

Recovery Oriented Provider Skills Inventory

1. How do you convey a sense of hope and possibility to the person seeking your help that change is possible for them?
2. What are some things you do with a person to convey a positive attitude about change and recovery?
3. How much time do you spend developing an understanding of the person's symptoms, deficits and challenges?
4. How much time do you spend developing an understanding of what the person enjoys doing including hobbies, recreational activities, employment or family roles?
5. How do you learn about and understand what things the person does to help manage distressing symptoms and stressful things in their life?
6. How confident are you that you are an expert on what changes the person needs to make in their life?
7. What do you do to understand the person's own unique beliefs, views and understanding of recovery?
8. What specific things do you do to elicit direct feedback on how helpful or not your services are to the person you are working with?
9. How and how frequently do you formally review the goals that the person is working on with you?
10. What specific things do you do to help the people identify their own strengths, talents and abilities?
11. How do you learn about the person's own community resources or other natural supports?
12. How do you develop an understanding of the person's learning styles, strengths and challenges?