



A Neighbor's
Independence
Depends On You

FAITH
IN ACTION

FAITH IN ACTION PARTNERING CHURCHES AND ORGANIZATIONS

- ◆ Abundant Life Center
- ◆ Ashland United Methodist Church
- ◆ Brookdale Presbyterian Church
- ◆ Cathedral of St. Joseph Catholic Church
- ◆ Catholic Charities Kansas City-St. Joseph, Inc.
- ◆ Christ Episcopal Church
- ◆ CrossPointe Community Church
- ◆ First Baptist Church
- ◆ First Christian Church
- ◆ First Church of the Nazarene
- ◆ First Lutheran Church
- ◆ First Presbyterian Church
- ◆ Francis Street First United Methodist Church
- ◆ Grace Evangelical Church
- ◆ Heartland Foundation
- ◆ Heartland Regional Medical Center
- ◆ Huffman Memorial United Methodist Church
- ◆ McCarthy Baptist Church
- ◆ Our Lady of Guadalupe Catholic Church
- ◆ St. Francis Xavier Catholic Church
- ◆ St. James Catholic Church
- ◆ St. Mary Catholic Church
- ◆ St. Patrick Catholic Church
- ◆ St. Paul United Methodist Church
- ◆ The Edge
- ◆ Turning Point Church of the Nazarene
- ◆ Wesley United Methodist Church
- ◆ Woodson Chapel Christian Church
- ◆ Wyatt Park Baptist Church
- ◆ Wyatt Park Christian Church

Faith in Action

VOLUME 4, ISSUE 5

MAY 2012

May is *Older Americans Month*

Since 1963, communities across the nation have joined in the annual commemoration of Older Americans Month—a proud tradition that shows our nation's commitment to celebrating the contributions and achievements of older Americans.

The theme for Older Americans Month 2012—*Never Too Old to Play!*—puts a spotlight on the important role older adults play in sharing their experience, wisdom, and understanding, and passing on that knowledge to other generations in a variety of significant ways.

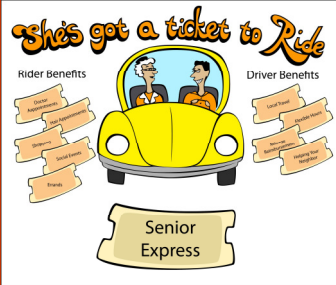
As large numbers of baby-boomers reach retirement age, many communities have increased their efforts to provide meaningful opportunities for older adults—many of whom remain physically and socially active through their 80s and beyond. Current trends show that people over age 60 account for an ever-growing percentage of participants in community service positions, faith-based organizations, online social networking as well as arts and recreational groups.

Lifelong participation in social, creative, and physical activities has proven health benefits, including retaining mobility, muscle mass, and cognitive abilities. But older adults are not the only ones who benefit from their engagement in community life. Studies show their interactions with family, friends, and neighbors across generations enrich the lives of everyone involved. Young people who have significant relationships with a grandparent or elder report that these relationships helped shape their values, goals, and life choices and gave them a sense of identity and roots.

While Faith in Action provides services, support, and resources to older Americans year-round, Older Americans Month is a great opportunity to show special appreciation for some of our most beloved citizens. We have many reasons to celebrate them!



never too old
to **play**
older americans month 2012



Our transportation program for those 60+

Senior Express

Want to meet new people? Want to receive a blessing as you are a blessing to others? Join the team of dedicated men and women who serve the seniors in our community as drivers for Senior Express.

Senior Express provides transportation for folks in St. Joseph who are 60 years of age and above. These are men and women who need rides for doctor and other medical appointments, to the bank, the grocery store, the beauty salon, and other various errands.

If you are interested in signing up or if you would like more information, please call Paulette at the Faith in Action office, 271-7279 or send an email to paulette.shepard@heartland-health.com.

Our Newest Partnering Church



First Baptist Church



1225 Francis

St. Joseph, Missouri 64501

MAY DATES TO REMEMBER

- 1—May Day
- 5—Cinco de Mayo
- 13—Mother's Day
- 28 Memorial Day
(Faith in Action office closed)

We welcome the congregation of First Baptist Church to the Faith in Action family! Providing leadership will be Pastor Jason Moore and Team Leader Leroy Wilson.

We look forward to seeing how the unique gifts of the volunteers from First Baptist Church will bless others in our community.

Mother's Day Word Search

G I F T S L F D R A C C N W N
 E T S A F K A E R B D H F C T
 J V I Z T O H M N Y N I Q N X
 H X I Q Z T L R J Y A L J R H
 N O Q G O D P X A R B D H M Q
 Z W N M I N E A Z M S W Q H G
 V D Q O X Y W M M B U Z Y D Z
 M L U G R N T D R Q H E Q E Q
 N O V Q E L U C V S Y X M B Z
 Q N S G O E Z I E S L R Z S M
 O Q F V V A V C F P B N W K J
 H Q E Y H G G J M B S Y E S P
 U G A V J I Q A Z H N E A E J
 R D X V R C X I Z A A Y R E F
 E O D J C Y Z Y F K L D X R Z

BED
 BREAKFAST
 CARD
 CHILD
 DAY
 GIFTS
 GIVE
 HONOR
 HUSBAND
 LOVE
 MOTHER
 RESPECT



Mother's Day Acrostic Poem

"M" is for the million things she gave me,

"O" means only that she's growing old,

"T" is for the tears she shed to save me,

"H" is for her heart of purest gold;

"E" is for her eyes, with love-light shining,

"R" means right, and right she'll always be,

Put them all together, they spell "MOTHER,"
 A word that means the world to me.

Volunteers Needed to Mow Lawns



It's that time of year—grass is growing—and we need volunteers to mow lawns. There are currently 7 ladies who have requested someone to mow their lawns because they are physically unable to take care of it themselves. If you would be interested in helping one of these ladies, please contact the Faith in Action office at 271-7279 or by email to paulette.shepard@heartland-health.com.

OUR MISSION

We are Christian congregations working together to share the love of Jesus Christ by meeting the unmet needs of persons in our community through church volunteers.



Life is not measured by the number of breaths we take, but by the moments that take our breath away.

OUR GOVERNING BOARD

Robin Bodenhausen
Beth Cobb
Kathy Fredricks
Peggy Gaines
Donna Gibson
Martin Goedken
Sharon Leonard
David Lichliter
Chase Peeples
Kathy Powers
Sally Schwab
Billie Sollars
Paul Young
Paulette Shepard, Program Coordinator



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Volunteer Caregiver Program