

**EXECUTIVE SUMMARY  
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health  
1706 East Elm Street  
Jefferson City, MO 65101

**February 8, 2018**

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**PRESENT**

Mary Patrick Seigfreid, J.D.  
Kathy Carter (via phone)  
Dennis Tesreau, J.D.  
Karl Wilson, Ph.D.  
Steve Roling  
Stephen Huss, Ph.D.

**STAFF**

Mark Stringer, Director  
Mike Nietzel, Deputy Director  
Debra Walker, Public & Legislative  
Affairs  
Susan Flanigan, Public & Legislative  
Affairs  
Rikki Wright, Division of Behavioral  
Health  
Laurie Epple, Division of Behavioral  
Health  
Rachel Plaggenberg, Director's Office  
Sara Murphy, Human Resources  
Lynne Fulks, Division of Administration

Rick Gowdy, Division of Behavioral  
Health (via phone)  
Gail Vasterling, General Counsel  
Valerie Huhn, Division of  
Developmental Disabilities  
Laine Young-Walker, MD, Chief  
Medical Officer for Children's  
Services  
Angeline Stanislaus, MD, Chief Medical  
Officer for Adult Services  
Dave Kingsbury, Deaf Services  
Amber Daugherty, Investigations  
Connie Cahalan, Division of Behavioral  
Health  
Nora Bock, Division of Behavioral  
Health  
Michelle Gerstner, Constituent Services  
Amber Stockreef, Division of  
Behavioral Health  
Vickie Epple, Division of Behavioral  
Health

Vicki Schollmeyer, Division of  
Behavioral Health  
Tim Rudder, Division of Behavioral  
Health  
April Maxwell, Division of  
Developmental Disabilities  
Bob Reitz, Division of Behavioral  
Health  
Becky Hughes, Division of Behavioral  
Health  
Beckie Gierer, Director's Office

**GUESTS**  
Hannah Swann, Senate Appropriations  
Wendy Orson, BHN  
Jermine Alberti, BHN  
Daniel Lensing, OA Budget & Planning  
Chris Bramlett, OA Budget & Planning  
Sarah Willson, MHA  
Norval Wallen, Parent

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Dr. Karl Wilson, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on February 8, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Steve Roling motioned for approval of the January 11, 2018, meeting minutes. Mary Seigfreid seconded the motion; motion carried.</p> <p>Dr. Stephen Huss shared his concern for the recently released Governor’s Recommended Budget. He would like to see mental health as a higher funding priority for the state. Dr. Huss asked DMH leadership to identify what an ideal mental health system is for Missouri and to estimate what the cost would be to have an ideal system.</p>
<p>DIRECTOR’S UPDATE</p>	<p>Mark Stringer provided a Director’s update:</p> <ul style="list-style-type: none"> <li>• Hannah Swan, our Senate Analyst, who has been with us for four years, is moving on to another position at DSS. She has been very invested in DMH and has been a wonderful analyst for us. There is a lot of interest at the Capitol regarding the opioid crisis. There have been a number of bills introduced to address the opioid issue. DMH received the State Targeted Response Grant for ten million dollars for two years. We hope it is extended. We went to a hearing yesterday in the Mental Health Policy Committee, headed by Representative Dr. Keith Frederick. Dr. Frederick’s bill, HB 2105, proposes to focus on six elements: <ul style="list-style-type: none"> <li>○ Declaring 2018 - 2028 the Show Me Freedom from Opioid Addiction decade.</li> <li>○ One hour per year required for CME’s in pain management.</li> <li>○ Substantial medication takeback program statewide.</li> <li>○ Restriction on the amount of opioids that can be prescribed.</li> <li>○ Elimination of the patient satisfaction survey.</li> <li>○ Increase in access to treatment. <ul style="list-style-type: none"> <li>▪ Dr. Frederick is interested in using professionals called Assistant Physicians. These people have graduated from medical school and have not found a match for residency. This happens frequently. His proposition is to use these Assistant Physicians to help with the opioid crisis in rural areas via ECHO.</li> </ul> </li> </ul> </li> <li>• The committee also discussed four bills that have been filed that would extend Medicaid coverage for postpartum women. Today, women who are covered under Medicaid while they are pregnant retain those benefits for two months after they give birth. Three of the four bills that were introduced would extend coverage for women who have substance use disorders from two months to one or two years.</li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p>One bill extended coverage for all pregnant women for one or two years. There was a lot of support for these bills. Val stated that there would be a tremendous amount of work in their implementation.</p> <ul style="list-style-type: none"> <li>• We are getting national attention for our work with the State Targeted Response Grant. Mark has been invited to go to the Center for Substance Abuse Treatment in Washington D.C. on February 13<sup>th</sup> and 14<sup>th</sup>. He has been asked to speak to their advisory committee about what Missouri is doing and how.</li> <li>• Recently Mark, Dr. Gowdy, Nora Bock, and Tim Rudder met with the Director of DOC, Chief State Supervisor of Probation and Parole, and the MU School of Social Work to talk about the Justice Reinvestment Initiative. There is a piece of legislation that will set the stage for some changes within the DOC as well as in Probation and Parole operations. It also proposes a new model for behavioral health treatment services in the community. The Council of State Governments developed a proposal for treating offenders: <ul style="list-style-type: none"> <li>○ The Council of State Government has done an extensive review of the system and found that behavioral health services within the institution are seldom continued after the offender's release. Five million dollars is in the proposed budget for DOC to expand and improve community treatment for offenders with substance use disorders. The strategies that were referenced were: <ul style="list-style-type: none"> <li>▪ Pay for performance.</li> <li>▪ Tiered services. The first tier is intensive services with supportive housing. The second tier is targeted care coordination and case management. The third tier is peer services and peer coaching.</li> <li>▪ Training for Probation and Parole Officers.</li> <li>▪ Purchase community based services to help those who have completed the prison based SUD treatment.</li> <li>▪ Focus on care coordination, case management, and recovery support services.</li> <li>▪ Performance incentives for providers that demonstrate reduced criminal justice involvement.</li> <li>▪ Improve stability in abstinence.</li> </ul> </li> <li>○ The pilot sites are Boone County, Buchanan County, and Butler County. They hope to serve 866 people annually, reduce arrests by 20%, and reduce recidivism by 15%.</li> </ul> </li> </ul>
BUDGET UPDATE	<p>Lynne Fulks provided an update on the budget. Handouts are located at: <a href="https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm">https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm</a>.</p>
BEHAVIORAL HEALTH NETWORK OF GREATER	<p>Chief Executive Officer Wendy Orson from the Behavioral Health Network of Greater St. Louis (BHN) gave a presentation on their services and how they impact the Eastern region of the state. Handouts are located at: <a href="https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm">https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm</a>.</p>

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ST. LOUIS (BHN)	
HEALTH HOMES	<p>Natalie Fornelli, Manager of Integrated Care for the Division of Behavioral Health, provided an update on Health Homes. Handouts are located at:  <a href="https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm">https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm</a>.</p>
PUBLIC COMMENT	<p>Norval Wallen, a parent, shared information about his 15-year-old son with autism. He stated his family is seeking a comprehensive waiver slot from the Division of Developmental Disabilities. He gave a brief history of what the family has gone through and is asking for help.</p>
CLOSED EXECUTIVE SESSION	<p>Dr. Stephen Huss requested a motion to move into closed session of the Missouri Mental Health Commission pursuant to RSMo 610.021 (1) Legal and (3) Personnel. Mary Seigfreid seconded the motion. A roll call vote was taken:</p> <ul style="list-style-type: none"> <li>Dennis Tesreau – Yes</li> <li>Steve Roling – Yes</li> <li>Kathy Carter – Yes</li> <li>Mary Seigfreid – Yes</li> <li>Dr. Karl Wilson – Yes</li> <li>Dr. Stephen Huss – Yes</li> </ul> <p>The Commission adjourned to closed session at 12:19 p.m. The Mental Health Commission meeting reconvened at 1:30 p.m.</p>
DIVISION UPDATES	<p><b><u>Administration</u></b>  Lynne Fulks, Director of Administrative Services, provided the following update:</p> <ul style="list-style-type: none"> <li>• Budget has been busy working on fiscal notes. As of February 7, 2018, we have received 278 requests for fiscal responses. Last year at this time, we had 196. Budget has also been busy working with the divisions pulling information together based on questions received in the house hearing last week. We are tentatively scheduled to present our budget to Senate Appropriations on February 20<sup>th</sup>.</li> <li>• Accounting was involved in the exit conference earlier this week regarding the single state audit by the State Auditor’s office. There are no results yet. We also received a new indirect cost rate from the federal government, which is used for federal grants and contracts. The rate decreased slightly from 12.10% to 11.32%.</li> <li>• Purchasing and General Services have finished moving all contracts to electronic storage, which means no more paper files.</li> <li>• We are implementing a streamlined process for DD Medicaid provider applications. This should reduce staff time as well as shorten the enrollment process time.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Also working on bidding new contracts for temporary staffing for physicians. The new contract has been structured to provide facilities greater flexibility in meeting staff needs.</li> <li>• We continue to work on MO Buys implementation.</li> <li>• The Reimbursement Unit is getting ready to work on the FY15 DSH audit. They have been assisting with fiscal note responses on Medicaid legislation and continue to assist in program initiatives.</li> </ul> <p><b><u>Division of Developmental Disabilities</u></b></p> <p>Val Huhn, DD Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• DD was awarded CMS technical assistance by National Association of State Directors of Developmental Disabilities Services (NASDDDS). <ul style="list-style-type: none"> <li>○ They did an onsite visit at Marshall to see if DMH can earn federal funding.</li> <li>○ Targeted Case Management providers have said the DMH contract is broader than case management, which is true. Providers want us to look at other states' case management contracts to figure out best practices for such contracts and what typical rates are for case management services.</li> <li>○ We are trying to figure out alternative ways to fund the individuals we serve. Right now, the way we serve individuals is through a waiver and providers get paid for each 15 minutes of service. Is there a value-based purchasing model, a risk-based model, or something other states are using?</li> </ul> </li> <li>• Missouri is one of five states that is part of a business acumen learning collaborative. We work every month toward certain goals. We meet with different states to talk about their delivery models of service, meet with other state partners, and meet with Area Agencies on Aging to determine how to differently focus care on individuals with developmental disabilities who are aging.</li> <li>• We have also been asked by the state budget office to review autism funding. DD is reviewing the Missouri Autism Commission plan to see what we can check off the list and what needs remain. One concern is kids with autism who have severe emotional disturbances. A report is due to Budget and Planning by July 1<sup>st</sup>.</li> <li>• March is Developmental Disability Awareness Month and we are working with Debra to put together talking points for a social media campaign.</li> </ul> <p><b><u>Division of Behavioral Health</u></b></p> <p>Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• This week was Missouri Recovery Network Day at the Capitol.</li> <li>• Tim Rudder gave an update on the State Targeted Response Opioid Grant (STR). <ul style="list-style-type: none"> <li>○ Nine months into our STR grant, we currently have 14 treatment provider agencies; a medication first model; have served over 1,100 individuals; and have 878 individuals now</li> </ul> </li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p>actively enrolled in the STR program.</p> <ul style="list-style-type: none"> <li>○ We recognize the need for more prescribers in the area and have continued our efforts to provide free waiver trainings. The opioid crisis management team trainings will occur quarterly across the state in the second year. Training will be on the administrative, psychosocial, and medical aspects of medical treatment for addiction. We will have three recorded webinars as well as an STR informational video that will be posted online.</li> <li>○ We continue our efforts to expand telehealth across the state with 27 telehealth units.</li> <li>○ We have four recovery community centers now: one in Springfield, one in Kansas City, and two in St. Louis.</li> <li>○ Housing providers are working to get more STR approved housing. We currently have six housing organizations with 11 houses and 133 beds.</li> <li>○ On the prevention side, we continue with our telehealth Extension for Community Healthcare Outcomes (ECHOs), where professionals can learn about chronic pain management. We are also funding an opioid use disorder treatment ECHO that will continue into year two.</li> <li>○ So far, we have distributed over 1,000 units of naloxone and trained over 3,000 individuals to use it. Combined with the MO-HOPE grant, that is over 6,000 Missourians trained and over 5,200 boxes of naloxone distributed in total.</li> </ul> <p><b><u>Human Resources</u></b></p> <p>Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> <li>● We moved to a new performance system called ENGAGE that will go out department-wide by the end of this week. We have been working with other agencies to find a solution that would work for DMH. Most of our employees will be using a template. Roughly, 2000 will be using notebooks. There will no longer be a number rating system. There will be monthly notes and discussions based on performance and professional goals. We will be working with the facilities to figure out how this will work for them. Notebooks for the employees due to turnover would be a major issue. The goal is to have all employee meetings by the end of this month.</li> <li>● The 2018 Leadership Academy will soon be announced for next year. We have a podcast that will be going out with that as well. We are currently looking for ideas and topics for the Academy.</li> <li>● We are working on personnel classification changes for both divisions.</li> <li>● Debra is heading an intranet/internet site revamp.</li> </ul>
NEXT MEETING	The next Mental Health Commission meeting is Thursday, March 8, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.

TOPIC/ISSUE	DISCUSSION
ADJOURN	<p data-bbox="449 175 1984 212">Dr. Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 2:15 p.m.</p> <hr data-bbox="449 313 1104 316"/> <p data-bbox="449 321 829 354">Dennis Tesreau, Secretary</p>