

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance** **April 5, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. On Tuesday, April 2, the House body convened to perfect the appropriations bills on the House floor. Members could offer amendments during this time. The changes on the House floor are listed below in green. The bills were then voted perfected and will be moving to the Senate. Below are the House budget action thus far. Anything in red is a change from the Chair's recommended budget. If an item isn't listed then it was left at the Governor's Recommendation.

### **DMH Operating Budget – HB 10**

- Added \$300,000 as one time funding for Substance Use Prevention for Youth; reduced by \$150,000
- Added \$1,000,000 as one time funding for Prevention; changed language to "For grants no less than \$250,000 distributed to Prevention Resource Centers for primary care substance-use prevention"
- Reduced the NDI for Inflationary Medication Increase (\$1,038,019)
- Changed the \$8M for Naloxone distribution from on-going as one time
- Reduced the NDI for St. Louis Opioid Overdose Reduction Initiative (\$1,113,000)
- Reduced the NDI for Addiction Fellowships (\$1,304,370); Added this NDI back in at the full amount
- Reduced the NDI for CCBHO Federal authority for moving from SPA to Demo (\$4,206,605)
- Reduced the NDI for BHCC operating costs (\$7,216,130)
- Reduced the NDI for BH/DD operating costs (\$4,228,140) – moved this to HB 20
- Added \$500,000 as one time funding for EPICC; removed the one time language
- Added \$500,000 as one time funding for Comprehensive Assessment of MH Services – House Floor removed this item
- Reduced \$76,500 and 1.00 FTE from SUD Administration
- Changed the 988 Crisis Response Grant to one time funding
- Reduced federal authority for Recovery Support Providers (\$1,200,000)
- Added \$2,000,000 to the Recovery Community Centers NDI making it a total of \$3.2M
- Created a new HB for Recover but the language says its Recovery Community Centers
- Reduced funding for CSTAR (\$9,659,629) this matches the NDI related to expanding OTP services.
- Reduced the NDI for CCBHO MEI of 2.86% (\$17,969,542)
- Reduced the NDI for Utilization Increase (\$12,043,722)
- Added \$10,000,000 from Opioid Settlement Funds for competitive grants to research universities to study Ibogaine and its ability to treat opioid addiction House floor removed ibogaine and replaced with psilocybin
- Added \$2,000,000 as one time for patients post discharge, for reimbursement of hospitals related to individuals who qualify for placement and support through the DBH who may otherwise be eligible for discharge but cannot be due to lack of availability within an appropriate community placement.
- Reduced \$636,000 from current core opioid settlement funding and added a specific one time NDI for KC.
- Added \$500K for a program related to HIV/AIDS in St. Louis.
- Current Opioid Settlement Funding appropriation reduced by \$220,000 and then added for a nonprofit organization to provide SUD recovery publications and education to treat and prevent SUD.

### **ARPA – HB 20**

- Added \$4,228,140 for BH/DD operations; removed from HB 20, did not add anywhere else so this was ultimately not recommended
- Added \$11,000,000 for Housing for Homeless in Springfield

2. **New An Easier Way to Manage Non-Emergency Medical Transportation Rides** - For participants who need non-emergency medical transportation (NEMT), MO HealthNet's vendor MTM created a new tool that lets participants book new rides, review existing rides, make changes to rides and cancel rides from their computer or phone. Participants can download the MTM Link Member app from the app store. For instructions on how to use the app, participants can review the [MTM Link Trifold](#) or watch the short video on the [MTM website](#). For additional information on NEMT, providers should review the [NEMT Provider Manual](#) and the [NEMT program page](#).
3. **New Opioid Settlement Funds Report Update** – As of April 1, the Calendar Year 2024 detailed locality reporting data is now available on the MO Opioid Settlements website under the Reports Tab. Data reports available are: 1) A Locality Report – allotments (payments) and expenditures by city, county, political subdivision, or state government; 2) A Statewide Aggregate Report – statewide totals listed by allotment, reporting expenditure category, and expenditure category group (prevention, treatment, etc.) [Reports - MoOpioidSettlements](#)
4. **New The Fiscal Year 2023 Annual Naloxone Report is now available** – The University of Missouri-St. Louis, Missouri Institute of Mental Health (MIMH) partners with the Department of Mental Health and Department of Health and Senior Services to operate as central hub for naloxone distribution across the state. Funding for naloxone efforts are supported through the State Opioid Response (SOR) grant, Prevention Prescription Drug/Opioid Overdose-related Deaths (PDO) grant, First Responders-Comprehensive Addiction and Recovery Act (FR-CARA) grants, CDC Overdose Data 2 Action (OD2A), and Opioid Settlement Funds.  
The report includes:
  - Areas of Distribution
  - Naloxone Distribution Process
  - Overview of Naloxone Kit Contents
  - Program Highlights
  - New Initiatives
5. **New First Virtual Youth Peer Specialist Training** - the Missouri Credentialing Board (MCB) offered their first virtual Youth Peer Specialist (YPS) training on March 25-26, 2024. Youth peer support uses the power of peers to support, encourage, and model positive self-advocacy, recovery and resiliency. Peer support services are delivered by individuals who have been successful in recovery from mental health and/or substance use disorders who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support services help people become and stay engaged in the recovery process and reduce the likelihood of active substance use and negative mental health symptoms. The recipient of the service is a youth or young adult between the ages of thirteen to twenty-five years receiving services in a child/youth behavioral health program. The training was a huge success with 30 individuals attending and overwhelmingly positive feedback coming from participants. Missouri has 29 certified YPS currently. The recent training offers the potential to double that number. The MCB will offer several more virtual trainings this year to achieve the goal of growing the number of YPSs working in Missouri.
6. **New 10<sup>th</sup> Annual Crisis Intervention Team (CIT)** – More than 600 law enforcement officers, other first responders, and behavioral health professionals attended the 10<sup>th</sup> Annual CIT conference held April 1-3 in Osage Beach. The purpose of CIT is to address the challenges that often arise when law enforcement officers encounter individuals with behavioral health conditions in crisis situations. A presentation was provided by DMH Crisis Coordinator, Casey Muckler, Northeast Missouri Regional CIT Coordinator, Anthony Williams, and Compass Health Vice President, Lauren Moyer, on the crisis response resources in Missouri. Professionals from across the state received various awards including the Dr. Rick Gowdy Legacy Award, Law Enforcement Officer of the Year, Community Behavioral Health Liaison of the Year, Champion of the Year, and Front Line Professional of the Year. Two professionals from the Missouri Department of Mental Health were recognized during the awards ceremony Wednesday afternoon. **Angie Plunkett**, Diversion Coordinator, and **Angie Stuckenschneider**, Legislative Liaison, both received the Dr. Rick Gowdy Legacy Award for their leadership and dedication to CIT.
7. **MHDC Community Programs Resource Webinar** – This webinar is for Missouri nonprofits and community organizations to learn more about available MHDC funding opportunities and resources for homelessness assistance programs. **Tuesday, April 9, 2024, 12pm-1pm CT** [Register](#)

8. **New 2024 Mental Health Champions Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions’ award. This year’s champions are: Audrey Whittenberg, Clifford Atterberry, and Lilly Eikermann. This year’s banquet is **Tuesday, May 7, 2024** at the Capitol Plaza Hotel and Convention Center in Jefferson City. Registration just opened! [Register](#)
9. **Sequential Intercept Model (SIM) Mapping** is a statewide, but community-based project wherein SIM Mapping workshops are held in every county. SIM Mapping is a community strategic planning tool to assess available resources, determine gaps in services, and plan for community change. It is a partnership between DMH, OSCA, and the Missouri Behavioral Health Council. The priorities identified helps to impact policy recommendations to the Justice Reinvestment Initiative annual report to the Governor. Check to see if your county has gone through the workshop or if the event is on the calendar! [Missouri Behavioral Health Council | Statewide Sequential Intercept... \(mobhc.org\)](#)
10. **Upstream Youth Mapping** is a community-based approach that leverages judicial resources, court leadership, child welfare agency partnership, along with state, local, and community stakeholder engagement. The goal is to develop a plan of action that strengthens communities; prevents child maltreatment and out-of-home placements; reduce court involvement; and, support safe and healthy families. [Missouri Behavioral Health Council | Upstream Youth Mapping... \(mobhc.org\)](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

### JOB ANNOUNCEMENTS

#### **Business Operations Apprentice**

This position will be located at Central Office and Fulton State Hospital. As a Business Operations Apprentice for the State of Missouri, you will be an integral part of the Team! **Must apply by April 14, 2024** [Learn More and Apply!](#)

#### **Housing Initiatives Specialist**

The Department of Mental Health, Division of Behavioral Health is seeking to hire a new Housing Initiatives Specialist. This position will be domiciled at Central Office. **Must apply by April 15, 2024** [Learn More and Apply!](#)

### **FUNDING OPPORTUNITIES**

1. **New SAMHSA Grants Dashboard** – [Learn More](#)
2. **MHDC Community Programs Resource Webinar** – This webinar is for Missouri nonprofits and community organizations to learn more about available MHDC funding opportunities and resources for homelessness assistance programs. **Tuesday, April 9, 2024, 12pm-1pm CT** [Register](#)

3. **SAMHSA Funding Opportunity: Screening, Brief Intervention, and Referral to Treatment** – SAMHSA announced a new funding opportunity for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program. This program is designed to help States implement the SBIRT public health model for children, adolescents, and/or adults in primary care and community health settings and schools with a focus on underage drinking, opioid use, and other substance use. Ultimately, the program aims to support the expansion of clinically appropriate services for people at risk or diagnosed with substance use disorder (SUD) by promoting the adoption of SBIRT into routine healthcare for a system-level approach to reduce alcohol and other drug consumption. SAMHSA will provide up to 10 awards of up to \$995,000 per year, per award, for up to 5 years for total program funding of \$9,950,000. **Applications are due April 12, 2024.** Additional details on eligibility and how to apply can be found [here](#).
4. **SAMHSA Funding Opportunity: First Responders – Comprehensive Addiction and Recovery Act** – This grant program is designed to support first responders and members of other key community sectors on training, administering, and distributing naloxone and other FDA-approved overdose reversal medications or devices. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the First Responders – Comprehensive Addiction and Recovery Act program can be found [here](#).
5. **SAMHSA Funding Opportunity: Provider’s Clinical Support System – Universities** – This grant program aims to expand substance use disorder (SUD) education to ensure that graduate-level healthcare students receive training on how to identify and treat SUD in mainstream healthcare upon graduation. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the Provider’s Clinical Support System – Universities program be found [here](#).
6. **CDC Funding Opportunity: Drug-Free Communities (DFC) Support Program** – The Centers for Disease Control and Prevention (CDC) recently announced a new funding opportunity for the fiscal year (FY) 2024 Drug-Free Communities (DFC) Support Program - NEW (Year 1). The DFC Support Program is designed to strengthen collaboration among community coalitions working to prevent youth substance use and build safe, healthy, and drug-free communities. CDC will provide up to 100 awards of up to \$125,000 per award, per year for up to 10 years for total program funding of \$62,500,000. **Applications are due April 17, 2024.** Additional details on eligibility and how to apply can be found [here](#).
7. **SAMHSA Funding Opportunities: Prevention Technology Transfer Centers Cooperative Agreements** – SAMHSA announced a new funding opportunity for the Prevention Technology Transfer Centers (PTTC) Cooperative Agreements. The PTTC Cooperative Agreements program aims to maintain and enhance the PTTC Network to provide training and technical assistance services to the substance use prevention field. Recipients will work directly with SAMHSA and across the PTTC Network to improve the implementation and delivery of substance use prevention interventions with a focus on equity for underserved, under-reached populations. SAMHSA will provide up to 11 awards of up to \$739,529 per award, per year for up to 5 years for total program funding of \$8,134,816. Eligible applicants include domestic public and private non-profit entities. **Applications are due April 24, 2024.** The PTTC Cooperative Agreements Notice of Funding Opportunity (NOFO) can be found [here](#).
8. **New HRSA Funding Opportunity: RCORP – Impact** - The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Rural Communities Opioid Response Program \(RCORP\) – Impact](#). RCORP – Impact is a new rural opioid treatment and recovery initiative intended to supplement the work of [RCORP](#) by improving access to integrated and coordinated treatment and recovery services for substance use disorder (SUD), particularly opioid use disorder (OUD), in [HRSA-designated rural areas](#). The program’s goals include:
  - “Goal 1: Service Delivery: Establish and/or expand coordinated and comprehensive SUD treatment and recovery services.
  - Goal 2: Workforce: Develop a responsive SUD workforce, which includes both peers and clinical providers with diverse scopes of practice.
  - Goal 3: Supportive Services: Establish and/or enhance coordination with supportive social services to ensure that rural individuals and families affected by SUD have the greatest opportunity possible for sustained, long-term recovery.

- Goal 4: Sustainability: Develop innovative, multi-sectoral approaches to ensure the continued availability of services supported by RCORP – Impact in the target rural service area.”

Awardees are required to provide medication for opioid use disorder (MOUD). Funds can only be used to support activities in HRSA-designated rural areas.

Additional details on program requirements can be found in the program’s Notice of Funding Opportunity (NOFO) under "Related Documents," [here](#). HRSA will offer up to 16 awards of up to \$750,000 per award per year for up to 4 years for total program funding of \$12,000,000. Applications are due **Monday, May 6, 2024**. Additional information on eligibility and how to apply can be found [here](#).

9. **New HRSA Funding Opportunity: Opioid-Impacted Family Support Program** - The Health Resources and Services Administration’s (HRSA) Bureau of Health Workforce announced a new funding opportunity for the [Opioid-Impacted Family Support Program](#). This program provides grants to support training programs to enhance the expertise and number of peer support specialists and other mental health and substance use disorder (SUD) paraprofessionals who provide services to families impacted by opioid use disorder (OUD). The program emphasizes supporting children and adolescents within high-need, high-demand areas who have or are at risk for developing mental health and SUD issues. Awardees are required to develop a Level I pre-service and Level II in-service training curriculum as part of their certificate training program for OUD paraprofessionals. Additional details on program requirements can be found in the program’s Notice of Funding Opportunity (NOFO) under “Related Documents,” [here](#). HRSA will offer up to 28 awards of up to \$600,000 per award per year for up to 4 years for total program funding of \$16,800,000. Applications are due **Monday, May 6, 2024**. Additional information on eligibility and how to apply can be found [here](#).

## INFO & RESOURCES

1. **New SAMHSA Updates the 988 Partner Toolkit with new Resources in Recognition of Women’s History Month** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently updated the [988 Partner Toolkit](#) in recognition of Women’s History Month with new resources tailored to women. Specifically, the 988 Partner Toolkit was updated with new [988-branded photos](#) celebrating women of diverse backgrounds and Women’s History Month as part of 988’s efforts to reach audiences of various backgrounds, populations, and abilities. Additionally, SAMHSA released a new video, [“What is 988 and How Does it Work?”](#), that features crisis counselors, professors, and peer specialists who walk viewers through what to expect if they contact 988- by call, text, or chat. Additional details on the 988 Suicide and Crisis Lifeline can be found [here](#).
2. **New CDC Study Suggests Limiting Alcohol Use and Reduce Cancer Deaths** – Researchers from the Centers for Disease Control and Prevention (CDC) published a new study in the *American Journal of Preventive Medicine* on [Reducing Alcohol Use to Prevent Cancer Deaths: Estimated Effects Among U.S. Adults](#). The study utilized data from the Behavioral Risk Factor Surveillance System to estimate mean annual alcohol-attributable cancer deaths in the United States and the number of those deaths that could be prevented if the adults who drank in excess of the [Dietary Guidelines for Americans](#) reduced their use to recommended limits. Specifically, the study found that of the estimated 20,216 cancer deaths attributed to alcohol during 2020-2021, an estimated 16,800 deaths (83% of all alcohol-attributable cancer deaths) could have been prevented per year if the adults who drank in excess of the Dietary Guidelines reduced their consumption to less than 2 drinks per day for men or less than 1 drink per day for women. The study also noted that an estimated 650 additional deaths could have been prevented if men consumed 1 drink per day instead of 2. The researchers call for additional studies to confirm that implementing evidence-based alcohol policies to decrease drinking can reduce alcohol-attributable cancer deaths. Additional details on the relationship between alcohol and cancer can be found on CDC’s webpage, [here](#).
3. **New Downloadable Spanish Adult ADHD Treatment Resource** – The FDA and the DEA issued a joint statement on August 1, 2023, discussing the ongoing stimulant shortage highlighting several remediation strategies and potential alternatives as challenges continue to be worked through to help inform your ADHD patients. [Learn More](#)



4. **New New Briefs Explore the Dynamics of Substance Use** – In collaboration with the National Association of Addiction Treatment Providers and partnering contributors, we recently released the [Demystifying Relapse](#) series, consisting of two briefs: [A Recurrence of Symptoms](#) and [Rethinking Return to Treatment](#). These briefs delve into the intricate dynamics of substance use disorder recurrence and the challenges of reengaging individuals in the recovery process.
5. **New Genetic Links Between Vocabulary and Later-Life ADHD Shift Over Infancy and Toddlerhood** – A large span of spoken words was genetically linked with an increased risk of attention-deficit/hyperactivity disorder (ADHD) and more ADHD symptoms in infants. [Read More](#)
6. **New Alcohol Education: Minimizing Risks and Parent FAQs** – Alcohol is one of the most regularly used substances in the U.S. and it can have serious health consequences – like increasing the risk of 7 kinds of cancer and contributing to heart disease. Here are some tips to help a loved one minimize the risks of alcohol use as well as answers to questions from parents of teens. [Read More](#)
7. **New National Council for Mental Wellbeing’s New Crisis Response Resource Hub** – Whether you’re seeking comprehensive toolkits, helpful guides, webinar recordings or highlights from the field, you will find it all conveniently housed in one place. Visit our website to explore information and resources across the continuum of crisis services. [Read More](#)
8. **New 988 Guide for Missouri Schools** – In partnership with the Missouri Suicide Prevention Network (MSPN), the Missouri Department of Mental Health (DMH) is pleased to share the second edition of the Suicide Prevention & 988 Guide for Missouri Schools. The guide is intended to support school administration, faculty, and staff in implementing suicide prevention, crisis intervention, and postvention efforts within their school communities. The guide also aims to promote 988 as an essential resource for all school community members from parents and students to teachers and coaches. Missouri has previously recognized by the Substance Abuse and Mental Health Services Administration (SAMHSA) for the first edition of the Guide for Schools. You can find the second edition of the guide [here](#).
9. **Trauma-Informed Approaches and Practices to Steer Into and Through This School Year** – This program offers six learning opportunities through diverse and dynamic workshops, from **March 20 to April 24, 2024**. Click below to access registration for any of these:
  - [Trauma-informed school counseling practices for pre-service students and in-service providers](#)
  - [Partnering with families and caregivers for student mental health and wellness](#)
  - [Equity-centered coaching so that we as adults experience the support and care we hope to offer our students](#)
10. **7<sup>th</sup> Annual Older Adult Mental Health Awareness Day Symposium** - This event is co-sponsored with the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services Administration. Registration is free and includes a full day of sessions on how to best meet the mental health needs of older adults. **Thursday, May 2, 2024** [Register](#)

## TRAINING OPPORTUNITIES

1. **BHST/VIC Virtual Trainings** – The Office of Disaster Services will be hosting virtual trainings for the Behavioral Health Strike Team-Victim's Information Center volunteers throughout the start of 2024. Select dates you would like to attend. [Register](#)
  - **Addressing Grief – Tuesday, April 9, 2024 1pm-2:30pm CT**

2. **Virtual Training to Prescribe Medications for Opioid Use Disorder** – Visit the Providers Clinical Support System website to access free trainings on the treatment and management of patients with opioid or other substance use disorders. Trainings count towards the Drug Enforcement Administration’s (DEA) new eight-hour training requirement when applying for or renewing your DEA license. **Monday/Tuesday, April 8-9, 2024, 8am-5pm CT** [Register](#)
3. **CAPE-Youth Webinar: State Policies to Improve Mental Health and Employment of Youth with Marginalized Racial Identities** – The webinar will feature discussion on improving mental health access for youth with marginalized racial identities from speakers with the White House Domestic Policy Council and policymakers. **Tuesday, April 9, 2024, 12:30pm CT** [Register](#)
4. **New Opioid Response Network (ORN) Webinar: Opioid Use Disorder in Youth** – This lecture will review current data on opioid use in youth. Treatment strategies including medication management, behavioral interventions, and harm reduction approaches will be discussed. **Wednesday, April 10, 2024, 4-5pm CT** [Register](#)
5. **Early Psychosis Conference** – The Early Psychosis Care (EPC) Center is hosting their second annual Early Psychosis Conference at the Courtyard by Marriot Blue Springs, Kansas City. Conference sessions are a combination of lectures and interactive workshops tailored to behavioral health providers, individuals with lived experience, their families/social supports, students, and researchers. **Wednesday/Thursday, April 10-11, 2024, 9am-5pm CT** [Register](#)
6. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26<sup>th</sup> Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\)](#). [Conference Agenda](#) **Branson, MO, Wednesday-Friday, April 10-12, 2024.**
7. **Diagnosing Prolonged Grief Disorder** – For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. The presenter will discuss the criteria and differences among the disorders, current grief practices and theories, grieving styles, and communication strategies. **Friday, April 12, 2024, 9am-12pm CT** [Register](#)
8. **Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
  - Cognitive-Behavioral Therapy for Insomnia (CBT-i) Among Youths – **Friday, April 12, 2024, 1:30-4:30pm**
  - Transdiagnostic Dialectical Behavior Therapy Skills Training for Adolescents and Adults – **Friday, April 19, 2024, 1:30-4:30pm CT**
  - Applications of Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Use Concerns in Adolescents and Adults – **Friday, April 26, 2024, 1:30-4:30 pm CT**
  - Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder – **Friday, May 17, 2024, 1-4pm CT**
  - Cognitive-Behavioral Therapy for Substance Use Disorders – **Friday, May 24, 2024, 1-4pm CT**
9. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. **St. Louis, MO, Monday-Wednesday, April 15-17, 2024** [Register](#)
10. **New Part 2 – SUD Treatment for People with Cognitive Challenges** – Due to the opioid epidemic, the number of people with cognitive impairment (CI) caused by overdose is on the rise. Yet many clinicians feel under-prepared to effectively treat people with SUD and CI. This webinar will focus on techniques and strategies to improve the SUD treatment of individuals with CI, particularly modifying Evidence-Based Practices. **Thursday, April 18, 2024, 1-2:30pm CT** [Register](#)

11. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesdays, April 16 and May 7, 2024, 12pm-3pm CT** [Register](#)
12. **A Beginner’s Guide to Learning or Teaching the DSM** – This presentation will benefit learners with a wide range of experience related to using the DSM. The goal is for beginners and those who are supervising, teaching, or mentoring individuals new to the mental health field to have a starting point for their discussions. **Thursday, April 18, 2024, 1:00pm-4:00pm CT** [Register](#)
13. **New Missouri Rural Health Association (MRHA) upcoming events** – MRHA is committed to bringing high-quality, accessible and affordable continuing education and training events to the rural health community. Below you will find a sampling of our upcoming training events.
  - [Maternal Health and Food as Medicine](#) **Monday, April 22, 2024, 12-1pm CT**
  - [Reproductive & Sexual Health Equity and Access in Missouri](#) **Wednesday, May 1, 2024, 12-1pm CT**
14. **New Systems Mapping to Advance Birth Equity** – The DHSS Office of Minority Health and Health Equity and MCH Leadership are partnering with the Association of Maternal & Child Health Programs to offer a [free webinar](#) on **Monday, April 22, 2024, 12-1pm CT**. Join us to learn about the [Birth Equity Action Map](#) and other systems mapping tools that can help identify opportunities to strengthen Missouri’s birth equity ecosystem. [Register](#)
15. **Workforce Development Learning Community** – You can choose to attend one or more of the following sessions. [Register](#)
  - **Thursday, April 18, 2024, 2pm CT**
  - **Thursday, May 16, 2024, 2pm CT**
  - **Thursday, June 20, 2024, 2pm CT**
  - **Thursday, July 18, 2024, 2pm CT**
  - **Thursday, August 15, 2024, 2pm CT**
16. **Missouri Children’s Trauma Network Training Summit – April 23-24, 2024** At the Holiday Inn and Expo Center in Columbia, MO [See Agenda](#) [Register](#)
17. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you are a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, April 24, 2024, 11am-3pm CT** [Register](#)
18. **Addressing the Impact of Social Media on Youth** – As our world becomes increasingly digital, policy considerations such as enhancing content and privacy regulations on social media platforms, collaborating with tech companies to bolster safety features, and investing in mental health support related to social media are essential steps for protecting youth online. **Wednesday, April 24, 2024, 3-4pm CT** [Register](#)
19. **Cape Youth Webinar – Fostering Financial Empowerment for Youth and Young Adults with Disabilities** – This webinar will address ways that states can promote economic self-sufficiency and financial independence for youth and young adults with disabilities transitioning into adulthood. **Wednesday, April 24, 2024, 12-1:30pm CT** [Register](#)



20. **New Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
- [Navigating Mental Health Care for Immigrant and Forcibly Displaced Communities](#) **Wednesday, April 24, 2024, 11am-12pm CT**
  - [Bridging the Gap: Engaging Community Organizations and Peer Recovery Specialists in Your Work](#) **Wednesday, May 15, 2024, 11am-12pm CT**
  - [Supporting LGBTQ+ Communities With an Intersectional Lens](#) **Thursday, June 20, 2024, 11am-12pm CT**
  - [Promoting Social Equity for Underrepresented Individuals in the Workforce](#) **Thursday, July 18, 2024, 11am-12pm CT**
  - [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
  - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
21. **Missouri Association of Infant and Early Childhood Mental Health Spring Training** – Topics include: Countering Bias, including family and community by Vetta L. Sanders Thompson, PhD; Two Generational Perspectives on addressing trauma and parenting to support IMH by Dr. Melissa Johnson-Reid; Reflective Supervision Panel Discussion. **Friday, April 26, 2024, 10am-3pm CT** [Register](#)
22. **Implementing Best Practices with an Eye on Ethics** – This webinar provides an understanding and overview of common ethical principles. It will define Vicarious Liability and discuss the variety of ways that professionals and clinicians can be held accountable for Vicarious Liability or “imputed negligence,” as well as discussing ethical dilemmas regarding practice and options for managing the dilemmas. **Friday, May 3, 2024, 9am-12pm CT** [Register](#)
23. **When Substance Use Disorders Collide with Mental Disorders: Principles and Assessment for Effective Clinical Practice** – This webinar will discuss the growing nature of this condition and focus on principles and techniques of assessing clients that present with co-morbidity conditions. **Friday, May 3, 2024, 1-4pm CT** [Register](#)
24. **Tobacco Treatment Specialist (TTS) Certification Training** - The program consists of both online learning and a 3-day live virtual training (see times below) focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. **Register by May 6, 2024** [Learn More](#)
25. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
26. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)

27. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
28. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
29. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)
30. **Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. **Thursday/Friday, May 16-17, 2024** [Register](#)
31. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)
32. **New Upcoming Mental Health First Aid Webinars** –
- **May 28-29 (9:30a.m.-5:30p.m. CT):** [WHAM Individual Facilitator Training](#)
  - **June 13 (12-1 p.m. CT):** [Introduction to Psychedelics for the Treatment of Substance Use Disorder](#)
33. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
34. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
- **Thursday, May 30, 2024, 2pm CT**
  - **Thursday, July 25, 2024, 2pm CT**
  - **Thursday, September 26, 2024, 2pm CT**
  - **Thursday, November 28, 2024, 2pm CT**

## **RECURRING TRAINING OPPORTUNITIES**

1. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org)
2. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
3. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
4. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here for any of the trainings offered.](#) Training offerings include:
  - **Foundations of Harm Reduction**
  - **Harm Reduction In Practice**
  - **Overdose Education and Naloxone Distribution (OEND)**
  - **Intramuscular (IM) Naloxone Use**
  - **Stimulant Education: Harm Reduction & Overamping**
  - **Fentanyl Test Strips 101**
  - **Specialty Peer Integration Training (online, self-paced)**
  - **Wound Care for Non-Clinicians (online, self-paced)**
5. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
  - **April 19, 2024, 9m-12pm CT**
  - **April 26, 2024, 1pm-4pm CT**
6. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
  - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
  - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
7. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in

recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)

- **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
- **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
- **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
- **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
- **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
- **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
- **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO

8. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**

- **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
- **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)

9. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)

- **July 25, 2024, 2pm CT**
- **September 26, 2024, 2pm CT**
- **November 28, 2024, 2pm CT**

10. **Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)

- **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
- **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
- **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
- **July 31, 2024:** Wellness and Aging
- **October 8, 2024:** SUD and IDD
- **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

11. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)

12. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

13. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
14. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
15. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
16. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
17. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
18. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
19. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)