

For more information on your individual rights
please call any of the Regional Offices

Albany RO

660-726-5246
800-560-8774

Central Missouri RO

573-882-9835
888-671-1041

Hannibal RO

573-248-2400
800-811-1128

Joplin RO

417-629-3020
888-549-6634

Kansas City RO

816-889-3400
800-454-2331

Kirksville RO

660-785-2500
800-621-6082

Poplar Bluff RO

573-840-9300
800-497-4214

Rolla RO

573-368-2200
800-828-7604

Sikeston RO

573-472-5300
800-497-4647

Springfield RO

417-895-7400
888-549-6635

St. Louis County RO

314-587-4800
800-374-6458

St. Louis Tri-County RO

314-244-8800
800-374-6458



Missouri Department of Mental Health

DIVISION OF DEVELOPMENTAL DISABILITIES

KNOWING YOUR RIGHTS



A GUIDE FOR INDIVIDUALS
WITH DEVELOPMENTAL
DISABILITIES TO
UNDERSTANDING RIGHTS AND
RESPONSIBILITIES



Missouri Department of Mental Health

DIVISION OF DEVELOPMENTAL DISABILITIES

This booklet is a guide to help you and those who support you in understanding your individual rights and responsibilities through the Missouri Division of Developmental Disabilities.

For more information about your rights please see Constituent Services

<http://dmh.mo.gov/constituentservices/rights.htm>

DUE PROCESS...

- When you apply for services, you will receive copy of your rights. If any changes in your services are made, you will receive a new copy of your rights.
- The agencies that have staff who work with you have rules to provide you with quality help. They have rules to make sure you learn and understand your rights, and that no one takes your rights away before you have a chance to speak for yourself or have someone you choose speak for you.
- You have the same legal rights and responsibilities as any other person unless the court says you do not.
- You have the right to get help. You cannot be denied help because of your race, religion, disability, or age. It does not matter if you are a man or woman, married or single.
- Before your rights and services can be limited or taken away, you have the right to be heard or to have someone you choose speak for you.
- Any proposed limitations of rights must be reviewed by DMH Regional Office or State Operated Programs Human Rights Committee to ensure that a person's rights are adequately protected.

RIGHT...



To join in groups
and activities that
you choose

RIGHT...

To be treated nicely at all times
and treated as a person



RESPONSIBILITY...

To attend or participate in a
respectful manner.



RESPONSIBILITY...

To treat others the same way you
want to be treated



RIGHT...



To go to the doctor, or hospital when you need to, as soon as you need to

RIGHT...

To have the information in my records kept private



RESPONSIBILITY...

To listen to your doctor and follow their suggestions



RESPONSIBILITY...

To respect others privacy



RIGHT...

To use the telephone, or other forms of contact to communicate to people you choose



RIGHT...

To have a safe, clean home.



RESPONSIBILITY...

To be respectful to others, and not be rude

got respect?



RESPONSIBILITY...

To keep your house safe and clean



RIGHT...



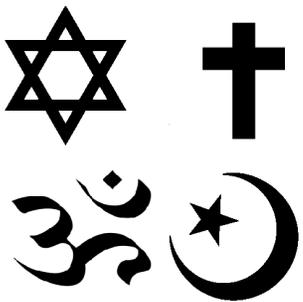
To go to church or place of worship of your choice, or not to go to church or place of worship

RIGHT...



To be friends with both men and women

RESPONSIBILITY...



To respect others choice of worship

RESPONSIBILITY...



To be respectful of your friends and choose friends who will respect you

RIGHT...

To have a job and make money



RIGHT...

To say yes or no to help and training



RESPONSIBILITY...

To keep a job, so you can live the way you want



RESPONSIBILITY...

To listen to others



RIGHT...

To be treated like everyone else
under the law



RIGHT...

To keep things of your own



RESPONSIBILITY...



To be a responsible
person and not
break any laws

RESPONSIBILITY...

To take care of your things



RIGHT...



To be free from people hitting you, hurting you, yelling at you, or saying hurtful things to you.

RIGHT...

To say "NO" to being part of any study or experiment



RESPONSIBILITY...



To tell someone if you feel you are being hurt

RESPONSIBILITY...

To make choices which will have good consequences



RIGHT...



To have some time to yourself and a place to go to be alone

RIGHT...



To get meals that are healthy and good for you

RESPONSIBILITY...

To speak up when you want to be alone



RESPONSIBILITY...

To choose foods that help keep you healthy

