

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

October 11, 2018

PRESENT

Mary Patrick Seigfreid, J.D.
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Kathy Carter
Steve Roling
Stephen Huss, Ph.D.

Gary Schanzmeyer, Division of
Developmental Disabilities
Lynne Fulks, Division of Administrative
Services
Molly Boeckmann, Division of
Administrative Services
Rachel Plaggenberg, Director's Office
Laine Young-Walker, MD, Chief
Medical Officer for Children's
Services
Vickie Epple, Division of Behavioral
Health
Cory McMahon, Division of
Developmental Disabilities
David Kingsbury, Deaf Services
Michelle Gerstner, Constituent Services
Amber Daugherty, Investigations
Denise Thomas, General Counsel
Amber Stockreef, Division of
Behavioral Health
Angie Stuckenschneider, Division of
Behavioral Health

April Maxwell, Division of
Developmental Disabilities
Cla Stearns, Division of Developmental
Disabilities
Rosie Anderson-Harper, Division of
Behavioral Health
Lori Franklin, Division of Behavioral
Health

STAFF

Mark Stringer, Director (via phone)
Debra Walker, Acting Deputy Director
Susan Flanigan, Public & Legislative
Affairs
Sara Murphy, Human Resources
Rick Gowdy, Division of Behavioral
Health
Rikki Wright, Division of Behavioral
Health
Laurie Epple, Division of Behavioral
Health
Valerie Huhn, Division of
Developmental Disabilities

GUESTS

Greg Kramer, Easterseals
Daniel Lensing, OA Budget & Planning
Daniel Cayou, MO P&A
Terry McCurren, Otsuka
Pharmaceutical
Ann Mattingly, Otsuka Pharmaceutical
Gena Terlizzi, NAMI MO
Jennifer Tidball, DSS
Denise Mills, MO SAC
Alex Tuttle, MO Senate

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	Dennis Tesreau, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on October 11, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.

<p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Self-introductions were made.</p> <p>Mary Seigfreid motioned for approval of the September 13, 2018, meeting minutes. Karl Wilson seconded the motion; motion carried.</p> <p>Stephen Huss shared a statistic that he heard on the radio regarding the opioid situation in St. Charles and expressed his concern about primary prevention services. Rick will check on the St. Charles statistic; however, the general statistic for the overall St. Louis area in 2016 was a 35% increase in deaths and 2017 was a 4% increase in deaths. Angie Stuckenschneider with the prevention office will provide an update later today on how prevention services use the State Opioid Response (SOR) grant dollars.</p> <p>Dr. Young-Walker announced that in January of 2018 the University was awarded the Missouri Child Psychiatry Access Project (MOCPAP) through the Missouri Foundation for Health. Through that project, support is provided to pediatricians, family practice doctors, and nurse practitioners who are treating children with behavioral problems. This project started in the Eastern region and is very successful. The goal was to do this for three years with Missouri Foundation for Health to get data to take to the legislature to make it a statewide initiative. DMH then applied for the HRSA grant. which was awarded on September 30. The title is the Pediatric Mental Healthcare Access Program and will go statewide sooner than originally planned.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • Mark apologized for missing the Commission meeting but he is currently in Springfield at the Burrell sponsored Opioid Conference. It's really important for the Department of Mental Health to be visible at statewide events like this because it shows that we have an investment in addressing the opioid crisis. Dr. Angeline Stanislaus and Rachel Winograd are both on the agenda to present and there are many other top performers presenting as well. There are 300 people in attendance. • There was an extensive update last Friday on activities underway with the State Targeted Response (STR) grant update. There was a lot of new information on prevention, treatment, recovery, housing, and employment. We need to do a better job of getting that information to the public and stakeholders. • Mark expressed concern regarding the budget. He met with Dan Haug yesterday to go over the budget request which is much larger than previous years because we were asked for mandatories and priorities. In previous years, our budget request was limited to mandatory items (increase in Medicaid caseload growth, increased medication costs in our facilities, and increased medical costs in our facilities). This year we were allowed to request what we felt we really needed. Some of the large mandatory/priority items mentioned were: <ul style="list-style-type: none"> ○ The DD Direct Care Staffing Crisis. We have providers with turnover rates of 60%. ○ Request for an additional ward at the St. Louis Metropolitan Psychiatric Center. There are people with serious mental illness sitting in jails for long periods of time; a trend that is growing.

	<ul style="list-style-type: none"> ○ Request for an additional SORTS ward.
UPDATE FROM DSS	<p>Jennifer Tidball, DSS Deputy Director and Acting Deputy Director of MO HealthNet, provided an update on Medicaid's approach to managing atypical antipsychotics. A commitment was made to some advocates before the Prior Authorization (PA) committee meeting in June that we would bring together the mental health community to discuss a preferred drug list (PDL) on atypicals. MO HealthNet does not plan to move forward with a PDL on atypicals, so a meeting was not set with advocates. We believe there is an opportunity to solicit rebates from pharmaceutical companies without having to prefer specific drugs through step therapy. Pharmaceutical companies who will offer additional drug rebates will have their drug placed on a resource list. The goal is to publish the resource list for the prescribing community to use. It will not be a preferred drug list or a step therapy list but a list for prescribers with all information including the cost. This will be discussed with the PA committee at the next quarterly meeting.</p>
STATE ADVISORY COUNCIL UPDATE	<p>Gena Terlizzi, Executive Director for NAMI MO, and Denise Mills, Compass Health Network, provided a State Advisory Council (SAC) update on Psychiatric Medications. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
DEVELOPMENTAL DISABILITIES CONSUMER UPDATE	<p>Caitlin Bartley shared her personal story for the developmental disability consumer update. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
HUMAN RESOURCES UPDATE	<p>Sara Murphy, Human Resources Director, provided the following update:</p> <ul style="list-style-type: none"> • Sara will be attending the Statewide Human Resources Director's meeting today because they will be discussing employee leave. • The merit revamp law passed and employees are still confused. Some employees feel like it's simply a way to make it easier to fire an employee. There is still a grievance policy; however, we had to change it to conform to the law. Employees can no longer grieve shift changes, schedules, days off, discipline, etc. Unions have concerns with that and have initiated several lawsuits regarding the grievance policy. • Insurance deductibles have doubled. Employees weren't expecting these changes. The raise that employees will receive in January won't compensate for the rising deductibles. These are things we will have to take into consideration during recruitment. • There will be another analysis of where MO stands compared to other states (wages, benefits, etc.). • Sara will be sitting on a committee to develop an RFP and they're going to bring in a consultant to talk about the merit revamp. There are still issues with looking at classes, grouping classes together, changing the pay grids, and pay for performance. • The Leadership Academy is going very well this year. They will present their projects at the December Commission meeting at the Missouri Coalition for Community Behavioral Healthcare.

PUBLIC COMMENT	No public comment.
BUDGET UPDATE	<p>Lynne Fulks and Molly Boeckmann provided an update on the budget and discussed mandatory and priority budget items. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
WORKFORCE DEVELOPMENT UPDATE	<p>Valerie Huhn provided an update on the Talent for Tomorrow – Best in the Midwest - Workforce Initiative. The goal of the task force is to increase the number of Missourians in the workforce and increase the productivity of Missouri’s workforce. The main interests are labor force productivity, labor force participation rate, and how to get kids that aren’t in the workforce into the workforce.</p> <ul style="list-style-type: none"> • Specifically for DMH: <ul style="list-style-type: none"> ○ The opioid initiatives can fit into a healthy workforce plan and so we need to figure out how we combine them into this initiative. ○ There is acknowledgement that we can’t have a healthy workforce if we don’t have enough people working in the field to make it a healthy workforce. ○ We need to realize the potential of individuals with disabilities and get more of them into the competitive workforce. If DMH is not a model employer in the State of Missouri, we can’t expect others to be. We are trying to figure out how to make our state agencies model employers for hiring and retaining people with disabilities.
BEHAVIORAL HEALTH UPDATE	<p>Rick Gowdy, Director of Behavioral Health, provided the following update:</p> <ul style="list-style-type: none"> • Construction completion date for Fulton State Hospital has been moved to February 4, 2019. <p>Angie Stuckenschneider, Director of Prevention Services, provided the following update:</p> <ul style="list-style-type: none"> • A couple of years ago we received the Prevent Drug Overdoses and Opioid Deaths (PDO) grant which is a million dollars a year for five years. This was the first opioid grant that Missouri received. The majority of that money is spent on overdose education and naloxone distribution. NCADA was a big partner in that and they receive about two-thirds of the money from the project and MIMH receives the rest. • The STR grant had a cap of 10% that could be used towards prevention. It was about a million dollars. We expanded our naloxone distribution and overdose education to recovery community centers and others around the state. With STR, we initiated a primary prevention activity called Generation Rx. We implemented that with NCADA in St. Louis and Community Partnership of the Ozarks in Springfield. It’s a campaign for students about general medication safety. This will continue with the SOR grant as well. • The SOR grant will maintain a lot of the same activities, but will add some new programs: <ul style="list-style-type: none"> ○ The Boys and Girls Clubs throughout the state will be receiving funding totaling around a million dollars. They will hire 18 staff across the state to implement the Positive Action program. Four

	<p>other states are also going to spend SOR money on Boys and Girls Clubs of America.</p> <ul style="list-style-type: none"> ○ We will be spending \$1.7 million on public education. ○ We will provide targeted education and prevention at the historically black colleges and universities, Lincoln University and Harris-Stowe. They will hire graduate students and a project director to help lead that effort. ● For primary prevention, there is the Partnerships for Success grant for \$1.7 million a year for five years. This focuses on protective and risk factors with youth and community members taking on the role to help develop healthy children. ● There are also a couple of suicide grants for prevention.
NEXT MEETING	<p>The next Mental Health Commission meeting is scheduled for Thursday, November 8, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p>
ADJOURN	<p>Kathy Carter made a motion for adjournment; Karl Wilson seconded. Meeting adjourned at 1:45 p.m.</p> <hr/> <p>Steve Roling, Secretary</p>