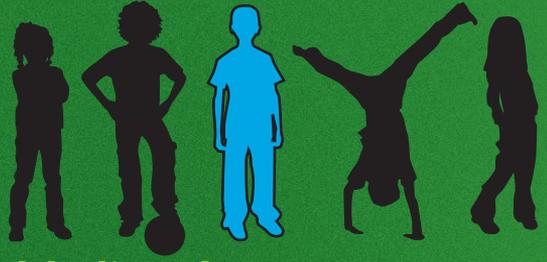


CHILDREN'S MENTAL HEALTH MATTERS

UP TO **1 IN 5** CHILDREN

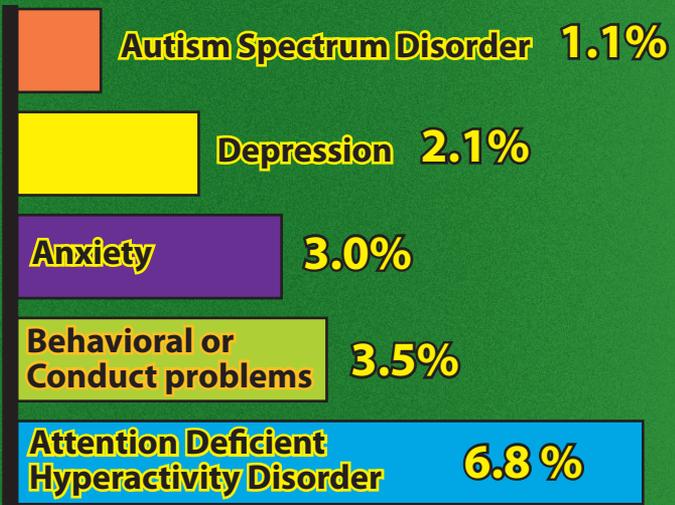


experience a **mental health disorder** in a given year.

\$247 BILLION is spent each year on **children's mental health problems.**

Mental health is important to overall health. Early identification, diagnosis and treatment can help children reach their full potential.

COMMON DISORDERS (CHILDREN AGED 3-17) INCLUDE:



SUBSTANCE USE FOR ADOLESCENTS (AGED 12-17):

Illicit Drug Use disorder in the past year **4.7%**



Alcohol use disorder in the past year **4.2%**



Cigarette Dependence in the past month **2.8%**



Suicide was the second leading cause of death among adolescents aged 12-17 years in 2010.

THE FOLLOWING SIGNS MAY INDICATE THE NEED FOR PROFESSIONAL HELP:

- ◆ Drop in school academic performance
- ◆ High level of worry and anxiety
- ◆ Inability to cope with day-to-day problems and activities at home, school or elsewhere
- ◆ Significant changes in sleep & eating habits
- ◆ Aggression



Childhood mental health problems can be treated and managed.



If you are concerned about your child's mental health talk to your child's health care professional. For more information on resources in your area visit: **WWW.DMH.MO.GOV/MENTALILLNESS**