



A Roadmap to the Future

Transitioning into Adulthood with ASD



Two transition products now available!

All young people make the transition from being a teenager to becoming an adult. However, this passage may be more challenging for persons with Autism Spectrum Disorders (ASD) due to the social and communication difficulties they experience.

The following transition products are now available for youth, families and professionals:

- A free training module called [Autism Spectrum Disorders: Transition to Adulthood](#).

The module is hosted as a course on the University of Missouri Extension web site under the Families and Relationships tab. To view the training you will need to register for an Extension Passport and select the [Autism Spectrum Disorders: Transition to Adulthood](#). There is no charge for the Passport or to view the training.

- A FREE interactive transition website called [Roadmap to the Future](#).

Both the module and website feature information about becoming prepared for adult life. The training module provides an overview of the five areas that families need to consider as they prepare for this important transition:

- ▶ Adult Services and Benefits
- ▶ Education and Training
- ▶ Employment
- ▶ Health and Safety
- ▶ Community Living

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