

EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

March 8, 2018

PRESENT

Mary Patrick Seigfreid, J.D.
Kathy Carter
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Steve Roling
Stephen Huss, Ph.D.

STAFF

Mark Stringer, Director
Mike Nietzel, Deputy Director
Debra Walker, Public & Legislative
Affairs
Susan Flanigan, Public & Legislative
Affairs
Rikki Wright, Division of Behavioral
Health
Gary Schanzmeyer, Division of
Developmental Disabilities
Laurie Epple, Division of Behavioral
Health
Wendy Witcig, Division of
Developmental Disabilities
Rachel Plaggenberg, Director's Office
Sara Murphy, Human Resources

Lynne Fulks, Division of Administration
Gail Vasterling, General Counsel
Valerie Huhn, Division of
Developmental Disabilities
Molly Boeckmann, Division of
Administration
Michelle Gerstner, Constituent Services
Dave Kingsbury, Deaf Services
Denise Thomas, General Counsel
Amber Daugherty, Investigations
Angie Stuckenschneider, Division of
Behavioral Health
Connie Cahalan, Division of Behavioral
Health
Tim Rudder, Division of Behavioral
Health
Jessica Bounds, Division of Behavioral
Health
Courtney Chapin, General Counsel
Vickie Epple, Division of Behavioral
Health
Natalie Cook, Division of Behavioral
Health
Amanda Baker, Division of Behavioral
Health

Natalie Erickson, Division of Behavioral
Health
Amber Stockreef, Division of
Behavioral Health
Lisa Williamson, Division of
Developmental Disabilities
Kim Stock, Division of Developmental
Disabilities
Shelly LeCure, Division of
Developmental Disabilities

GUESTS

Pami Wallen, Parent
Jennifer Wallen, Sibling
Daniel Lensing, OA Budget & Planning
Kathy Birkes, Midwest Special Needs
Trust
Eric Schmitt, Missouri State Treasurer
David Pearce, State Treasurer's Office
Jeff Grosvenor, MARF
Daniel Cayou, MO P&A
Les Wagner, MACDDS

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Dr. Karl Wilson, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on March 8, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Mary Seigfreid motioned for approval of the February 8, 2018, meeting minutes. Kathy Carter seconded the motion; motion carried.</p> <p>Karl mentioned that at the previous Commission meeting there was a presentation from Wendy Orson with the Behavioral Health Network of Greater St. Louis. She mentioned a number of partnerships and strong relationships as well as the help she was receiving from the executive team at DMH. Karl posited that it is most impressive and commendable that the DMH executive team can contribute to this important work.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • This is Mike Nietzel's last Mental Health Commission meeting due to retirement. His official retirement date is March 31, 2018. • The Justice Reinvestment Initiative Task Force is moving along. There is legislative support along with five million dollars for appropriation in the corrections budget. The group is optimistic that starting July 1st there will be providers in the three pilot areas: Boone County, Buchanan County, and Butler County. It will involve a different way of doing business for providers and for probation and parole. Once this process is further along it will be presented to the Commission. • DMH is receiving calls from around the country from other states who are interested in using medications for addiction treatment. They inquire about how DMH was able to do it. The relationships that DMH has with its providers and other State agencies is what has allowed us to do these really amazing and progressive things. Mark recently traveled to Washington DC to speak with the Center for Substance Abuse Treatment Advisory Council regarding the history of using medications for treatment of addiction in Missouri. • The Missouri Hospital Association had an Opioid Summit in St. Louis and Mark provided opening remarks and introduced Senator Roy Blunt. Mark, Brent McGinty, and others spent time with Senator Blunt discussing the department and the medication first model. Senator Blunt is very helpful to DMH and great to work with.
<p>BUDGET UPDATE</p>	<p>Lynne Fulks and Molly Boeckmann provided an update on the budget. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>

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MIDWEST SPECIAL NEEDS TRUST	<p>Kathy Birkes, Executive Director, provided an update and brief history on the Midwest Special Needs Trust (MSNT). MSNT is a nonprofit corporation authorized by Missouri statute to administer special needs trusts for persons with disabilities. The organization is governed by a Board of Trustees that includes family members of people with disabilities and individuals with business expertise. More information can be found at: http://midwestspecialneedstrust.org/.</p>
PUBLIC COMMENT	<p>Pami Wallen, a parent, shared information about her 15-year-old son with autism. She stated her family is seeking a waiver slot from the Division of Developmental Disabilities and she is having difficulty understanding the process. She gave a brief history of what her family has gone through and is asking for help.</p> <p>Jennifer Wallen, a sibling, shared information about her brother with autism. She gave a brief history of what her family has gone through and how it has affected her life.</p>
MO ABLE	<p>Eric Schmitt, Missouri State Treasurer, provided a presentation on MO ABLE. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/documents/MOABLE.pdf.</p>
STAFF STABILITY SURVEY	<p>Val Huhn, DD Director, provided a presentation on the Staff Stability Survey. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/documents/StaffStabilitySurvey.pdf.</p>
DIVISION UPDATES	<p><u>Administration</u> Lynne Fulks, Director of Administrative Services, provided the following update:</p> <ul style="list-style-type: none"> • Budget has been working on fiscal notes. As of today, we have received 433 requests for fiscal responses. Last year at this time, we only had 323. • Purchasing and General Services awarded new contracts for temporary physician’s services. They are also continuing to work on implementation of MO BUYS and are moving forward with testing. • The Medicaid Unit is working on the FY15 DSH Audit, assisting with fiscal note responses on Medicaid legislation, and continuing to work with the divisions on any Medicaid initiatives they need help with. <p><u>Division of Developmental Disabilities</u> Val Huhn, DD Director, provided the following update:</p> <ul style="list-style-type: none"> • Yesterday, Val held office hours in St. Louis (Page Office and Seven Hills Office) and met with staff to discuss any issues or concerns they have. Mainly staff wanted to discuss wages. It was a great way to spend the day. Val has five different regional office sites in the St. Louis area and she plans to hold office hours at them all within the next four weeks. Then she will expand to the other regional offices and habilitation centers.

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	<ul style="list-style-type: none"> • Val and Wendy recently traveled to Washington DC to the Manage Care Congress to attend a special track on Long-Term Services and Supports in Managed Care. We want to make sure the department as well as the providers are as prepared as possible. <p><u>Division of Behavioral Health</u> Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • DBH has been working closely with the Missouri Hospital Association (MHA). They put together a flyer regarding cultural safety in hospitals addressing workplace violence. In the flyer, they highlighted the Assaulted Staff Assistance Program (ASAP) at Fulton State Hospital and gave a brief description of it. MHA has a conference coming up and some of our Fulton State Hospital staff will present a workshop on the ASAP. • Yesterday, Rick was in Kansas City for a partnership between the MHA and the American College of Healthcare Executives (ACHE). MHA and ACHE got together to discuss various behavioral health issues. There were roughly 120 people there from healthcare agencies across Kansas City. It was very well attended. <p><u>Legislative / Disaster Services Update</u> Susan Flanigan, Legislative Liaison and Disaster Services Director, provided the following update:</p> <ul style="list-style-type: none"> • In response to the recent school violence, the department is sending out information that can be put in various district newsletters regarding: Mental Health First Aid, Behavioral Health Crisis Lines (ACIs), suicide prevention information, and stress management. • Disaster Services is holding a Disaster Summit in Jefferson City during legislative spring break. Around thirty experts have been invited, including Brian Flynn, who ran the disaster services branch at SAMHSA for years. • Jim Siemianowski, the Director of Quality for the Connecticut Department of Mental Health and Addiction Services, will provide a presentation on the Sandy Hook Shooting and Lessons Learned on March 23, 2018. • Susan provided a brief overview of several bills. <p><u>Human Resources</u> Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • Yesterday, we had the second Organization Health Index (OHI) influencers meeting group. The meeting went really well. They were split into groups and asked for recommendations on non-financial incentives for employees. Then we took the generated ideas and split them out among the groups to let them brainstorm on how they could be implemented. We were hoping they could identify the challenges across the state specific to each facility location. All this information should be compiled

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	<p>within the next couple of weeks.</p> <ul style="list-style-type: none"> • The response so far has been positive regarding Engage, the new performance improvement process that replaced PERFORM. • Leadership Academy applications were due at the close of business last Tuesday. We received at least one hundred applications. The committee will be reviewing them soon so they can begin the selection process. • We are going to host a reunion for last year's Leadership Academy near the end of April. We are considering holding an overnight so that we could do a networking activity with the previous leadership academy team. • Applicant Pro, the online application system, should go into test mode maybe within the next month at some facilities.
NEXT MEETING	<p>The next Mental Health Commission meeting is scheduled for Thursday, April 12, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p>
ADJOURN	<p>Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 2:00 p.m.</p> <hr/> <p>Dennis Tesreau, Secretary</p>