

**PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)
TABLES FOR ALCOHOL, TOBACCO, AND MENTAL HEALTH**

Survey results of samples of Missouri women after having a live birth:

	2012	2011	2010	2009	2008	2007
ALCOHOL						
Binge Alcohol Use (4 or More Drinks on One Occasion) During 3 Months Before Pregnancy (%)	22.3	27.6	28.0	30.7		
Any Alcohol Use During 3 Months Before Pregnancy (%)	58.4	60.4	57.7	58.6	58.5	57.7
Any Alcohol Use During Last 3 Months of Pregnancy (%)	8.4	5.4	5.2	4.8	5.5	4.5
Change in Drinking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)						
Non-Drinkers	41.6	39.6	42.1	41.4	41.2	42.3
Drinkers	58.4	60.4	57.9	58.6	58.7	57.7
Drinkers Who Quit, Among Total Sample	50.0	55.0	52.7	53.8	53.3	53.2
Drinkers who Reduced Number of Drinks	2.6	2.8	3.8	2.1	2.8	2.7
Drinkers who Increased or Maintained Same Number of Drinks	5.3	2.6	1.2	2.6	2.4	1.8
Non-Drinkers Who Began or Resumed Drinking	0.5	0.0	0.2	0.0	0.2	0.0
Drinkers who Quit During Pregnancy, Among Drinkers Only (%) *	86.4	91.0	91.3	91.9	91.0	92.2
TOBACCO						
Tobacco Smoking During Three Months Before Pregnancy (%)	32.2	33.6	33.5	35.2	34.7	31.7
Tobacco Smoking During Last Three Months of Pregnancy (%)	19.0	18.5	16.7	18.9	21.8	18.4
Change in Smoking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)						
Non-Smokers	67.7	66.4	66.7	64.6	65.3	68.3
Smokers	32.3	33.5	33.4	35.4	34.7	31.7
Smokers Who Quit, Among Total Sample	13.3	15.1	16.6	16.4	13.0	13.4
Smokers Who Reduced Number of Cigarettes Per Day	12.1	12.0	11.1	11.1	13.9	12.2
Smokers Who Increased or Maintained Same Number of Cigarettes Per Day	6.7	6.3	5.7	7.7	7.8	6.1
Non-Smokers Who Began or Resumed Smoking	0.0	0.1	0.0	0.2	0.0	0.0
Tobacco Smokers Who Quit During Pregnancy, Among Smokers Only (%) *	41.3	45.2	49.7	46.6	37.4	42.1
MENTAL HEALTH						
Anxiety During 3 Months Before Pregnancy (%)		14.1	13.4	13.1		
Depression During 3 Months Before Pregnancy (%)		12.0	13.1	13.6		
Before pregnancy, health care worker reported mother had depression (%)	11.6					
Before pregnancy, mother visited a health care worker for depression or anxiety (%)	17.7					

Data Sources:

Missouri Department of Health and Senior Services, Office of Epidemiology.

U.S. Department of Health and Human Services, Centers for Disease Control and Prevention: Pregnancy Risk Assessment Monitoring System.

Accessed from: <http://apps.nccd.cdc.gov/cPONDER/default.aspx>.

* Indicates calculated values

Blank data cells indicate data not collected or available.