

Website Resources

First 100 Days Kit and Asperger Syndrome and High Functioning Autism Tool Kit
Tool kits to assist families in getting the critical information they need in the first 100 days after a diagnosis of Autism or Asperger Syndrome.
www.autismspeaks.org (search for first 100 days kit)
888-AUTISM-2 (toll-free)

The Office of Autism Services
Helps agencies in Missouri develop programs for children and adults with autism. Provides information about services that help individuals with autism and their families.
800-207-9329 (toll-free)
<http://dmh.mo.gov/dd/autism>

Navigating Autism Services: A Community Guide for Missouri
Provides information about autism and helps guide families through the resources and services available to families in Missouri.
<http://dmh.mo.gov/dd/manuals/index.htm>
(click on "Navigating Autism Services" to download)

Interactive Autism Network (IAN)
The most recent information on topics such as current therapies and treatments, how parents can tell which therapies are working the best, and the impact of autism on the family. Parents may also participate in online research.
www.ianproject.org

Transitioning into adulthood with ASD
Resources for youth and their families on areas that must be considered as a young person becomes an adult, such as employment, education and community living.
<http://thompsoncenter.missouri.edu>
(search for transition)

Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment
Informs parents about best practice guidelines for ASD screening, diagnosis and assessment.
www.autismguidelines.dmh.mo.gov
(click on the "for families" tab)

Updated 04/06/2011

Help for You and Your Child with Autism



St. Louis, Missouri Autism Resource Brochure

The Rapid Response Initiative is a cooperative effort among state and local agencies to improve access to care for individuals with Autism Spectrum Disorders and their families.

For updated autism resources visit:
<http://dmh.mo.gov/dd/manuals/index.htm>



Where Do I Start?

DMH - Division of Developmental Disabilities (all ages)
Is the place to start for services offered by the state for individuals with developmental disabilities. The Regional Offices determine eligibility for Division services.
<http://dmh.mo.gov/slro/contact.htm>

If you live in St. Louis City, Jefferson County or St. Charles County call the St. Louis Regional Tri-County Office
800-358-7665 (toll-free) or 314-244-8800

If you live in St. Louis County call the St. Louis County Regional Office
800-374-6458 (toll-free) or 314-877-2711

First Steps (Birth – 3 years)
Assists families of children with a developmental delay or disability from birth-3 years by providing coordinated supports, resources and early intervention services.
www.mofirststeps.com or www.eiconnections.org/
1-866-583-2392 (toll-free) or 314-453-9203

School Districts (3 years and older)
Helps children age 3 or older with a developmental delay or disability.
www.dese.mo.gov/directory
573-751-4212

St. Louis Area Autism Clinics

Knights of Columbus Developmental Center at SSM Cardinal Glennon Children's Medical Center
1465 S. Grand Blvd.
St. Louis, MO 63104
<http://cardinalglennon.com>
(search for developmental center)
314-577-5609

Grace Hill Health Centers - Murphy-O'Fallon
Child Developmental Center
1717 Biddle
St. Louis MO 63106
www.gracehill.org/content/child-development-center.php
CDC Appointment line: 314-814-8634

Intellectual/Developmental Disability Research Center
Washington University in St. Louis
660 S. Euclid Ave.
St. Louis, MO 63110
<http://iddrc.wustl.edu/index.html>
314-286-1510

St. John's Mercy
Child Development Center
641 N. New Ballas Rd.
St. Louis, MO 63141
www.stjohnsmercy.org
(search for child development center)
314-872-3345

The development of this brochure was supported by the Department of Mental Health (project number AOC02380105) and a grant from the Health Resources and Services Administration (grant number H6MMC11059). Brochure format developed by the Central Missouri Rapid Response collaborative.

Early Education & Child Care

Parents as Teachers

Services provided by Parents as Teachers include:

- Developmental screenings for children 6 months to kindergarten entry
 - Parent education for families pre-natal to kindergarten entry
 - Preparing children for success in school and life
- www.parentsasteachers.org

Call 314-432-4330 or your local school district

Child Day Care Association (CDCA)

Local, personalized referrals for child care. Training and on-site assistance for child care providers who include children with special needs.

www.childcarestl.org

314-531-1412

Child Care Aware of Missouri

Helps parents find child care and provides education to child care providers.

<http://mo.childcareaware.org>

866-892-3228 (toll-free)

Head Start/Early Head Start

Offers child development programs for children birth to age 5.

<http://www.moheadstart.org> (search for head start map)

573-884-5078

Special Education Advocacy & Services

Missouri Parents Act (MPACT)

Information and training for parents on their child's educational services.

www.ptimpact.org

800-743-7634 (toll-free)

Missouri Protection & Advocacy

Legal services for families.

www.moadvocacy.org

800-392-8667 (toll-free)

Legal Services of Eastern Missouri

Legal services for income eligible persons

<http://www.lsem.org/>

Developmental Disability Resources-St. Louis

Provides information, training, support and advocacy for parents on their child's educational services.

<http://www.stlidd.org/>

314-421-0090

Family Supports

Missouri Families for Effective Autism Treatment (MO-FEAT)

Provides education and support for families. Also provides a resource directory.

www.mofeat.org

877-275-8988 (toll-free)

Mental Health Services

For a listing of mental health providers see

<http://dmh.mo.gov/cps/org/adminagents.htm>



Financial Resources

Private Health Insurance

You may qualify for services under your health insurance policy. For information about Missouri's autism insurance legislation which was passed in 2010, call 800-726-7390 (toll-free)

<http://insurance.mo.gov/consumer/autismFAQ>

Department of Social Services, Family Support Division

If you do not have health insurance, you can apply for Medicaid at the local Family Support Division office in your county www.dss.mo.gov/fsd/office/index.htm

or complete an application online at www.dss.mo.gov/mhk/appl.htm

Safety

Autism Safety Project

An online tool kit for first responders, individuals with autism, and families that provides information and strategies to promote safety in emergency situations.

www.autismsafetyproject.org

Crisis Nursery

5 locations in the St. Louis area.

<http://www.crisisnurserykids.org/>

24-hour help line for referrals, support groups, developmental screenings, and financial assistance: 314-768-3201

Other Services that May Help Your Family

Senate Bill 40 Boards (SB 40)

Boards that provide special county tax dollars to fund programs and services for people with developmental disabilities who live in their counties. Check this website to determine if there is a SB 40 Board in your county.

www.macdds.org/county_info.html

Bureau of Special Health Care Needs (BSHCN)

Offers service coordination and funding for medically necessary services for children and youth with complex physical health care needs and their families. Medical and financial eligibility guidelines must be met to receive funded services. In addition, BSHCN has a Family Partnership program to support families of children and youth with special health care needs.

www.dhss.mo.gov/SHCN

1-800-451-0669 (toll-free)

Missouri Assistive Technology

Loans assistive technology devices to persons with a disability.

www.at.mo.gov

800-647-8557 (toll-free)

Missouri Centers for Independent Living

Provide services to persons with disabilities to enable them to remain in their own home and community.

www.mosilc.org/CIL.htm

877-222-8963 (toll-free)

