

## Pricing Page (Recovery Support Services)

<b>Recovery Support Services</b>			
<b><u>Service</u></b>	<b><u>CIMOR Procedure Code</u></b>	<b><u>Unit of Service</u></b>	<b><u>Unit Price</u></b>
Care Coordination	RSSCC	15 min	\$5.36
Peer Drop-In Center	RSSDIC	1 Month	\$51.51
Recovery Housing	RSSRH	1 Day	\$25.50
Recovery Coaching	RSSRC	15 min	\$10.30
Recovery Counseling	RSSC	15 min	\$14.15
Counseling Intern	RSSCI	15 min	\$7.21
Group	RSSG	15 min	\$3.19
Spiritual Counseling	RSSSC	15 min	\$10.71
Transportation-Mileage	RSSTM	Per Mile	\$0.52
Transportation-Public	RSSTP	Per Pass	\$1.00/Unit

# Recovery Support Service Definitions and Requirements

## Care Coordination

### A. Definition:

- A.1 Care Coordination is an individual service that consists of assisting individuals engaged in certified substance use disorder treatment and rehabilitation and/or recovery support services in accessing the network of services and community resources available to them in order to facilitate retention in treatment and/or sustained recovery.
- A.2 Care Coordination may include, but is not limited to, consultation with the individual's treatment provider, procurement of psychiatric or other medications, assistance in finding and securing safe and decent permanent housing, and development of a social support system.

### B. Qualifications:

- B.1 Provider must be certified by the Department as a recovery support program.
- B.2 Care Coordination shall be provided by Approved Provider Staff.

### C. Service Requirements:

- C.1 Key service functions of care coordination shall include, but are not limited, to:
  - a. Arranging and referring for services and resources and, when necessary, advocating for the services and quality of services to which the individual is entitled;
  - b. Monitoring service delivery by provider's external to the program and ensuring communication and coordination of services;
  - c. Locating and coordinating services and resources to resolve a crisis; and
  - d. Providing experiential training in resource acquisition.
- C.2 When funded by the department, care coordination may involve the provision of bus passes to eligible individuals.
- C.3 There shall be specific recovery goals identified for each individual served based upon problems identified in the initial screening/evaluation and addressed in a recovery plan.

### D. Documentation:

- D.1 Documentation shall include a description of the service provided, the rendering practitioner, the date of the service and the beginning and ending time the service was provided.
- D.2 Documentation is entered in the CIMOR recovery support billing system.

## **Peer Recovery Drop-In Center**

### A. Definition:

A.1 Peer Recovery Drop-in Center service emphasizes the peer-to-peer relationship, individual choice, respect and recovery. Each center shall be managed by a MRSS or CPS and fifty-one (51%) to one hundred percent (100%) of staff and volunteers must self-identify as peers in recovery from a substance use disorder.

### B. Qualifications:

B.1 Provider must be certified by the Department as a recovery support program.

B.2 A peer recovery drop-in center must be approved by the Department

### C. Service Requirements:

C.1 A peer recovery drop-in center shall meet the following requirements:

- a. Create a comfortable home-like atmosphere that encourages informal peer-to-peer helping relationships and includes separate space for groups to meet;
- b. Provide coffee, tea or other free or low-cost beverages and may offer free or low-cost healthy food items;
- c. Have a living room type space for informal peer-to-peer conversations with comfortable chairs, couches and lighting;
- d. Offer types of social-interaction-inducing recreational activities, such as playing cards and other games;
- e. Be accessible, physically and emotionally safe, and located conveniently for individuals to walk or ride public transportation; if the center's location is not convenient; the program shall provide or arrange for transportation;
- f. Hours of operation geared to the needs of individuals and include evening and weekend hours, at a minimum five (5) days per week for four (4) hours per day;
- g. Participation is voluntary, has no time limits for participation, is individualized and is free to the individual;
- h. Formal peer coaching relationships and structured life skills group educational opportunities;
- i. Post and update at least monthly a Calendar of groups, educational opportunities and recreational activities; and
- j. Provide linkage to and coordination with social service support agencies in the community, as well as traditional mental health, substance abuse and physical health care service providers.

### D. Documentation:

D.1 Documentation shall include dates the individual visited the drop-in center during the past thirty (30) days (minimum of 7 days necessary for billing), the drop-in center activities the individual participated in, and the MRSS/CPS responsible for monitoring the drop-in center as the rendering practitioner.

D.2 The individual should sign in each day they visit the drop-in center.

D.3 The individual sign-in log will be maintained by the RSS provider for review during monitoring visits.

D.4 Documentation is entered in the CIMOR recovery support billing system.

## **Recovery Housing**

### **A. Definition:**

A.1 Recovery Housing is a direct service with multiple components that provide supervised, transitional housing to individuals with substance use disorders or co-occurring mental health and substance use disorders.

### **B. Qualifications:**

B.1 Provider must be accredited by the Missouri affiliate of the National Alliance for Recovery Residences (NARR).

### **C. Service Requirements:**

C.1 Recovery Housing shall include the provision of, or arrangement for, food and basic necessities.

C.2 Individuals must have access to the Recovery Housing facility twenty-four (24) hours per day.

C.3 Recovery Housing shall include one (1) of the following levels of support and supervision of individuals:

a. Peer-run: At least weekly house meetings facilitated by staff; or

b. Monitored: At least a daily monitoring visit by staff; or

c. Supervised: 24-hour supervision of individuals by staff, with a minimum of three (3) different staff members providing supervision per 24-hour period.

C.4 Properties/Facilities utilized for Recovery Housing shall:

a. Be inspected and accredited by the Missouri affiliate NARR;

b. Provide proof of a successful annual fire inspection;

c. Maintain all fire safety measures; and

d. Maintain all utilities and climate control.

### **D. Documentation:**

D.1 Documentation shall include a housing log with a dated original signature for each night the individual stayed in housing overnight.

D.2 The housing log will be maintained by the provider.

D.3 Documentation in CIMOR includes the individual name, date of the overnight stay (date at 11:59 pm) and the rendering practitioner. The rendering practitioner will be the name of the provider staff responsible for monitoring the housing that evening.

## **Recovery Coaching**

### **A. Definition:**

- A.1 Recovery Coaching is an individual service that involves the development of a supportive relationship with the individual to aid in developing recovery-oriented problem solving skills over an extended period of time.
- A.2 Recovery Coaching is future-, action-, and recovery-oriented coaching that may occur before, after, or concurrently with any department-funded certified substance use disorder treatment and rehabilitation program.

### **B. Qualifications:**

- B.1 Provider must be certified by the Department as a recovery support program.
- B.2 Recovery Coaching shall be provided by a MRSS or CPS.

### **C. Service Requirements:**

- C.1 Recovery Coaching may be delivered face-to-face or through telehealth.
- C.2 Recovery Coaching shall not be considered a substitute for certified substance use disorder treatment and rehabilitation, counseling or therapy.
- C.3 Examples of Recovery Coaching include, but are not limited, to:
  - a. Helping individuals connect with other individuals and their communities at large in order to develop a network for information and support;
  - b. Sharing lived experiences of recovery, sharing and supporting the use of recovery tools, and modeling successful recovery behaviors;
  - c. Helping individuals to make independent choices and to take a proactive role in their recovery;
  - d. Assisting individuals with identifying strengths and personal resources to aid in setting and achieving recovery goals;
  - e. Supporting efforts to find and maintain paid competitive integrated employment;
  - f. Assisting with health and wellness activities;
  - g. Conducting recovery management check-ups over time, and assessing victories, strengths, challenges, and setbacks; and
  - h. Employment coaching. Employment coaching is recovery coaching that assists individuals in finding and maintaining competitive integrated employment and may include, but is not limited to:
    - 1) Assisting individuals in identifying tasks and activities geared toward career exploration and planning;
    - 2) Assisting with job searching and preparation; and/or
    - 3) Assisting in the development of self-management skills, interpersonal skills for the workplace, social and communication skills and job maintenance.

### **D. Documentation:**

- D.1 Documentation shall include a description of the recovery coaching service provided, the rendering practitioner, the date of the service, and beginning and ending time of the service.
- D.2 Documentation is entered in the CIMOR recovery support billing system.

## **Recovery Counseling**

### A. Definition:

A.1 Recovery Counseling is a structured goal-oriented therapeutic interaction designed to resolve problems related to substance use that interfere with the individuals' functioning.

### B. Qualifications:

B.1 Provider must be certified by the Department as a recovery support program.

B.2 Provider must be a certified clinical treatment program.

B.3 Recovery counseling services shall be delivered by a QAP.

### C. Service Requirements:

C.1 Structured goal-oriented therapeutic interaction.

### D. Documentation:

D.1 Documentation shall include a description of the counseling service provided, the rendering practitioner, the date of the service, and beginning and ending time of the service.

D.2 Documentation is entered in the CIMOR recovery support billing system.

## **Counseling Intern**

### A. Definition:

A.1 Counseling Intern is a structured goal-oriented therapeutic interaction designed to resolve problems related to substance use that interfere with the individuals' functioning.

### B. Qualifications:

B.1 Provider must be certified by the Department as a recovery support program.

B.2 Provider must be a certified clinical treatment program.

B.3 Counseling Intern services are delivered by a MAADC I or II under the supervision of a Missouri Credentialing Board approved supervisor.

### C. Service Requirements:

C.1 Structured goal-oriented therapeutic interaction.

### D. Documentation:

D.1 Documentation shall include a description of the counseling service provided, the rendering practitioner, the date of the service, and beginning and ending time of the service.

D.2 Documentation is entered in the CIMOR recovery support billing system.

## **Group**

### **A. Definition:**

- A.1 Support, educational, or life skills groups provide support for individuals in recovery by offering mutual encouragement and connections with others who share similar experiences.
- A.2 Group services shall address recovery, employment, spiritual and/or wellness issues relevant to the needs of the individuals served.
- A.3 Groups may be formed around shared identity such as common cultural or religious affiliation, shared experiences, and/or goals such as community re-entry following incarceration, HIV status, or challenges in parenting.

### **B. Qualifications:**

- B.1 Provider must be certified by the Department as a recovery support program.
- B.2 Care Coordination shall be provided by Approved Provider Staff.

### **C. Service Requirements:**

- C.1 Group sessions may consist of the presentation of general information and application of the information to individuals through group discussion designed to promote recovery and enhance social functioning.
- C.2 Groups may include, but are not limited to:
  - a. Classroom-style didactic lecture to present information about a topic and its relationship to substance use and recovery;
  - b. Presentation of educational audiovisual materials with required follow-up discussion;
  - c. Promotion of discussion and questions about the topic presented to the individuals in attendance;
  - e. Generalization of the information and demonstration of its relevance to recovery and enhanced functioning;
  - f. Facilitating disclosure of issues that permits generalization of the issue to the larger group;
  - g. Promoting positive help-seeking and supportive behaviors; and
  - h. Encouraging and modeling productive and positive interpersonal communication.
- C.3 A support, educational, or life skills group session shall include an approved staff and at least two (2) and no more than thirty (30) individuals per group in order to promote participation.

### **D. Documentation:**

- D.1 Documentation shall include the type of group service, the group plan, a description of the group service provided, individual responses to the group service, the rendering practitioner, the date of the service, and beginning and ending time of the service.
- D.2 Each individual participating shall sign a group participation log.
- D.3 The provider shall maintain group sign in logs with original individual signatures.
- D.4 Documentation is entered in the CIMOR recovery support billing system.

## **Spiritual Counseling**

### A. Definition:

- A.1 Spiritual counseling is an individual service helping individuals explore problems and conflicts from a spiritual perspective.
- A.2 An individual's spiritual beliefs, morals, ideas, values, and conflicts are explored in a safe and non-judgmental manner.

### B. Qualifications:

- B.1 Provider must be certified by the Department as a recovery support program.
- B.2 Spiritual counseling services shall be provided by Qualified Clergy.

### C. Service Requirements:

- C.1 Spiritual counseling services shall include one (1) or more of the following:
  - a. Establishing or reestablishing a relationship with a higher power;
  - b. Developing personal connectedness with a spiritual, religious or faith-based entity;
  - c. Acquiring skills needed to cope with life-changing incidents;
  - d. Adopting positive values or principles,
  - e. Identifying a sense of purpose and mission for one's life;
  - f. Achieving serenity and peace of mind;
  - g. Overcoming emotional, social, mental or physical obstacles; and/or
  - h. Putting pain and grief into perspective.

### D. Documentation:

- D.1 Documentation shall include a description of the counseling service provided, the rendering practitioner, the date of the service, and beginning and ending time of the service.
- D.2 Documentation is entered in the CIMOR recovery support billing system.

## **Transportation-Mileage**

### A. Definition:

A.1 Transportation assists individuals in achieving and sustaining recovery goals when they do not have the means to provide personal transportation.

### B. Qualifications:

B.1 Provider must be certified by the Department as a recovery support program.

B.2 Staff or volunteers who provide transportation services shall be approved and hold a class E chauffeur's license, or if transporting more than fifteen (15) passengers, a CDL license.

### C. Service Requirements:

C.1 Transportation shall be limited to specific destinations and/or appointments as defined by the Department.

C.2 Allowable transportation services include transportation to and from:

- a. Certified substance use disorder treatment and rehabilitation programs;
- b. Recovery support services;
- c. Doctor appointments, dental appointments, or appointments with other healthcare providers;
- d. Probation and parole, court or other criminal justice agencies; and
- e. Employment-seeking activities and/or active employment.

C.3 The vehicle used for transportation shall be currently licensed, properly insured and provide safe and reliable transportation for individuals.

### D. Documentation:

D.1 Documentation shall include the individual name, the date of transportation, the originating location name and address, the destination name and address, miles traveled, the purpose of the travel, and the rendering practitioner (driver).

D.2 Each individual being transported shall sign a transportation log.

D.3 The provider shall maintain transportation logs with original individual signatures.

D.4 Documentation is entered in the CIMOR recovery support billing system.

## **Transportation-Public**

### A. Definition:

A.1 Transportation assists individuals in achieving and sustaining recovery goals when they do not have the means to provide personal transportation.

### B. Qualifications:

B.1 Provider must be certified by the Department as a recovery support program.

### C. Service Requirements:

C.1 Individuals must be actively engaged in treatment, recovery or spiritual support services to be eligible for transportation services.

C.2 Allowable transportation services include transportation to and from:

- a. Treatment;
- b. Recovery support services;
- c. Doctor appointments, dental appointments, or appointments with other healthcare providers;
- d. Probation and parole, court, or other criminal justice agencies; and
- e. Employment seeking activities and/or active employment.

C.3 Provider may distribute bus passes daily, weekly, or monthly.

C.4 Provider may utilize care coordination service to obtain and issue transportation public bus passes.

### D. Documentation:

D.1 Documentation includes public transportation system name, serial number of the bus pass, purchase price of the bus pass, length of bus pass (daily, weekly, monthly), date pass was issued and approved provider staff issuing the bus pass.

D.2 Documentation is entered in the CIMOR recovery support billing system.