

**MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH)  
 COMPREHENSIVE PSYCHIATRIC SERVICES-STATE ADVISORY COUNCIL (CPS SAC)  
 MEETING MINUTES  
 April 24, 2014  
 Jefferson City, Missouri**

**Members Present:** Stewart Chase, Sarah Earll, Scott Giovanetti, Liz Hager-Mace, Eric Martin, Jessica Johnson, Toni Jordan, Mickie McDowell, Rene Murph, Jerome Riley, Susan Scott, Tish Thomas

**Members Absent:** Bruce Charles, Heather Cushing, Betty Farley, Andrew Greening, John Harper, Robert Hawkins, Gregory Markway, Glenda Meachum-Cain

**DMH Staff:** Mark Stringer, Kate Bazin, Connie Cahalan, Vickie Epple, Jodi Haupt, Vicki Schollmeyer, Kate Wieberg

**Guests:** Lynn Carter, Patty Henry

**DBH SAC Staff:** Lisa Martin, Lisa Reynolds

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p><b>Call To Order</b></p> <p><b>Division Director Update/Discussion</b></p>	<p>Mickie McDowell called the meeting to order and welcomed Eric Martin to the SAC committee.</p> <p><b>Mark Stringer, Division Director</b></p> <ul style="list-style-type: none"> <li>• Budget has not changed much. There was more money added for the Strengthening Mental Health.</li> <li>• Pathways will start operating SWMPRC beginning July 1. They will maintain the 16 beds and expand their beds at Royal Oaks.</li> <li>• A bill that is making progress is allowing Advance Practice Psychiatric Nurses to order seclusion and restraint in hospitals.</li> <li>• SB509-There is a sentence in the bill that states the top tax bracket in Missouri will be cut. The problem is that anyone making \$9,000 and up are in this bracket. There is still enough time that if the Governor does veto this bill it can be overridden in this session. Mickie stated that she was on a call on this bill and Governor Nixon himself was on the call. That is how important this is.</li> <li>• Housing Options-DBH is working with DD to develop some housing options for individuals with severe DD and Mental Illness. The CMHC's are involved in helping manage these homes.</li> <li>• Excellence in Mental Health Act (Federal)-There will only be 8 states that are</li> </ul>	<p>Invite Dr. Gowdy to talk at a near future meeting.</p>

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
Budget Update	<p>awarded these monies. These will create Community Behavioral Health Clinics-providing Mental Health Services, Substance Abuse Services, and Physical Health Services etc. The payment process will be different. It is a prospective payment system. Dorn Schuffman has been asked to head this project and help with the grant.</p> <ul style="list-style-type: none"> <li>• Suicide Prevention-DBH will be sending a team to a Zero Suicide Policy Academy in Washington D.C. They will be bringing back a Tool Kit and it will be implemented in our CMHC's.</li> <li>• DBH has worked with the Family Support Division and they have placed 2 family support eligibility specialists here at DMH to work with individuals the application or re-application process for Medicaid.</li> <li>• Elijah Buchholz-DMH Deaf Services-is doing Mental Health First Aid in deaf and hard of Hearing communities. They have completed an 8 hour training and are in the process of offering a 5 day train the trainer.</li> <li>• Rosie Anderson-Harper reported that DBH has applied for a SAMSHA grant-RFP Supported Employment Grant. Tish Thomas wrote the grant. It is for adding two additional agencies for supported employment. This would include 2 employment specialist, peer specialist and supervision.</li> <li>• Mark added that there has been a long standing cultural biases that individuals with mental illness or substance abuse, etc. that work is too stressful for them. He spoke about an individual who started out as a consumer and progressed through the system. He then received employee of the month and also ended up being the employee of the year. He is a peer specialist and is a very valued employee. He is an example of what we expect to see in terms of individuals with lived experience and a full utilization of their talents.</li> </ul> <p><b>Vicki Schollmeyer, Director of Operations-DBH</b></p> <ul style="list-style-type: none"> <li>• \$8.4 million for Utilization review increase</li> <li>• \$2.2 million for the SORTS ward and opening a new ward at FSH</li> <li>• \$15.9 for Strengthening Mental Health</li> <li>• 2%-House/1%-Senate-Provider increase</li> <li>• \$160 thousand for Eating Disorders Council</li> <li>• 5% increase adolescent experiencing psychiatric needs</li> </ul>	

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p><b>Mental Health Champion's Banquet</b></p>	<p><b>Patty Henry, Executive Director-Missouri Mental Health Foundation</b></p> <ul style="list-style-type: none"> <li>• Mental Health Champions Banquet-is scheduled for Tuesday, June 3 at the Capital Plaza Hotel in Jefferson City.</li> <li>• The Mental Health Champions for this year are: LuAnn Reese, Middlebrook, Quentin Miller, Bowling Green and Robert Harrison, Columbia. These are amazing advocates and do their best to help other individuals.</li> <li>• The Keynote Speaker is Joe Pantoliano. He is an advocate for individuals with Mental Illness and founded the charity organization "No Kidding, Me Too" (nkm2.org). He has traveled the globe with his message about mental illness.</li> <li>• Wednesday morning 8:30 a.m.-(April 29<sup>th</sup>) KWOS Radio-there will be a live radio show with Joe. Patty will be on the noon addition of KRCG promoting the Mental Health Champions Banquet on Monday, April 28th.</li> <li>• <a href="http://www.missourimhf.org">www.missourimhf.org</a> registration form is available along with other materials.</li> <li>• Mickie added that Joe released a movie called "canvas" which is about Mental Health and thought that if we could get a copy of the movie it would be a good silent auction item.</li> </ul>	
<p><b>Children &amp; Youth Update</b></p>	<p><b>Connie Cahalan, Children's Director</b></p> <ul style="list-style-type: none"> <li>• Healthy Transition Grant-targets young adults 15-25 (emerging young adults) Jackson County will end in 2014. The Community Providers through the grant have pushed the system to make some changes to the info structure. Now young adults between the ages of 16 to 25 should be able to get services simultaneously from children's and adult systems.</li> <li>• This grant has been very helpful to us as a system for children. There is another opportunity for these particular types of grants. SAMSHA has put out another grant and DMH will be applying. It is a 5 year grant and \$1 million per year and there is no match required. There will be 2 Regions involved-SW and SE part of the state. Implementation in a rural region will enable the BHD to better plan for sustainability across the State. The grant is due June 13<sup>th</sup>. There will be 16 awards around the Nation. Connie feels we have a great chance of receiving one because of the previous work in Kansas City.</li> <li>• DMH is partnering with Social Services on a trauma initiative for children 0-8years who are removed from the home. Dr. Patsy Carter is taking the lead on developing a</li> </ul>	

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p><b>Midwest Special Needs Trust</b></p> <p><b>Approval of Minutes</b></p> <p><b>Committee Reports</b></p>	<p>curriculum that we can use in the community. There will individuals that are “brief interventions” who will go to the home and work with the foster parent to try to decrease the child’s trauma from being removed from the home. DBH will be adding some additional child and adult services in CSTAR-state plan.</p> <p><b>Lynn Carter, Executive Director</b></p> <ul style="list-style-type: none"> <li>• Presentation materials are available online @ <a href="http://dmh.mo.gov/mentalillness/org/advisory/april14handouts.htm">http://dmh.mo.gov/mentalillness/org/advisory/april14handouts.htm</a></li> <li>• More information is available at <a href="http://www.midwestspecialneedstrust.org">www.midwestspecialneedstrust.org</a> or by contacting Lynn Carter-<a href="mailto:lcarter@midwestspecialneedstrust.org">lcarter@midwestspecialneedstrust.org</a>, toll free 877-239-8055.</li> <li>• Lynn thanked the council for supporting the nominees of the board. She suggested that if anyone is interested in joining the board to contact her.</li> <li>• Sarah Earll made the motion accept and give approval to the candidates for appointment/reappointment to the Special Needs Trust Board. All members were in favor and 1 abstain (due to conflict).</li> </ul> <p>Sarah made the motion to approve the minutes-seconded by Tish.</p> <p><b>Data Committee</b></p> <ul style="list-style-type: none"> <li>• Did not meet.</li> </ul> <p><b>Membership Committee</b></p> <ul style="list-style-type: none"> <li>• Did not meet, but several applications have been received. Western Region, Family Members, Veterans and Individuals with lived experience will be given first consideration.</li> </ul> <p>There was discussion about forming Committee groups that will have break out session during the meeting. Lisa explained to the committee the how the ADA SAC structures their meetings. Two suggestions for committees are Prevention and Treatment. These committees will not replace the data and membership committees. Stewart made a motion to adopt a meeting schedule similar to the ADA SAC, Sarah seconded. There was also discussion how the number of times the council meets face to face in a year. Several members supported only meeting 6 times a year face to face. Mickie suggested that this be</p>	<p>Lisa M. will send out individual’s attendance.</p> <p>Lisa M will also send out a couple different formats types.</p>

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<b>Member Reports</b>	<p>discussed but doesn't want to miss out on the updates that are given at the meetings. There were suggestions about ways to still get the information rather than meet face to face.</p> <p>Susan Scott</p> <ul style="list-style-type: none"> <li>• 2014 Real Voices/Real Choices Conference-applications are being received. She asked that everyone promote the conference. If anyone would like to make a contribution, door prize, basket, jewelry, etc. please let Susan know.</li> </ul> <p>Sarah Earll</p> <ul style="list-style-type: none"> <li>• Everything running smooth with all of the fidelity assessment.</li> <li>• Attended the Mental Health First Aid at UMSL-she would like to market it better because it was free to all university personnel. Besides herself there was only one more professor. She wished more staff would attend.</li> <li>• Sarah &amp; Toni-Did the Peer Specialist Training in Springfield in March. They had several individuals who are working at Substance Abuse Treatment Center that deals with dual diagnosis. They found the training to be very helpful.</li> </ul> <p>Toni Jordan</p> <ul style="list-style-type: none"> <li>• Queen of Peace looking for individuals for the DM3700.</li> <li>• Will be training with Sarah Earll &amp; Lisa Martin at the Peer Specialist Training in Springfield, March 24-28.</li> </ul> <p>Jerome Riley</p> <ul style="list-style-type: none"> <li>• Support group is going well.</li> </ul> <p>Liz Hager-Mace</p> <ul style="list-style-type: none"> <li>• The 4<sup>th</sup> Annual Housing Summit is coming up in July. You can visit the housing website for more information. Attendance is free and it is being held at the Lodge of 4 Seasons. Exhibitor's booths are also free but do need to register.</li> <li>• Working on HUD applications.</li> </ul> <p>Rene Murph</p> <ul style="list-style-type: none"> <li>• Children's Mental Health week-first full week in May. She will be at the Capitol participating in the proclamation signing.</li> </ul> <p>Tish Thomas</p> <ul style="list-style-type: none"> <li>• Thanked everyone for their support during her illness.</li> <li>• Working on grants and fidelity reviews.</li> <li>• The video that MIMH did on Molly got accepted into a film festival in Muskogee,</li> </ul>	

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
<p><b>Adjourn</b></p>	<p>Oklahoma. Eric Martin</p> <ul style="list-style-type: none"> <li>• Learning a lot about MO HealthNet and is glad to be on the council.</li> </ul> <p>Stewart Chase</p> <ul style="list-style-type: none"> <li>• National Council of Behavioral Health Centers to Washington D.C. for National Hill Day. They will be visiting Senator Blunts office while they are there.</li> <li>• Attended a week long training on Trauma Informed Care. He would like to see someone come and speak to the council meeting on this. He found it incredibly interesting.</li> </ul> <p>Mickie McDowell</p> <ul style="list-style-type: none"> <li>• Daughter will be presenting at the Real Voices/Real Choices this year.</li> <li>• Received an e-mail from an individual who is reaching out to become a Peer Specialist due to family issues. She found the information on the DMH website so people do use our website for information.</li> </ul> <p>Lisa Martin</p> <ul style="list-style-type: none"> <li>• Tara Crawford and she just finished the Wellness Coaching to providers. There will be a Train the Training coming soon.</li> <li>• Peer Specialist application will be changing for the October training.</li> </ul> <p>Motion to adjourn the meeting was made by Sarah Earll and seconded by Tish Thomas.</p>	<p>Lisa M. will ask Dr. Patsy Cater to speak to the council.</p>