

## Missouri Division of Behavioral Health

<b>Bulletin Number:</b> FY 14—Clinical 28	<b>COMMUNITY TREATMENT BULLETIN</b>	<b>Effective Date:</b> April 1, 2014
<b>Revised</b> August 4, 2014	<b>Subject: Using the DLA-20 to Establish Eligibility for Community Psychiatric Rehabilitation Programs</b>	<b>Number of Pages: 4</b>

### 1. Programs Affected

- 1.1 Adult and Children’s Community Psychiatric Rehabilitation (CPR) Programs

### 2. Background and Purpose

- 2.1 This bulletin provides clarification on the use of the Daily Living Activities (DLA-20©) Functional Assessment in establishing eligibility for children and adult Community Psychiatric Rehabilitation programs.
- 2.2 The DLA-20© Adult Version will be utilized as the standardized functional tool for adults entering CPR programs.
- 2.3 The DLA-20© Youth Version will be utilized as the standardized functional tool for children and youth, 6 to 18 years of age, entering CPR programs.
- 2.4 Currently, there are no requirements for discharge from CPR programs in relation to DLA-20© scores.

### 3. Policies and Procedures

- 3.1 Effective April 1, 2014, the following criteria will guide eligibility determination for admission to Community Psychiatric Rehabilitation Programs.
  - 3.1.1 Eligibility for individuals 26 years of age and older for admission to CPR is determined by meeting one of the following:
    - 3.1.1.1 Criteria outlined in 9 CSR 30-4.042(4)(A)-(C).
    - 3.1.1.2 A DSM-IV psychiatric diagnosis approved by the Division of Behavioral Health (see section 6.1) **AND** an mGAF score of 40 or below on the DLA-20©.
  - 3.2.1 Eligibility for individuals 6 to 25 years of age for admission to CPR is determined by meeting one of the following:
    - 3.2.1.1 Criteria outlined in 9 CSR 30-4.042(4)(A)-(C).
    - 3.2.1.2 A serious emotional disturbance or DSM-IV psychiatric diagnosis approved by the Division of Behavioral Health (see section 6.2) **AND** a CGAS score of 50 or below on the DLA-20©.

- 3.2.1.3 For children ages 2 through 5, the following are the DBH-approved functional tools. Total scores and functional scale, if appropriate should be included/documented in the child's record. At the present time, there is not a location in CIMOR to enter these scores.

**Devereaux Early Childhood Assessment Clinical Form (DECA-C);** Total Behavior Concerns scale of 60 or higher.

**Ages and Stages Social Emotional Screening** tool; cutoff scores identified with the specific age ranges as identified in the manual are eligible for CPR.

**Preschool and Early Childhood Functional Assessment Scale (PECFAS);** total score of 90 or above.

- 3.3.1 Individuals currently enrolled in youth CPR programs will be automatically eligible for adult CPR when transfer to an adult program is determined to be clinically appropriate.

#### **4. Qualified Personnel**

- 4.1 The initial, annual, and discharge administrations of the DLA-20© shall be completed by a Qualified Mental Health Professional (QMHP).
- 4.2 The administration of the DLA-20© in conjunction with treatment plan reviews may be completed by a community support specialist.
- 4.3 All agencies administering the DLA-20© must have received the appropriate training from the developer, Willa Presmanes/MTM Services or her designee. Following receipt of training, these individuals may train others within their agency on the administration of the instrument. Any staff member administering the DLA-20© must be appropriately trained and documentation to support receipt of this training must be maintained by the agency.

#### **5. Documentation and Data Entry**

- 5.1 The time spent completing the DLA-20© must be clearly documented in a progress note and be easily distinguished from direct time spent providing other community support or clinical services.
- 5.2 The DLA-20© score sheet that corresponds with the progress note should be filed in the client record.
- 5.3 The DLA-20© scores, translated into an mGAF or CGAS score, shall be entered into CIMOR under diagnosis Axis V. The initial score shall be entered into CIMOR within 30 days of the admission date.
- 5.4 Updates to DLA-20© scores shall be entered in CIMOR.

## 6. Eligible Diagnoses

- 6.1 Adults with a DLA-20© mGAF score of 40 or lower, in combination with one of the following DSM-IV-TR psychiatric diagnoses, meet the disability and diagnostic requirements for admission to CPR:
- Bipolar Disorder, Most Recent Episode Unspecified
  - Shared Psychiatric Disorder
  - Conversion Disorder
  - Dissociative Identity Disorder
  - Dysthymic Disorder
  - Depersonalization Disorder
  - Body Dysmorphic Disorder
  - Hypochondriasis
  - Somatization Disorder
  - Undifferentiated Somatoform Disorder
  - Paranoid Personality Disorder
  - Cyclothymic Disorder
  - Schizoid Personality Disorder
  - Schizotypal Personality Disorder
  - Obsessive-Compulsive Personality Disorder
  - Histrionic Personality Disorder
  - Dependent Personality Disorder
  - Antisocial Personality Disorder
  - Narcissistic Personality Disorder
  - Avoidant Personality Disorder
  - Personality Disorder NOS
  - Pain Disorder Associated with Psychological Factors
  - Pain Disorder Associated with Both Psychological Factors and a General Medical Condition
  - Intermittent Explosive Disorder
- 6.2 Individuals younger than 18 with a DLA-20© mGAF or CGAS score of 50 or lower, in combination with the following DSM-IV-TR psychiatric diagnoses, meet the disability and diagnostic requirements for admission to CPR:
- Any diagnosis listed in 6.1 above, or
  - Separation Anxiety Disorder
  - Oppositional Defiant Disorder
  - Attention-Deficit/Hyperactivity Disorder (Predominantly Inattentive Type, Predominantly Hyperactive-Impulsive Type, Combined Type)
- 6.3 Youth or adults, meeting the age-appropriate DLA-20© mGAF or CGAS score requirements and who have one of the following Not Otherwise Specified (NOS) Disorders, can also be eligible for CPR. ***When an NOS disorder is used as the diagnosis, documentation must specifically include a detailed history/examination for each of the non-NOS criteria and a clear rationale for how those criteria are not met, thus supporting the appropriateness of an NOS diagnosis.***
- Mood Disorder NOS
  - Anxiety Disorder NOS
  - Dissociative Disorder NOS

- Personality Disorder NOS
- Depressive Disorder NOS
- Impulse Control Disorder NOS
- Disruptive Behavior Disorder NOS
- AD/HD NOS
- Bipolar Disorder NOS