

**MO DEPT OF MENTAL HEALTH-COMPREHENSIVE PSYCHIATRIC SERVICES-STATE ADVISORY COUNCIL (CPS SAC)
MEETING MINUTES-February 25, 2016**

Members Present: Mickie McDowell, Susan Scott, Linda Myers, Amanda Dumey, Toni Jordan, Sarah Earll, Stacey Gilkey, Jessie Gilkey, Mary Horn, Denise Mills, Mindy Ulstad, Carrie Rigdon, Barb Scheideger, Liz Hagar-Mace, Mark Sooter, Amy Stevens

Members Absent: Bruce Charles, Daniel Cayou, John Harper, Eric Martin, Scott O’Kelley, Shawn Sando

DMH Staff: Alexa Thompson, Brooke Dawson, Laurie Epple, Richard Gowdy, Susan Blume, Vickie Epple, Lu Ann Reese, Mark Shields, Amanda Baker, Bob Reitz, Jon Sabala

DBH SAC Staff & Guests: Rosie Anderson-Harper, Rolfe White

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p>Call To Order</p> <p>Division Director Update/ Discussion</p> <p>Budget Update</p>	<p>Mickie McDowell called the meeting to order with self-introductions.</p> <p>Dr. Richard Gowdy, Division Director</p> <ul style="list-style-type: none"> • DBH continues to work on the 1115 Waiver (Mental Health Crisis Prevention project). The Waiver is nearly complete. Public notice can be found on the DMH website. A public hearing will be held in Hannibal, Cape Girardeau, St. Louis, Jefferson City, Springfield, and Lee’s Summit. • DBH continues to work on the Excellence in Mental Health Act (CCBHC PPS). Plan will be submitted by October 1, 2016, may be awarded in December 2016, and implemented by July 2017. • DMH and Coalition have implemented a cultural competence committee to review any issues in the service delivery system. The committee is led by Mark Miller and Joe Yancey. <p>Laurie Epple, Director of Administration</p> <p>The Budget Subcommittee for Health, Mental Health, and Social Services added:</p> <ul style="list-style-type: none"> • \$750,000 for Gateway Recidivism Project • \$2M for eastern region hospital operations • \$2.5M for Kansas City Assessment Triage Center <p>Markups with Full Budget Committee reversed the following items:</p> <ul style="list-style-type: none"> • \$750,000 for Gateway Recidivism Project • \$2M for eastern region hospital operations • \$1.6M for ERE expansion 	

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<p>Legislative Update</p> <p>PATH Grant Update</p>	<ul style="list-style-type: none"> • \$142,000 for teachers at Hawthorn • Federal FTE for staff needed to operate two grants <p>Markups with Full Budget Committee added:</p> <ul style="list-style-type: none"> • Suicide Prevention Authority Grant • Additional authority for Local Mental Health Tax Match Fund for: <ul style="list-style-type: none"> ○ Boone County Access Center ○ Kansas City Assessment Triage Center <p>Representatives will submit their final amendments and markups by 4:00pm on Monday, February 29. The House will take the House Committee Substitute Bill to the House floor. Once passed, it will go to the Senate.</p> <p>Susan Flanigan, Legislative Liaison House Bill 2407 was referred to a Committee with new language added. It is dismantling the Department of Health, removing the Medicaid function to create the Department of MO HealthNet, sending the regulatory functions of Health to the Department of Mental Health to create the Department of Mental Health and Health, and assigning some functions to the Department of Social Services. Hearing info, talking points, and educational material will be distributed when available. Bills can be tracked on the DMH website.</p> <p>Brooke Dawson, Chief of Adult Community Operations Ms. Dawson provided the 2014 data for the one year formula grant and data from the last grant. Data is collected every October from the ten PATH programs. In 2014, 4,595 people were served. MO is moving towards a system of coordinated entry with VI-SPDAT (Vulnerability Index & Service Prioritization Decision Assistance Tool) which assesses the person's needs and determines placement on housing list and services needed.</p> <ul style="list-style-type: none"> • The data shows 22% of outreached persons were not eligible for enrollment. What makes them ineligible? • PATH is specifically for persons with mental illness or substance use disorder, and these individuals did not meet the criteria. Agencies are part of the continuum of care and refer ineligible individuals to other programs. 	<p>Rosie Anderson-Harper will send the link for tracking House Bills and the link to the PATH grant on the DMH website to the council members.</p>

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<p>Veterans Services Update</p>	<p>Jon Sabala, Veterans Services Director</p> <ul style="list-style-type: none"> • Intercepting Points for Developing Behavioral Health Partnerships are tools agencies can use to expand partnerships when developing programs and policies to meet behavioral health needs. There are four focused areas: Justice-Involved, Education, Community Organizations and Health Services. A web-based interactive map for the military community was developed to bridge the gap and connect them to services. Council members can review the map for agencies in their area. If the agencies do not appear, please raise awareness by informing the providers of the purpose of the map and how to enroll. • The Student Veteran Benefit Guide was developed in partnership with several campuses with large veteran populations to assist higher education institutions to provide more supportive services for student veterans on campus. The guide covers behavioral health, education, employment, and social support and includes tips, best practices, and online programs. We will approach more campuses in the future. • Missouri’s Military Community Infographic represents the needs and services being sought by the military community. This year’s edition highlights homeless, employment, education, and behavioral health services. • Guide to Working with Missouri’s Justice-Involved Veterans provides tips and federal, state, and county resources. • Reentry housing map uses filters by county to identify housing resources to meet the ex-offender’s need. 	
<p>Children’s Services Update</p>	<p>Connie Cahalan, Director of Children’s Services</p> <p>DBH is working on the first-episode psychosis material for the transition-age population. SAMHSA will provide a 10% set aside that will help establish assertive community treatment (ACT) teams and develop a continuum of care. Lu Ann Reese is coordinating a training to educate the family support providers regarding the first-episode psychosis and how to work with the families of young adults experiencing a first-episode psychosis. Five ACT teams will be operating in March. Burrell-Central sent a proposal to DBH and DD to develop a pilot project for an ACT team focused on individuals with a dual-diagnosis of MI/DD. DBH and DD will jointly fund the project and collect data for a possible expansion in the future. Also, Community Counseling Center submitted a proposal to pilot a program focused on applying adult evidence-based practices to co-occurring disorders. DBH is applying for a System of Care Expansion grant to service ages 9-15.</p>	

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<p>Mental Health First Aid & Smoking Cessation</p> <p>Approval of Minutes</p> <p>Old Business</p> <p>New Business</p>	<p>Vickie Epple, Manager of MO MHFA & Tobacco Cessation</p> <ul style="list-style-type: none"> There are currently 500,000 MHFAers, and the goal is to reach 1M by EOY 2016. MHFA currently has four statewide eight-hour trainings focused on Military, Veterans, their families, and people who work with them. MHFA class, go to www.mentalhealthfirstaid.org. In July 2015, Smoking Cessation Pharmacology and Behavioral Interventions expanded to assist individuals to quit smoking by removing the 12-week limit on behavioral/pharmacology. Prescriptions can be filled at a local pharmacy if the CMHC doesn't have an in-house pharmacy. Tobacco trainings are available on the DMH website. <p>Motion was made to approve minutes as written by Denise Mills, seconded by Sarah Earll. The December 2, 2015, meeting minutes were approved.</p> <p>SAC Integration A request was sent to SAMHSA to provide technical assistance on how to best manage the integration of the state advisory councils, and it was approved. SAMHSA will provide a consultant, Bruce Emery, who has been a consultant for several years and worked with many state advisory councils on integration. Mr. Emery recommended an Integrated Steering Committee. Three people from both the ADA and CPS SAC will form a subcommittee which will meet monthly via teleconference with Ms. Thompson and Mr. Emery. David Stoecker, Jean Sokora, and Nancy Johnson are the representatives for ADA SAC, and Amanda Dumey, Linda Myers, and Denise Mills will represent the CPS SAC.</p> <p>Meeting Format We discussed changing the meeting format by designating time for subcommittees to meet and discuss both recovery and prevention initiatives. This discussion will be continued in the future.</p> <p>The Mental Health Commission would like presentations from the SACs. We have two opportunities this year, April 14 and October 13, to provide a 20-minute presentation focused on consumers and families. Stacey Gilkey volunteered to present on family support.</p>	

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<p>Member Reports & Announcements</p>	<p>Ms. Earll stated we have discussed the CMHL and the overall program. It would be helpful if one of the CMHLs can present to the Council on the duties/responsibilities of the CMHL.</p> <p>Susan Scott</p> <ul style="list-style-type: none"> • She is putting together new groups for behavioral health day treatment program and will present them in the Fall. <p>Sarah Earll</p> <ul style="list-style-type: none"> • St. Louis Empowerment Center is working on converting documentation to an electronic version. • On Friday, footage for the Mental Health Champion video will be taken at the Center. On Monday, promotional pictures will be taken for the Center. <p>Stacey Gilkey</p> <ul style="list-style-type: none"> • She is conducting a FSP training next week. <p>Denise Mills</p> <ul style="list-style-type: none"> • Transgender Health Conference is March 30-April 2. • From the Front Lines to the Aftermath conference will provide prevention and treatment segments in one conference. • Chief Williams will be part of a panel of experts discussing police responses to mental illness in the area. <p>Carrie Rigdon</p> <ul style="list-style-type: none"> • Starting an IPS program at Crider on March 1. <p>Barb Scheideger</p> <ul style="list-style-type: none"> • Real Voices Real Choices' presentations are due by March 7. <p>Liz Hagar-Mace</p> <ul style="list-style-type: none"> • The 6th Annual Missouri Housing Summit is April 13-15 in Springfield. <p>Mark Sooter</p> <ul style="list-style-type: none"> • He is teaching at a psychosocial rehabilitation center in southwest Missouri. <p>Mickie McDowell</p> <ul style="list-style-type: none"> • MRN's Peer Leadership Summit is March 18 at Lodge of the Four Seasons, Lake Ozark 	<p>Ms. Earll and Ms. Mills will contact the CMHL in their area.</p>
<p>Adjourn</p>	<p>Motion to adjourn was made by Denise Mills and seconded by Toni Jordon.</p>	