

**EXECUTIVE SUMMARY  
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health  
1706 East Elm Street  
Jefferson City, MO 65101

**September 13, 2018**

**PRESENT**

Mary Patrick Seigfreid, J.D. (via phone)  
Dennis Tesreau, J.D. (via phone)  
Karl Wilson, Ph.D. (via phone)  
Kathy Carter (via phone)  
Steve Roling (via phone)  
Stephen Huss, Ph.D. (via phone)

Rikki Wright, Division of Behavioral Health  
Wendy Witcig, Division of Developmental Disabilities  
Gary Schanzmeyer, Division of Developmental Disabilities  
Lynne Fulks, Division of Administrative Services  
Molly Boeckmann, Division of Administrative Services  
Rachel Plaggenberg, Director's Office  
Laine Young-Walker, MD, Chief Medical Officer for Children's Services

Nora Bock, Division of Behavioral Health (via phone)  
Vickie Epple, Division of Behavioral Health  
Cory McMahon, Division of Developmental Disabilities  
Leslie Miles, Investigations  
David Kingsbury, Deaf Services

**STAFF**

Mark Stringer, Director (via phone)  
Debra Walker, Acting Deputy Director  
Gail Vasterling, General Counsel  
Susan Flanigan, Public & Legislative Affairs  
Rick Gowdy, Division of Behavioral Health (via phone)

**GUESTS**

Hannah Swan, DSS

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	Dennis Tesreau, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on September 13, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.  Self-introductions were made.
APPROVAL OF MINUTES	Mary Seigfreid motioned for approval of the August 9, 2018, meeting minutes. Karl Wilson seconded the motion; motion carried.
OPEN DISCUSSION	Dr. Young-Walker and Mark responded to a request from the Commission for an update on MO

	HealthNet's potential restrictions on access to antipsychotic medications via a preferred drug list (PDL). For more details, Jennifer Tidball will be invited to the next Commission meeting.
DIRECTOR'S UPDATE	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> <li>• August 19 – 21 was the 10<sup>th</sup> Annual Real Voices Real Choices Conference. This conference was designed and delivered by consumers. This year there were around 850 registrants. It is an educational, inspiring, and highly successful conference.</li> <li>• Governor Parson has two main priorities: workforce development and infrastructure. We are involved in a cabinet level workforce development subcommittee and Val has been attending on the department's behalf. Val provided an introduction to the workforce development subcommittee and spoke about the topics the committee discusses. Val will provide the Commission with more details at the next Commission meeting.</li> <li>• Mark, Rick, and Nora are currently attending the Missouri Coalition Behavioral Health Conference in Branson. This year there were around 600 people.</li> <li>• On September 20, 2018, a roundtable discussion will be held in St. Louis regarding the opioid crisis. The surgeon general, a representative from SAMHSA, and a representative from the CDC will be present during this discussion. Rachel Winograd and Nora Bock will represent DMH at the table.</li> <li>• The Council of State Governments invited Mark to participate in a strategic planning session in New York City. Mark will be traveling there this weekend for a one day session to create strategies for the future.</li> </ul>
BUDGET UPDATE	Lynne Fulks and Molly Boeckmann provided an update on the budget and discussed priority budget items. Handouts are located at: <a href="https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm">https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm</a> .
LEGISLATIVE UPDATE	<p>Susan Flanigan, Legislative Liaison, provided the following update:</p> <ul style="list-style-type: none"> <li>• Earlier this month, DMH submitted five legislative proposals. The handout is located at: <a href="https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm">https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm</a>.</li> <li>• The deadline for proposal cleanup language is due on October 5, 2018.</li> <li>• This is the fifth year for the Legislative Ambassador Academy. The first session is on September 25<sup>th</sup> and will be covering DMH 101. It will mainly be addressing constituent issues.</li> <li>• Val spoke about Direct Support Professionals Week. DMH received a Governor's Proclamation which will be framed and sent to all facilities. It is very exciting for DMH to celebrate the people who do the front line work.</li> </ul>
OPIOID UPDATE	<p>Nora Bock, Director of Adult Community Treatment, provided the following update:</p> <ul style="list-style-type: none"> <li>• Provided statistics for opioid deaths in Missouri. The results are striking. <ul style="list-style-type: none"> <li>○ 2015/2016 – 35%</li> <li>○ 2016/2017 – 4.7%</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Briefly discussed the State Opioid Response (SOR) grant and how it will be utilized by DMH. <ul style="list-style-type: none"> <li>○ We will continue to provide training, technical assistance, medication, community recovery centers, and continued prevention efforts.</li> <li>○ The following are some new ways in which this grant money will be utilized: <ul style="list-style-type: none"> <li>▪ Working with high risk youth at Boys and Girls Clubs throughout the state.</li> <li>▪ Working on a public safety campaign at historically black colleges and universities. The black population has been highly impacted in terms of the overdose deaths.</li> <li>▪ Broadening public messaging on pain, suicidality, overdose risk, and harm reduction.</li> <li>▪ In the treatment area, we are going to make this money available to the Community Mental Health Centers who are able to implement the “medication first” model.</li> <li>▪ Expanding overdose support efforts.</li> <li>▪ Getting medical professionals more informed by offering an addiction medicine fellowship at St. Louis University.</li> <li>▪ Augmenting funding for the Kansas City Assessment and Treatment Center.</li> <li>▪ Expanding services to the Southeast region by creating a new recovery community center.</li> </ul> </li> </ul> </li> </ul>
PUBLIC COMMENT	No public comment.
NEXT MEETING	The next Mental Health Commission meeting is scheduled for Thursday, October 11, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.
ADJOURN	<p>Mary Seigfreid made a motion for adjournment; Karl Wilson seconded. Meeting adjourned at 11:27 a.m.</p> <hr/> <p>Steve Roling, Secretary</p>