

**EXECUTIVE SUMMARY  
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health  
1706 East Elm Street  
Jefferson City, MO 65101

**December 14, 2017**

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**PRESENT**

Mary Patrick Seigfreid, J.D.  
Kathy Carter  
Dennis Tesreau, J.D.  
Karl Wilson, Ph.D.  
Stephen Huss, Ph.D.  
Steve Roling (joined by phone)

**STAFF**

Mark Stringer, Director  
Mike Nietzel, Director's Office  
Debra Walker, Public & Legislative  
Affairs  
Susan Flanigan, Public & Legislative  
Affairs  
Rachel Plaggenberg, Director's Office  
Sara Murphy, Human Resources  
Lynne Fulks, Division of Administration  
Rick Gowdy, Division of Behavioral  
Health  
Gail Vasterling, General Counsel

Valerie Huhn, Division of  
Developmental Disabilities  
Molly Boeckmann, Division of  
Administration  
Angeline Stanislaus, MD, Chief Medical  
Officer for Adult Services  
Laine Young-Walker, MD, Chief  
Medical Officer for Children's  
Services  
April Maxwell, Division of  
Developmental Disabilities  
Rikki Wright, Division of Behavioral  
Health  
Gary Schanzmeyer, Division of  
Developmental Disabilities  
Vickie Epple, Division of Behavioral  
Health  
Dave Kingsbury, Deaf Services  
Bob Reitz, Division of Behavioral  
Health  
Amber Daugherty, Investigations

Rosie Anderson Harper, Division of  
Behavioral Health  
Beckie Gierer, Director's Office  
Natalie Erickson, Division of Behavioral  
Health  
Stacy Williams, Division of Behavioral  
Health  
Tim Rudder, Division of Behavioral  
Health  
Toni Jordan, MHS-SAC  
Scott Johnston, SUPR  
Heather Gieck, Healing House, New  
Beginnings  
Christine McDonald, SUPR SAC

**GUESTS**

Hannah Swann, Senate Appropriations  
Katie Reichard, MO Coalition for CBH

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p>	<p>Dr. Karl Wilson, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on December 14, 2017. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Mary Seigfreid motioned for approval of the November 9, 2017, meeting minutes. Dennis Tesreau seconded the motion; motion carried.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> <li>• Organizational Health Index (OHI) Statewide Employee Survey <ul style="list-style-type: none"> <li>○ Identified what employees are concerned about.</li> <li>○ DMH employees were asked to nominate their peers for an Employee Advisory Council. Those individuals with seven or more nominations were asked to participate. Forty DMH employees from around the state will serve on the Council.</li> <li>○ The Employee Advisory Council's first meeting is on December 19, 2017.</li> </ul> </li> <li>• Justice Reinvestment Initiative Task Force <ul style="list-style-type: none"> <li>○ The purpose of this initiative is to avoid building new prisons. At the current incarceration rate, in five years we would need to build two more prisons in Missouri.</li> <li>○ Council of State Governments has done an exhaustive analysis of the DMH system, the prison system, the treatment system, and prison service. Yesterday was the last meeting and we were given a recommendation. A full set of recommendations will come in the form of a public report at some point. One of the recommendations is a substantial investment in the community treatment system. Efforts in the past have not included that.</li> </ul> </li> <li>• Opioid Summits <ul style="list-style-type: none"> <li>○ The last of the nine opioid summits took place in St. Louis on December 5, 2017.</li> <li>○ There were over 450 attendees.</li> <li>○ Rachel Winograd did an amazing job wrapping up the Opioid Summits.</li> </ul> </li> <li>• Mike Nietzel briefly introduced Amber Daugherty, the new Director of Investigations. Amber started on December 1, 2017, which coincided with the Investigations Annual Meeting at the Lake of the Ozarks, so Amber was able to meet the entire staff.</li> </ul>
<p>BUDGET UPDATE</p>	<p>Lynne Fulks and Molly Boeckmann provided an update on the budget. Handouts are located at: <a href="http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html">http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</a>.</p>

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<p>STATE ADVISORY COUNCIL MEMBER UPDATE &amp; SUBSTANCE USE PREVENTION AND RECOVERY UPDATE</p>	<p>Toni Jordan, MHS SAC Co-Chair, Committee member of the Real Voices – Real Choices Conference (RVRC), and Peer Specialist</p> <ul style="list-style-type: none"> <li>• Toni gave a brief history of her experiences with the RVRC Conference and explained how it has grown.</li> <li>• The 2018 RVRC Conference will be the 10<sup>th</sup> Year Anniversary. The Committee is looking for large donations like electronics, vacation packages, or tickets to sporting events.</li> <li>• RVRC focuses on education activities, creating a support system for consumers, and fun group activities.</li> </ul> <p>Scott Johnston provided an update on the Substance Use Prevention and Recovery Unit (SUPR). Scott came to DMH with over 30 years of experience from the Department of Corrections. Scott has been working with DMH for the past 6 or 7 years as a consultant/advisor between DMH and DOC. He has specifically been working on Recovery Housing for the last 3 years. Handouts are located at: <a href="http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html">http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</a>.</p> <p>Heather Gieck, Executive Director of Healing House and New Beginnings, gave an overview of the Healing House, Jefferson City’s first recovery housing program for women. Recovery housing provides a safe and supportive living environment that is alcohol and drug free, peer support, a sense of belonging, connection with recovery support services, accountability and structure. Heather gave detailed statistics regarding the consumers served by Healing House. She also shared her personal story of recovery and how it has shaped who she is today.</p> <p>Christine McDonald, SUPR and SAC Member, spoke about the importance of recovery housing. She is the director of a long-term therapeutic program for women who are sexuality exploited for commercial reasons and gave examples of the problems these women face in recovery housing. She expressed the need for regulations so that when women are referred to recovery housing, everyone is confident that the homes are reputable with the appropriate recovery environment.</p>
<p>DIVISION UPDATES</p>	<p><b><u>Division of Developmental Disabilities</u></b></p> <p>Val Huhn, DD Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• DD received an opportunity to get technical assistance as part of a learning collaborative around business acumen. One of the goals for business acumen is to identify and implement alternative federal funding strategies for the Division. Right now, the Division is an HCPS 1915 C Waiver agency, but there are other federal funding mechanisms available. We need to identify how to work with our aging population better because right now a 25–year-old and a 75-year-old are treated the same due to the 1915 C Waiver. Other federal funding needs to be identified to better serve consumers.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Engaged CMS for technical assistance on how to identify alternative federal opportunities. This assistance will begin in January.</li> <li>• DD had required contracted providers to provide Non-Medicaid Case Management for anyone deemed DD eligible. That included consumers for which providers were not reimbursed. We have worked with providers and identified that DD can no longer ask them to provide an unfunded service. We will no longer require Non-Medicaid Case Management. DD is transitioning away from providing mandatory Non-Medicaid Case Management effective July 1, 2018. Many case management providers will still attempt to provide a type of service to those families, but it will look a little different.</li> <li>• There was a presentation here last year around December regarding increasing utilization of employment services through our waivers. DD has improved since last year.</li> <li>• The Director of the Office of Licensure and Certification has accepted a position with DHSS, so DD will be conducting interviews, and the position will be filled soon.</li> </ul> <p><b><u>Division of Behavioral Health</u></b> Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• Yesterday was the annual meeting for the Missouri Coalition of the Recovery Support Providers, a faith based peer group. There were about 200 people in attendance. It was a very impressive meeting.</li> <li>• The Joint Commission has come this year to inspect the hospitals and some issues were found. Hawthorn Psychiatric Hospital was given a conditional finding, which means DMH has 60 days to develop a plan of action. DBH anticipates these issues will be identified in most of our hospitals. The Joint Commission has been making these findings in hospitals across the county, without making people aware of the new standard. This is concerning--even more so for small rural hospitals. None of our hospitals are in a condition that can't be fixed, but it will require substantial funding to bring them up to the new standard.</li> </ul> <p><b><u>Human Resources</u></b> Ida Rosser, HR, provided the following update:</p> <ul style="list-style-type: none"> <li>• The Mentorship Program began in Central Office near the end of October and involved employees interested in being mentors and/or mentees. There were 20 mentors and 16 mentees. <ul style="list-style-type: none"> <li>○ Staff was only provided a handbook and general resources as a guideline for the mentorship program.</li> <li>○ HR will check in with the mentors/mentees at six months and again a year into the program.</li> <li>○ Based on interest, this program may be introduced at facilities in the near future.</li> </ul> </li> </ul> <p><b><u>Administration</u></b> Lynne Fulks, Acting Administration Director, provided the following update:</p>

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	<ul style="list-style-type: none"> <li>• Budget has been very busy with fiscal notes. Pre-filing began on December 1, 2017, and we have received 80 requests for fiscal responses. Last year at this time, we had only received 46.</li> <li>• The State Auditor’s Office is still reviewing records for the statewide audit. They should be finished with the audit at the end of the year. Accounting is gearing up for the end of the calendar year when Forms 1099 and W-2s are released.</li> <li>• The Purchasing Section is continuing to work on the Missouri Buys System implementation and the regular monitoring of contracts.</li> <li>• The Medicaid Section and Reimbursement Section have submitted cost reports for FY 2017 to MOHealthNet. The DSH audit for FY 2015 will begin soon.</li> </ul> <p><b><u>Legislative</u></b> Susan Flanigan, Legislative Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• Molly Boeckmann and Susan Flanigan both attended a fiscal note training, and this year has been the largest pre-file in a very long time.</li> <li>• They are working with Budget and Planning on four initiatives. They have not heard if there is approval yet.</li> <li>• Next meeting, Susan will provide a list with more details regarding the legislative session. All the standards and favorites coming back from last year: MoWings, Guardianship Law, etc.</li> </ul>
PUBLIC COMMENT	No public comment.
CLOSED EXECUTIVE SESSION	<p>Dr. Huss requested a motion to move into closed session of the Missouri Mental Health Commission pursuant to RSMo 610.021 (1) Personnel. Mary Seigfreid seconded the motion. A roll call vote was taken:</p> <p style="padding-left: 40px;">Dennis Tesreau – Yes  Steve Roling – Yes  Kathy Carter – Yes  Mary Seigfreid – Yes  Dr. Karl Wilson – Yes  Dr. Stephen Huss – Yes</p> <p>The Commission adjourned to closed session at 12:00 p.m. The Mental Health Commission meeting reconvened at 1:00 p.m.</p>

TOPIC/ISSUE	DISCUSSION
UPDATE ON FULTON STATE HOSPITAL	<p>Bob Reitz provided a brief introduction regarding the building and culture change progress at Fulton State Hospital. Staff from the hospital provided an update regarding how their units are working towards these changes. Handouts are located at:  <a href="http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html">http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</a>.</p>
NEXT MEETING	<p>The next Mental Health Commission meeting is scheduled for Thursday, January 11, 2017. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p>
ADJOURN	<p>Dennis Tesreau made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 2:20 p.m.</p>  <hr/> <p>Dennis Tesreau, Secretary</p>