

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

June 14, 2017

PRESENT

Mary Patrick Seigfreid, J.D.
Kathy Carter
Steve Roling
Dennis Tesreau, J.D.
Karl Wilson, Ph.D.
Stephen Huss, Ph.D.

STAFF

Mark Stringer, Director
Mike Nietzel, Director's Office
Debra Walker, Public & Legislative
Affairs
Tina Lee, Director's Office
Susan Flanigan, Public & Legislative
Affairs
Sara Murphy, Human Resources
Lynne Fulks, Division of Administration
Rick Gowdy, Division of Behavioral
Health
Wendy Witcig, Division of
Developmental Disabilities

Gail Vasterling, General Counsel
Rikki Wright, Division of Behavioral
Health
Gary Schanzmeyer, Division of
Developmental Disabilities
Laurie Epple, Division of Behavioral
Health
Angeline Stanislaus, MD, Chief Medical
Officer for Adult Services
Connie Cahalan, Division of Behavioral
Health
Angie Stuckenschneider, Division of
Behavioral Health
Dave Kingsbury, Deaf Services
Rosie Anderson-Harper, Division of
Behavioral Health
Lisa Williamson, Division of
Developmental Disabilities
April Maxwell, Division of
Developmental Disabilities
Nora Bock, Division of Behavioral
Health

Emily Rowland, Division of Behavioral
Health
Donna Siebeneck, Division of
Administration
Jon Sabala, Division of Behavioral
Health
Robin Rust, Division of Developmental
Disabilities
Bob Reitz, Division of Behavioral
Health
Caitlin Bartley, Division of
Developmental Disabilities

GUESTS

Hannah Swann, Senate Appropriations
Denise Thomas, DMH
Felix Vincenz, Ph.D., MIMH

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Mary Seigfreid, Chair, called the Missouri Mental Health Commission meeting to order at 10:03 a.m. on June 14, 2017. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Dr. Wilson motioned for approval of the May 11, 2017, meeting minutes. Kathy Carter seconded the motion; motion carried.</p> <p>Dr. Huss asked about the plans for the annual meeting in July. He said he made suggestions for a day and a half program with dinner the evening before inviting the Governor or another guest. Mark said he is working on the agenda which he will send to Commissioners in advance to provide feedback. Debra said DMH has reserved the same house as last year, and that we have the house for the day of the meeting. The meeting may go longer than a regular Commission meeting.</p> <p>Steve Roling asked that we recognize the victims that were injured in Washington D.C., today. Steve mentioned the work we do here in government is important and he was energized by the response that he heard from various government officials that “in times like this we come together.”</p>
<p>SELECTION OF NOMINATING COMMITTEE</p>	<p>Mary Seigfreid mentioned that at the annual meeting in July the Commission elects new officers. Mary appointed the nominating committee of Kathy Carter and Steve Roling. Kathy and Steve will present at the July 13, 2017, meeting their recommendations for Mental Health Commissioner Chair and Secretary for FY18.</p> <p>The Commission will vote in July on the selection of new officers.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided the Director's update:</p> <ul style="list-style-type: none"> • Lynne Fulks provided an overview of the FY18 budget, noting there is the possibility of a \$300 million shortfall and maybe more if revenues are not sufficient. It is possible this could be the situation for foreseeable state budgets. • Mark provided an update on the language regarding psychotropic medications contained in SB139 (which also reauthorizes a modified an Rx Cares for MO Program) and noted the bill is currently going through the review process in the Office of Administration. The department has commented on its negative impact to the department and those we serve. • The department is beginning to work with the new director of the Department of Corrections, Anne Precythe, on a project called Justice Reinvestment. While some changes were implemented when this initiative was tried under previous administrations, it was never implemented fully. Mark noted the

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	<p>department supports the Department of Corrections in trying this initiative again.</p> <ul style="list-style-type: none"> • People’s Health Center in St. Louis opened a new Center for Children’s Health and on Saturday, July 15, will be hosting a grand opening. Mark mentioned that any Commissioners interested in attending should let him know. • Susan Flanigan reported the application for the Crisis Counseling Program (CCP) grant (for the 60 day Individual Assistance Program) will be submitted to FEMA and SAMSHA on Friday, June 16, 2017. Susan also mentioned Eric Evans will be joining the team as Project Director for the grant. Eric worked with MU and the State Emergency Management Agency and brings a wealth of experience in emergency management. There are a number of counties impacted by the flooding in Missouri, the majority of which are in the south and southeastern parts of the state.
BUDGET UPDATE	<p>Lynne Fulks provided an update on the budget. Handout is located at: http://dmh.mo.gov/about/diroffice/commission/2017MeetingSchedule.html</p> <p>Dr. Gowdy recognized Hannah Swann, with Senate Appropriations. Hannah is the department’s budget analyst and does a tremendous job in presenting the department’s budget to the Senate.</p>
FINAL LEGISLATIVE UPDATE	<p>Susan Flanigan, Legislative Liaison, provided the following update:</p> <p>The Regular Legislative Session ended May 12, 2017. However, the General Assembly continues to meet and is in the 2nd extraordinary session called by the Governor.</p> <p>Just over 50 bills passed this Session; here is a link listing the bills that were Truly Agreed and Finally Passed (TAFP) with a summary of each.</p> <p>As of the meeting, the Governor had not signed the DMH budget bill, HB10</p> <p>Below are a few bills of note to DMH:</p> <ul style="list-style-type: none"> • SB128 is the Judicial Omnibus bill which contains the department’s involuntary medication language introduced in SB 221. • SB139 contains conflicting language on antipsychotic medication. DMH believes that the first sentence of 208.227 (1) is clear in its message that atypical antipsychotic medications may <i>not</i> be restricted for individuals with certain psychotic disorders--which is current state law. However, if subsequent new, conflicting language in the bill leads to a different interpretation, there could be significant adverse consequences. Specifically, a different interpretation would mean that preferred drug lists (PDLs), step therapy (“fail first” requirements), and prior authorization strategies could be implemented as cost control

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	<p>efforts for all psychotropic medications, including antipsychotics. For people grandfathered in and excluded from such measures, there is a requirement for “reasonable adherence” to a medication regimen in order to continue exemption. Finally, there is a provision for prior authorization of antipsychotics not on a PDL, a process which, no matter how “simple and flexible,” is time consuming and could influence prescriber decisions or delay filling prescriptions, or both. DMH supports the continued exemption of antipsychotic medications from such strategies.</p> <ul style="list-style-type: none"> • SB111 (Political Subdivisions) contains language promoted by public administrators who reviewed their statutes in 2016 and proposed clean-up legislation. Among other technical issues, this bill allows guardians to enter into pre-need contracts for Missourians for funeral services. • SB52 (Suicide Awareness and Prevention) focuses on suicide education in public higher education in general and also contains specific programs targeted at medical students and medical schools. If this bill is signed, then August 28, 2017, will be the first “Show Me Compassionate Medical Education Day” in MO. The DMH Director, or his designee, will serve on a committee to determine what that day will be in subsequent years. <p>Prescription Drug Monitoring Program (PDMP) legislation did not pass but Missouri cities and counties are passing local PDMP laws. Missouri remains the only state without a statewide PDMP.</p> <p>This information may be found at the following link: http://dmh.mo.gov/opla/2017LegislativeUpdate.htm</p>
<p>DIVISION AND SECTION UPDATES</p>	<p><u>Human Resources</u> Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • A Pay Plan Hearing is scheduled for June 28, 2017. • The Leadership Academy is going well. There have been three training sessions and one was DMH specific where Lynne Fulks, Mark Stringer, Mike Nietzel, Rick Gowdy, Patsy Carter and Tim Decker spoke to the group. Participants enjoyed hearing from department leadership. The next training will be held on June 20. <p><u>Division of Behavioral Health</u> Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • Spring Training Institute was held on June 1-2, 2017, at Tan-Tar-A. There were over 950 in attendance. The conference was hosted by MIMH and covered mental illness and substance use disorder topics. • The department continues to work with the DHSS director on initiatives to fight the opioid epidemic in Missouri. The Governor’s cabinet and DMH are taking the issue very seriously. Governor Grietens’ instructions are that we need to save lives. What we are doing will not be enough to turn the ship completely, but if there is a good plan in place with good partners in other departments, our efforts will

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	<p>make a difference. To aid in the fight, Missouri has been awarded a federal grant worth \$10 million per year for two years to fund additional education, treatment, prevention, and recovery efforts.</p> <ul style="list-style-type: none"> • The Division’s new suicide prevention campaign targeting adult males aged 35 to 65 is up and running. The campaign consists of a website (www.helphimstay), radio public service announcements, and billboards. Debra Walker mentioned that she was contacted by the Missouri Department of Agriculture because of an increase in farmer suicides. They were asking for resources from the department to get the word out to their constituents. <p>Dr. Huss commented that he was glad to know of the collaboration with the Department of Ag as he feels it is a perfect example of how information can be better shared statewide. He said he hopes to have further discussions about prevention and public education at the annual meeting.</p> <p><u>Administration</u> Lynne Fulks, Acting Administration Director, provided the following update:</p> <ul style="list-style-type: none"> • Budget is working on closing out FY17 and getting ready to start FY18, continues to work on year-end reports and monitor year-end spending, and has received a few fiscal notes due to the special sessions. • Accounting is working on year-end reports, getting ready for the end of the fiscal year and making sure everything is ready to go for the next fiscal year. • Administration continues to participate in meetings and trainings to prepare for the implementation of Missouri “BUYS” system. • Purchasing and General Services continue to support DBH with contract related components for the Certified Community Behavioral Health Clinic Perspective Payment System Demonstration Project and the Opioid State Targeted Response Grant. • The Reimbursements section is continuing to work on the FY14 DSH audit. • The Reimbursement section is starting to work on the ICF/ID upper payment limit and provider tax calculations for FY18. • For the 4th Quarter of FY17, Reimbursements made claims on several estates and collected over \$40,000. <p><u>Division of Developmental Disabilities</u> Mike Nietzel, Acting Director, provided the following update:</p> <ul style="list-style-type: none"> • On June 1-2, 2017, Mike, Val Huhn, April Maxwell and Susan Flanigan traveled to St. Louis and met with parents, relatives, and guardians of individuals cared for at the St. Charles Habilitation Center and South County Habilitation Center. There has been discussion about possibly consolidating the two campuses. Meetings were held at both sites and gave DMH the opportunity to explain the consolidation process and ensure that no final decision has been made about which campus would close. Families were also given

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	<p>the opportunity to express their concerns. Representative Phil Christofanelli was at the meeting because he represents the area that the St. Charles campus serves.</p> <ul style="list-style-type: none"> • The Division continues work on the TCM contract review process. The current contract will be extended for an additional 90 days to allow time to work through concerns and get us to a place where all parties are comfortable with the new contract. The next meeting is scheduled for July 14 and will include SB40 partners. • On June 8, an open house was held for the new Northwest Community Services facility in Marshall. There was a ribbon cutting ceremony with the Chamber of Commerce and well over 100 people attended. • On June 7-9, Val Huhn and Wendy Witcig attended the National Association of State Directors of Developmental Disabilities Services (NASDDDS) Conference in Minneapolis, MN. The conference focused on supports and services for people with co-occurring intellectual/developmental disabilities and mental health support needs, with practical solutions and examples of community living, treatment, and support options. Wendy mentioned the most thought provoking presentation was one by David Pitonyak, who spoke about some of the exciting things neuroscience is teaching us and the implications of this new knowledge on our understanding of human behavior.
PUBLIC COMMENT	No public comment.
CLOSED EXECUTIVE SESSION	<p>Mary Seigfreid requested a motion to move into closed session of the Missouri Mental Health Commission pursuant to Section 610.021(1) Legal, RSMo. Dr. Huss made the motion; Dr. Wilson seconded the motion. A roll call vote was taken:</p> <p style="padding-left: 40px;">Mary Seigfreid – Yes Kathy Carter – Yes Dennis Tesreau – Yes Steve Roling – Yes Dr. Karl Wilson – Yes Dr. Stephen Huss – Yes</p> <p>The Commission adjourned to closed session at 11:50 a.m. The Mental Health Commission meeting reconvened at 2:08 p.m.</p>
NEXT MEETING	The next Mental Health Commission meeting will be the annual meeting on Thursday, July 13, 2017. It will be held at the Miller Retreat House at 400 Friendship Road, Jefferson City, MO.

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ADJOURN	<p data-bbox="422 175 1801 207">Dr. Huss made a motion for adjournment; Steve Roling seconded. Meeting adjourned at 2:10 p.m.</p> <hr data-bbox="422 349 1075 350"/> <p data-bbox="422 358 737 391">Karl Wilson, Secretary</p>