



# Self-Advocacy Guides and Publications

**SELF-ADVOCACY AND SELF-DETERMINATION MATERIALS** The Advocacy Specialist promotes self-advocacy and self-determination by creating materials that are written for and by people with disabilities and written in design in order to be used by everyone.

	<p><b>“A Guide to Understanding MoHealthNet (Medicaid) Services”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/guidemohealthnet.pdf">http://dmh.mo.gov/docs/dd/guidemohealthnet.pdf</a> (Print two sided on ‘short end’)</p> <p>Online Viewing <a href="http://en.calameo.com/read/000494321666793128cd6">http://en.calameo.com/read/000494321666793128cd6</a></p>
	<p><b>“Knowing Your Rights: A Guide for Individuals with Developmental Disabilities to Understanding Rights and Responsibilities”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/rightsbooklet.pdf">http://dmh.mo.gov/docs/dd/rightsbooklet.pdf</a> (Print two sided on ‘short end’)</p> <p>Online Viewing <a href="http://en.calameo.com/read/0004943218b3e602843ea">http://en.calameo.com/read/0004943218b3e602843ea</a></p>
	<p><b>“It’s My Home: A Guide for Individuals with Developmental Disabilities to Understanding to Help Understand Housing Options”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/hsgguide.pdf">http://dmh.mo.gov/docs/dd/hsgguide.pdf</a> (Print two sided on ‘short end’)</p>
	<p><b>“Say ‘No’ to Abuse and Neglect: A Guide for Individuals with Developmental Disabilities to help Prevent Abuse and Neglect”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/anpreventionbooklet2.pdf">http://dmh.mo.gov/docs/dd/anpreventionbooklet2.pdf</a> (Print two sided on ‘short end’)</p>
	<p><b>“People First Language: Communicating with and about People with Disabilities”</b></p> <p><a href="http://dmh.mo.gov/docs/dd/self-determinationtippeoplefirstlanguage.pdf">http://dmh.mo.gov/docs/dd/self-determinationtippeoplefirstlanguage.pdf</a></p>
	<p><b>“Disability- Friendly Businesses: Doing Business with People with Disabilities”</b></p> <p><a href="http://dmh.mo.gov/docs/dd/disabilityfriendlybusinesses.pdf">http://dmh.mo.gov/docs/dd/disabilityfriendlybusinesses.pdf</a></p>



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	<p><b>“Charting the Life Course: A Guide for individuals, families and professionals”</b></p> <p>Adobe Printable  <a href="http://mofamilytofamily.org/user_storage/File/f2f/LIFE%20COURSE%20V2_0.pdf">http://mofamilytofamily.org/user_storage/File/f2f/LIFE%20COURSE%20V2_0.pdf</a></p> <p>Online viewing <a href="http://www.calameo.com/books/000494321e7c486513fd0">http://www.calameo.com/books/000494321e7c486513fd0</a></p>
	<p><b>“Got Choice? Self-Directed Supports and Self-Determination”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/gotchoicehandbook.pdf">http://dmh.mo.gov/docs/dd/gotchoicehandbook.pdf</a></p>
	<p><b>“My Choice!: Guide for Creating your Own Individual Support Plan when Self-Directing Supports”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/mychoice.pdf">http://dmh.mo.gov/docs/dd/mychoice.pdf</a>          (Print two sided on ‘short end’)</p> <p>Online Viewing <a href="http://en.calameo.com/read/000494321a932428d2c67">http://en.calameo.com/read/000494321a932428d2c67</a></p>
	<p><b>“Guide to Documentation for Individuals Self-Directing Supports”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/sdsguide.pdf">http://dmh.mo.gov/docs/dd/sdsguide.pdf</a>          (Print two sided on ‘short end’)</p> <p>Online Viewing <a href="http://en.calameo.com/read/0004943211fe365658ccb">http://en.calameo.com/read/0004943211fe365658ccb</a></p>
	<p><b>“Guide to Understanding Reviews of Individuals and Families Self-Directing Supports”</b></p> <p>Adobe Printable <a href="http://dmh.mo.gov/docs/dd/guideunderstandingreviews.pdf">http://dmh.mo.gov/docs/dd/guideunderstandingreviews.pdf</a>          (Print two sided on ‘short end’)</p>

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