



Natural Supports Links of Interest

INDIVIDUALIZED SUPPORTS

Individuals will have access to opportunities to increase independence, integration, inclusion and productivity and self-determination.

Missouri Resources

Joining Circles is a research and demonstration project funded by the Missouri Developmental Disabilities Council and administered by Missouri Protection and Advocacy Services that seeks to understand how individuals with developmental disabilities integrate into their community. We also work to support individuals with disabilities in making connections with other community members through shared interests and likes.

<http://www.joiningcircles.org/>

The Community Partnership Project is a cooperative effort of University of Missouri Extension and the University of Missouri–St. Louis, designed to develop community partnership initiatives that link University resources with the needs and priorities of residents and communities in the St. Louis region.

<http://www.umsl.edu/~pcs/academic-units/cpp.html>

Meetups neighbors getting together to learn something, do something, share something...

<http://www.meetup.com/find/>

National Resources

The Interdependence Network (IN) is a collaborative effort among disability-based human service organizations from around the United States and Canada. The network was formed in 2008 to explore the concept of social capital and its role in the field of rehabilitation and in the lives of people with disabilities. The IN's purpose is to provide the rehabilitation community with a central repository of information in order to research, develop, evaluate, and disseminate successful ways that the Interdependence paradigm of social capital can be embraced.

<http://buildingsocialcapital.org>

Community Inclusion Initiative "The CII is a national community development initiative intended to promote the inclusion, full participation and citizenship of Canadians with intellectual disabilities and their families. Its goal is to 'assist communities to develop the capacities they require to successfully include people with intellectual disabilities in ways that promote their roles as full citizens; to assist communities in becoming more welcoming and supportive of people with intellectual disabilities; in becoming places where people in all their diversity belong.

<http://communityinclusion.ca/>

The "Big WE" have lots of choices about the way we choose to live together. Starfire in Cincinnati and Cormac Russell's ABCD work with You're Welcome in the UK point to the big and small choices WE can make, that are better for all of US.

<http://nurtureddevelopment.wordpress.com/2013/10/18/everyone-here-spoke-sign-language/>



Powerpoint: out of the day program and into the community

by [Aaron](#)

This is a version of a presentation from TASH a few years ago, about how we supported people to move out of a little center based day program we'd accidentally created :) It was really well attended with lots of people who are asking similar questions about how to change their services and supports, and it was fun to talk to them. Feel free

to share [Out Of The Day Program \(wi/out personal photos\)](#) from [Aaron Johannes-Rosenberg](#)

Building Community With Beth Mount - YouTube

http://m.youtube.com/watch?v=eJ2SJsmWfe0&desktop_uri=%2Fwatch%3Fv%3DeJ2SJsmWfe0

Journey to the Beloved Community by Beth Mount

<http://www.bethmount.com/Exhibitions2.html>

Just say Hi Campaign <http://startwithhi.ca/why-hi/>

Inclusive Solutions Circles of Friends

<http://www.inclusive-solutions.com/circlesoffriends.asp>

Friends: Connecting People with Disabilities and Community Members (2013)

By A. Amado

This new manual provides concrete, "how-to" strategies for supporting relationships between people with disabilities and other community members. It describes why such friendships are important to people with disabilities and why it is important to promote community belonging and membership. The manual includes specific activities to guide users in creating a plan for connecting people. It is designed for agency staff, but can be used by parents, support coordinators, teachers, people with disabilities, and others to support community relationships. Additional Activity Worksheets are available in a separate document. Published by the Institute's Research and Training Center on Community Living.

Cost: Free. Available on the Web at

http://rtc.umn.edu/docs/Friends_Connecting_people_with_disabilities_and_community_members.pdf

Additional activity worksheets available at http://rtc.umn.edu/docs/Friends_Activity_worksheets.pdf

Neighbours International You Tube Videos

A series of You Tube videos have been produced by Patti Scott and Dave Hasbury of Neighbours International, Inc. To get an idea of their work and creativity, take a look at these videos about the importance of relationships. For additional information regarding Neighbours, visit their web site: www.neighbours-inc.com

Being Needed by the Pack

<http://youtu.be/UYDFZ9i56ak>

Coverage vs Relationships

<http://youtu.be/AqPPGfO4Qsw>

Hardwired For Belonging

<http://www.youtube.com/watch?v=-sc5rzCGK20>

The Work Of Adolescence

<http://www.youtube.com/watch?v=3sCUN2ueZQQ>

Mills Community Support has a history of thinking big and unlocking the capacity in communities to finding local solutions. From its beginnings in the 1970's working to improve neighbourhood water and sanitation services Mills Community Support has responded to community needs by innovating, collaborating and seeing opportunities where others see problems, gaps and challenges. This is because we put people at the centre of our work. Mills Community Support is a multi-service organization and a registered charity building community capacity in eastern Lanark County, Canada by provide caring and compassionate, person-centered programs and services, and affordable housing for people of all ages and abilities as well as undertaking community development initiatives.

<http://mmcleodblog.wordpress.com/>

Inclusive Solutions Circles of Friends

<http://www.inclusive-solutions.com/circlesoffriends.asp>

ABCD in Action is your community - a place where we can learn together and from each other about how to apply the principles and practices of Asset-Based Community Development. Please join the discussion!

<http://abcdinaction.ning.com/>

Good example of outcomes of Community Conversations http://abcdinaction.ning.com/video/an-overview-of-richland-together-let-s-connect?xg_source=msg_mes_network

The Asset-Based Community Development Institute (ABCD) is at the center of a large and growing

movement that considers local assets as the primary building blocks of sustainable community development. Building on the skills of local residents, the power of local associations, and the supportive functions of local institutions, asset-based community development draws upon existing community strengths to build stronger, more sustainable communities for the future. *"Building on the skills of local residents, the power of local associations, and the supportive functions of local institutions, asset-based community development draws upon existing community strengths to build stronger, more sustainable communities for the future."* <http://www.abcdinstitute.org>

The Council on Quality Leadership (CQL) Good example of social capital

<http://www.youtube.com/watch?v=tTvbflWVYFE>

&

<http://www.thecouncil.org/resources/category.aspx?cat=26&id=86&sec=r>

Pathways to Independence Natural Supports The goal of the Pathways to Independence Natural Supports project is to discover, support, and disseminate creative and promising approaches for supporting youth with disabilities to participate more fully and naturally in school, work, and community activities.

<http://www.waisman.wisc.edu/naturalsupports/index.php>

Natural Supports in the Work Place

Teaching Networking Skills: Paving a Way to Jobs and Careers (Teaching manual)

By: Allison Fleming, Colleen Condon & [Cecilia Gandolfo](#); Originally published: 8/2008

Suggested audiences: [Direct support professionals](#) & [Educators](#)

This curriculum is for trainers working with individuals with limited work experience; its goal is to help those job seekers to become engaged in career and job exploration through Networking. It is designed for professionals working with school-to-work transition-age youth, however it has broad applicability to others with limited work experience. This curriculum give students opportunities to practice and put into use networking skills such as: identifying their own network, approaching people, talking about their skills and interests, learning about what employers look for, exploring careers and job options, and exhibiting good business etiquette. Activities vary to accommodate diverse learning styles, and trainers can select lessons that fit the needs of their groups.

http://www.communityinclusion.org/article.php?article_id=251

Natural Supports in the Workplace from PACER Center (**P**arent **A**dvocacy **C**oalition for **E**ducational **R**ights) is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

<http://www.pacer.org/tatra/resources/naturalsupports.asp>

Ideas from the UK

 Evidence from around the world abounds, while in the UK it is still growing. One of the places to watch over the next few years is one of our major ABCD initiatives in Gloucestershire, called **'You're Welcome'**. Here we are putting our assertions to the test and inviting people on the margins to the centre of a community building effort. In an exciting collaboration with the **Barnwood Trust** we have set out to build more welcoming and hospitable local communities across the County in the belief that it is better to focus on people's strengths, not their labels. Some think this initiative is a leap into the unknown, and yet are convinced that it is the right approach to take and are prepared to feel the fear and do it anyway. Others have too much of an investment in the status quo to move from their current position. Yet others are ready for turning but need evidence before they will come around to our way of asset based thinking. So where do we look for proof that, for example, being deaf is not a problem in itself, but that the absence of a hospitable community is? <http://www.yourewelcome.to/>

<http://www.get2getherclub.com/>

<http://www.mypeopleandplaces.co.uk/>



www.dmh.mo.gov/dd

Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

MISSOURI DEPARTMENT OF MENTAL HEALTH