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March 18, 2016

Dear ADA Disease Management Providers:

DMH and the MO HealthNet Division have collaborated on the Disease Management (ADA DM) initiative to improve the health of persons with high medical costs, chronic medical conditions, and substance use disorders. For this initiative, agencies were required to employ nurses to assist in the care management aspects of this initiative. Upcoming policy will outline screening for metabolic syndrome, which is a combination of medical disorders that greatly increases the risk of developing cardiovascular disease and diabetes. These disorders are manifested as obesity, hypertension, abnormal lipid levels, and high blood glucose and/or HgbA1c.

Beginning July 1, 2016, all individuals identified and enrolled through the ADA DM program must be screened for metabolic syndrome at least annually, regardless of the type of medication they are prescribed for their behavioral health conditions and regardless of whether they are enrolled in either a Community Psychiatric Rehabilitation Program (CPRP) or Comprehensive Substance Treatment and Rehabilitation (CSTAR) program.

Funding for one Cholestech LDX machine will be provided to each ADA DM provider. Attached you will find a purchase quote obtained by the Coalition for Community Behavioral Healthcare for the machine and start-up supplies. Once you have purchased your machine, you may send the invoice to Amy Jones at amy.jones@dmh.mo.gov for reimbursement of the purchase amount. The Cholestech vendor, Health Management Systems, Corp., will directly provide your nurses with training on how to use the machine.

The Department of Mental Health provides the CLIA Waiver for use of the machine to all of our provider agencies. The Coalition assists with the management of the CLIA Waiver. Once your machine is purchased and your nurses are trained to use it, please send the following information to be added to the CLIA Waiver: Name and email of the contact person for your agency; main site address including city and state; phone number; total number of sites that will be testing; and which blood tests your agency will be performing (blood glucose, lipid panel, A1c). This information is to be sent to Kim Yeagle at kyeagle@mocoalition.org.

An important component of the Metabolic Syndrome Screening (MBS) is data collection of the screening results. The Coalition and the Department currently use the Pro-Act health information technology tool offered through Care Management Technologies for MBS data entry. CSTAR agencies that already have a Pro-Act account will enter the ADA DM MBS data just as they enter all other MBS data for their agency. Agencies that do not have a Pro-Act account will submit to the Department MBS data on a monthly spreadsheet which will be uploaded into Pro-Act. All agencies will receive training on this process.

An Equal Opportunity Employer; services provided on a nondiscriminatory basis.

It is important to the Department that the ADA DM initiative is treated as a priority, including completion of the MBS with this population. A Clinical Bulletin outlining policy and procedures will be forthcoming. If you have any questions, you may contact me at Natalie.Fornelli@dmh.mo.gov or Tara Crawford at Tara.Crawford@dmh.mo.gov.

Sincerely,

A handwritten signature in black ink that reads "Natalie Fornelli, MS". The signature is written in a cursive style with a large initial 'N'.

Natalie Fornelli
Manager of Integrated Care
Division of Behavioral Health

ec: Amy Jones
Laurie Epple
Nora Bock
Tara Crawford
Kate Wieberg
Brent McGinty
Rachelle Glavin
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