

**EXECUTIVE SUMMARY  
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health  
1706 East Elm Street  
Jefferson City, MO 65101

**February 11, 2016**

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**PRESENT**

Kathy Carter  
Steve Roling  
Mary Patrick Seigfreid  
Dennis Tesreau

**ABSENT**

**STAFF**

Mark Stringer, Director  
Debra Walker, Public & Legislative  
Affairs  
Susan Flanigan, Public & Legislative  
Affairs  
Mike Nietzel, Director's Office  
Tina Lee, Director's Office  
Laine Young-Walker, MD, Chief  
Medical Officer for Children's  
Services  
Sara Murphy, Human Resources  
Lynne Fulks, Division of Administration  
Rick Gowdy, Ph.D., Division of  
Behavioral Health  
Laurie Epple, Division of Behavioral  
Health

April Maxwell, Division of  
Developmental Disabilities  
Val Huhn, Division of Developmental  
Disabilities  
Marcy Volner, Division of  
Developmental Disabilities  
Nora Bock, Division of Behavioral  
Health  
Bob Reitz, Ph.D., Division of Behavioral  
Health  
Dave Kingsbury, Office of Deaf  
Services  
Gary Schanzmeyer, Division of  
Developmental Disabilities  
Angie Stuckenschneider, Division of  
Behavioral Health  
Christy Lundy, Division of Behavioral  
Health  
Connie Cahalan, Division of Behavioral  
Health  
Lisa Williamson, Division of  
Developmental Disabilities  
Tonya Piephoff, Division of  
Developmental Disabilities

**GUESTS**

Denise Thomas, DMH  
Greg Kramer, ESMW  
Ed Bothe, NAMI  
Hannah Swann, Senate Appropriations  
Alecia Archer, JCSFB  
Seth Orear, NAMI  
Vicky Davidson, MDCC

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Steve Roling, Chair, called the Missouri Mental Health Commission meeting to order at 10:05 a.m. on February 11, 2016. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Mary Seigfreid motioned for approval of the January 14, 2016, meeting minutes. Kathy Carter seconded the motion; motion carried for approval of the minutes.</p> <p>Steve Roling commended Mary Seigfried and Mark Stringer on their confirmation by the Missouri Senate.</p> <p>The Commission along with DMH staff recognized Governor Jay Nixon for being honored by Mental Health America (MHA) as one of three Governors who were awarded its inaugural B4Stage4 Leadership Award. This award is given to Governors who have prioritized prevention, early identification and intervention, and access to integrated services to those with behavioral health needs.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> <li>• Mark and the Division Directors have been traveling around the state with Governor Nixon. The Governor is out promoting his mental health budget and his efforts to expand Missouri's Strengthening Mental Health Initiative.</li> <li>• Rick Gowdy and Mark met with the Governor to discuss the Community Mental Health Liaisons and Emergency Room Enhancement Projects. This was an opportunity to brief him on all aspects of the Strengthening Mental Health Initiative.</li> <li>• Mike Nietzel, Rick and Mark traveled to St. Louis to meet with city and county stakeholders and presented the Strengthening Mental Health Initiative noting what services are available in the St. Louis area. The stakeholders are trying to find ways to address homelessness, mental illness and substance use.</li> <li>• Connie Cahalan and Mark continue to work with DESE and the Commissioner of Education, Dr. Margaret Vandeven, to build a relationship and find ways to provide better mental health services in schools.</li> <li>• On February 8, 2016, Behavioral Health Response presented on virtual counseling services to the DMH Executive Team and the DSS Children's Division staff. The Children's staff was very interested. DMH will follow-up with them after they've had time to process the presentation.</li> </ul>

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BUDGET UPDATE	Lynne Fulks provided an update on the budget. Handout is located at <a href="http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html">http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</a>
DISASTER SERVICES	Susan Flanigan, Director, Office of Disaster Services, provided an update: <ul style="list-style-type: none"> <li>DMH applied for the FEMA Crisis Counseling Program Grant (CCP) to address the emotional impact of the holiday floods of 2015-2016 and anticipates hearing next week if DMH was awarded the grant.</li> </ul>
LEGISLATIVE UPDATE	Susan Flanigan, Legislative Liaison, provided the following update: <p>Several bills have been pre-filed this year and Susan tracks some of the bills. The Department is paying close attention to House Bill 2407.</p> <ul style="list-style-type: none"> <li>HB 2407 - Transfers and restructures the duties and powers of the Department of Health and Senior Services to the Department of Social Services, a new "Department of Mental Health and Health," and a new "Department of MO Healthnet."</li> </ul> <p>This information is updated weekly and may be found at the following link: <a href="http://dmh.mo.gov/opla/2016LegislativeSession.html">http://dmh.mo.gov/opla/2016LegislativeSession.html</a></p>
PERFORMANCE MEASURES	The Quarterly Performance Measures were sent out to the Commissioners prior to the Commission meeting. After discussion on how this information should be distributed to the Commissioners the following was agreed upon: <ul style="list-style-type: none"> <li>Send Performance Measures to Commissioners quarterly (February, May, August and November).</li> <li>Presentations on trending items will be presented to Commissioners twice a year (May and November).</li> </ul> <p>The handout is located at: <a href="http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html">http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</a></p>
CLOSED EXECUTIVE SESSION	Dennis Tesreau requested a motion to move into closed session of the Missouri Mental Health Commission pursuant to Section 610.021 (1) Legal and (3) Personnel. Mary Seigfreid seconded the motion. <p>A Roll Call Vote was taken:  Steve Roling- Yes  Kathy Carter- Yes  Mary Seigfreid- Yes  Dennis Tesreau- Yes</p> <p>The Commission returned from closed session and reconvened the Mental Health Commission meeting.</p>

TOPIC/ISSUE	DISCUSSION
DIVISION AND SECTION UPDATES	<p><b><u>Developmental Disabilities</u></b>            Val Huhn, DD Director, shared the following update:</p> <ul style="list-style-type: none"> <li>• Val introduced Gary Schanzmeyer, Deputy Director for Administration and Marcy Volner, Acting Deputy Director and Assistant Director for the Eastern Region, who is filling in for Vicki McCarrell who retired in January. Val also introduced Lisa Williamson who is the new Assistant Director for the Western Region.</li> <li>• DD submitted its Comprehensive Waiver and Support Waiver renewals to CMS. CMS has 90 days to respond to the Division with any questions, comments or concerns.</li> <li>• DD has been working on HCBS Assessments. The process began with between 1100 – 1200 assessments and the Division is now down to 200 and hopes to have those completed by April 1<sup>st</sup>.</li> <li>• DD providers will be participating in the Staff Stability Survey that will focus on direct support professionals. This survey is through the National Association of State Directors of Developmental Disabilities Services (NASDDS). The survey collects information on wages, turnover, benefits and retention/recruitment strategies. At this time next year the Division will be able to compare its data to other states.</li> <li>• DD submitted a design to an architectural firm for the administration building in Marshall. Land has also been identified for the crisis buildings. The next step for the crisis project is to find a design and submit it to an architect.</li> <li>• Preferred Family Healthcare was awarded a grant to work on a DD specific health home from the Missouri Foundation for Health. The Division will be working with them.</li> <li>• DD received their HCBS Transition Plan from CMS with feedback. DD will need to resubmit and go back out for a formal public comment period. Val reported that DD is headed in the right direction but CMS wanted more detail.</li> </ul> <p><b><u>Administration</u></b>            Lynne Fulks, Acting Administration Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• The State Auditors completed the state wide single audit. The exit conference is scheduled for Thursday, February 18<sup>th</sup>.</li> <li>• The Medicaid Unit is working on the 1115 Waiver, Excellence in Mental Health Act planning grant, and DD Assessments.</li> <li>• Accounting is busy working on fiscal notes. As of today, 155 fiscal note requests have been received.</li> <li>• Accounting is working on W2's and the 1099 for consumer banking.</li> </ul> <p><b><u>Division of Behavioral Health</u></b>            Dr. Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• Dr. Gowdy discussed the Suicide Prevention Initiatives. Handout is located at <a href="http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html">http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</a></li> </ul>

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	<ul style="list-style-type: none"> <li>• The annual Crisis Intervention Team (CIT) Conference for Law Enforcement will be held on March 29, 2016, at the Holiday Inn Executive Center in Columbia. The Keynote Speaker will be Keyon Dooling.</li> <li>• The 6<sup>th</sup> Annual Housing Summit will be held April 13-15, 2016, at the University Plaza Hotel in Springfield.</li> </ul> <p><b><u>Children’s Services</u></b> Dr. Laine Young-Walker provided a written update for Children’s Services. Handout is located at <a href="http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html">http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</a></p> <p><b><u>Human Resources</u></b> Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> <li>• DMH has 75 employees that are not tax compliant and several of those individuals are direct care staff. The facilities are working with those individuals to help them find resources in their area.</li> <li>• Ms. Ida Mitchell, HR Assistant Director, started last Monday, February 1, 2016.</li> </ul>
PUBLIC COMMENT	No public comment.
NEXT MEETING	The next Mental Health Commission Meeting will be held on Thursday, March 10, 2016. It will be held at the Missouri Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.
ADJOURN	<p>Mary Seigfried made a motion for adjournment; Kathy Carter seconded. Meeting adjourned at 2:00 p.m.</p> <hr/> <p>Kathy Carter, Secretary</p>