

**MO DEPT OF MENTAL HEALTH-COMPREHENSIVE PSYCHIATRIC SERVICES-STATE ADVISORY COUNCIL (CPS SAC)
MEETING MINUTES-October 23, 2014**

Members Present: Heather Cushing, Stewart Chase, Sarah Earll, Stacey Gilkey; Scott Giovanetti, Andrew Greening, Mary Horn, Jessica Johnson, Mickie McDowell, Denise Mills, Linda Myers, Scott O’Kelley, Barb Scheidegger, Susan Scott,

Members Absent: Daniel Cayou; Bruce Charles, Liz Hagar-Mace, John Harper, Robert Hawkins, Toni Jordan, Eric Martin, Rene Murph, Jerome Riley, Tish Thomas, Mindy Ulstad

DMH Staff: Mark Stringer, Rosie Anderson-Harper, Amanda Baker, Kate Bazin, Joellyn Becker, Nora Bock, Debbie Byrd, Connie Cahalan, Laurie Epple, Vickie Epple, Mia Ferrell, Kathy Huber, Bob Reitz, Vicki Schollmeyer, Melissa Smyser, Angie Stuckenschneider, Sarah Suerig

DBH SAC Staff & Guests: Lisa Martin, Lisa Reynolds, Harold Myers

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p>Call To Order</p> <p>Division Director Update/ Discussion</p>	<p>Mickie McDowell called the meeting to order with self-introductions. New members present are: Stacey Gilkey, Mary Horn, Denise Mills, Linda Myers & Barb Scheidegger.</p> <p>Mark Stringer, Division Director</p> <ul style="list-style-type: none"> • Mark welcomed the new members to the council. • Rosie-updated the council on one of the projects that was developed because of the SAC council. It is the Peer Support/Specialist services. It started in 2007 by looking at models that were being provided in other states. The Georgia model was reviewed and accepted by the council. There are now over 70 Peer Specialist working with our providers. • Rosie-also spoke about the council’s involvement in the approval of the mental health block grant. The council must review and approve the grant. • SORTS-Dept of Mental Health has to provide services to violent sexual predators. There are approximately 17 to 20 per year. This will always be a growth item for DMH. • State Psychiatric Hospitals are also overfull. This has to be manned very carefully due to lack of room. There are individuals being held in county jails because there is no room in our hospitals. • Nora-shortage in Mental Health workers-Licensed staff especially-DMH has requirements (CPR) and now has to evaluate what tasks these staff are being assigned to due to the shortage. DMH will be working with coalition and community providers to find a new process for these staff. 	

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<p>Budget Update</p> <p>New FSH update</p> <p>Children & Youth Update</p>	<ul style="list-style-type: none"> • Mark-A coalition has been established of mental health stakeholders and are looking at ways to help the individuals that have been impacted in Ferguson. • Vicki-Supplemental funding for mandatory overtime direct care staff-\$3.3 million, & Hepatitis C treatment for 26 individuals \$3.7 million. • New Decision items-Mandatory-Utilization for Medicaid growth- \$9.4 million (GR & Federal state match), Increased food cost \$120 thousand, Increased medication cost \$505 thousand, cost to continue the Hep C treatment \$1.7 million, 2 months for cost to continue @ FSH-Sorts-\$449 thousand, \$1.9 million over census @ Farmington, Cost to continue for certain nurse classification in Psychiatric Facilities \$457 thousand, \$400 thousand Health Care Home per member per month increase. • Non mandatory-Dual diagnosed that are on DD waiver to create a treatment program-6 waiver slots, Support food and custodial at MPC (Psychiatric Stabilization Center), \$120 Thousand Hawthorn Facility-opening up vacant group home-staff, did not receive suicide grants so that federal authority will be reduced, \$1 million planning grant for Excellence in Mental Health Act. <p>Bob Reitz, Director of Psychiatric Facilities</p> <ul style="list-style-type: none"> • Updated the council on the progress with the plans for the new Fulton State Hospital. • It will be a Three hundred bed High Security Forensic Psychiatric Hospital with two living units of twenty five beds each. It will have two to four living units per community and a treatment mall. • Construction is scheduled to start in the Spring of 2015 and occupancy before December 31, 2017. • Goals: Safety & security with dignity, suitable for generations to come, future flexibility & high security environment, recovery-based psychiatric care environment that facilitates and communicates high quality treatment, attract & retain the best staff to work and train. <p>Connie Cahalan, Children's Director & Melissa Smyser, Chief of Children's Community Operations-Central Region</p> <ul style="list-style-type: none"> • Block Grant Update on Transitional Aged Youth-need to intervene earlier, first episode psychosis. • Teams similar to ACT teams have been started for the transitional aged youth for services. They are using the coordinated specialty care model. We will now have 2 	

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<p>Approval of Minutes</p> <p>Committee Reports</p> <p>Old Business</p> <p>Member Reports</p>	<p>teams in Missouri.</p> <ul style="list-style-type: none"> • There will be training for all the Community Health Centers for the transitional aged youth. • Rosie added that education and supported employment is a major component of this model. • Some more components in the model are: therapy, family support, peer specialist, substance use, medication management, etc. • The Community Health Centers are looking at housing for this aged population. Scott G added that there are now some housing options for these individuals. He also suggested having Teresa Brandon with Hopewell come speak on their RISE program both residential and treatment services. • Mark Stringer spoke about the documentary on Community Mental Health Liaisons and mental health services. The link will be sent to the SAC members. • Sarah Earll asked about the SUCEED program at universities. She asked if it is being utilized with the transitional aged youth program. This may vary by area in the state. <p>Melissa Smyser</p> <ul style="list-style-type: none"> • Melissa spoke about the Family Support Provider Training that will be held in November along with a webinar and follow up support. LuAnn Reese (state wide coordinator) will be providing the training. There will be sessions on transitional aged youth along with sessions covered by Melissa & JJ Rorick-Gossrau on childhood trauma/adolescent brain development. <p>Minutes for June were approved-Motion by Sarah seconded by Susan.</p> <p>Membership Committee</p> <ul style="list-style-type: none"> • Did not meet <p>Data Committee</p> <ul style="list-style-type: none"> • Did not meet. <p>There will be a joint CPS/ADA SAC meeting on December 3 to discuss the block grant. Sarah asked about the developing of break out groups.</p> <p>Stewart Chase</p>	<p>Ask Teresa Brandon to speak at SAC meeting</p> <p>Mark would like the input of the SAC on the documentary</p> <p>Lisa M will do some research on this committee.</p> <p>This will be discussed at the Feb 2015 meeting</p>

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	<ul style="list-style-type: none"> • Rediscover-will have an open house for their new complex in Lee's Summit. The new complex will be named after Alan Flory. <p>Scott Giovanetti</p> <ul style="list-style-type: none"> • Scott & staff traveled to residential housing projects. It was very eye opening. There are still individuals sharing rooms, sometimes 3 to 4 in one room. They received feedback from the providers and are looking at how to improve housing. There are meetings being set up to discuss the housing options. Cluster apartments have been the most successful of all the housing types. <p>Heather Cushing</p> <ul style="list-style-type: none"> • Has new employment and will be allowed to attend the SAC meetings. She shared that this is the most rewarding council that she services on. • Crider has really grown and has now merged with Pathways. They will be serving 52,000 individuals. The network of the two together will be called COMPASS. <p>Mary Horn</p> <ul style="list-style-type: none"> • SWMPRC-Pathways now operates. There is a 16 bed unit. <p>Jessica Johnson</p> <ul style="list-style-type: none"> • Pathways changed the CSS makeup of the teams. They will not just be assigned to one person but what their specialty is (education, employment etc.). <p>Linda Myers</p> <ul style="list-style-type: none"> • Privileged and honored to now be on the council. <p>Barb Scheidegger</p> <ul style="list-style-type: none"> • Working on Children's Mental Health Week poster. Working on nominations for awards ceremony in April. <p>Denise Mills</p> <ul style="list-style-type: none"> • Attended the NAMI national convention in Washington. Believes HIPAA needs to be addressed as far as individuals not having access to records. <p>Sarah Earl</p> <ul style="list-style-type: none"> • Peer Specialist Training-trained 21 individuals. Training was held Columbia. The new application was in place for this training which helped in the process. Jessica Johnson was on the panel and explained what the expectations are as a Peer Specialist with our Providers. • There will be a new session added on Transitional Aged Youth. <p>Susan Scott</p>	

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<p style="text-align: center;">Adjourn</p>	<ul style="list-style-type: none"> • Went to the Coalition conference and explained the benefits to attend the Real Voices/Real Choices and to possibly set aside monies to send someone. • Will be presenting at FSH about her journey through the MH system over the years. • Heather suggested updating the Real Voices/Real Choices flyer to include more information. <p>Lisa Martin</p> <ul style="list-style-type: none"> • The Peer Specialist Training went very well. Will link up the individuals from Arkansas with the Appalachian group. • Will continue to work with providers and Peer Specialist-what they bring to the organization, the appropriate use of them on treatment teams and the difference between Cert. Peer Spec & CSS • Presented at a training in St. Louis in conjunction with the VA. She did an overview of Peer Support in Missouri, Joe Yancey-What Peer Support brings to an Organization. There was a panel made up of Kevin Cook & James Loehr from VA, Toni Jordan, Nora Clay (Adapt) great question/answer session and barriers. Kate Audette (Hope Recovery) on Peer Support supervision. <p>Mickie McDowell</p> <ul style="list-style-type: none"> • Busy with Training and Technical Assistance. Will be speaking at the homeless conference. • Speaking on IDDT on employment. <p>Motion to adjourn was made by Sarah Earll and seconded by Heather Cushing.</p>	<p>Will send presentations by email if possible.</p>