



## Setting & Population

- Drug/drug class for review: Smoking Cessation Products w/ Behavioral Intervention
- Age range: All Patients
- Gender: Males and Females

## Approval Criteria

- Appropriate diagnosis:

Condition	Submitted ICD-9 Diagnoses	Inferred Diagnosis	History Date Range
Tobacco Use Disorder	305.1	--	720 days

- **Two 12-week quit attempts per lifetime** consisting of:
  - Pharmacologic Intervention (see Table 1)
  - Available Behavioral Interventions (see Table 2)

## Denial Criteria

- Therapy exceeding the approved annual number of attempts

## Required Documentation

Laboratory results:   
MedWatch form:

Progress notes:

## Disposition of Edit

- **Denial:** Edit 682 “Clinical Edit”

## References

1. Evidence-Based Medicine Analysis: “Smoking Cessation and Pregnancy”, UMKC-DIC; June 2010.
2. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2010.
3. Facts and Comparisons; 2010.
4. USPDI, Micromedex, 2010.
5. Clinical Pharmacology Online, 2010.
6. “The Missouri Tobacco Quitline, Tobacco Cessation Program”; Missouri Department of Health and Senior Services, Smoking and Tobacco, 2009.
7. “Treating Tobacco Use and Dependence 2008 Update”; Office of the Surgeon General; U.S. Department of Health and Human Services, 2010.

**Table 1 – First Line Medications**

<b>Brand Name</b>	<b>Generic Name</b>
Nicorette Gum	Nicotine Gum
Nicotrol Inhaler	Nicotine Inhaler
Nicorette Lozenge	Nicotine Lozenge
Nicotrol NS	Nicotine Nasal Spray
Nicoderm	Nicotine Patch
Chantix	Varenicline
Zyban/Wellbutrin	Bupropion SR

**Table 2 – Behavioral Intervention**

<b>CPT Code</b>	<b>Code Description</b>	<b>Allowed</b>
99406	Smoking and Tobacco Use Cessation Counseling Visit; intermediate, greater than 3 minutes and up to 10 minutes	One Visit Per Week
99407	Intensive, greater than 10 minutes	One Visit Per Week

**Billable by the following Provider Specialties:**

- Physician
- Advanced Nurse Practitioners
- Nurse Midwives
- Psychiatry
- Advanced Mental Health Nurse Practitioners
- Clinical Nurse Specialists
- Psychologists
- Clinical Social Workers
- Provisionals of all of the above