

CMHC HEALTHCARE HOME

PSYCHIATRIST/PSYCHIATRIC PRESCRIBER

ROLE AND RESPONSIBILITIES

❖ MEDICAL LEADERSHIP AND SHARED MEDICAL OVERSIGHT

Psychiatrists and psychiatric prescribers should provide leadership in the medical treatment of psychiatric disorders and share medical oversight with their primary care colleagues in the management of co-morbid medical conditions by

- Managing the medical treatment of psychiatric disorders, including prescribing psychotropic medications, as appropriate;
- Minimizing iatrogenic complications due to psychotropic medications, including screening and monitoring outcomes for metabolic problems that may result from psychotropic medications;
- Treating medical conditions by referral to a PCP, or by providing limited algorithm guided treatment in consultation with the individual's treating PCP or the Healthcare Home PCP consultant;
- Collaborating with each individual's treating PCP by sharing lab results and treatment regimens, as appropriate, to manage the overall health of each individual.

❖ COLLABORATION WITH OTHER TEAM MEMBERS IN THE COMPREHENSIVE CARE MANAGEMENT OF HEALTHCARE HOME ENROLLEES

Psychiatrists and psychiatric prescribers should collaborate with the other healthcare home team members in promoting recovery from serious mental illness, the self-management of other chronic medical conditions, and the adoption of healthy lifestyles by:

- Participating in treatment team meetings to plan the overall treatment/rehabilitation of the individual's assigned to the team;
- Counseling individuals regarding lifestyle modification, such as diet, smoking cessation, and exercise, as provided in each individual's treatment plan;
- Participating in "Team Care" meetings to develop comprehensive care management strategies for individuals with complex medical/behavioral needs, or for whom 'standard' treatment/rehabilitation protocols have been ineffective;
- Engaging with Healthcare Home PCP consultants to improve each other's ability to "see the whole person" by, for example, including PCP consultants in CMHC Medical staff meetings, joint review of Care Manager reports, exchanging medical information and resources (e.g. journal articles, conference materials, etc.), and joint education of non-medical staff regarding behavioral and medical aspects of treating chronic diseases.
- Championing behavioral health expertise in support of behavior change related to the self-management of chronic medical conditions.