

**MISSOURI**  
**DEPARTMENT OF MENTAL HEALTH**  
**DIVISION OF ADMINISTRATIVE SERVICES**  
*Achieving the Greatest Value from All Resources*  
**OFFICIAL MEMORANDUM**

**DATE:** February 3, 2016

**TO:** Behavioral Health Contracted Treatment Providers

**FROM:** Lynne Fulks   
Acting Director  
Division of Administrative Services

Laurie D. Epple   
Deputy Director of Administration  
Division of Behavioral Health

**SUBJECT:** SMT Clarification

In response to questions and concerns expressed regarding the Standard Means Test (SMT) application, the Department of Mental Health (DMH) in collaboration with the Chief Financial Officers (CFOs) from the Missouri Coalition for Behavioral Healthcare have reviewed and discussed the following situations. DMH agrees with the Coalition CFOs that the scenarios below are appropriate.

- If a service (usually physician services and therapies) is billed to a commercial insurer only, with no other services billed to DMH, and even if the service shares the same billing code as those in the CPR menu, that service is excluded from the SMT rules and co-pays may be charged and collected from the consumer.
- If a service is billed on a Federally Qualified Health Center NPI #, and even if the service shares the same billing code as those in the CPR menu, that service is excluded from the SMT rules and co-pays may be charged and collected from the consumer. Moreover, federal rules require the charging of minimal co-pays for some FQHC services.
- If a service is billed to a dual eligible, Medicare first, that service is paid by Medicare less the deductible, which in turn is processed through Medicaid and the provider is made whole.
- In general, the SMT rule should be applied for services paid by DMH. For instance, if a consumer has insurance coverage for physician and therapy services, that individual should follow the insurance rules on copays and payments. If that same client receives some other DMH funded service, then the SMT rules should apply only to that service. The purpose of the SMT rules states "this rule prescribes a standard means test as required by section 630.210, RSMo, to determine amounts to be charged for services provided or procured by the Department of Mental Health."

The Department must be assured that each consumer is informed in advance of the service(s) for which they may be charged and will not deny any of those services to a DMH consumer if they are not able to pay those charges. The provider must make it clear to the consumer through the written Notice of Cost for each service rendered.