

EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

August 9, 2018

PRESENT

Mary Patrick Seigfreid, J.D.
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Kathy Carter
Steve Roling (via phone)
Stephen Huss, Ph.D.

STAFF

Mark Stringer, Director
Debra Walker, Acting Deputy Director
Gail Vasterling, General Counsel
Susan Flanigan, Public & Legislative Affairs
Rick Gowdy, Division of Behavioral Health
Rikki Wright, Division of Behavioral Health
Laurie Epple, Division of Behavioral Health
Wendy Witcig, Division of Developmental Disabilities
Gary Schanzmeyer, Division of Developmental Disabilities
Lynne Fulks, Division of Administrative Services
Molly Boeckmann, Division of Administrative Services
Sara Murphy, Human Resources
Rachel Plaggenberg, Director's Office

Laine Young-Walker, MD, Chief Medical Officer for Children's Services
Julia LePage, Division of Developmental Disabilities
Kit Glover, Division of Developmental Disabilities
Beckie Gierer, Disaster Services
Eric Evans, Disaster Services
Michelle Gerstner, Constituent Services
Courtney Chapin, Assistant General Counsel
Robert Reitz, Division of Behavioral Health
Angie Stuckenschneider, Division of Behavioral Health
Nora Bock, Division of Behavioral Health
Vickie Epple, Division of Behavioral Health
April Maxwell, Division of Developmental Disabilities
Cory McMahon, Division of Developmental Disabilities
Connie Cahalan, Division of Behavioral Health
Natalie Erickson, Division of Behavioral Health
Carol Mobley, Disaster Services

Vicki Schollmeyer, Division of Behavioral Health
Vanessa Nozinor, Division of Behavioral Health

GUESTS

Cindy Davis, Missouri Coalition for Community Behavioral Healthcare
Sarah Willson, Missouri Hospital Association
Angie Giddings, Senate Appropriations
Melanie Highland, OA Budget & Planning
Vicky Davidson, MO DD Council
Keith Schafer, former DMH Director
C.J. Davis, Burrell Behavioral Health
Carmen Parker-Bradshaw, Burrell Behavioral Health
Adam Andreassen, Burrell Behavioral Health
Angela King, Burrell Behavioral Health
Shalaine Periman, Burrell Behavioral Health
Brittany Patrick, Burrell Behavioral Health
Matt Gass, Burrell Behavioral Health

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	<p>Dennis Tesreau, Chair, called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on August 9, 2018. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p>
APPROVAL OF MINUTES	<p>Mary Seigfreid motioned for approval of the July 19, 2018, meeting minutes. Karl Wilson seconded the motion; motion carried.</p>
DIRECTOR'S UPDATE	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • Mark attended a cabinet meeting on August 8, 2018, and believes Governor Parson will be great to work with. Governor Parson has been supportive to the Department on Mental Health in the past and is particularly interested in the intersection of mental health and law enforcement. His priorities are infrastructure and workforce development. He also recognizes that DMH has a role to play in workforce development. • Mark attended a press conference in Columbia hosted by the Missouri Hospital Association and made contact with Representative Vicky Hartzler. They had a good discussion regarding the opioid crisis and the Medication First model. She then called again on August 3, 2018, and they spoke for an additional 20 minutes. It was a good conversation and ended with her offering DMH her support. • DMH providers have trouble finding Community Support Specialists (CSS), training them, and keeping them employed, so DMH started a collaboration with the Coalition for Behavioral Healthcare and Ozark Technical College in Springfield. Recently, ten people graduated and are ready to step directly into CSS positions. Eight were hired by Burrell. These individuals graduated with an Associate of Applied Science in Behavioral Health Support. The goal is to expand this curriculum across the state. • DMH is preparing for the next round of grants including the State Opioid Response (SOR) grant. This grant money is increasing the interest in the "medication first" model. DMH has been asked to present in a variety of settings to show how it's done in Missouri. On August 14, 2018, Mark will present in a national webinar how Missouri provides and funds medication treatment. CMS invited Mark to Baltimore on September 23, 2018, to do this presentation for the State Medicaid Directors. • August 19 – 21, 2018, is the 10th Annual Real Voices Real Choices Conference. This conference is designed and delivered by consumers. This year there are around 850 registrants. They are paying tribute to Robert Qualls who was a founding member of the consumer conference and Mark will be the opening Keynote speaker. It is an educational and inspiring conference. • The Council of State Governments, which facilitates the Justice Reinvestment Initiative, has invited Mark to participate in a strategic planning session in September in New York City. They were

	<p>impressed with DMH's collaborative relationship with DOC.</p> <ul style="list-style-type: none"> Commissioners were provided a letter from Legal Services of Eastern Missouri to Jennifer Tidball, MO HealthNet Director. The letter discussed recent law, antipsychotics, and preferred drug lists. The latest idea is to send prescribers information that simply indicates which companies offer the best prices.
BUDGET UPDATE	<p>Lynne Fulks and Molly Boeckmann provided an update on the budget. Divisions each discussed in detail their mandatory and priority budget items. Handouts are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
AUTISM UPDATE	<p>Kit Glover, Director of Autism Services, provided an update from the Office of Autism Services. She presented the Autism Program & Resource Analysis 2.1 report from June 2018. More information and the handout are located at: https://dmh.mo.gov/about/diroffice/commission/2018MeetingSchedule.htm.</p>
BRANSON BEHAVIORAL HEALTH RESPONSE	<p>C.J. Davis, President & CEO of Burrell Behavioral Health, provided a brief introduction to his agency. Carmen Parker-Bradshaw, Chief of Staff, spoke about the general work that Burrell does and how they responded to the Branson duck boat tragedy. Carmen introduced Adam Andreassen, EVP Operations & Strategy; Angela King, VP Outpatient Services; Shalaine Periman, Director Crisis Services; Brittany Patrick, PsyD, Support Coordinator of CPR; and Matt Gass, Director of Transition Services. Together, these individuals provided a presentation on the Burrell response to the duck boat incident. Dennis Tesreau, Chair, presented Burrell Behavioral Health with a Proclamation from Governor Parson for their tremendous efforts during this disaster.</p>
PUBLIC COMMENT	<p>No public comment.</p>
DIVISION UPDATES	<p><u>Disaster Services</u> Susan Flanigan, Disaster Services Director, provided the following update:</p> <ul style="list-style-type: none"> Susan briefly spoke about the Branson duck boat tragedy and discussed the exceptional response provided by Burrell. She emphasized that this was a different sort of disaster because it was handled by the National Transportation Safety Board (NTSB). Beckie Gierer and Susan deployed to this crisis and made sure connections to local resources were made. They also connected families from other states with their state mental health authorities to ensure a warm hand off to local services. At the Disaster Summit in March, we talked about creating a Crisis Cadre throughout the state to respond to emergencies. The tragedy in Branson was a perfect case study for this group. <p><u>Legislative</u> Susan Flanigan, Legislative Liaison, provided the following update:</p> <ul style="list-style-type: none"> The Legislative Wrap-Up was posted online and the link was included in the July Commission minutes. Legislative proposals must be submitted by September 5, 2018. Senior management has discussed what to pursue and will ultimately decide next week.

- Mark, Debra, and Susan plan to attend the Governor's Ham Breakfast at the State Fair on August 16, 2018.
- The legislative Ambassador's Academy is coming up this fall and we are finalizing the topics for discussion.

Human Resources

Sara Murphy, Director of Human Resources, provided the following update:

- The end of the Merit System is coming at the end of August so we are working with the divisions to decide how the department will proceed with disciplinary actions. Currently, employees can appeal certain disciplines to the Administrative Hearing Committee (AHC), which will no longer be an option. We recently held a town hall to educate staff as much as possible about the changes.
- We are becoming fluent in Applicant Pro, which is the new system that all HR offices are now using.
- The Leadership Academy and the Executive Program are progressing well.
- We want to put a focus on recruitment via social media rather than job fairs.

Administration

Lynne Fulks, Director of Administrative Services, provided the following update:

- Budget has been working on FY20 department requests. They have also finished up the year end reports.
- Accounting is getting ready for the new fiscal year. Mike Clark recently retired and Kate Wieberg will fill his position starting on August 16, 2018.
- Purchasing is continuing to implement MO BUYS. Hopefully all the facilities will be transitioned by the end of September.
- The Medicaid and Reimbursement Unit is working with Behavioral Health on the CSTAR State Plan Amendment and the CCBHC State Plan Amendment. They are also starting to work with PCG and the facilities on cost reports for FY18.

Division of Developmental Disabilities

Gary Schanzmeyer, DD Deputy Director for Administration, provided the following update:

- The Division sponsored a meeting with Emmaus, Easterseals, St. Charles Senate Bill 40 Board, and Compass. This meeting was an extension of our Business Acumen project. The goal is to get DD enrollment increased in Health Homes. This will help expose the providers to the behavioral health side of the business to see if they could provide some of the management capacity to a Health Home which includes the nursing services. The meeting went well. We are going to pilot this program with these organizations.
- The value based purchasing initiative is a CMS lead project with Missouri and several other states. We are working with DHSS and DSS and have identified a service that we all share--personal assistance. We want to change our payment methodology by looking at outcomes rather than just paying for

	<p>service. Overall, we want to improve health outcomes and reduce emergency room utilization.</p> <ul style="list-style-type: none"> • The Partnership for Hope waiver and the Missouri Children's with Developmental Disabilities (MOCDD) waivers have been approved for renewal for five additional years. The Partnership for Hope waiver will have a new peer mentoring service along with criteria for counties that need to exit the waiver. We also changed the effective dates to be consistent with all of our other waivers. Now all waivers will renew on July 1st. • We had 180 providers participate in the 2017 NCI Staff Stability Survey, but results are not available yet. When they are, we will provide the Commission with an update. • We are working on a State Plan Amendment to simplify our staff qualifications for Service Coordinators. The previous definition was difficult to interpret as to who qualified and who didn't. <p><u>Division of Behavioral Health</u></p> <p>Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • Announced that Angie Stuckenschneider in the Prevention section received a Zero Suicide Grant from Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of \$700,000 for five years. • Southeast Missouri Mental Health Center in Farmington recently had a patient who developed flu like symptoms and wasn't getting better. This patient was sent to the hospital and the preliminary tests indicated bacterial meningitis. We treated all our patients and staff as quickly as possible. Dr. Angeline Stanislaus came to the facility as soon as she heard and made sure staff who were in contact with that patient were treated. After further testing, it was determined not to be bacterial meningitis; however, the response to the "internal disaster" was great.
NEXT MEETING	The next Mental Health Commission meeting is scheduled for Thursday, September 13, 2018. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.
ADJOURN	<p>Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 1:30 p.m.</p> <hr/> <p>Steve Roling, Secretary</p>