

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

May 10, 2018

PRESENT

Mary Patrick Seigfreid, J.D.
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Steve Roling
Stephen Huss, Ph.D.

Lynne Fulks, Division of Administrative Services
Molly Boeckmann, Division of Administrative Services
Sara Murphy, Human Resources
Rachel Plaggenberg, Director's Office
Laine Young-Walker, MD, Chief Medical Officer for Children's Services

Tim Rudder, Division of Behavioral Health
Cory McMahon, Division of Developmental Disabilities
Kathy Deeken, Division of Behavioral Health

STAFF

Mark Stringer, Director
Debra Walker, Acting Deputy Director
Gail Vasterling, General Counsel
Rick Gowdy, Division of Behavioral Health
Rikki Wright, Division of Behavioral Health
Laurie Epple, Division of Behavioral Health
Valerie Huhn, Division of Developmental Disabilities
Wendy Witcig, Division of Developmental Disabilities
Gary Schanzmeyer, Division of Developmental Disabilities

Beckie Gierer, Director's Office
Michelle Gerstner, Constituent Services
Dave Kingsbury, Deaf Services
Amber Daugherty, Investigations
Angie Stuckenschneider, Division of Behavioral Health
Lisa Williamson, Division of Developmental Disabilities
Nora Bock, Division of Behavioral Health
Vickie Epple, Division of Behavioral Health
April Maxwell, Division of Developmental Disabilities

GUESTS

Cindy Davis, Missouri Coalition for Community Behavioral Healthcare
Brent McGinty, Missouri Coalition for Community Behavioral Healthcare
Chelsea Hughes, Missouri Coalition for Community Behavioral Healthcare
Beckie Blackwell, Judevine Center
Greg Kramer, ESMW
Pami Wallen, Parent
Sarah Willson, Missouri Hospital Association

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	<p>Dr. Karl Wilson, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on May 10, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p>

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APPROVAL OF MINUTES	Steve Roling motioned for approval of the April 12, 2018, meeting minutes. Dennis Tesreau seconded the motion; motion carried.
DIRECTOR'S UPDATE	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • Announced that this week is Children's Mental Health Awareness Week and asked Dr. Young-Walker to explain what that means. <ul style="list-style-type: none"> ○ The month of May is Mental Health Awareness Month, but the week of May 7th – 13th is for children. It focuses on an integrated approach to how we look at children's mental health. One in every five children has had a serious emotional disturbance so we concentrate on things we can do to help children and youth. This week, there are various activities going on throughout the state to focus on children's mental health. • A news release went out last week regarding Dr. Young-Walker receiving recognition from the American Psychiatric Association (APA). She received the Distinguished Fellow Honor during the APA annual meeting in New York City. She was nominated for her excellent work in the field of psychiatry by fellow members and the Board of Trustees for the Missouri Psychiatric Physicians Association. The Fellowship is awarded to an outstanding psychiatrist who made significant contributions to the profession in at least five areas. This is the highest honor the APA bestows upon its members. Congratulations. • DMH, along with the 15 other state departments, has been working with the Chief Operating Officer of the state, Drew Erdmann, on several related projects that are taking a significant amount of time. Deb Walker provided a brief overview on each project for the Commissioners. <ul style="list-style-type: none"> ○ A new webpage (https://strategicchange.mo.gov/) was launched for the public that displays each state department's "placemat," or brief strategic planning document. Each department has its own, but they are all in the same format so they can be compared department to department. The placemat indicates the strategic management initiatives. This allows staff to find out how they fit into the priorities of the department and how their efforts help the department reach its goals. ○ There is a cabinet meeting on Monday, May 14, from 8:00 a.m. to 12:00 p.m. where we will engage in a workshop that focuses on Lean Management. A consulting group will be coming to talk to all directors, deputy directors, strategic initiative directors, and other leaders about how to work on "Lean" and "Agile" initiatives within each of our state departments. ○ A new IT Governance Workgroup will focus on determining top IT project priorities for the state. These meetings for department directors will be held regularly. ○ The Leadership Library is another new initiative that has just begun. Various leaders across the state will put together summaries of books that have influenced their leadership styles over the years.

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	<ul style="list-style-type: none"> ○ Not only does DMH have a Leadership Academy but now the State of Missouri is in the beginning stages of creating a Leadership Academy. Each department will nominate individuals to participate. The general idea is for the first Leadership Academy to build what the academy will be in the future. This is scheduled to begin in July. ○ This is Public Service Recognition Week, so we have been pushing public service recognition via social media. Employees are being recognized and appreciated throughout the state for all they do for the citizens of Missouri. ○ Last Wednesday, May 2, Mark, Deb, and Susan attended the Governor's Barbeque. This event celebrated 38 state employees who received State employee of the month recognition. There were very heartwarming and heroic stories for which these state employees were recognized. It was a well attended event. ● The Justice Reinvestment Initiative Task Force is continuing. There is legislative support and \$5 million in an appropriation in the Department of Corrections' budget. The group is optimistic that starting July 1st, the project will be operational in the three pilot areas: Boone County, Buchanan County, and Butler County. It will involve a different way of doing business for treatment providers and for Probation and Parole. Once this project is further along, it will be presented to the Commission.
BUDGET UPDATE	Lynne Fulks and Molly Boeckmann provided an update on the budget. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm .
DISASTER SUMMIT	Beckie Gierer, Continuity of Operations Planning Manager at DMH, and Cindy Davis, with the Missouri Coalition of Community Behavioral Healthcare, provided a presentation regarding the first Disaster Summit that took place in March. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm .
DEVELOPMENTAL DISABILITIES BUSINESS ACUMEN LEARNING COLLABORATIVE	Val Huhn, DD Director, provided an update on Developmental Disabilities participation in the National Business Acumen Learning Collaborative. This program was introduced at Val's national association Spring meeting. The program focuses on how the delivery of long-term supports is going to change in the future. Missouri is one of five states involved in this program. For more information, the handout is located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm .
OPIOID INITIATIVES UPDATE	Tim Rudder provided an update on the various opioid initiatives DMH is working on. We have the Opioid State Targeted Response Grant (STR), the Missouri Opioid-Heroin Overdose Prevention and Education Project (MO-HOPE), and the Medication Assisted Treatment Prescription Drug Opioid Addiction Grant (MATPDOA), which is a three-year grant that is wrapping up. All of these grants are federally funded through the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide prevention, treatment,

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	<p>and recovery services in response to the opioid crisis.</p> <ul style="list-style-type: none"> • With these grants, we have enrolled over 2,300 total Missourians and contracted with 41 different sites that are able to do the “medication first” model. The medication first model is changing the way we deliver services and is setting an example for other states. Historically, in addiction treatment when someone presents with severe opioid addiction, it can be weeks or longer before medication is initiated. Under the medication first model, the goal is to start medication within 24 hours of admission so the person can be an active participant in treatment and not in painful withdrawal. Year two of the STR grant will continue with efforts to bring on more sites under this new model. • The Behavioral Health Network started the <i>Engaging Patients in Care Coordination</i> project (EPICC), which is an overdose intervention initiative in St. Louis hospital emergency rooms. We are working to expand this to Columbia, Springfield, and Kansas City. • We will continue to expand the Missouri Telehealth Network (MTN) in year two. Today we have purchased 39 different telehealth sites. • We have a primary care consultant that has worked with seven Federally Qualified Health to employ the embedded counselor model. We recognize the dire need for more prescribers and more access to treatment. We believe this project will assist with that. • Our training efforts continue. We have had over 68 consultations with 54 different treatment agencies. We have provided opioid crisis management team training on the medication first model. We are going to scale that back in year two and do more targeted technical assistance. There were also three webinars. • We have four Recovery Community Centers and they are projected to serve over 12,000 individuals in year two. We have accredited 26 recovery houses and 23 of them are medication friendly. We have access to over 250 beds and are working to expand. We are projected to accredit 20 more recovery houses and an additional 200 beds in year two. • Now that we have the Certified Peer Specialist credential, there will be a lot of trainings and we hope to add another 300 credentialed peers in year two. We continue to encourage treatment providers to engage and utilize peers. • With the MO-HOPE project and the STR grant, we trained over 11,000 individuals and distributed 12,000 two-dose naloxone kits. • We are continuing to work with pharmacy students on the ECHO project (Extension for Community Health Outcomes). There is an opioid use disorder ECHO and a chronic pain management ECHO. Participation in them is growing. • We are continuing with the Generation Rx program in Springfield and St. Louis area high schools.
PUBLIC COMMENT	Pami Wallen, a parent, shared information about her 15-year-old son with autism. She stated her family is seeking a waiver slot from the Division of Developmental Disabilities. She gave a brief history of what her

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	family has gone through.
DIVISION UPDATES	<p><u>Human Resources</u> Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • This afternoon, Sara and Ida will attend a presentation to discuss “Wave 2” of ENGAGE sessions that are being scheduled across the state. • HR provided an update on the requests DMH is taking to the Personnel Advisory Board (PAB) in June. <ul style="list-style-type: none"> ○ Statewide employee increases will be effective January 1, 2019, (\$700 for below \$70,000 and 1% for those above \$70,000). As a result, we will make similar requests as last year minus the approved increases in order to fall in line with prior requests. ○ We will not be asking for shift differentials for the nurses due to additional funding received as part of the core budget. ○ We plan to add LPNs, licensed clinical social workers, and their supervisors to our request this year. • SB 1007, which would revamp the Merit System, could potentially pass. HR is working internally on creating a “don’t panic” message and working with the facilities so they know what it means. HR also plans to work closely with General Counsel to create a quick training for supervisors so they understand the implications of this change. <p><u>Administration</u> Lynne Fulks, Director of Administrative Services, provided the following update:</p> <ul style="list-style-type: none"> • Budget has been working on fiscal notes. As of today, we have received 595 requests for fiscal responses. Last year at this time, we had only 417. Budget is also getting ready for year-end reports. Molly Boeckmann recently attended a Performance Workgroup meeting headed by Drew Erdmann. • Accounting is beginning year-end processes and getting the new year set up in SAM II and CIMOR. Accounting did the fourth quarter for transfer from our DMH federal funding to GR. We came in about 3.6 million dollars higher than our projections because of delayed DSH reductions. In the transfer section for FY18 we have only 50 million dollars of authority and that’s what was transferred to GR. • Purchasing is getting ready to go live with MO BUYS in Central Office. • The Medicaid and Reimbursement Unit is working on the FY15 DSH Audit, assisting with fiscal note responses on Medicaid legislation, and continuing to assist with program initiatives. <p><u>Legislative</u> Val Huhn, DD Director, provided the legislative update:</p> <ul style="list-style-type: none"> • SB 660 became the DMH Mental Health Omnibus Bill in the House Health and Mental Health Policy committee. The HCS SB660 added these DMH technical bills:

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	<ul style="list-style-type: none"> ○ HB2716—Modifies provisions relating to the DMH obtaining third party payer information on individuals ○ HB1970—Involuntary Medication and Motion to Proceed ○ HB2611—Inspection of Residential Facilities <p>The following amendments were added when third read on the House Floor on 4/30:</p> <ul style="list-style-type: none"> ○ Amendment 1—HB2280—SUD treatment for postpartum women on Medicaid for up to one year (vs. the current 60 day limit). This is the only amendment with a fiscal note. ○ Amendment 2—HB1375 Adds “Post Traumatic Stress Awareness Day.” ○ Amendment 3—HB1629 Doctoral degrees from the Psychological Clinical Science Accreditation System are acceptable for licensure as psychologist with certain requirements. ○ Amendment 4—HB2295 allows certain physician assistants, assistant physicians and APRNS licensed under chapter 334 to provide psychiatric treatment to certain mental health patients; ○ Amendment 5—DMH will develop a treatment protocol containing best practice guidelines for treatment of opioid-dependent patients including clinical use of all FDA approved drugs for opioid addiction, training for prescribers, and developing/adopting standard process for obtaining informed consent. <ul style="list-style-type: none"> ● Susan has been distributing Mental Health Champions invitations at the Capitol. ● Susan is also preparing for the upcoming Ambassador’s Academy. <p><u>Division of Developmental Disabilities</u></p> <p>Val Huhn, DD Director, provided the following update:</p> <ul style="list-style-type: none"> ● At the end of April, the CDC announced the current autism spectrum prevalence is 1 in 59 children. In 2012, it was 1 in 68 children. Missouri’s actual numbers are 1 in 71 children. The CDC takes the prevalence rate from 11 states, and Missouri is one of those states. ● DD was asked by Budget and Planning to work on a report because we have around 16 million dollars of GR that is only for autism services. We have worked with a variety of stakeholders on this report and should have that report final for the July Commission meeting. ● We have also been working with CMS for technical assistance on how we do case management in Missouri. We need to change the qualifications to be a case manager. In Missouri, to be able to bill Medicaid you need a four-year degree and relative experience. Most other states only need one or the other. Because we require both, it is incredibly difficult to fill those positions. The technical assistance with CMS has given us a list of eight other states and what they require for case manager qualifications so we will use those as examples and begin drafting a state plan amendment to change our case manager qualifications. ● DD recently started doing a monthly division newsletter.

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	<p><u>Division of Behavioral Health</u> Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • We have applied to SAMHSA for the Prevention and Early Intervention Grant for young adults which would focus on Cass, Johnson, and Phelps Counties. This would be for individuals with a serious emotional disturbance (SED) or a serious mental illness (SMI). It would seek to increase community awareness about mental health issues; reduce stigma; and enhance mental health outreach, screening, and referral services. It would be targeted at universities; high schools; women, infant, and children clinics; and faith based organizations. The goal would be to bring evidence-based treatments to these populations and determine if there are any community barriers. DBH applied for this grant because Compass Health came to us and offered to do the grant writing and application work if the state would apply. • It was announced that Sgt. Jeremy Romo, who was our statewide Crisis Intervention Team (CIT) Coordinator, is now Lieutenant Jeremy Romo. With his ascendancy to the Lieutenant position he will have to leave CIT. A replacement has not been identified; however, the replacement will be from a rural area. • He presented a drone fly over video of the construction status of Fulton State Hospital. This video can be found on the department website: https://dmh.mo.gov/fulton/.
NEXT MEETING	The next Mental Health Commission meeting is scheduled for Tuesday, June 19, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.
ADJOURN	<p>Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 1:45 p.m.</p> <hr/> <p>Dennis Tesreau, Secretary</p>