use of acquired skills. Camp activities include but are not limited to crafts, games, karaoke, swimming, cooking, and music.

Provider Requirements

At a minimum, lead staff providing this service will have a bachelor's degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information:

Therapeutic Camps: 51030H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative by the 15th of the month following the conclusion of the service.

Interactive Arts Camps

Camps will include art, music, musical theatre and multi arts. Camps will be integrated with various disability diagnosis and individuals with no diagnosis. Camps will be offered based on interest and age. The focus will be on social skills, communication and community integration.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Abilities	No	19F001	All	½ day for 1-2 weeks	Daily	Group	site

Transition Planning

Service Description

Transition Planning is a set of coordinated activities that aim to:

- Improve the functional achievement of individuals with Autism Spectrum Disorder (ASD);
- Promote individuals' successful movement from childhood to adulthood;
- Promote success in employment, post-secondary education, relationship building, and daily and independent living skills; and
- Assure seamless transition from pediatric to adult medical/clinical care.

A multi-disciplinary team partners together to collect strength-based information and a transition plan is developed which documents the individual’s unique needs, abilities, strengths, motivations, preferences, and interests with appropriate focus given to extraordinary needs or conditions of support. Additionally, barriers to successful learning, interactions, and performance are identified, and strategies are developed to address the barriers.

Provider Requirements

The lead clinician shall be a licensed clinician (psychologist, or health or mental health professional) with advanced training and clinical experience in the treatment of ASD and related neurodevelopmental disorders, including knowledge about typical and atypical development and experience with the variability within the ASD populations. Depending on the strengths and challenges of the individual with ASD, the multi-disciplinary team may include but is not limited to masters and doctoral level clinicians, occupational therapist, behavior analyst, speech therapist, and/or medical doctor.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Transition Planning: 46100H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including results of assessment (including observations and baseline of skills that can be used to measure progress over time), notes concerning intervention planning, referral and recommendations for specialized autism services. The provider shall submit a typewritten report to the Support Coordinator and Individual/Parent/Guardian/Designated Representative by the 15th of the month following the conclusion of the assessment. The report shall include but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number;
- Name of Provider Agency;
- Name, title, credentials of staff member(s) performing assessment;
- Description of instruments and methods used for assessment (e.g., VB-MAPP or ABLLS-R, ADOS, observation and interview details); and
- Results of the assessment, recommendations for intervention planning, specialized autism services, and referrals for further assessment.

Provider Information Table

Provider	Required	Age	Duration	Frequency	Prerequisites	Location
Ozark Center	No	13+	1-2 hrs.	Annually	19F001	Site, home, community

Telehealth

Service Description

Tele-health services are services in which the credentialed provider uses approved and HIPPA compliant video conferencing hardware and software that protect personal health information while providing a specialized autism service.

Provider Requirements

Technology is DMH approved, HIPAA compliant and protects PHI. Provider requirements for the service offered through telehealth will be commensurate with the provider requirements of the service being provided.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Telehealth: 9000TH

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

- Enrolled individual's name, birth date, and DD identification number;
- Name of Provider Agency;
- Name, title, credentials of staff member(s) performing service; and
- Other service documentation should be commensurate with the service documentation requirements of the service being offered.