

**EXECUTIVE SUMMARY  
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health  
1706 East Elm Street  
Jefferson City, MO 65101

**February 9, 2017**

---

**PRESENT**

Mary Patrick Seigfreid  
Kathy Carter  
Steve Roling  
Dennis Tesreau  
Karl Wilson, Ph.D.  
Stephen Huss, Ph.D.

**STAFF**

Mark Stringer, Director  
Mike Nietzel, Director's Office  
Debra Walker, Public & Legislative  
Affairs  
Susan Flanigan, Public & Legislative  
Affairs  
Tina Lee, Director's Office  
Sara Murphy, Human Resources  
Lynne Fulks, Division of Administration  
Rick Gowdy, Division of Behavioral  
Health  
Wendy Witcig, Division of  
Developmental Disabilities  
Gail Vasterling, General Counsel

April Maxwell, Division of  
Developmental Disabilities  
Connie Cahalan, Division of Behavioral  
Health  
Rikki Wright, Division of Behavioral  
Health  
Donna Siebeneck, Division of  
Administration  
Gary Schanzmeyer, Division of  
Developmental Disabilities  
Lisa Williamson, Division of  
Developmental Disabilities  
Vickie Schollmeyer, Division of  
Behavioral Health  
Vickie Epple, Division of Behavioral  
Health  
Dave Kingsbury, Deaf Services  
Nora Bock, Division of Behavioral  
Health  
Laurie Epple, Division of Behavioral  
Health  
Lexi Thompson, Division of Behavioral  
Health

Cory McMahon, Division of  
Developmental Disabilities  
Robin Rust, Division of Developmental  
Disabilities  
Beckie Gierer, Director's Office  
Caitlin Bartley, Division of  
Developmental Disabilities  
Kate Wieberg, Division of Behavioral  
Health  
Patsy Carter, Children's Services  
Amber Stockreef, Division of  
Behavioral Health  
John Sabala, Division of Behavioral  
Health

**GUESTS**

Hannah Swann, Senate Appropriations  
Brent McGinty, Missouri Coalition for  
Community Behavioral  
Healthcare  
Greg Kramer, Easter Seals Midwest  
Chris Bramlett, OA Budget & Planning  
Denise Thomas, DMH

TOPIC/ISSUE	DISCUSSION
<p data-bbox="100 186 373 256">CALL TO ORDER/ INTRODUCTIONS</p> <p data-bbox="100 407 331 477">APPROVAL OF MINUTES</p>	<p data-bbox="420 186 1963 293">Mary Seigfreid, Chair, called the Missouri Mental Health Commission meeting to order at 10:09 a.m. on February 9, 2017. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p data-bbox="420 332 835 363">Self-introductions were made.</p> <p data-bbox="420 407 1934 477">Dr. Karl Wilson motioned for approval of the January 12, 2017 meeting minutes. Steve Roling seconded the motion; motion carried.</p>
<p data-bbox="100 555 300 625">DIRECTOR'S UPDATE</p>	<p data-bbox="420 555 1024 586">Mark Stringer provided a Director's update:</p> <ul data-bbox="457 592 1990 1464" style="list-style-type: none"> <li data-bbox="457 592 1934 662">• The Governor's administration is still in transition. The department is using this opportunity to educate people about us.</li> <li data-bbox="457 669 1984 808">• Dan Haug and Val Huhn have been temporarily reassigned while remaining DMH Division Directors. Dan is still the acting State Budget Director and Val is assisting Medicaid. Both are establishing good working relationships with the Governor's Office and the Department of Social Services, which will impact DMH in the future.</li> <li data-bbox="457 815 1934 885">• During this legislative session, members of DMH have been meeting with various legislators as we go through the appropriations cycle.</li> <li data-bbox="457 891 1990 1252">• DMH has several things going on in terms of leadership development: <ol data-bbox="583 930 1990 1252" style="list-style-type: none"> <li data-bbox="583 930 1990 1000">1) We are developing a leadership training to help staff learn how to prepare and manage their tasks while doing more with less.</li> <li data-bbox="583 1006 1990 1105">2) Three DMH staff attended the Harvard Kennedy School Executive Education class on Driving Government Performance in September 2016 and the department will be sending four more staff for the next session.</li> <li data-bbox="583 1112 1990 1252">3) HR is developing an internal Leadership Program. The Missouri Institute of Mental Health (MIMH) has worked out an arrangement for the department to have four days of training for 30 candidates. The training will be divided into eight different modules and starts April 24-25, 2017. It will be open to middle management DMH employees.</li> </ol> </li> <li data-bbox="457 1258 1990 1464">• Mike Nietzel reported that Westminster College in Fulton hosted the "Problem Solving through Critical Thinking" seminar in partnership with Washington University's online Business School and Brookings Executive Education. Forty State of Missouri employees from nine departments, including eight individuals from DMH, attended the full-day training. Mike met with attendees after the training and the comments were extremely positive. It was the first in what could be a series of trainings delivered to State of Missouri employees in the coming months.</li> </ul>

TOPIC/ISSUE	DISCUSSION
BUDGET UPDATE	<p>Lynne Fulks provided an update on the budget. Handouts are located at: <a href="http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html">http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</a></p> <p>Lynne mentioned that the department is scheduled to appear before the House Budget Committee on Tuesday, February 14, and the Senate Appropriations Committee on Tuesday, February 21. The committees will review the department's budget as recommended by the Governor.</p>
LEGISLATIVE UPDATE	<p>Susan Flanigan, Legislative Liaison, provided the following update:</p> <p>Susan introduced Beckie Gierer. Beckie previously worked in Disaster Services and is now the department's Continuity of Operations Planning Manager. The department has a Continuity of Operations Plan which is the business side of responding to any crisis or critical event. Beckie has a team assembled and meetings scheduled to start looking at plans throughout DMH.</p> <p>Susan reviewed Guardianship Legislation with Commissioners.</p> <p><b><u>Senate Bill</u></b>  <b>SB 104 – Sponsored by Senator Wallingford</b> – This bill requires a court, when appointing a guardian for an incapacitated person, to appoint and give priority to the incapacitated person's choice or nomination, or the person's spouse or family member. The court must determine that such person is deficient in his or her ability to serve prior to selecting another eligible person as a guardian for the incapacitated adult. If there is a claim that person given priority is deficient because of poor living conditions, the court shall require an investigation by DHSS of the living conditions. The court must also make a determination that the living conditions are dangerous or unsanitary prior to making the finding that the person given priority is deficient for the purpose of guardianship.</p> <p><b><u>House Bills</u></b>  <b>HB 626 – Sponsored by Representative Neely</b> – This bill makes numerous changes to the guardianship laws in Chapter 475, RSMo, which were enacted in 1983. Many things have changed since then with respect to guardianship, such as Durable Power of Attorney, Health Care Directives, Special Needs Trusts, Estate Planning, etc. The current laws provide little guidance for guardians and places an emphasis on managing property and money without much focus on the individual. HB 626 follows recommendations of the Missouri Working Interdisciplinary Network of Guardianship Stakeholders (MO-WINGS, which included DMH representation) and national standard-setting groups.</p> <p><b>HB 89 – Sponsored by Representative Rehder</b> – Same as SB 104.</p>

TOPIC/ISSUE	DISCUSSION
	<p><b>HB 119 – Sponsored by Representative Kelly</b> – This bill allows a guardian for an incapacitated person to file any motion on behalf of the incapacitated person that is permissible under Chapter 452. (Chapter 452 relates to dissolution of marriage, divorce, alimony and separate maintenance.)</p> <p><b>HB 287 – Sponsored by Representative Beard</b> – Allows the court to grant visitation by the parents of a minor who has been appointed a guardian if the court finds it in the best interests of the minor.</p> <p>More information may be found at the following link: <a href="http://dmh.mo.gov/opla/legislativeupdatepage.html">http://dmh.mo.gov/opla/legislativeupdatepage.html</a></p>
<p>DIVISION AND SECTION UPDATES</p>	<p><b><u>Administration</u></b>  Lynne Fulks, Acting Administration Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• Budget has been working on getting budget books printed with the Governor’s recommendations and delivered to committee members in the House and Senate.</li> <li>• Accounting is busy with fiscal notes. As of today, 210 fiscal note requests have been received.</li> <li>• Accounting is also working on fiscal year-end cut-offs and the new year’s set up in SAM II.</li> <li>• All 1099 and W2’s have been issued so Accounting is answering questions from vendors and employees.</li> <li>• The State Auditors completed the single state audit and the department is now waiting for a draft report.</li> <li>• Purchasing and General Services recently awarded contracts for recruiting services for behavioral health professionals. This contract will be used by DBH facilities to recruit for hard-to-fill positions such as psychiatrists, psychologists and nurses.</li> <li>• Accounting has been working with DBH on the rebid of the pharmacy services contract for DBH facilities. It is now in the evaluation phase.</li> <li>• The Reimbursement section is working on completing the 2014 DSH information for the audit that Myers &amp; Stauffer is conducting.</li> <li>• Central Office procurement staff now manages procurement functions for all Office of Administration (OA) administered contracts. Previously, facilities worked directly with OA on their contracts.</li> <li>• Central Office procurement staff is in the process of implementing a strategic procurement plan for the department. This will ensure that rebids of contracts administered by OA purchasing are completed in a timely manner.</li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p><b><u>Division of Developmental Disabilities</u></b>  Mike Nietzel, Acting Director, provided the following update:  Mike reported construction of the new administration building for Northwest Community Services in Marshall was completed on January 20, 2017. The construction of two new community-based residential homes is expected to be completed next week. These homes will provide treatment for individuals with dual diagnoses as part of the Optimistic Beginnings Program. April Maxwell, Director of State Operated Programs, gave a brief overview of the new buildings. April thanked the Commissioners for their continued support during this endeavor.  This handout is located at: <a href="http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html">http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</a></p> <ul style="list-style-type: none"> <li>• The Howerton Integrated Medical Clinic for people with developmental disabilities is now open in Marshall. The clinic will strive to promote collaborative health care solutions for both medical and behavioral conditions. Dr. Howerton is the Medical Director for the Optimistic Beginnings Program and is also an emergency room physician at Fitzgibbon Hospital in Marshall. Dr. Howerton kept seeing people with developmental disabilities coming into the emergency room for medical care that didn't need to be provided in that setting. He looked for a way to deliver an integrated health care model for the DD population. The clinic's specialties are primary care, psychiatry and neurology.</li> <li>• Mike mentioned that the division has an initiative called <i>Empowering Through Employment</i> with the goal of increasing the percentage of DD consumers who participate in employment services, career planning, job development and employment supports. Missouri's current participation rate is low, and the goal is to have at least 35% of individuals with employment service authorizations. There are three levels of recognition: Red Ribbon – 13%-24% of individuals with employment service authorizations; Blue Ribbon – 25%-34% with employment service authorizations; Purple Ribbon – 35% or more with employment service authorizations. There were two events held around the <i>Empowering Through Employment</i> initiative. The first was on January 27 at the Central Missouri Regional Office in Columbia, when Val Huhn and Duane Shumate presented the initiative. There were approximately 80 in attendance from the regional office, county and contracted providers. The second was held on February 1, and Mark attended the event at the Kirksville Regional Office, where KRO, providers, and businesses were presented with a blue ribbon for achieving 25% of individuals with employment service authorizations.</li> </ul> <p><b><u>Human Resources</u></b>  Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• The department is watching HB 729 which impacts state employment. The bill modifies provisions related to the retirement of state employees and would reinstate the 5 year vesting of state employees. A second bill, HB 753 proposes changes in which we can hire employees within the merit system. An applicant is eligible or not eligible and under this bill we would no longer have to go through the scoring system.</li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p><b><u>Division of Behavioral Health</u></b>  Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• DMH staff continues to work on the State Targeted Response to the Opioid Crisis Grant. The grant will be administered by the Substance Abuse and Mental Health Services Administration (SAMHSA) and will be approximately \$10 million each year for two years. The money will be spent on opioid use and will target high risk areas. Rachel Winograd, Ph.D., of the Missouri Institute of Mental Health (MIMH) has been writing the grant and will be working as the project manager. The department will be looking at using the money for prevention, education, treatment and recovery. The department will also focus on getting physicians trained and ready to get involved in medication assisted treatment. The grant is in the final stages and the application is due Friday, February 17.</li> <li>• DBH continues to work on the Certified Community Behavioral Health Clinic Perspective Payment System Demonstration Project.</li> <li>• The prescription drug misuse campaign continues throughout the state. These are public service announcements that are directed toward youth. They are titled, “Be Under Your Own Influence” and “Prescription Misuse Campaign.”</li> <li>• The annual Crisis Intervention Team (CIT) Conference for Law Enforcement will be March 28.</li> </ul>
PUBLIC COMMENT	No public comment.
CLOSED EXECUTIVE SESSION	<p>Dr. Huss requested a motion to move into closed session of the Missouri Mental Health Commission pursuant to RSMo 610.021 (1) Legal. Dr. Wilson seconded the motion. A roll call vote was taken:</p> <p style="padding-left: 40px;">Dennis Tesreau – Yes  Steve Roling – Yes  Kathy Carter – Yes  Mary Seigfreid – Yes  Dr. Karl Wilson – Yes  Dr. Stephen Huss – Yes</p> <p>The Commission adjourned to closed session at 12:10 p.m. The Mental Health Commission meeting reconvened at 2:00 p.m.</p>
NEXT MEETING	The next Mental Health Commission meeting is scheduled for Thursday, March 9. The meeting will be held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.

TOPIC/ISSUE	DISCUSSION
ADJOURN	<p data-bbox="422 175 1898 207">Dennis Tesreau made a motion for adjournment; Kathy Carter seconded. Meeting adjourned at 2:05 p.m.</p> <hr data-bbox="422 349 1075 350"/> <p data-bbox="422 358 737 391">Karl Wilson, Secretary</p>