Person Centered Tiered Supports

What? Applied Behavior Analysis – includes services of Functional Behavioral Assessments - formal assessment necessary to determine environmental factors or function of behavior and develop, monitor, train, and adjust Behavior Support Plans

How know we need? Functional Assessment by Behavior Analyst

When? Necessary for behaviors causing significant harm, limited access to community, police involvement or hospitalizations or complex issues like early intensive programs for children with autism

Intensive Individualized Behavioral Supports

What? Focused teaching strategies

How know need them? BRT Risk Assessment Tool and BRT generator data

When? For common problem situations or behaviors or times of day based on data post implementation of Universal strategies

Ex. 1) teaching peer problems solving skills and staff to prompt and coach using skills because there is a lot of bickering between roommates;

Ex 2) teach, prompt & reinforce, pre-correct a routine and have staff use Tools – Stay close Routine when frequent disruptive behaviors occur at the same time of day issue (pm return home from day activity

Specialized strategies of Tiered Support

Universal Strategies of Tiered Support = QOL (quality of life)

What? Proactive, Preventative, Positive & Teaching based strategies for staff and families to use consistently and continuously.

How do we know what we need? ASSET – Agency Systems and Supports Evaluation Tool

When do we use Universal strategies? ALL THE TIME

EX 1) For people supported staff would teach skills needed to "survive" in common situations

EX 2) Staff would be taught and system would support and sustain the staff doing things like catch 'em being good; use of Tools of Choice-reinforcing desirable behaviors including significant and just okay; developing as a team with the people supported consistent positive expectations, consistent consequences; using Tools-pivot, set expectations, use reinforcement; staff staying in proximity, scanning, moving around; using schedules-teaching staff & individuals to develop and refer to daily schedule; arranging the setting for space, # people, noise, distractions, attracting interest, etc

Revised March, 2012