

Family Support Provider Billing Options

Services designed to provide a support system for parents of children and transitional aged youth up to age 25 with serious emotional disorders. Activities are directed and authorized by the child/youth's individualized treatment plan.

MoHealthNet Community Psychiatric Rehabilitation Program Manual

The eligible provider must be a family member of a child or youth who had or currently has a behavioral or emotional disorder, has a high school diploma or equivalent and supervised by a qualified mental health professional as defined in 9 CSR 30-4.030

H0038 HA FAMILY SUPPORT

Note: Prior to attending the Family Support Provider Training, all participants must complete the FSP 101 webinar and Test.

Billing Option 1: MO HealthNet

1. The Family Support Provider (FSP) and the FSP Supervisor must have completed the face to face training approved by or provided by the department to bill to MO HealthNet.

Billing Option 2: MO HealthNet

2. FSP can bill **Mo HealthNet** for services provided if:
 - a. The "Direct" Supervisor has attended DMH FSP Training, and
 - b. FSP has not attended the FSP training, but has completed the FSP 101 webinar and passed the test.
 - c. FSP must attend the next face to face FSP training approved or provided by the department to continue billing MO HealthNet.

Billing Option 3: Department of Mental Health (DMH)

3. FSP can bill **DMH** for service provided if:
 - a. If the FSP and the FSP Supervisor have not completed the face to face FSP training approved or provided by the department, they must complete the department's online FSP 101 webinar and pass the test prior to billing DMH.
 - b. FSP and FSP Supervisor must attend the next face to face FSP training approved or provided by the department to start billing MO HealthNet. Family Support cannot be billed to DMH until they have attended the face to face FSP training.

Billing Option 2 & 3: Additional Requirements:

- a. During the initial two months, bi-weekly phone consultation/support for the FSP, FSP Supervisor, the Statewide Family Support Coordinator (SFSC) and the area Chief of Children's Community Operations (C3O).
- b. After the initial two months, monthly phone consultation/support with SFSC, C3O, FSP and FSP Supervisor.
- c. Additional technical assistance and support as needed between scheduled calls.
- d. It is the responsibility of the provider agency to keep record of completion for the required FSP training(s) and clearly document required phone consultation/support calls based on the above criteria in the personnel record(s).

Limitations:

- No more than 32 units per day and 96 units per month can be billed per participant. Family Support cannot be billed if the only service being provided is transportation.

Key service functions include, but are not limited to the following:

- Providing information and support to the parent/caregiver so they have a better understanding of their child/youth's needs and exploring options to be considered as part of their treatment.
- Assisting the parent/caregiver in understanding the planning process and the importance of their voice in the development and implementation of the individualized treatment plan.
- Providing support to empower the parents/caregivers to be a voice for their child/youth and family in the planning meeting.
- Working with the family to highlight the importance of individualized planning and the strengths-based approach.
- Assisting the family in understanding the roles of the various providers and the importance of the "team" approach.
- Discussing the benefit of natural supports within their family and community.
- Introducing methods for problem solving and developing strategies to address issues that need work.
- Providing support and information to parents/caregivers of Transition Age Youth related to the shift from being the decision maker to being the support to the youth as they become more independent.
- Connecting families to community resources.
- Empowering parents/caregivers/youth to become involved in activities related to planning, development, implementation and evaluating programs and services.
- Connecting parent's/caregivers/youth to others who have had similar lived experiences to increase their support system.