

**MO DEPT OF MENTAL HEALTH-COMPREHENSIVE PSYCHIATRIC SERVICES-STATE ADVISORY COUNCIL (CPS SAC)
MEETING MINUTES-October 22, 2015**

Members Present: Daniel Cayou, Sarah Earll, Stacey Gilkey, Liz Hagar-Mace, Mary Horn, Toni Jordan, Mickie McDowell, Denise Mills, Linda Myers, Scott O’Kelley, Shawn Sando, Barb Scheidegger, Susan Scott, Tish Thomas, Mindy Ulstad

Members Absent: Bruce Charles, John Harper, Eric Martin, Amy Stevens

DMH Staff: Dr. Rick Gowdy, Bob Reitz, Vicki Schollmeyer, Angie Stuckenschneider, Rosie Anderson-Harper, Natalie Fornelli

DBH SAC Staff & Guests: Lisa Martin, Rolfe K. White

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p>Call To Order</p> <p>Division Director Update/ Discussion</p> <p>Employment Services Update</p>	<p>Mickie McDowell called the meeting to order with self-introductions.</p> <p>Dr. Richard Gowdy, Division Director</p> <p>Natalie Fornelli shared with the attendees two awards to the State of Missouri:</p> <p>*The annual Gold Award for Community-Based services from the American Psychiatric Association (APA) October 8, 2015 at a ceremony in New York City. This program has saved taxpayers \$36.3 million since 2011.</p> <p>*The National Association of State Chief Administrators (NASCA) chose the program for a case study to be presented at its Annual Management and Leadership Institute in Denver, CO, October 7-9, 2015.</p> <p>Rosie Anderson Harper shared the following:</p> <p>1) New Treatment Provider Resource Available</p> <p>New document created to provide guidance to community support specialists on billing for elements of assisting transition age youth in school, vocational training and/or the workplace. The <i>Appropriate Use of Community Support for Transition Age Youth in School, Training and Workplace Environments</i> document has been approved by MOHealthNet and is available at http://dmh.mo.gov/mentalillness/adacpsemploymentservices.html This is the third part of a series of guidance documents designed to help individuals receiving behavioral health</p>	

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<p>Budget</p> <p>Crisis Intervention Training</p>	<p>services access education and/or employment. The first two documents were geared towards adults receiving CSTAR or CMHC services.</p> <p>2) Benefits Planning Training Opportunity (For CMHCs/CSTAR Programs) The two-day Benefit Planning Training program is based on a comprehensive overview of a set of competencies that staff must acquire in order to effectively assist individuals receiving benefits enter the workforce. Individuals will be provided with an extensive digital training manual and reference materials, as well as tools to assist them to continue to learn skills and technical information that are essential to providing effective and efficient services. The course is fast moving and learners must be motivated to learn, able to work in small groups and be able to explain their work to the larger group.</p> <p>The interactive training sessions are designed to provide participants with a basic understanding of the following:</p> <ul style="list-style-type: none"> • Understanding and communicating the work incentives and support programs available to individuals with disabilities who receive financial supports or services, and the impact of work activity on those benefits. • Assisting beneficiaries to understand not only their benefits supports, but also how to utilize work incentives and other tools to assist them to achieve self-sufficiency through work. • Providing proper documentation of services, including creating Benefits Summaries and Analyses and Work Incentive Plans. <p>Vicki Schollmeyer</p> <ul style="list-style-type: none"> • Briefed the attendees on the many components of the budget. Please see the attachment for more details. <p>Dr. Richard Gowdy, Division Director</p> <ul style="list-style-type: none"> • Explained the components of the Crisis Intervention Team (CIT) program. It is a model for community policing that brings together law enforcement, mental health providers, hospital emergency departments and individuals with mental illness and their families to improve 	

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<p>Fulton State Hospital Update</p> <p>Peer Specialist & Family Support Training</p> <p>Approval of minutes</p> <p>Old Business</p> <p>Membership committee report</p> <p>New Business</p> <p>Member Reports</p>	<p>responses to people in crisis. CIT programs enhance communication, identify mental health resources for assisting people in crisis and ensure that officers get the training and support that they need.</p> <p>Dr. Robert Reitz provided a detailed update on the construction. Please see attachment for more details.</p> <p>Lisa Martin delivered a presentation on the Peer Specialist Training. LuAnn Reese delivered a presentation on Family Support Training. Please see attachments for more details.</p> <p style="text-align: center;">Lunch Break</p> <p>Toni Jordan made the motion to approve the minutes and it was seconded by Sarah Earll.</p> <p>Lisa Martin discussed the upcoming ADA SAC and CPS SAC scheduled for 2 December 2015. She is waiting for the results of the SAMHSA review in order to further discuss the proposal. Additionally she asked Daniel Cayou to be part of the next CPS SAC meeting in February agenda. Sarah Earll discussed the changing of the present format of the CPS SAC session.</p> <p>Mickie McDowell announced the recommendation of three new members approved by the committee to be forwarded to Dr. Gowdy. They are Amanda M. Dumey, Mark Sooter, and Jessie Gilkey. She also advised the members that there are six openings of the committee. Representation of Northeast Missouri and Kansas City areas are needed.</p> <p>None provided.</p> <p>Barb Scheidegger</p> <ul style="list-style-type: none"> • Looks forward in attending the Family Support Training. 	

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	<ul style="list-style-type: none"> • Celebration of the 25th year of the Mental Health Month and Shining Light Awards nominations. <p>Daniel Cayou</p> <ul style="list-style-type: none"> • Wanted attendees to know that the WIPA program is active. This program consists of professional benefit planners with Social Security benefits; their telephone number is 1 866 968-7842. • Asked Lisa Martin about orientation to the CPS SAC. She replied that she will be forming a new orientation event that would include new members. Additionally Lisa requested Daniel to provide a briefing on Missouri Protection Advocacy overview <p>Shawn Sando</p> <ul style="list-style-type: none"> • Announced since September his organization has started a yearlong Family Counseling Center trauma learning awareness training. • Commencing October 29th & 30th in the Poplar Bluff Missouri area, there will be the Motivational Interviewing collaborative that will last nine months. • November 6th is the Homeless Connect for Dunklin County. • Family Counseling Center has been selected for MRSS/MRSS-P training site. It will start the training 1 November. <p>Mary Horn</p> <ul style="list-style-type: none"> • Hired a couple of people and still working on hiring more to help the staff. <p>Linda Myers</p> <ul style="list-style-type: none"> • Expressed her appreciation for the Peer Specialist Position. <p>Liz Hagar-Mace</p> <ul style="list-style-type: none"> • Announced that on 20 September, the notice of funding availability was released. This means that 35 of 44 housing grants need to be renewed. • Next year her organization is scheduling two Rent conferences. <p>Toni Jordan</p> <ul style="list-style-type: none"> • Complemented her excitement on the Peer Specialist Program. <p>Sarah Earll</p> <ul style="list-style-type: none"> • Complemented the Peer Specialist training in Wentzville, Missouri. • Talked about the Empowerment Center with a new specialist coordinator. She now has implemented the new electronic sign in. <p>Denise Mills</p> <ul style="list-style-type: none"> • April 2016 is Child Abuse Prevention Month and she has planned a two day conference to 	

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<p>Adjourn</p>	<p>be hosted in Springfield, Missouri.</p> <p>Stacey Gilkey</p> <ul style="list-style-type: none"> • Commented that she is excited for the FSP. <p>Susan Scott</p> <ul style="list-style-type: none"> • Her job with the consumer conference is coming to an end. She then solicited the group in helping to identify a new co-chair for the consumer conference. • Susan has volunteered at the center for fourteen years. She has been a Peer Specialist since 2008 and has not been paid for her services. Susan added that since she is not an employee, her services cannot be billed. Lisa Martin concluded the discussion that she will continue to educate and advocate for Susan Scott. <p>Mickie McDowell</p> <ul style="list-style-type: none"> • October 9th, she expressed she got legally married. • October 17th, she shared she graduated with her Bachelors. • Reminded the attendees about the upcoming Joint SAC conference 2 December 2015. <p>Sarah Earll made the motion to adjourn and it was seconded by Denise Mills.</p>	