

## DLA-20 © Terminology

**DLA-20© Assessment** - The copyrighted DLA-20 © functional assessment is a standardized instrument utilized to assess a person's daily living activities in twenty identified areas

**DLA Types** – There are three (3) DLA types available based on the individual's age:

- Adult Mental Health
- Youth Mental Health (*individual must be older than 5 years of age and younger than 19 years of age*)
- Alcohol Drug

**DLA Date** – The date the DLA-20© assessment is completed

**Rater** (First Name/Last Name) – Person completing the DLA-20© assessment

**Scores** (There are several scores at the bottom of the DLA-20© screen):

**Total** – the total of all rated activity scores

**Change** – the difference in the average score from the first assessment to the most current assessment of the same type

**Average Score** – the total of all rated activity scores divided by the number of activities rated

**GAF/CGAS** – the Average Score times 10

**mGAF /mCGAS** –the GAF/CGAS score plus or minus 3. The GAF/CGAS score is modified by the rater to provide a more accurate rating of the individuals overall functioning

**Severity Index** – a number assigned based on the average score

**Serious Disturbances #** – calculated based on the GAF, if there is no mGAF, and is the DLA-20 © average score with decimals