

**MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH)  
 COMPREHENSIVE PSYCHIATRIC SERVICES (CPS)  
 STATE ADVISORY COUNCIL (SAC)  
 MEETING MINUTES  
 January 23, 2014  
 Jefferson City, Missouri**

**Members Present:** Barbara Anderson, Stewart Chase, Sarah Earll, Betty Farley, Scott Giovanetti, Liz Hager-Mace, Jessica Johnson, Toni Jordan, Mickie McDowell, Gregory Markway, Glenda Meachum-Cain, Jerome Riley, Susan Scott, Tish Thomas

**Members Absent:** Bruce Charles, Heather Cushing, Andrew Greening, John Harper, Robert Hawkins, Rene Murph

**DMH Staff:** Mark Stringer, Kate Bazin, Connie Cahalan, Laurie Epple, Michele Merrill, Steve Reeves, Vicki Schollmeyer, Melissa Smyser, Angie Stuckenschneider, Melodie York

**DBH SAC Staff:** Lisa Martin, Lisa Reynolds

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p style="text-align: center;"><b>Call To Order Welcome/Introductions</b></p> <p style="text-align: center;"><b>Division Director Update/Discussion</b></p>	<p>Mickie McDowell called the meeting to order and self-introductions were made.</p> <p><b>Appreciation Ceremony</b></p> <ul style="list-style-type: none"> <li>• Barb Anderson was honored. She was on the Council for 6 years.</li> <li>• Mark Stringer, Lisa Martin and others thanked Barb for all of her work and what she contributed to the council. Steve Reeves presented Barb with a plaque and certificate.</li> </ul> <p><b>Mark Stringer, Division Director</b></p> <ul style="list-style-type: none"> <li>• Discussed the plans for the new Fulton State Hospital.</li> <li>• Mark shared a handout on the critical need for rebuilding FSH.</li> <li>• This will be a lengthy process and will hopefully get started in 2015.</li> <li>• FSH currently houses 300 maximum and intermediate security; 75 Sexual Offender Treatment Services and 25 severe DD/MI patients.</li> <li>• Patient wards are dark, cramped and exceedingly noisy due to concrete walls and floors with inadequate space for treatment and vocational training. These factors create a dangerous environment for patients and staff.</li> <li>• The campus has experienced major power grid failure, a collapse of an</li> </ul>	

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<p><b>Budget Update</b></p>	<p>underground sewer system and five major water line malfunctions in 2013.</p> <ul style="list-style-type: none"> <li>• FSH serves the entire state, not just Central Missouri.</li> <li>• The Governor’s recommendation calls for rebuilding FSH through an appropriations-backed bond.</li> <li>• A short video was shown on the conditions at FSH. Steve spoke about some of the images shown during the video. In the kitchen staff have to wear coats during the winter and in the summer temperatures are unbearable. Some of the equipment that is being used is off of a battleship from WWII. The gymnasium has asbestos and cannot be used.</li> <li>• There was a lengthy discussion around Sexual Offender’s and Mental Health’s role in the process. Each year 17 to 20 individuals will be placed in Mental Health’s Sexual Offender Treatment Services Program (SORTS).</li> <li>• A team has been selected to assist the architecture firm team. Dr. Bob Reitz, Dr. Gowdy, and Bud Smith-CFO@FSH are all serving on the team. Dr. Reitz has toured other state’s Psychiatric Hospitals to see how they are designed.</li> <li>• Caring for Missourians-Mental Health Initiative <ul style="list-style-type: none"> <li>○ This is one time budget.</li> <li>○ \$20 million initiative-for 4 year Public Colleges for psychiatrists, psychologists, behavior analysts, nurse practitioners, nurses and others. 465 slots will be created. It focuses on those professions identified by DMH as areas where they are experiencing the most severe shortages.</li> </ul> </li> </ul> <p>Budget</p> <ul style="list-style-type: none"> <li>• Governor’s budget has quite a bit for mental health. Continuance of the strengthening the mental health system (CIT, MHFA, NAMI Family to Family, Emergency Room enhancement, Community Mental Health Liaison program.)</li> <li>• There is funding for growth in Mental Health Services but the bad news is that it is tied to Medicaid Expansion. There is still a lot of opposition to Medicaid Expansion.</li> <li>• There is no consensus on revenue this year. The Governor and General Assembly don’t agree on how much revenue will come in next year. They are off by 140 million dollars so whatever the Governor has purposed in his budget, the General Assembly will cut that amount off the top.</li> <li>• There are 3 similar bills around tax cuts-the Governor is very direct that he will</li> </ul>	<p>Mark will see if</p>

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<p style="text-align: center;"><b>Budget</b></p> <p><b>CPS SAC Meeting Update</b></p>	<p>not tolerate anything that cuts taxes to our schools.</p> <ul style="list-style-type: none"> <li>• SB739-Medicaide reform bill-would put all our people under managed care. Mental Health is opposed to this. DMH will be watching this bill.</li> </ul> <p><b>Steve Reeves, Deputy Division Director</b></p> <ul style="list-style-type: none"> <li>• National Association Program Directors meeting-Federal Budget has been passed. SAMSA budget was increased by 213 million dollars part of which goes towards the Now's the Time initiative that includes Mental Health First Aid, Increases work force training, Early Intervention Programs, MH Block grant funds, Evidence Based Programs.</li> </ul> <p><b>Laurie Epple, Director of Administration-DBH</b></p> <ul style="list-style-type: none"> <li>• Southwest Missouri Psychiatric Rehabilitation Center will become private-Pathways has submitted a proposal. State employees will be given the option of staying state employees for 5 years. It will be operated as an Intensive Residential Treatment Settings Center (IRTS).</li> <li>• 2% provider rate increase for CPS providers</li> <li>• State Operated Facilities-RN's 6% adjustment in salary-RN's, RN Seniors, RN supervisors and clinical operations nurses. 5% for broad band nurses I, II &amp; III and then on top of that they will get a 2% security differential if they are working in SORTS, FSH or Biggs. 5% security differential if they work in intermediate security at FSH or SEMMHC.</li> <li>• Proposed 3% cost of living for state employees-beginning in Jan. 2015</li> <li>• Supplemental Items-ask for overtime for state operated facilities. New for this year-governor budget office has recommended a cost of continuum of that overtime funding so that it becomes a part of our core and we won't have to go in for a supplemental item next year.</li> <li>• Inflationary increase for food and medical care.</li> <li>• Increase pharmacy services.</li> <li>• Cost to continue for SORTS-8 beds they started and 17 coming up in March @ Farmington.</li> <li>• 2.5 million for expansion 25 bed ward @ FSH.</li> </ul> <p><b>Lisa Martin, Staff Training &amp; Development Coordinator, CPS SAC Liaison</b></p>	<p>documentation is available for committee</p>

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<p data-bbox="180 464 443 532"><b>Children &amp; Youth Update</b></p> <p data-bbox="159 1068 464 1170"><b>Approval of Minutes Committee Reports</b></p>	<ul data-bbox="554 220 1692 475" style="list-style-type: none"> <li>• March meeting will be cancelled due to budget concerns</li> <li>• In the future meeting dates may need to discuss the number of meeting times per year.</li> <li>• Mark Stringer stated that the SAC Committee will continue but the administrative budget is less than 2% which may have some impact on the number of face to face meetings.</li> <li>• Other meeting options may be looked into and discussed.</li> </ul> <p data-bbox="506 516 1646 548"><b>Melissa Smyser, Chief of Children’s Community Operations-Central Region</b></p> <ul data-bbox="554 557 1717 1073" style="list-style-type: none"> <li>• Age range initiative has been implemented. It expanded the age range of children giving providers some flexibility on billing.</li> <li>• Co-occurring protocol group-Children who receive services from more than one division. The protocol has been distributed to the providers. Training was held and providers asked for input. The group will be looking at better support communication with DD and SB40 boards, evidence based practice guidelines are being looked at along with some better screening tools.</li> <li>• School Mental Health Services-Providers are billing some CPR service codes at the schools.</li> <li>• MO Families 4 Families is holding 7<sup>th</sup> Annual Awards Ceremony-April 5, 2014. A nomination form was provided to the committee.</li> <li>• Children’s Mental Health Week has formed a committee and is working on promotional materials, ideas and plans for the week. If anyone is interested in being on the committee please let Melissa know.</li> </ul> <p data-bbox="506 1114 1640 1146">Jerome made the motion to approve the minutes and it was seconded by Susan.</p> <p data-bbox="506 1187 747 1219"><b>Data Committee</b></p> <ul data-bbox="554 1227 1675 1336" style="list-style-type: none"> <li>• Reviewed the 2014 data book.</li> <li>• If there are ever any questions about data you can contact Clive Woodward.</li> <li>• Next meeting is scheduled for April.</li> </ul> <p data-bbox="506 1377 869 1409"><b>Membership Committee</b></p> <ul data-bbox="554 1417 1608 1450" style="list-style-type: none"> <li>• Membership distribution will be 7-West/SW, 2-Central, 5-Eastern, 3 SE.</li> </ul>	

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<p><b>Member Reports</b></p>	<ul style="list-style-type: none"> <li>• An application will be drafted and distributed. Using e-mail, NAMI, Facebook, etc.</li> <li>• Preference will be given to individuals lived experience and family members.</li> <li>• Other representation area ideas are: children/youth representative, public administrators, assisted living, acute hospital, MH liaison, veterans to bring a different perspective to the committee.</li> <li>• Sarah would also like to see a Transitional Age Youth (18 or older) that has been in the system and is transitioning out.</li> <li>• Committee will receive notification about their meeting status.</li> </ul> <p>Lisa Martin</p> <ul style="list-style-type: none"> <li>• The Peer Specialist Training dates have been set for this year. Springfield-March 24-28, SE Missouri-June 2-6, Columbia-Oct 13-17.</li> </ul> <p>Susan Scott</p> <ul style="list-style-type: none"> <li>• Working on the 2014 Real Voices/Real Choices conference and are looking for presenters.</li> <li>• Mickie suggested putting together a tool kit for the community mental health centers giving them ideas for fund raising to help send someone to the conference.</li> </ul> <p>Sarah Earll</p> <ul style="list-style-type: none"> <li>• Currently doing Fidelity Assessment and in a few weeks will do warm-line Fidelity Assessment.</li> <li>• Lisa Martin asked if a report could be given at a SAC meeting on the FACIT scores.</li> </ul> <p>Jessica Johnson</p> <ul style="list-style-type: none"> <li>• Started new job and will hopefully be excused from there to attend SAC meetings.</li> <li>• Started her Masters' degree program in social work.</li> </ul> <p>Liz Hagar-Mace</p> <ul style="list-style-type: none"> <li>• Working on 28 new renewal shelter plus care grants.</li> </ul> <p>Tish Thomas</p> <ul style="list-style-type: none"> <li>• Stated it is great to be back. Thanked everyone for all of their support, prayers,</li> </ul>	

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<b>Adjourn</b>	<p>cards, e-mails.</p> <ul style="list-style-type: none"> <li>• Fidelity reviews are being done.</li> <li>• The process is being formalized and will be more in line with evidence based practices.</li> </ul> <p>Stewart Chase</p> <ul style="list-style-type: none"> <li>• Rediscover is opening up a new administrative office in Lee's Summit. The facility they are moving out of will still be utilized.</li> </ul> <p>Gregory Markway</p> <ul style="list-style-type: none"> <li>• Crisis Intervention Training (CIT) will be implemented among Corrections Officers.</li> <li>• The federal grant fell through but a social work professor from MU will be doing the research.</li> </ul> <p>Mickie McDowell</p> <ul style="list-style-type: none"> <li>• FACIT assessments are going well and should be wrapped up in March.</li> <li>• Mickie will be taking Kate Bazin around the state to visit Consumer Operated Service Programs (COSPs).</li> </ul> <p>Motion to adjourn the meeting was made by Sarah Earll, seconded by Jerome.</p>	