

EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION

Department of Mental Health
1706 East Elm
Jefferson City, MO 65101

July 10, 2014

PRESENT

Dennis Tesreau
Neva Thurston
Kathy Carter
Gary Duncan
Steve Roling

STAFF

Keith Schafer, Director
Bob Bax, Acting DMH Deputy Director
Monica Hoy, Director's Office
Cathy Welch, Director's Office
Laine Young-Walker, MD, Children's
Services
Angeline Stanislaus, MD, Adult
Services
Debra Walker, Public Affairs
Susan Flanigan, Legislative Liaison
Rikki Wright, General Counsel
Leigh Gibson, Constituent Services
Mark Stringer, Division of
Behavioral Health
Dan Haug, Division of
Administrative Services
Lynne Fulks, DAS Budget & Finance
Donna Siebeneck, DAS Medicaid
Coordinator

James Jackson, Human Resources
Jeff Grosvenor, Division of
Developmental Disabilities
April Maxwell, Division of
Developmental Disabilities
Vickie McCarrell, Division of
Developmental Disabilities

GUESTS

Valerie Huhn, MO HealthNet
George Fizer, Higginsville Habilitation
Center
Ron Wehmeyer, Higginsville
Habilitation Center
Donna Howard, Higginsville Habilitation
Center
Bill Kolas, City of Higginsville
Susan Bishop, Marshall Habilitation
Center
Connie Latimer, City of Marshall
Mendy Lovercamp, Marshall
Habilitation Center
Cindy Tebbe, Guardian/Marshall
Habilitation Center
Bill Riggins, Marshall-Saline
Development Corporation
Cory McMahon, Self-Advocate
John McCarroll, AFSCME

Erika Leonard, MARF
Andrea Swope, CC Links
Susan Zalenski, Johnson & Johnson
Jean Marshall, Easter Seals Midwest
Greg Kramer, Easter Seals Midwest
Jan Jones, Abilities First
Melanie Highland, OA Budget &
Planning
Hannah Swann, Senate Appropriations
Patty Henry, Mental Health Foundation
Marcy Volner, DMH-DD Division
Kim Stock, DMH-DD Division
Angie Brenner, DMH-DD Division
Bob Reitz, DMH-BH Division
Vickie Epple, DMH-BH Division

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	<p>Dennis Tesreau, Chair, called the Missouri Mental Health Commission meeting to order at 10:02 a.m. on July 10, 2014. The meeting was held at the Department of Mental Health, 1706 E. Elm St., Jefferson City, MO. Self-introductions were made.</p> <p>Keith welcomed Dr. Angeline Stanislaus, Chief Medical Director of Adult Services, to her first Mental Health Commission meeting.</p> <p>Mr. Tesreau announced the DD Transformation presentation originally scheduled for today, is being postponed until September. He also reminded Commissioners that for the August meeting, they would be traveling to Marshall and Higginsville Habilitation Centers.</p>
APPROVAL OF MINUTES	<p>Mr. Tesreau motioned for approval of the May 2014 meeting minutes, noting the Commission did not meet in June due to a lack of quorum. Steve Roling seconded the motion; motion carried with approval of the minutes.</p>
APPOINTMENT OF NOMINATION COMMITTEE	<p>Mr. Tesreau appointed Kathy Carter and Gary Duncan to the Nomination Committee. They will announce at the August meeting their recommendations for the next Mental Health Commission Chair and Secretary. The full Commission will also vote in August on the new selection of officers.</p>
OPEN DISCUSSION	<p>Keith Schafer announced the appointment of Valerie Huhn as the next Director for the Division of Developmental Disabilities, effective September 1. Ms. Huhn, currently with the DSS MO HealthNet Division, joins the DMH team with more than 14 years' experience in state government. She has extensive experience in working with state and federal officials to draft program policies and funding for Missourians who are aged or disabled. In the course of that work, she developed familiarity with multiple Medicaid programs, including those serving people with developmental disabilities. Ms. Huhn also served as the Assistant Budget Director in OA Budget and Planning where she was of great assistance to DMH in developing annual budget requests submitted to Governors' Offices and to the Legislature, including program funding for the Division of Developmental Disabilities. During that time, she developed intimate knowledge of program policy issues affecting Missourians with developmental disabilities.</p> <p>Dr. Schafer personally thanked the DD Division Director selection committee:</p> <ul style="list-style-type: none"> • Dan Haug, Chair; • Neva Thurston, representing the Mental Health Commission; • Stephanie Briscoe, representing the Developmental Disabilities Council;

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	<ul style="list-style-type: none"> • Cathy Enfield, representing People First; • Connie Hébert, representing the Autism Commission; • Peg Capo, representing MACDDS; • Greg Kramer, representing MARF; • Lois Warren, representing the DD Regional Offices; • April Maxwell, representing the DD Habilitation Centers; and • DMH Staff - James Jackson and Jeff Grosvenor.
<p>Northwest Habilitation Center Task Force Report</p>	<p>April Maxwell, Director of State Operated DD Programs, Susan Bishop, Marshall Habilitation Center (MHC) Superintendent, and George Fizer, Higginsville Habilitation Center (HHC) Superintendent, presented the findings of the final Northwest Habilitation Center Task Force Report. The Task Force was established by the Commission in September 2013 and charged to recommend a redesign that would best meet the needs of individuals served and would optimize the use of all available resources. The Commission also proposed the Task Force be comprised of family members/guardians of the individuals now served by the habilitation centers, managers, support staff and direct care staff from the two programs, along with local government representatives of the two communities.</p> <p>Ms. Maxwell first recognized the members of the Task Force for their time, dedication, and cooperative nature in serving on this Task Force. It was a learning experience for all involved and provided a greater understanding of both facilities, their staff, the clients, and the importance of each facility to their community. In addition to Ms. Bishop and Mr. Fizer, the following individuals served as members of the Task Force, many of whom were present for this meeting:</p> <ul style="list-style-type: none"> • Donna Brown, Economic Development Director, Higginsville; • Mark Gooden, Mayor, Marshall; • Bryon Jacques, HHC Habilitation Specialist; • Bill Kolas, Mayor, Higginsville; • Connie Latimer, City Administrator, Marshall; • Mendy Lovercamp, MHC Habilitation Program Manager; • Bill Riggins, Marshall-Saline Development Corporation; • Melissa Sutherland, HHC Unit Manager; • Cindy Tebbe, MHC Direct Care Staff and Sister/Guardian; and • Ron Wehmeyer, HHC Parent Association President and Father/Guardian. <p>Over the past 20 years, services provided by the Division of Developmental Disabilities have progressed from care that was once primarily provided on large congregate habilitation center campuses to an array of living options in home and community settings across the state. During these years, many individuals who previously</p>

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	<p>resided on the campuses of the MHC and HHC have opted to live in community neighborhoods of Higginsville, Marshall, or surrounding towns while continuing to receive their services from state employees employed by the habilitation centers, or private providers licensed by DMH.</p> <p>Last September, the combined number of individuals living on both the Marshall and Higginsville Habilitation Center campuses was only 113 individuals, even though those campuses were originally designed for a combined total of over 1,100 individuals.</p> <p>After careful consideration of all options and examination of the information collected and presented during the tenure of the Task Force meetings, the following recommendations were submitted:</p> <ul style="list-style-type: none"> • There should be one habilitation center campus in the Northwest Region and it should continue to be ICF/IDD certified. It is recommended this be HHC and be operated through the HHC Superintendent. • An eight-person intensive behavioral support crisis program should be developed in Marshall. • The Marshall off-campus waiver program and the Higginsville off-campus waiver program should become one entity, known as Northwest Community Services, and should be operated through the MHC Superintendent. • All individuals should continue to have the opportunity to choose day program and/or work skills programs through NWCS and HHC. • All redirected resources should be used directly for the betterment of the DD services in the communities of Marshall and Higginsville, as opposed to addressing budget cuts or meeting unrelated needs across the state. • Administrative and support services such as accounting, personnel, staff development, etc. should be shared between sites, as appropriate. Satellite offices should exist at each location under the oversight of one department head, as appropriate. • Each employee whose position is affected by the changes should be offered a position to continue employment. <p>In closing, Task Force members present shared their deep appreciation for the opportunity to serve on this committee and the valuable knowledge they each learned from the review process.</p> <p>The Mental Health Commission thanked the Task Force for their excellent presentation and the time and effort put into its development. The Commission will vote at its August meeting on whether to accept these recommendations, and if accepted, will ask the Department to move forward with approval from the Governor's Office.</p> <p>A copy of Task Force presentation can be found at http://dmh.mo.gov/about/diroffice/commission/documents/NWHSTaskForce2014.pdf.</p>

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	<p>A copy of the full Northwest Habilitation Center Task Force Report is located at http://dmh.mo.gov/docs/opla/NorthwestHabServicesTFJuly2014FinalReport.pdf.</p>
PUBLIC COMMENT	<p>No public comment.</p>
BUDGET UPDATE	<p>Dan Haug shared information regarding the State's revenue update. Mr. Haug also discussed the statewide mental health services impacted by low revenue growth and tax cuts, either by spending restrictions or veto. Copies of this information can be found at: http://dmh.mo.gov/about/diroffice/commission/documents/CommissionBudgetPresentation7-10-14.pdf and http://dmh.mo.gov/about/diroffice/commission/documents/DMHFY2015ImpactSummary.pdf</p> <p>Keith Schafer voiced his expectation of a constrained budget environment for FY 2016 with cautious movement for the next several years. The state will need to recover from where it thought it would be in FY 2015, an expected growth of 4½ to 5% that may not now be reached. No one expected that the state would enter FY 2015 \$300 million below projected levels.</p> <p>Dr. Schafer does not yet have direction for FY 2016 but expects OA Budget & Planning to instruct state departments that rely on state revenues to move forward with mandatory decision items only. Keith expects mandatory items to include services for people with developmental disabilities in crisis from the loss of a caregiver or a dramatic change in medical or behavioral conditions.</p> <p>One of the recommendations from Cindy Mann with CMS is that MO should suspend, but not remove, incarcerated individuals from Medicaid eligibility. If an incarcerated person's eligibility is only suspended, when they have a significant medical crisis that requires a multi-day hospitalization, their hospital treatment may be Medicaid reimbursable. One reason the Department of Social Services has not done this in the past is due to the limitations of their MMIS system in documenting suspended eligibility. DSS is moving to a new system that can document and track suspended eligibility as early as next summer. In the meantime, they will use manual "work-around" processes for suspended eligibility for DOC inmates until the new IT system is in place. This will have a potential positive impact on the caseload growth for the Division of Behavioral Health.</p> <p>The Division of Developmental Disabilities will be changing the management structure of its regional offices. This change involves risk and may require that the satellite offices that were formerly independently functioning management units, move toward different approaches to management and decision-making.</p>

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<p>DIVISIONS AND SECTION UPDATES</p>	<p><u>Division of Behavioral Health.</u> Mark Stringer provided information on three possible new decision items for FY 2016.</p> <p><i>SORTS Expansion:</i> DBH will have another expansion item for the coming year; however, the question is what it would look like. Dr. Stanislaus and Dr. Gowdy have been working on a continuum for FY 2016 that could include services in new settings. Dr. Stanislaus has also been working with Dr. Reitz on identifying a better way of managing risks for these individuals when they move into the community, and are looking at models that will decrease the risk to the community, but will still ensure the individual can succeed in a least restrictive environment.</p> <p><i>MIDD Consumers:</i> Consumers with a dual diagnosis of mental illness and developmental disabilities usually go through numerous placements, wind up in jail, or one of the DBH long-term facilities. We must find a better way to manage these individuals. Concepts being considered are waiver slots that individuals with developmental disabilities can use for specialized ISLs operated by CMHCs with intensive psychiatric services provided. A proposal will be shared with the Commission in the near future.</p> <p><i>Missourians Overcoming Separation Trauma (MOST):</i> MOST is a program DMH is working on with DSS to better manage kids in foster care. Dr. Young-Walker shared there are two parts to the MOST proposal. One is system wide training on separation trauma to assist caseworkers and others engaged with individuals being removed so they can understand developmentally how this trauma affects the child. Intervention starts 24 hours after removal where the MOST provider meets with the child for an assessment. Meetings are also held with the foster parent and the biological parent or guardian to gain a sense of attachment with the child and learn more about their interactions or their routines. The curriculum will focus on how we can help the child understand what they are going through, give them skills to help them through the separation, and determine whether mental health treatment is needed (for instance, cases involving repeated sexual or physical abuse), and also help parents who have a history of trauma. This proposal will cost \$7.0 million per year for 4,000 children, age 0-8. This is not a costly program for the benefit that will be received, and all services would be covered by Medicaid. Special thanks were given to Dr. Young-Walker and to Tim Decker, DSS Children's Division Director, for developing this proposal.</p> <p>The above items may be submitted as new decision items beyond our mandatories for FY 2016. Mr. Stringer added compensation for nursing positions is a continuing problem, and inpatient hospital census is beyond capacity. The division believes it can relieve some of the pressure; however, new decision items for these two areas may need to be submitted as well.</p> <p>Dr. Schafer closed by commenting that the passage of Medicaid Expansion would have an effect on all of these issues, and if passed, Mr. Stringer will be able to adjust his mandatories.</p>

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	<p><u>Legislative Update.</u> Susan Flanigan provided a written update, in which a copy can be found at http://dmh.mo.gov/about/diroffice/commission/documents/LegislativeUpdate7-10-14.pdf. Ms. Flanigan added she received word earlier in the morning that Governor Nixon vetoed Senate Bill 575, which included the legislation to add a psychologist to the Mental Health Commission. It is assumed the sponsor will reintroduce this bill next year. In addition, the Governor signed Senate Bill 716, a public health omnibus bill, which included a piece that impacts the department's Investigations Unit. This bill will impact how investigations are conducted within our facilities, timeframes for completion, death reviews, and guardian notification. Rikki Wright advised the language would need to be cleaned up next year in order to ensure it is consistent across our system.</p>
AUGUST MEETING	<p>The August meeting will be a travel month to Marshall and Higginsville. The meeting will begin at 10:00 at the Marshall Habilitation Center for a brief meeting and tour of the facility that will focus on the strengths of the Center and their programming, rather than the aging buildings. Participants will then travel to Higginsville Habilitation Center for lunch and a tour of the facility, with a meeting to follow. Additional information will be shared closer to the meeting date.</p>
ADJOURN	<p>Kathy Carter made a motion for adjournment; Steve Roling seconded. Meeting adjourned at 1:55 p.m.</p> <hr/> <p>Neva Thurston, Secretary</p>