

Real Voices Real Choices

August 16-18, 2015 Schedule

Sunday, August 16

11:00	Registration Begins <i>Hotel Lobby</i>				
2:00 – 2:30	Welcome: <i>Salon A & B</i>				
2:30 – 3:30	Stepping Into Grace, Not Empty Space Joseph Hahne <i>Salon A & B</i>				
3:30 – 3:50	Break				
3:50 – 4:50	I'm Okay Now: Moving Forward By Being Prepared Nancy Bollinger <i>Salon A</i>	My Ability is Stronger than My Disability Sarah Miley <i>Salon B</i>	Hello, My Name is HIRED: Making an Impressive First Impression Kristina Johnston <i>Salon C</i>	Recovering From Grief David Stoecker <i>Room 62, 63, 64</i>	Missouri Warmlines – What the Heck are they? Sarah Earll <i>Parasol II</i>
5:00	Boxed Dinners available to pick up Windgate Hall				
5:30	12 Step Meeting <i>Room 62, 63, 64</i>				
7:00	SUNDAY EVENING ENTERTAINMENT <i>Salon A</i>				
7:00	Movie Night <i>Big Hero 6</i> <i>Salon A</i>	Bingo Night <i>Salon B</i>		Game Night <i>Salon C</i>	

Monday, August 17

6:30	Breakfast Buffet & Visit Exhibits <i>Windgate Hall</i>				
8:00 – 8:20	Welcome <i>Salons A & B</i>				
8:20 – 9:00	Laughter Yoga Jan Harcourt <i>Salon A & B</i>				
9:00 – 9:20	Break				
9:20 – 10:20	Building Your Toolbox: Learning Coping Skills that Work for You Amanda Gregory <i>Salon A</i>	A Taste of Mental Health First Aid Mark Sunde <i>Salon B</i>	Anger Management Jamie Stange <i>Salon C</i>	What Have I Got Myself Into? Barb Scheidegger <i>Room 62, 63, 64</i>	Peer Recovery Credentials Stacey Langendoerfer <i>Parasol II</i>
10:20 – 10:40	Break				
10:40 – 11:40	Decoding the Enigma of Aspergers Aaron Likens <i>Salon A</i>	Crisis Intervention Teams/Law Enforcement Interactions Sgt. Matherne <i>Salon B</i>	What Can You Do? Duane Schumate <i>Salon C</i>	Healthy Relationships, Sexuality and Abuse Prevention Jessica Naslund <i>Room 62, 63, 64</i>	The New Generation of Peer Specialists Sarah Earll and Toni Jordan <i>Parasol II</i>
12:00 -1:00	Lunch & Visit Exhibits <i>Windgate Hall</i>				
1:00 – 1:10	Welcome [Introduce Keynote]				
1:10 – 2:10	Find Your Voice - Ignite Your Power DeDe Murcer Salon A & B				

2:10- 2:30	Break				
2:30 – 3:30	The 4 Steps to S.N.A.P. - See New Achievable Possibilities DeDe Murcer <i>Salon A</i>	Do Something FUN! Jason Hynson <i>Salon B</i>	Stretching Your \$\$ - Smart Couponing Lu Ann Reese <i>Salon C</i>	Effective Newsletter Production Darrin Kissinger <i>Room 62, 63, 64</i>	A Day in the Life Denise Mills <i>Parasol II</i>
3:30-3:50	Break				
3:50-4:50	Bullying Rebecca Romine <i>Salon A</i>	Everyone Communicates, Few Connect Debbie Luxton <i>Salon B</i>	Cooking Basics for Diabetes Jodi Weeber <i>Salon C</i>	Suicide Prevention Dr. Debbi Byrd <i>Room 62,63, 64</i>	Rap and Recovery Patrick Craven <i>Parasol II</i>
5:00	Dinner On Your Own				
5:30	12 Step Meeting <i>Room 62, 63, 64</i>				
7:00	Karaoke (Optional) <i>Salon A</i>				
Tuesday, August 18					
6:30	Breakfast Buffet & Visit Exhibits <i>Windgate Hall</i>				
8:00 – 8:15	Welcome <i>Salons A & B</i> <i>MRN award</i>				
8:30 – 9:30	Department Update DMH <i>Salon A</i>	I Get By with A Little Help From My Friends Vonda Powell <i>Salon B</i>	Voices of Depression Helene Meyer <i>Salon C</i>	Advocacy. Because it IS Your Business Sam Minnis <i>Room 62, 63, 64</i>	Storytelling Warriors: Sharing your Story Jennifer Gerlach <i>Parasol II</i>
9:30 – 9:50	Break				
9:50 – 10:50	Working on Wellness Madison McDowell-Goin <i>Salon A</i>	A Home of Your Own Wayne Crawford <i>Salon B</i>	Keys to Success: Interviewing for Employment Marina Beebe <i>Salon C</i>	It's A Family Affair Jean Sokora <i>Room 62,63, 64</i>	Insanity to Serenity Gwen Welch <i>Parasol II</i>
10:50– 11:10	Break				
11:10– 12:30	Conference Review Discussion Final Prize Drawing <i>Salon A & B</i>				