

## Children's Mental Health Week 2019

### Community Event Ideas:

- Instagram Contest
- #Ring4Hope art projects/poster contests
- #Ring4Hope community bell ringing May 9 at 1:30 pm
- Walk/Run
- Community Block Party
- Workshops for parents, caregivers and providers
- Regional and local educational conferences
- Mental Health Fairs
- Craft projects for children to display in local community centers
- Book Drive
- Kite Flying
- Free Haircuts for children at local community center
- Barbecue
- Mayor Proclamation Signing
- Ask local community agencies about donating supplies/prizes/etc.
- Community Picnic