

SIMPLESTEPS MILESTONES

Your child's early development is a journey.

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

6
months

- Copies sounds
 - Begins to sit without support
 - Likes to play with others, especially parents
 - Responds to own name
 - Strings vowels together when babbling ("ah," "eh," "oh")
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12
months

- Uses simple gestures such as shaking head for "no" or waving "bye bye"
 - Copies gestures
 - Responds to simple spoken requests
 - Says "mama" and "dada"
 - Pulls up to stand
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18
months

- Says several single words
- Walks alone
- Knows what ordinary things are for (telephone, brush, spoon)
- Plays simple pretend, such as feeding a doll
- Points to show others something interesting

See other side



2 years

- Says sentences with 2 to 4 words
 - Gets excited when with other children
 - Follows simple instructions
 - Kicks a ball
 - Points to things or pictures when they're names
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3 years

- Copies adults and friends (like running when other children run)
 - Carries on a conversation using 2 to 3 sentences
 - Climbs well
 - Plays make-believe with dolls, animals and people
 - Shows affection for friends without prompting
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4 years

- Hops and stands on one foot for up to 2 seconds
 - Would rather play with other children than alone
 - Tells stories
 - Draws a person with 2 to 4 body parts
 - Plays cooperatively
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5 years

- Likes to sing, dance and act
- Can tell what's real and make-believe
- Speaks very clearly
- Counts 10 or more things
- Stands on one foot for 10 seconds or longer

These are just a few of the many milestones to look for.

For a complete checklist by age visit [cdc.gov/ActEarly](https://www.cdc.gov/ActEarly) or call **1-800-CDC-INFO**.