9 CSR 30-3.134 [Compulsive] Gambling Disorder Treatment

PURPOSE: This amendment changes the chapter and section title for this rule and updates terminology and the service delivery requirements for gambling disorder treatment programs.

PURPOSE: This rule describes the specific service delivery requirements for [compulsive] gambling disorder treatment.

Editor’s Note: The following material is incorporated into this rule by reference:

In accordance with section 536.031(4), RSMo, the full text of material incorporated by reference will be made available to any interested person at the Office of the Secretary of State and the headquarters of the adopting state agency.

(1) Service Functions. The key functions of [compulsive] gambling disorder treatment and rehabilitation services shall include:
   (A) [Using generally accepted] Utilizing evidence-based treatment principles to promote positive changes in gambling behavior and lifestyle;
   (B) Exploring the [compulsive] gambling behavior and its impact on [individual and family functioning] self, marriages, partnerships, and families;
   (C) Helping the person to better understand his/her needs and how to constructively meet them;
   (D) Teaching effective methods to deal with urges to gamble to include use of medication assisted treatment as indicated; [and]
   (E) Enhancing motivation and creative problem-solving for both the individual and his/her family and other natural supports/;
   (F) Addressing financial problems incurred as a result of the gambling behavior with appropriate referrals; and
   (G) Determining suicide risk and the presence of co-occurring behavioral health factors to determine the need for ancillary treatment services.

(2) Treatment Goals and Performance Outcomes. Indicators of positive treatment outcome include the [amelioration] reduction or cessation of gambling behavior, [as well as] improvements in family and other natural support relationships, involvement in leisure and social activities, educational/vocational functioning, legal status, psychological functioning and financial situation.

(3) Eligibility Criteria. Eligibility for gambling disorder treatment [services] shall be based on criteria for [pathological] persistent and recurrent problematic gambling behavior as defined in the [current] 5th edition of the Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association, 800 Maine Avenue, S.W., Suite 900, Washington, DC 20024, www.psychiatry.org. There must be documentation of the specific behaviors and circumstances demonstrating how the person meets [each] treatment criteria. [For persons who receive services funded by the department or through a service network authorized by the department, those instruments stipulated or provided by the department shall be used in the admission process and
eligibility determination. The department may require the use of designated instruments in the admission and eligibility determination processes for individuals receiving services funded by the department. The referenced guide does not include any later amendments or additions.

(4) Available Services. Gambling disorder treatment services shall be offered for an individual, family, and group basis in an outpatient setting. Available services shall include individual counseling, group education and counseling, family therapy, and collateral relationship counseling for family members.

(A) Each individual shall be oriented to and encouraged to participate in self-help mutual support groups, and peer support if available.

(B) Family members and other natural supports of persons with a gambling problem shall be encouraged to participate in a recovery process treatment. Such participation does not include counseling sessions for family members and other natural supports on an ongoing basis to resolve other personal problems or other mental/behavioral health disorders.

(C) The treatment provider shall arrange other services and make referrals to address other problems that the individual or the family may have, such as financial problems, substance abuse or other mental/behavioral health disorders.

(5) Service Authorization and Utilization Clinical Review. Services shall be subject to clinical review by the department in accordance with 9 CSR 30-3.100. The treatment provider must submit to the department a Treatment Summary Outcome Review Form at admission, 30 days after admission, and every 90 days for review of continued service eligibility.

(6) Definition of Compulsive Gambling Counselor. Certified Gambling Disorder Counselor. A certified gambling disorder counselor is a person who demonstrates substantial knowledge and skill in the treatment and rehabilitation of compulsive gambling of individuals with persistent and recurrent problematic gambling behavior by having completed a designated training program sponsored or approved by the Missouri Credentialing Board, and being either—

(A) A counselor, clinical social worker, psychologist, or physician licensed in Missouri by the Division of Professional Registration; or

(B) A substance abuse counselor I or II certified by the Missouri Substance Abuse Counselor Certification Board. Possess a qualifying certified level credential as designated by the Missouri Credentialing Board.

(7) Credentialing of Gambling Disorder Counselors. The Missouri Credentialing Board shall issue a compulsive gambling counselor credential to designate those persons who meet the qualifications specified in this rule. Designates the credential of a gambling disorder counselor to individuals who meet the qualifications specified in this rule. This credential is a requirement for providing gambling disorder counseling services eligible for funding by the department.
(A) A person may request an application for the Gambling Disorder Counselor credential from the Department of Mental Health, PO Box 687, Jefferson City, MO 65102. Missouri Credentialing Board, 428 E. Capitol Avenue, 2nd Floor, Jefferson City, MO 65101, (573) 616-2300, www.missourich.com.

[1. The department may require an application fee.
2. The applicant must fully complete the application process and must verify that s/he meets all qualifications specified in this rule.]

(B) The credential shall be issued for a period of time coinciding with the period of licensure or certification otherwise required of the applicant, up to a maximum period of two (2) years.

(C) The credential may be renewed upon further application and verification that the counselor continues to meet all qualifications. For renewal, the applicant must have received during the past two (2) years at least fourteen (14) hours of training sponsored or approved by the Missouri Credentialing Board that is directly related to the treatment of compulsive gambling disorders.

(D) Credentialed counselors shall adhere to the code of ethics for their profession in providing services for compulsive individuals with gambling disorders.

1. Any complaint or grievance received by the department regarding a compulsive counselor providing services to individuals for a gambling disorder shall be forwarded to the applicable licensure or certification body.

2. Any sanction arising from a code of ethics violation shall be deemed as applying equally to the compulsive gambling disorder credential.
