

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

April 12, 2018

PRESENT

Mary Patrick Seigfreid, J.D.
Kathy Carter
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Stephen Huss, Ph.D.

STAFF

Mark Stringer, Director
Debra Walker, Acting Deputy Director
Gail Vasterling, General Counsel
Rick Gowdy, Division of Behavioral Health
Rikki Wright, Division of Behavioral Health
Laurie Epple, Division of Behavioral Health
Valerie Huhn, Division of Developmental Disabilities
Wendy Witcig, Division of Developmental Disabilities
Gary Schanzmeyer, Division of Developmental Disabilities
Lynne Fulks, Division of Administrative Services
Molly Boeckmann, Division of Administrative Services
Sara Murphy, Human Resources
Rachel Plaggenberg, Director's Office
Dave Kingsbury, Deaf Services

Amber Daugherty, Investigations
Angie Stuckenschneider, Division of Behavioral Health
Courtney Chapin, General Counsel
Lisa Williamson, Division of Developmental Disabilities
Nora Bock, Division of Behavioral Health
Robin Rust, Division of Developmental Disabilities
April Maxwell, Division of Developmental Disabilities
Donna Siebeneck, Division of Administrative Services
Jesse Crum, Division of Behavioral Health
Mark Shields, Division of Behavioral Health
Tim Rudder, Division of Behavioral Health
Matt Carlin, Division of Administrative Services

GUESTS

Pami Wallen, Parent
Jeff Grosvenor, MARF
Erika Leonard, MARF
Greg Kremer, MARF
Sarah Mudd, Center for Developmentally Disabled

David Stoecker, Springfield Recovery Community Center
Terry Combs, Chariton Valley Association
Don Lafferty, Alternative Community Training
Tim Dygon, ARC of the Ozarks
Cindy Clark, Emmaus Homes
Sara Sucharski, Pony Bird
Wendy Sullivan, Easterseals
Rick Kramer, Easterseals
Sarah Earll, St. Louis Empowerment Center
Kim Anderson, Center for Human Services
Sarah Willson, Missouri Hospital Association
Bobbi-Jo Reed, Healing House
Brenda Schell, Missouri Recovery Network
Vicky Davidson, Missouri DD Council
Jordana Vera-Montero, ALAS
Roberto Montero
Chad Sabora, Missouri Network for Opiate Reform and Recovery
Rebecca Case, Developing Potential Inc.

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Dr. Karl Wilson, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on April 12, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Mary Seigfreid motioned for approval of the March 8, 2018, meeting minutes. Kathy Carter seconded the motion; motion carried.</p> <p>Karl mentioned the Disaster Summit that was hosted last month by DMH and the Missouri Coalition for Community Behavioral Healthcare. Leaders in disaster recovery came from around the state as well as around the country. There were representatives from New Jersey, Connecticut, and some federal leaders in disaster recovery counseling. It was a significant event because Missouri is a leading state in the country for disaster recovery. Karl was very impressed with the summit and with the department leadership.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • Announced that Mike Nietzel has officially retired and Debra Walker is the Acting Deputy Director. • Donna Siebeneck, Medicaid Liaison, was recognized for the great work she does for the department. DMH is involved in incredibly complicated initiatives and Donna plays a vital role in all of them. She has wonderful relationships in the state Medicaid agency, has great contacts at the federal level, and always has a positive attitude. She is invaluable to the department. • Mark shared audio from a budget hearing where a legislator filed an amendment to attempt to cut some SUD funding. The audio shows what good work our staff, stakeholders, and recovery support providers have done. They do a great job of educating elected officials about the importance of SUD funding and the people it affects.
<p>DD CONSUMER UPDATE</p>	<p>Vicky Davidson with the Missouri Developmental Disabilities Council spoke briefly about a leadership training program the Council implemented in 1993. This program is for parents who have young children with developmental disabilities as well as adults with developmental disabilities. Vicky introduced Jordana Vera-Montero, the parent of a son with autism. Jordana participated in that program and received a SEEDS grant to fund the Alliance for Leadership, Advancement, and Success (ALAS) program to better serve her community. Jordana shared her personal story and spoke about how it has changed her life.</p>
<p>MARF</p>	<p>Erika Leonard & Greg Kremer addressed the current lack of quality direct support professionals and introduced some members of Missouri Association of Rehabilitation Facilities (MARF). Don Lafferty with Alternative Community Training, Tim Dygon with Arc of the Ozarks, Terry Combs with Chariton Valley</p>

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	<p>Association, Sarah Mudd with the Center for Developmentally Disabled, Wendy Sullivan with Easterseals, and Cindy Clark with Emmaus Homes described how the crisis specifically impacts their organizations. This presentation asked the Mental Health Commission to do all it can to advocate for increased funding for providers. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
<p>DBH STATE ADVISORY COUNCIL – RECOVERY COMMUNITY CENTERS</p>	<p>David Stoecker with Springfield Recovery Community Center, Sarah Earll with St. Louis Empowerment Center, Bobbi-Jo Reed with Healing House, and Chad Sabora with the Missouri Network for Opiate Reform and Recovery provided the DBH State Advisory Council Update on Recovery Community Centers. Handout is located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
<p>PUBLIC COMMENT</p>	<p>Sara Sucharski, President and CEO of Pony Bird Residential Care, emphasized the points that her colleagues made during the MARF presentation and that there is value in what they do. Community providers have helped the department in moving forward to ensure that individuals are not in institutions and that they are active members in the community. Pony Bird has made a decision that they will not be filling open beds because they need quality staff first. She asked for the Commission’s voice and advocacy.</p> <p>Vicky Davidson with the Missouri Developmental Disability Council wanted to reiterate what her colleagues from MARF presented. She stated that she started her career 34 years ago as a direct support professional and had to quit working at the day program and group homes after about 4 – 5 years so that she could provide for her family. Today’s direct support staff are also just trying to survive and feed their families. It is extremely difficult to retain good staff when they could work at Target with less responsibility and higher wages.</p> <p>Pami Wallen, a parent, shared information about her 15-year-old son with autism. She stated her family is seeking a waiver slot from the Division of Developmental Disabilities and she is having difficulty understanding the process. She gave a brief history of what her family has gone through and is asking for help.</p>
<p>BUDGET UPDATE</p>	<p>Lynne Fulks and Molly Boeckmann provided an update on the budget. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
<p>DIVISION UPDATES</p>	<p><u>Division of Behavioral Health</u> Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • The Justice Reinvestment Initiative Task Force is continuing. There is legislative support and \$5 million in an appropriation in the Department of Corrections’ budget. The group is optimistic that starting July

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	<p>1st, the project will be operational in the three pilot areas: Boone County, Buchanan County, and Butler County. It will involve a different way of doing business for treatment providers and for Probation and Parole. Once this process is further along, it will be presented to the Commission.</p> <ul style="list-style-type: none"> • This past month Rick had the opportunity to participate with Missouri Hospital Association (MHA) and the American College of Healthcare Executives (ACHE). There were two forums on behavioral healthcare--one in Kansas City and one in St. Louis. These events were well attended, and there was good discussion about behavioral health issues. • We had our 4th Annual Crisis Intervention Team (CIT) Conference. It was well attended with an audience of roughly 500 people, of which 300 were law enforcement. • The Kansas City Access Triage Center (ATC) was featured in a news segment on PBS. It focused on CIT, the ATC, and the current system of care. Both Springfield and St. Louis are interested in triage crisis centers in their areas. • The Joint Commission is at Fulton State Hospital today. So far, the survey is going well. <p><u>Division of Developmental Disabilities</u></p> <p>Val Huhn, DD Director, provided the following update:</p> <ul style="list-style-type: none"> • We applied for a Medicaid Innovation Accelerator Program Value Based Payment Financial Simulation and Technical Assistance Opportunity and received it. We are one of ten states chosen. We applied because we are trying to design, develop, and implement a value based purchasing approach with our providers that is a per diem-type payment and not a fee for service. DD, DHSS, and Medicaid will begin work on this in May. Missouri is one of five states taking part in a learning collaborative for business acumen to learn how other states use different payment models. A team from North Carolina is coming next Thursday to present on the North Carolina model. CMS says it is time to change the way long-term services and supports are delivered. We want to be a part of that change. • DD is also in the process of renewal for the Partnership for Hope and the Missouri Children with Developmental Disabilities Waiver (MOCDD or Sarah - Lopez Waiver). It must be submitted for renewal by June 7th. The biggest issue regarding the waivers is changing the waiver dates. Currently, we have two waivers that are on a July 1st deadline and two on an October 1st deadline. We want them all on a July 1st deadline to make it more administratively efficient. In addition, we are adding family peer support services to the Partnership for Hope Waiver. There is a pilot program in St. Charles that has good metrics on how families that are served early avoid some Medicaid costs and case management needs. We are going to try to utilize their model to make the waiver service billable. We have also been working directly with CMS to write a definition on intensive behavior supports so that Optimistic Beginnings in Marshall and Pathways in Rolla can be reimbursed by Medicaid for those services. • The CURES Act requires in-home providers and home health providers to use an Electronic Visit

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	<p>Verification system (EVV) as of January 1, 2019. We do not have clear guidance from CMS on what in-home service includes. Missouri is making a good faith effort but may not be ready by January 1, 2019.</p> <ul style="list-style-type: none"> • The Tiered Support Conference was held yesterday. It was well attended and everyone left motivated and excited. <p><u>Administration</u></p> <p>Lynne Fulks, Director of Administrative Services, provided the following update:</p> <ul style="list-style-type: none"> • Budget has been working on fiscal notes. As of today, we have received 526 requests for fiscal responses. Last year at this time, we only had 378. • Accounting is beginning year-end processes and getting the new year set up in SAM II and CIMOR. • Purchasing is continuing to work on implementation of MO BUYS. • The Medicaid and Reimbursement Unit is working on the FY15 DSH Audit, assisting with fiscal note responses on Medicaid legislation, and continuing to assist with program initiatives. <p><u>Human Resources</u></p> <p>Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • HR is aware that wages for direct care staff are an issue as seen in the presentations today. DMH is not going to receive additional money so we are searching for different ways to compensate employees. We have been discussing this topic with the Missouri Veterans Commission and the Department of Corrections because they are experiencing similar problems. We are interested in the concept of an employee that works all hours in a pay period earning additional compensation. This would need to be tested with a facility from each department. • Next week is our 2017 Leadership Academy Reunion. • HR has announced the 2018 Leadership Academy participants. The first session will take place on May 23, 2018. • DMH is working with OA and other state agencies regarding implementing statewide training. For every department, training will be based on classifications so that every employee within the same classification will have the same training. There is going to be a statewide leadership program that each state agency would have input on as well. It will be another great opportunity to send employees to a leadership training. DMH will maintain its Leadership Academy.
NEXT MEETING	The next Mental Health Commission meeting is scheduled for Thursday, May 10, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.

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ADJOURN	<p>Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 1:45 p.m.</p> <hr/> <p>Dennis Tesreau, Secretary</p>