

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

August 11, 2016

PRESENT

Mary Patrick Seigfreid
Dennis Tesreau
Karl Wilson, Ph.D.
Stephen Huss, Ph.D.
Steve Roling

ABSENT

Kathy Carter

STAFF

Mark Stringer, Director
Susan Flanigan, Public & Legislative
Affairs
Tina Lee, Director's Office
Ida Mitchell, Human Resources
Lynne Fulks, Division of Administration
Val Huhn, Division of Developmental
Disabilities
Gary Schanzmeyer, Division of
Developmental Disabilities
Gail Vasterling, General Counsel
Patsy Carter, Children's Services
Laurie Epple, Division of Behavioral
Health
Wendy Witcig, Division of
Developmental Disabilities

Stacey Williams, Division of Behavioral
Health
Lisa Williamson, Division of
Developmental Disabilities
Marcy Volner, Division of
Developmental Disabilities
Rosie Anderson-Harper, Division of
Behavioral Health
Tonya Piephoff, Division of
Developmental Disabilities
Connie Cahalan, Division of Behavioral
Health
April Maxwell, Division of
Developmental Disabilities
Emily Koenig, Children's Services
Laine Young-Walker, MD, Chief
Medical Officer for Children's
Services
Amy Bledsoe, Division of Behavioral
Health

GUESTS

Hannah Swann, Senate Appropriations
Sarah Willson, Missouri Hospital
Association
Robert Freund, CEO, St. Louis
Regional Health Commission
Joe Yancey, Places for People, and
Chair, St. Louis Regional Health
Commission
Marsha Morgan, Resilience Builders
Captain Darren Ivey, Kansas City
Police Department
Kathy Birkes, Midwest Special Needs
Trust
Greg Kramer, ESMW
Alecia Archer, JCFSB
Missy Glassmaker, Assistant News
Director, KSDK NewsChannel 5
Art Holliday, Reporter, KSDK
NewsChannel 5
Jasmin Williams, Greater Kansas City
Chamber of Commerce
Vicki Davidson, MODD Council
Patty Henry, Missouri Mental Health
Foundation

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Mary Seigfreid, Chair, called the Missouri Mental Health Commission meeting to order at 10:04 a.m. on August 11, 2016. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Steve Roling motioned for approval of the July 11, 2016, meeting minutes. Karl Wilson seconded the motion and the minutes were approved with minor revisions.</p>
<p>MIDWEST SPEICAL NEEDS TRUST</p>	<p>Kathy Birkes, Executive Director, presented information on the Midwest Special Needs Trust (MSNT). MSNT is a nonprofit corporation authorized by Missouri statute to administer special needs trusts for persons with disabilities. The organization is governed by a Board of Trustees that includes family members of people with disabilities and individuals with business expertise. Handout is located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p>
<p>TRAUMA INITIATIVES IN MISSOURI</p>	<p>Implementing the MO Model Patsy Carter, Director, Children's Clinical Services</p> <p>Patsy Carter gave a brief overview on trauma initiatives in Missouri and some of the accomplishments. Trauma has been identified as one of the major public health issues of our time. Trauma not only impacts behavioral and mental health, but also physical health as well as employment, relationships, and parenting.</p> <p>Training has occurred all around the state with the help of partners in Kansas City and St. Louis. Over 1,000 people have been trained from fields such as early childhood, education, health, and corrections.</p> <p>For more information on Trauma go to: http://dmh.mo.gov/trauma/</p> <p>Overview of MO Model and highlights Alive & Well STL – Alive and Well STL is a community-wide effort focused on reducing the impact of toxic stress and trauma on health and well-being. Stress and traumatic experiences are making many people sick and together are a leading cause of poor health outcomes. Alive and Well STL, sponsored by the St. Louis Regional Health Commission, is a collaboration of individuals and organizations across the region, including: KSDK NewsChannel 5, The St. Louis American, Hot 104.1, Old School 95.5 and RareGem Productions.</p>

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	<p>Robert Freund, Jr., President/CEO, St. Louis Regional Health Commission Joe Yancey, Executive Director, Places for People and Chair, St. Louis Regional Health Commission Art Holliday, Reporter, KSDK, NewsChannel 5 Missy Glassmaker, Assistant News Director, KSDK NewsChannel 5</p> <p>Trauma Matters KC – Trauma Matters KC is a coalition of over 30 Kansas City Metro social service agencies, behavioral health centers, philanthropies, institutions and individual providers dedicated to raising awareness about trauma sensitive practices.</p> <p>Resilient KC – Resilient KC is a partnership between Trauma Matters KC and the Greater Kansas City Chamber of Commerce Healthy KC Initiative.</p> <p>Captain Darren Ivey, Kansas City Police Department Marsha Morgan, Resilience Builders Jasmin Williams, Greater Kansas City Chamber of Commerce</p> <p>Handouts are located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p>
PUBLIC COMMENT	<p>Greg Kramer, Easter Seals Midwest, made a request on behalf of the Missouri Association of Rehabilitation Facilities (MARF) to the Mental Health Commission. MARF is requesting a letter of support from the Mental Health Commission to the next Governor supporting MARF’s legislative priorities for FY18.</p> <p>MARF will develop their legislative priorities for FY18 and send to the Mental Health Commission.</p>
BUDGET & ADMINISTRATIVE UPDATE	<p>Lynne Fulks provided a budget and administrative update.</p> <p>Lynne reported on FY17 budget and revenues. Handout is located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p> <ul style="list-style-type: none"> • The budget section is working on the development of the FY18 budget. The books have to be printed and submitted by October 1st. • Administration is finalizing budget instructions to go to DMH facilities. Each of the facilities will prepare its own budget. • E&E budgets for FY17 are being finalized.

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	<ul style="list-style-type: none"> • The State Auditors are currently conducting the annual state single audit. • Accounting is completing the quarterly Medicaid administrative billings. Administrative billings brought in \$26 million to the Department in FY16. • The Medicaid Unit is working on the Behavioral Health 1115 Waiver and the Excellence in Mental Health Act planning process.
<p>DIVISION AND SECTION UPDATES</p>	<p><u>Division of Behavioral Health</u> Laurie Epple, Director of Administration, shared the following update on behalf of Rick Gowdy:</p> <ul style="list-style-type: none"> • DBH staff is currently working on the federal block grant application that is filed every year. • DBH staff continues to work on the Mental Health Crisis Prevention Project (1115 Waiver) and the Excellence in Mental Health Act. DBH has not received approval of the waiver yet. • Excellence in Mental Health Act – DBH received 21 applications from agencies that want to become certified community behavioral health centers, is now in the process of reviewing those applications, and will have the list finalized next week. • DBH is working on the development of the PPS system and PPS rates. <p><u>Developmental Disabilities</u> Val Huhn, DD Director, shared the following update:</p> <ul style="list-style-type: none"> • The Administration Building in Marshall now has shingles on the roof and construction has started on the crisis homes. • Val attended the Reinventing Quality 2016 Conference that was held in Baltimore. The conference is for providers, self-advocates, family members and state agencies. Missouri gave 3 presentations at the conference. • All states are required to submit plans for transitioning to the new federal Home and Community Based Services (HCBS) rule, the purpose of which is to ensure that individuals receiving HCBS Waiver services have the same degree of access and choice as individuals not receiving Medicaid HCBS Waiver services. DD posted its transition plan for public comment. After the public comment period ends, DD will summarize the comments for CMS and make any necessary changes. <p><u>Human Resources</u> Ida Mitchell, provided the following update on behalf of Sara Murphy:</p> <ul style="list-style-type: none"> • The pay plan request was presented to the Personnel Advisory Board (PAB) on June 21, 2016. The PAB will send their recommendations to the Governor.

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	<p><u>Children's Update</u> Emily Koenig, Children's Services, provided the following update:</p> <ul style="list-style-type: none"> • The Department received \$500,000 in funding for enhancing trauma informed, evidence based mental health treatment for children who have been traumatized or victimized. There is a workgroup that has developed the training plan for this year. There is funding in that plan to continue some of the learning collaboratives that began last year, mainly around Trauma Focused Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing (EMDR), and trauma informed care.
NEXT MEETING	The next Mental Health Commission meeting will be held on Thursday, September 8, 2016, at the Department of Mental Health, 1706 East Elm St., Jefferson City, MO.
ADJOURN	<p>Steve Roling made a motion for adjournment; Dennis Tesreau seconded. Meeting adjourned at 2:08 p.m.</p> <hr/> <p>Karl Wilson, Secretary</p>